

IDAHO COMMISSION ON AGING

2014 Annual Report



www.aging.idaho.gov



Governor C.L. "Butch" Otter

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AGENCY MISSION

To provide the services and supports that improve the quality of life for seniors, vulnerable adults, and persons with disabilities, so they can live independent, meaningful, and dignified lives within the community of their choice.

AGENCY VISION

To serve a growing senior population, the Idaho Commission on Aging envisions the continuation and strengthening of the aging services network throughout the State of Idaho.

ADMINISTRATOR'S MESSAGE



Sam Haws, Administrator

Welcome to the Idaho Commission on Aging.

The Idaho Commission on Aging (ICOA) experienced a year of opportunities and challenges. The Commission continued building on its efforts to coordinate and standardize the delivery of Senior Services. The implementation of standardized funding requirements for Direct Services including transportation, homemaker, and respite will further assure seniors and persons with disabilities receive uniform services across the state.

The ICOA collaborated with the Area Agencies on Aging (AAAs) in the development of a statewide software application for the Adult Protection Program: the Idaho Adult Protection System (IAPS). The web-based system standardizes the intake process for Adult Protection workers, streamlines documentation, and centralizes data in a secure environment. The system enhances the monitoring and tracking of information utilized in service delivery reports, education, training and public awareness of efforts to prevent abuse, neglect and exploitation of Idaho's vulnerable adults.

In partnership with the Veterans Administration - Boise Medical Center and the Administration for Community Living, the first Idaho Veterans Directed Home and Community Based Services (VD-HCBS) program was launched. The VD-HCBS program allows eligible veterans (of any age) to receive self-direct care in their home. The program provides veterans a flexible budget for personal needs. Funds may also be used to purchase medical equipment or make modifications to their homes. Unused funds can go into a savings account for future use.

After a thorough evaluation and thoughtful consideration of what is best for our consumers and the Aging Network, ICOA allowed the Performance Based Contract with AAA III to expire. The ICOA has assumed the operations and responsibilities of the former AAA III until the Request for Qualifications process is complete and a new AAA is designated. Thanks to a dedicated and hardworking staff, the transition was seamless; with no service interruption to the seniors.

The ICOA remains committed to the goal of providing services and supports to our senior population, and envisions the continuation and strengthening of the partnerships with the Area Agencies on Aging and the Aging and Disability Network.

A handwritten signature in black ink that reads "Sam Haws". The signature is written in a cursive, flowing style.

Sam Haws, Administrator

INTRODUCTION

Board of Commissioners

**Area I
Carey Spears**

**Area II
David Pankey**

**Area III
Lorraine Elfering**

**Area IV
David Maestas**

**Area V
Sharon Sturm
Co-Chair**

**Area VI
Coleen Erickson
Chair**

**At Large
Victor Watson**

The Idaho Commission on Aging serves Idaho's seniors, vulnerable adults, and persons with disabilities by safeguarding their rights, fostering self-sufficiency, providing counseling, and advocating on their behalf. The ICOA provides opportunities for individuals to access supportive services through the Area Agencies on Aging (AAAs).

The Idaho Commission on Aging was designated by the Governor as the State Unit on Aging (SUA), pursuant to the Older Americans Act of 1965, as amended, Section 305. The ICOA Administrator is appointed by the Governor and confirmed by the Senate. The Governor also appoints a seven member Board of Commissioners to advise the ICOA.

As the SUA, ICOA has the authority to:

- Develop the State Plan that addresses the needs of seniors, vulnerable adults, and persons with disabilities and their caregivers.
- Serve as an advocate within state government and the community for older Idahoans.
- Propose statutory changes and administrative rules.
- Enter into funding agreements within the limits of appropriated funds to carry out programs and services for older Idahoans.
- Administer and perform any other related functions or activities assigned by the governor.

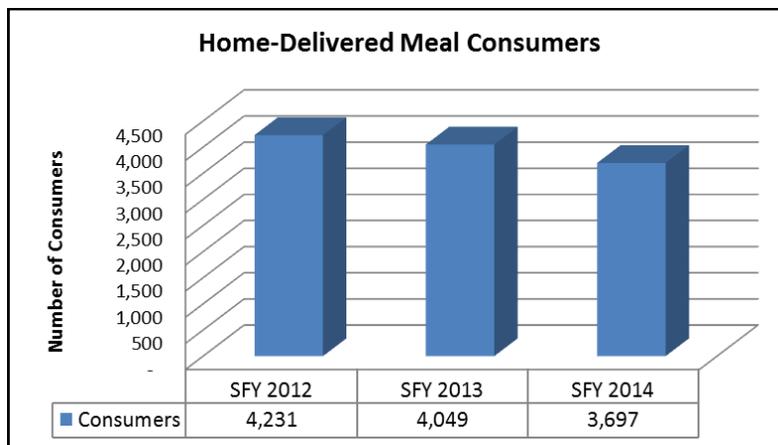
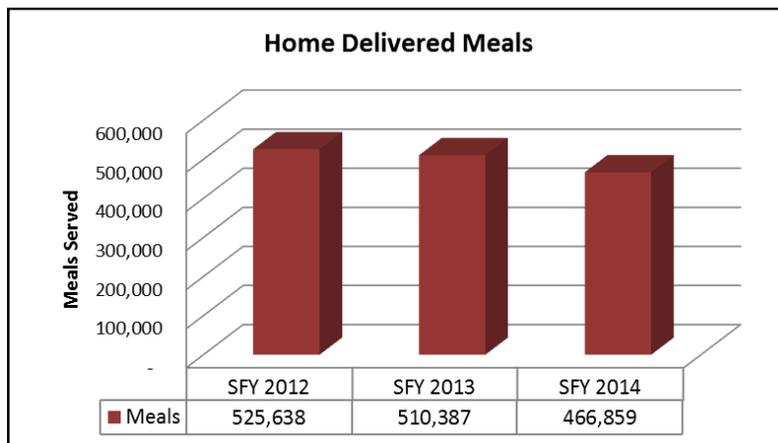
OLDER AMERICANS ACT - DIRECT SERVICES

