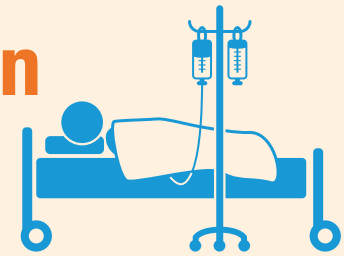
MALNOURISHED HOSPITALIZED PATIENTS

ARE ASSOCIATED WITH HIGHER COSTS, LONGER STAYS & INCREASED MORTALITY*

2.2 million
hospital stays involved malnutrition in 2016



30-day readmissions are
1.6x higher in patients with malnutrition as compared to patients with no malnutrition

MALNUTRITION IS ASSOCIATED WITH:

Economic Burden

Hospital stays involving malnutrition accounted for
$49 billion

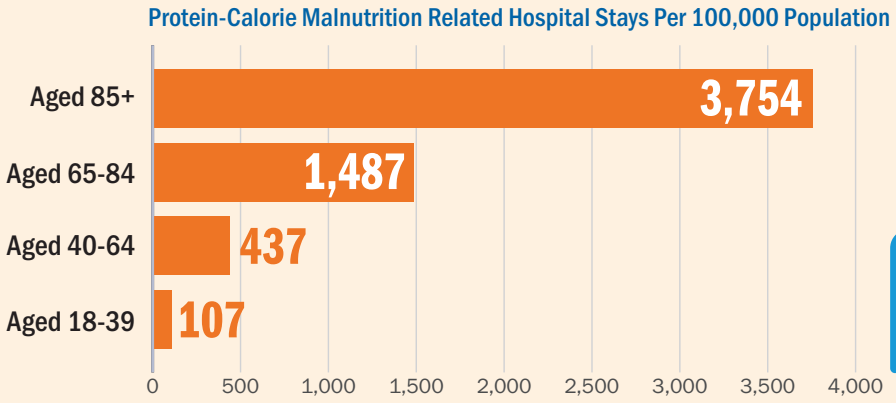
Human Cost

Protein-calorie malnutrition related stays have
3x higher
in-hospital deaths than those without malnutrition

Longer Hospital Stays

Protein-calorie malnutrition related hospital stays were
2x longer

Rate of malnutrition is highest with older adults



UNDERSTAND THE IMPACT OF MALNUTRITION. Learn more at nutritioncare.org/malnutrition

*Barrett ML, Bailey MK, Owens PL. Non-maternal and Non-neonatal Inpatient Stays in the United States Involving Malnutrition, 2016. ONLINE. August 30, 2018. U.S. Agency for Healthcare Research and Quality. Available: www.hcup-us.ahrq.gov/reports.jsp

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