CDC – Stopping Elderly Accidents, Deaths & Injuries (STEADI)

**Materials for Healthcare Providers**



As a healthcare provider, you are already aware that falls are a serious threat to the health and well-being of your older patients. You play an important role in caring for older adults, and you can help reduce these devastating injuries.

The CDC’s STEADI initiative offers a coordinated approach to implementing the American and British Geriatrics Societies’ clinical practice guideline for fall prevention. STEADI consists of three core elements: **Screen**, **Assess**, and **Intervene** to reduce fall risk by giving older adults tailored interventions.

Educational materials specifically designed for older adults, their friends, and family are also included. [See the list of materials included in the STEADI Toolkit.](https://www.cdc.gov/steadi/pdf/steadi_tool_kit_materials_handout-a.pdf)

Download materials below, or order hard copies from [CDC-INFO on Demand.](https://wwwn.cdc.gov/pubs/CDCInfoOnDemand.aspx)

* [STEADI Basics](https://www.cdc.gov/steadi/materials.html#tabs-1-1)
* [Clinical Tools](https://www.cdc.gov/steadi/materials.html#tabs-1-2)
* [Functional Assessments](https://www.cdc.gov/steadi/materials.html#tabs-1-3)
* [Medication Review](https://www.cdc.gov/steadi/materials.html#tabs-1-4)
* [Fact Sheets](https://www.cdc.gov/steadi/materials.html#tabs-1-5)
* [Graphics](https://www.cdc.gov/steadi/materials.html#tabs-1-6)

[Algorithm for Fall Risk Screening, Assessment, and Intervention](https://www.cdc.gov/steadi/materials.html)



This tool walks healthcare providers through assessing a patient’s fall risk, educating patients, selecting interventions, and following up.

**Download**

* [Algorithm for Fall Risk Screening, Assessment & Intervention pdf icon[552KB]](https://www.cdc.gov/steadi/pdf/STEADI-Algorithm-508.pdf)

[Preventing Falls in Older Patients: Provider Pocket Guide](https://www.cdc.gov/steadi/materials.html)



This small, easy-to-use tool walks healthcare providers through key points of fall prevention.

**Download**

* [Preventing Falls in Older Patients: Provider Pocket Guide pdf icon[632KB]](https://www.cdc.gov/steadi/pdf/STEADI-PocketGuide-508.pdf)

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