Direct Services assist seniors to stay in their homes and remain independent. They include **Home Delivered Meals, Congregate Meals, Respite, Homemaker, Transportation, Disease Prevention and Health Promotion**. These services are provided by senior centers or other service providers through contracts administered by the AAAs.

HOME DELIVERED MEALS

The Home Delivered Meals program provides one home delivered meal per day to homebound seniors. The meals may consist of hot, cold, frozen, dried, canned, fresh, or supplemental foods, five or more days a week. Some benefits are:

- Provides a nutritionally balanced meal.
- Reduces feelings of social isolation.
- Well-being of seniors is checked by volunteers.

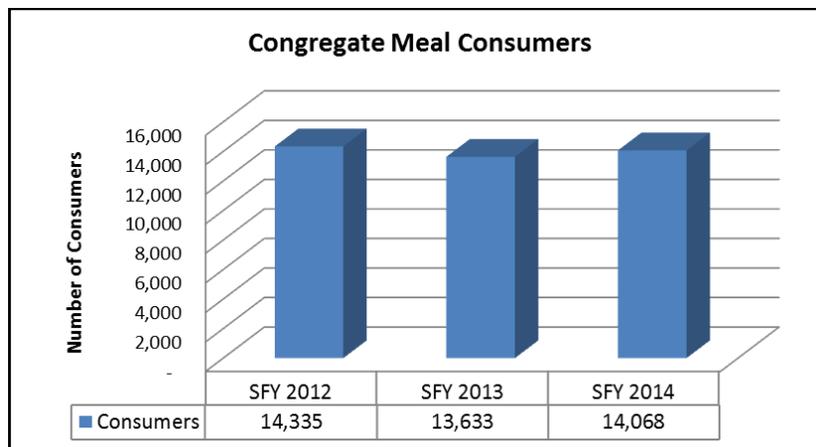
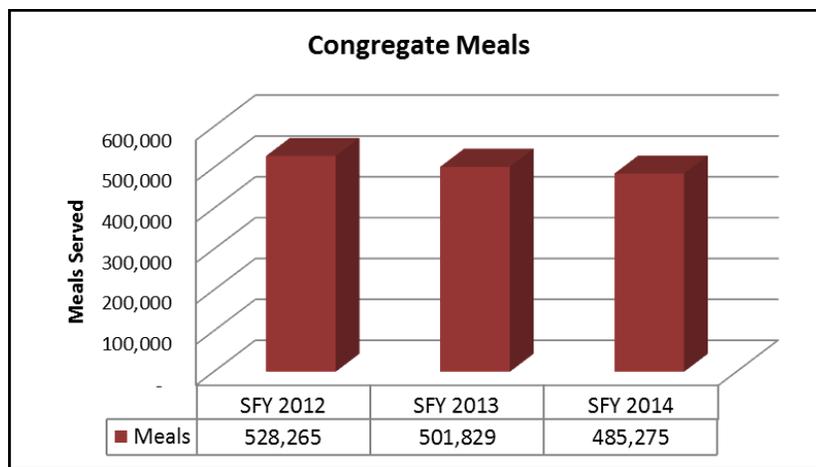


During SFY 2014, there was a slight reduction in the number of meals and consumers. This reduction can be attributed to the number of eligible consumers and fewer participating meal sites.

CONGREGATE MEALS

Congregate meals are prepared and served in a group setting providing a well-balanced diet, nutritional education, health promotion and social activities. Some advantages of congregate meals are:

- Reduces hunger and food insecurity.
- Promotes socialization of older individuals.
- Provides funding for community facilities and multigenerational meal sites.

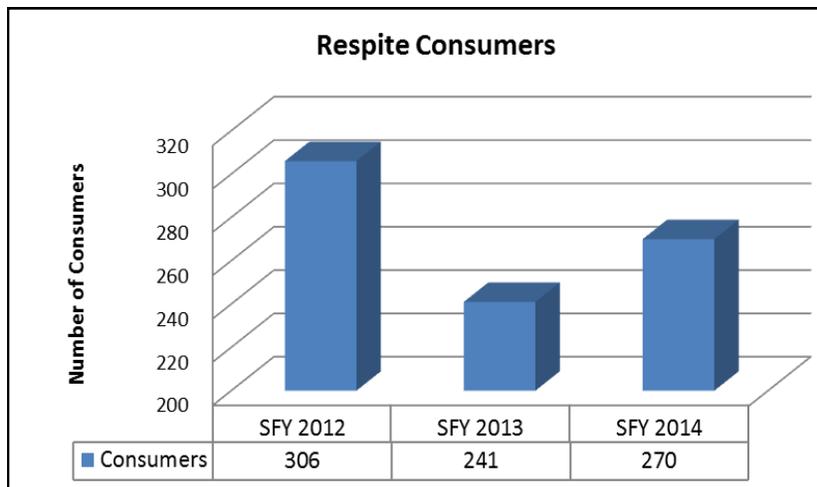
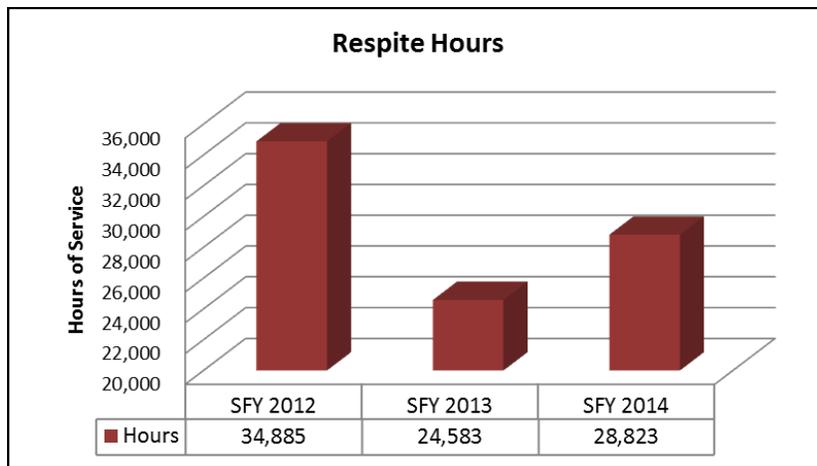


During SFY 2014, fewer meal sites participated in the nutrition program, resulting in a reduction of reportable meals. Although, fewer meals were reported, a better registration process accounts for the higher consumer count.

RESPIRE PROGRAM

Respite encourages and supports the efforts of caregivers to maintain functionally or cognitively impaired persons at home. Advantages include:

- Provides brief period of relief to caregivers.
- Restores mental and physical well being of the caregiver.
- Companionship and socialization for care recipient and caregiver.

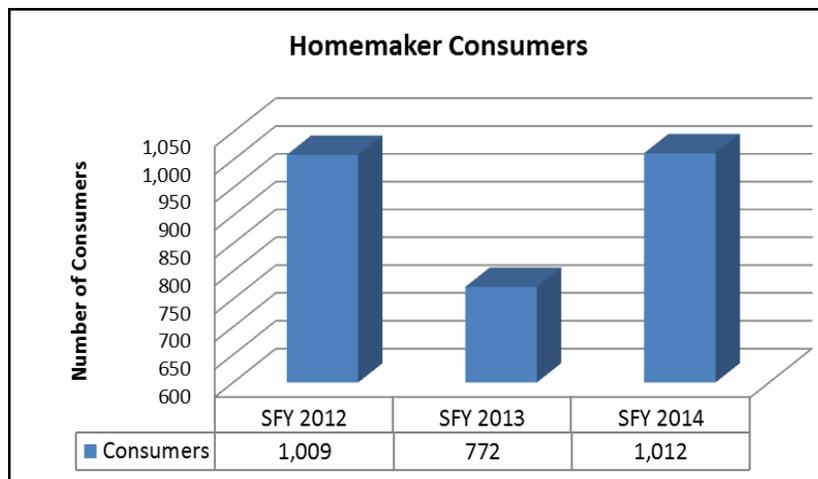
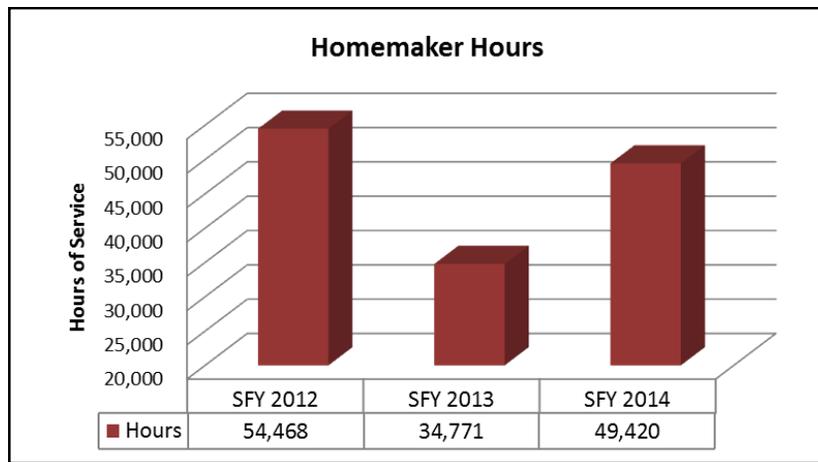


In SFY 2014, service increases are attributed to minimum funding requirements established by ICOA, which increased the number of service hours and consumers.

HOMEMAKER PROGRAM

Homemaker services provide in-home care for older persons to help restore, enhance, or maintain their capabilities for self-care and independent living. Homemaker provides assistance with:

- Light housework, laundry services, washing dishes.
- Meal preparation.
- Grocery or other shopping.

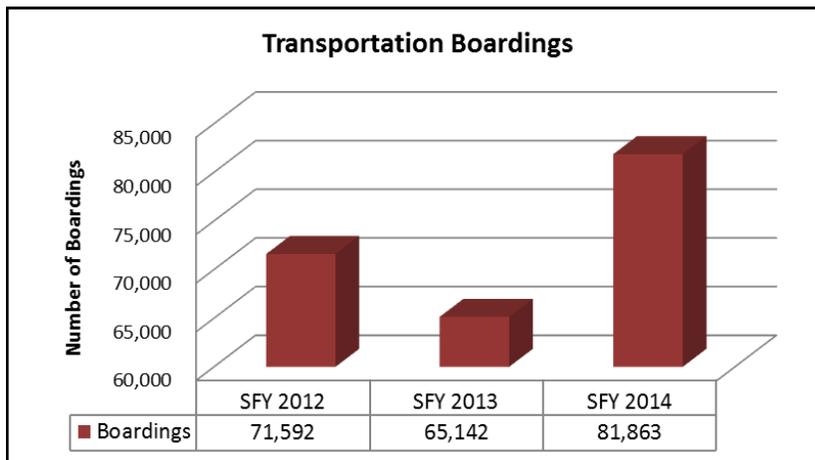


In SFY 2014, service increases are attributed to minimum funding requirements, which increased the number of service hours and consumers.

TRANSPORTATION PROGRAM

Transportation services provide door-to-door, fixed route, scheduled, and ridesharing services. Benefits include:

- Provides transportation to health and medical facilities.
- Promotes access to needed services and resources.
- A priority service for maintaining independence and reducing isolation.



SFY 2014 service increases are attributed to minimum funding requirements, which increased the availability of services.

DISEASE PREVENTION/HEALTH PROMOTION PROGRAM

Health promotion programs are provided by the Area Agencies on Aging. These evidence based programs improve the health and well-being of Idaho seniors. Some programs provided are:

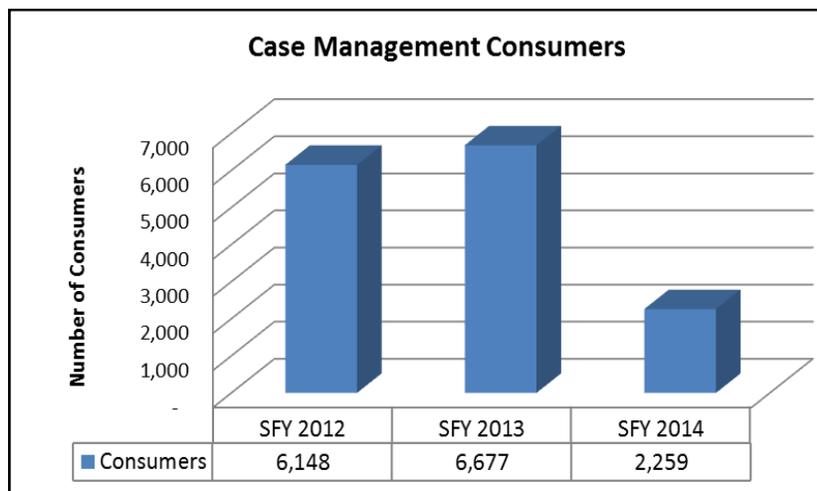
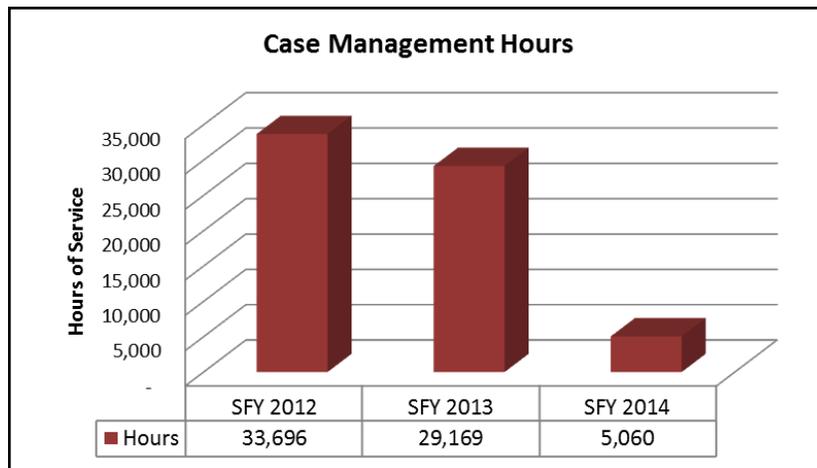
- Care Transitions Intervention
- Elder Dental Hygiene
- Fit & Fall Proof Classes
- Medical Wristbands
- Over Sixty & Getting Fit Classes
- Medication Management
- Chronic Disease Self Management

OLDER AMERICANS ACT - IN-HOUSE SERVICES

Area Agencies on Aging provide in-house services of **Case Management, Information and Assistance and Outreach**. These services assist consumers in making informed choices concerning long term care options.

CASE MANAGEMENT

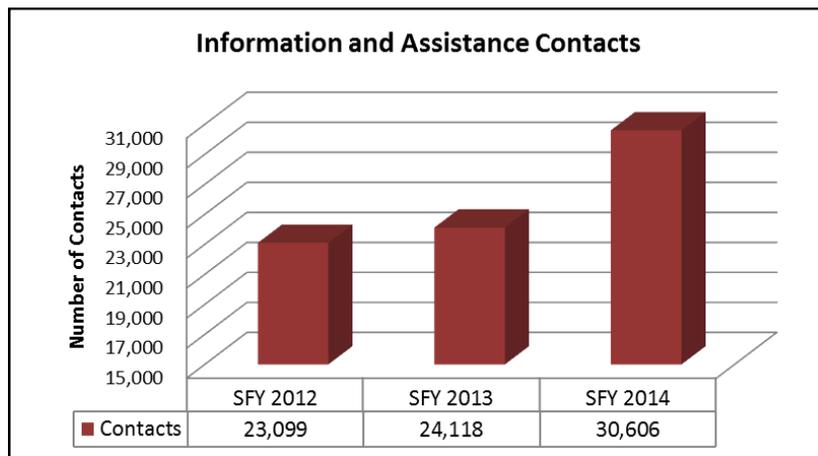
Case Management is for those consumers who cannot manage their own in-home, community based or institutional long term care services. Case managers assess the individual's independent living needs, develop and implement a service plan, coordinate and monitor in-home services and community based resources.



In SFY 2014, the decrease in the numbers of hours and consumers is attributed to ICOA's statewide implementation of a streamlined consumer intake process. Consumers who did not meet the criteria for case management were served through the Information and Assistance service.

INFORMATION AND ASSISTANCE

Information and Assistance (I & A) provides current information on services available in the communities, links people to opportunities that are available, and provides follow-up to ensure people receive the services needed. I & A provides access to services from a single source of information, determines eligibility for Older Americans Act services, and refers individuals to private and non-profit organizations.



In SFY 2014, increased contacts are attributed to ICOA’s statewide implementation of a streamlined consumer intake process. Through this process, consumers can be served more efficiently through I&A.

OUTREACH SERVICE

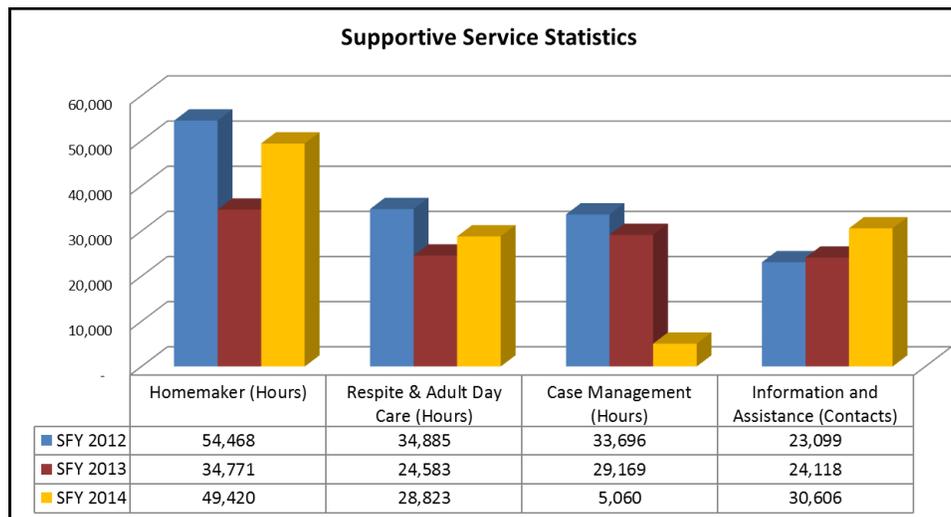
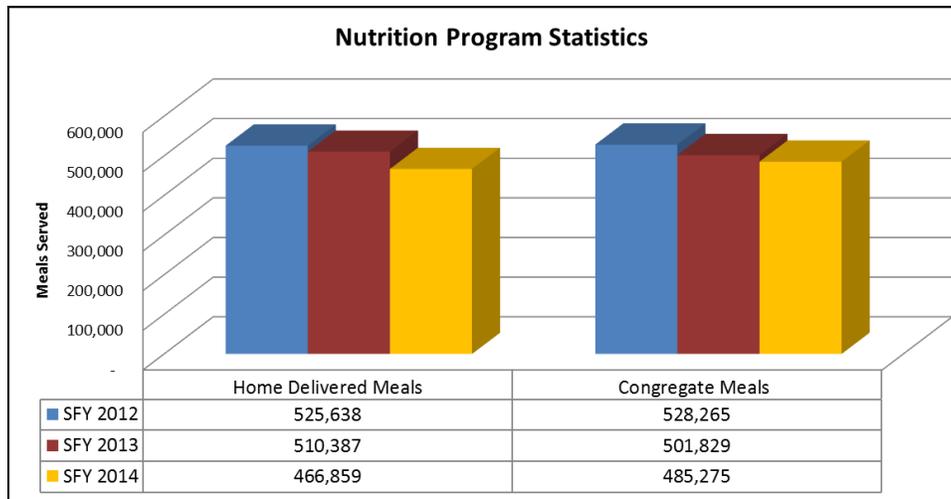
Outreach starts with a one-on-one interaction. Activities provide an individual and their caregiver with information and assistance linking them to existing services. Advantages include:

- Education and encouragement to use of existing services.
- Informing individuals of qualifying benefits.
- Assisting with enrollment in available programs.

SUPPORTIVE SERVICES STATISTICS

The Area Agencies on Aging use the Older Americans Act funding to deliver services to seniors and their caregivers. These services are tracked by the AAAs as a unit of service such as hour increments, a meal delivered, or a contact made. Units vary based on the service.

Services assist seniors in their decisions to avoid institutional placement and to remain in their homes. The graphs below represent a summary of the services provided through the AAAs in State Fiscal Year 2014.



STATE ADULT PROTECTION PROGRAM

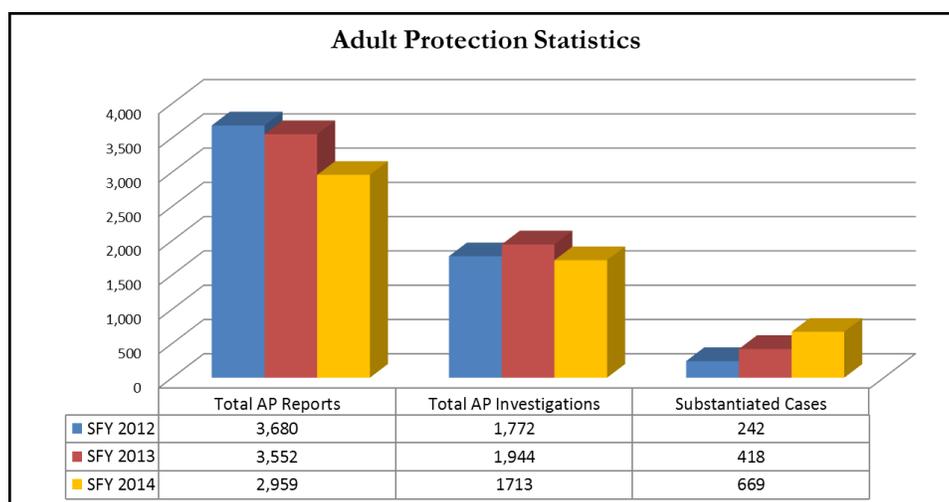
Adult protection (AP) services assist vulnerable adults who are unable to protect themselves from abuse, neglect or exploitation.

The Idaho Commission on Aging, in accordance with Idaho Statutes Title 39 Chapter 53-Adult Abuse, Neglect and Exploitation Act (the Act), administers the program for the State of Idaho and contracts with the six Area Agencies on Aging to implement the service at the local level.



In SFY 2014, the ICOA collaborated with the AAAs and developed the Idaho Adult Protection System (IAPS). This application is the first statewide system for managing adult protection reports, investigations, and delivery of AP services to vulnerable adults. IAPS was fully implemented in January 2014.

The statewide IAPS system has brought more accountability to service implementation, security to client information, and streamlining documentation. In addition, the IAPS captures data that is utilized to focus on education, training and public awareness efforts to prevent abuse, neglect and exploitation of Idaho's vulnerable adults.

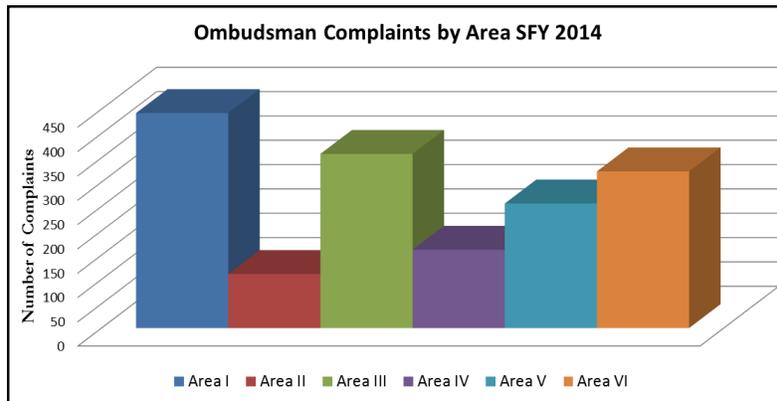


In SFY 2014, the decline in AP reports can be attributed to a new intake process that screens appropriate AP allegations. Substantiated cases increased due to standardized training and well defined substantiation criteria.

IDAHO LONG TERM CARE OMBUDSMAN REPORT

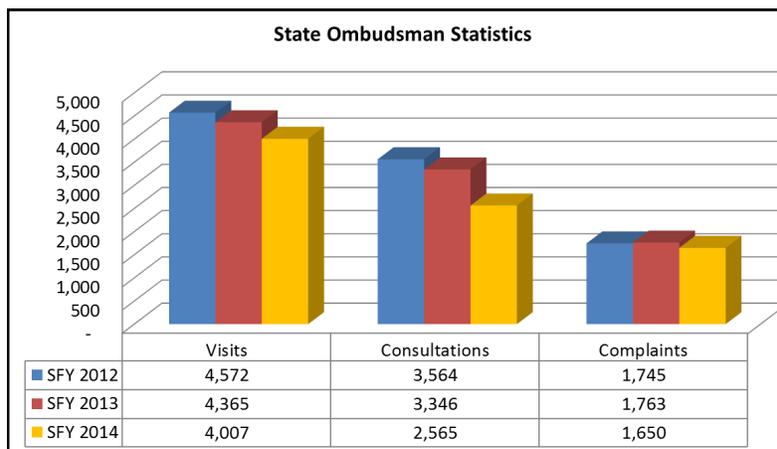
The Idaho Long Term Care Ombudsman program provides advocacy services for Idaho’s Long Term Care residents age 60 and over. The Ombudsman program is directed by the Older Americans Act to protect the health, welfare, safety, and rights of older long term care residents. Ombudsmen investigate and resolve complaints on behalf of residents in Idaho’s seventy-eight nursing homes and two hundred eighty-six assisted living homes.

There are eighty-two Ombudsmen volunteers assisting eleven Ombudsmen staff to provide services to Idaho’s long term care residents. Ombudsmen provided sixty-four public presentations on a variety of aging issues. In the performance of over 4,000 visits, approximately 1,700 complaints were investigated.



The most common complaints were:

1. Resident Care
2. Autonomy, Choice, Exercise of Rights and Privacy
3. Physical Environment of the Facility and Resident Space



OTHER FEDERAL PROGRAMS

Other federal programs, administered by ICOA, that support direct and in-house services are services implemented by a combination of Area Agencies on Aging and other partners.

<p>NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM (NFCSP) TITLE III E</p> 	<p>NFCSP supports and trains caregivers to make decisions, resolve problems, and develop skills to carry out their caregiving responsibilities.</p> <ul style="list-style-type: none"> • Provide counseling, support groups, caregiver training and respite (temporary relief from caregiving). • Provide public awareness about caregiving services and how they are accessed. • Refer caregivers to private pay options, if appropriate.
<p>NUTRITION SERVICES INCENTIVE PROGRAM (NSIP)</p> 	<p>NSIP provides supplemental incentive funding to be distributed to the meal site providers through the Area Agencies on Aging based on the number of meals served in the prior year.</p> <ul style="list-style-type: none"> • Funding to a meal site must be used for domestically produced food. • Meal sites are able to receive commodities from USDA’s warehouse network. • Promotes the health and well-being of older individuals by assisting them to access nutrition and other disease prevention and health promotion services.
<p>ELDER ABUSE PREVENTION AND OMBUDSMAN TITLE VII</p> 	<p>Elder Abuse Prevention offers support activities to prevent elder abuse, neglect and exploitation.</p> <ul style="list-style-type: none"> • Assist older individuals in determining their rights. • Help older individuals make informed decisions. • Individuals benefit from support and opportunities promised by law.
<p>SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP) TITLE V</p> 	<p>SCSEP is an employment training program for low income older individuals who need to enhance their skills to be able to compete in the job market.</p> <ul style="list-style-type: none"> • Employment training. • Participants receive subsidized training wage. • Assistance for individuals to re-enter the workforce.

OLDER AMERICANS ACT - DISCRETIONARY GRANT PROGRAMS

In addition to the ongoing grants, the Administration for Community Living provides additional funding opportunities through a competitive award process.

AGING AND DISABILITY RESOURCE CENTER (ADRC)/ NO WRONG DOOR (NWD) GRANT



ICOA, Idaho Medicaid, Idaho State Independent Living Council (SILC) and Idaho Council on Developmental Disabilities (ICDD) will develop a three year strategic plan to implement a No Wrong Door (NWD) system in Idaho.

The NWD system will include:

- A visible and trusted resource for people to access Long Term Care Services and Supports (LTSS).
- Streamlined access to service through strong partnerships like 211 CareLine, disability agencies and the Area Agencies on Aging.
- Person Centered Counseling (PCC) to assist consumers in making informed choices regarding their LTSS.

IDAHO'S LIFESPAN RESPITE PROGRAM



The Idaho Lifespan Respite project expands and enhances respite services and improves access to respite services for family caregivers of all ages.

Actions include:

- Establish Idaho Lifespan Respite Coalition.
- Enhance information about and access to caregiver respite.
- Implement emergency caregiver respite program.

IDAHO MODEL APPROACHES TO STATEWIDE LEGAL ASSISTANCE



A 3 year grant to further strengthen and develop comprehensive, well integrated and cost effective legal service delivery systems that target resources to seniors with the greatest social or economic need.

Actions include:

- Supporting the Idaho Senior Legal Hotline.
- Increasing pro bono legal services in Idaho.
- Locating the gaps in senior legal services across the state.
- Providing self-help legal resources for seniors.

MEDICARE IMPROVEMENTS FOR PATIENTS AND PROVIDERS ACT (MIPPA)



Provide education and outreach for Medicare Savings Programs (MSP), Low Income Subsidy (LIS), Medicare Part D and Prevention and Wellness benefits.

- Target rural communities and provide outreach events educating people on eligibility requirements.
- Assist consumers in applying for LIS and MSP programs.

SENIOR MEDICARE PATROL (SMP) AND SMP CAPACITY BUILDING GRANTS (SMP)



The SMP program educates Medicare and Medicaid beneficiaries to detect, report, and prevent health care fraud.

Trained SMP staff and volunteers conduct:

- Group education sessions in communities throughout Idaho.
- One-to-one counseling with Medicare beneficiaries and their families.
- Four regional Scam Jams held to help consumers learn to protect against fraud. Co-sponsored by the Attorney General's Office, Department of Insurance, Department of Finance, Idaho Legal Aid, AARP, Better Business Bureau and other valued partners.

VETERAN-DIRECTED HOME AND COMMUNITY BASED SERVICES (VD-HCBS)



The VD-HCBS program is a partnership between the Veterans Health Administration and the Aging & Disability Network, providing Veterans the opportunity to self-direct their long-term supports and services and continue to live independently at home.

- Eligible Veterans manage their own flexible budgets, decide for themselves what mix of goods and services best meet their needs, and hire/supervise their own workers.
- Options Counselors within the Aging & Disability Network provide facilitated assessments and care/services planning, arrange fiscal management services, and provide ongoing options counseling and support to Veterans, their families and caregivers.

IDAHO COMMISSION ON AGING FUNDING

In SFY 2014, the ICOA received approximately \$7,035,000 in federal funds and approximately \$4,479,000 in state funds totaling \$11,513,692.



The majority of federal funds were awarded to the state through Title III - Grants for State and Community Programs on Aging, Title V - Community Service Senior Opportunities Act, and Title VII - Allotments for Vulnerable Elder Rights Protection Activities of the Older Americans Act. In addition, the ICOA received funding from seven discretionary federal grants. State funds are used to meet federal match requirements and fund Adult Protection services.

The ICOA plans, sets priorities, coordinates, develops policy, and evaluates state activities relative to the objectives of the Older Americans Act. The ICOA enters into funding agreements with designated local agencies, for the purpose of issuing contracts at the local level to provide services. Such agreements or contracts are subject to performance and financial audit by the ICOA.

The ICOA designates six geographic regions within the state as Planning and Service Areas (PSA), for the purpose of maximizing funding for services that directly benefit the elderly. Within each PSA, a multipurpose agency is designated to administer the PSA's Area Agency on Aging. These multipurpose agencies, or umbrella organizations, provide support functions and resources to the AAAs.

The AAAs provide services as defined in the Older Americans Act and the Idaho Senior Services Act. Each service has required funding guidelines established by ICOA according to the priorities of the state.

OLDER AMERICANS ACT TARGET POPULATION AND FUNDING DISTRIBUTION FOR SERVICES

The ICOA distributes Federal Title III and State Trustee and Benefit funds to the AAAs to serve the “at risk” target population, as defined by the Older Americans Act.

The target population is prioritized by the following:

- Greatest economic and social needs.
- Low-income older individuals and minorities.
- Older individuals residing in rural areas.
- At risk for institutional placement.

SFY 2014 Idaho Intrastate Funding Formula Summary Title III Funds

Total Title III Federal Funds	\$	5,220,146
Total State General Funds	\$	3,977,100
Total Funds	\$	9,197,246
Less 10% Base Amount of Federal and State Funds	\$	919,725
Balance to be Distributed by Weighted Average	\$	8,277,521
Total Funds to be Distributed to AAA	\$	9,197,246

Fund Distribution

Area Agency	Base Amount	Weighted "At Risk" Percentage	Weighted Fund Distribution	Total Funds Distributed
Area I	\$ 153,287	16.93%	\$ 1,400,984	\$ 1,554,271
Area II	\$ 153,287	9.00%	\$ 745,176	\$ 898,463
Area III	\$ 153,287	35.16%	\$ 2,910,372	\$ 3,063,659
Area IV	\$ 153,287	15.84%	\$ 1,310,975	\$ 1,464,262
Area V	\$ 153,287	12.03%	\$ 996,040	\$ 1,149,327
Area VI	\$ 153,287	11.04%	\$ 913,976	\$ 1,067,263
Total	\$ 919,725	100.00%	\$ 8,277,521	\$ 9,197,246

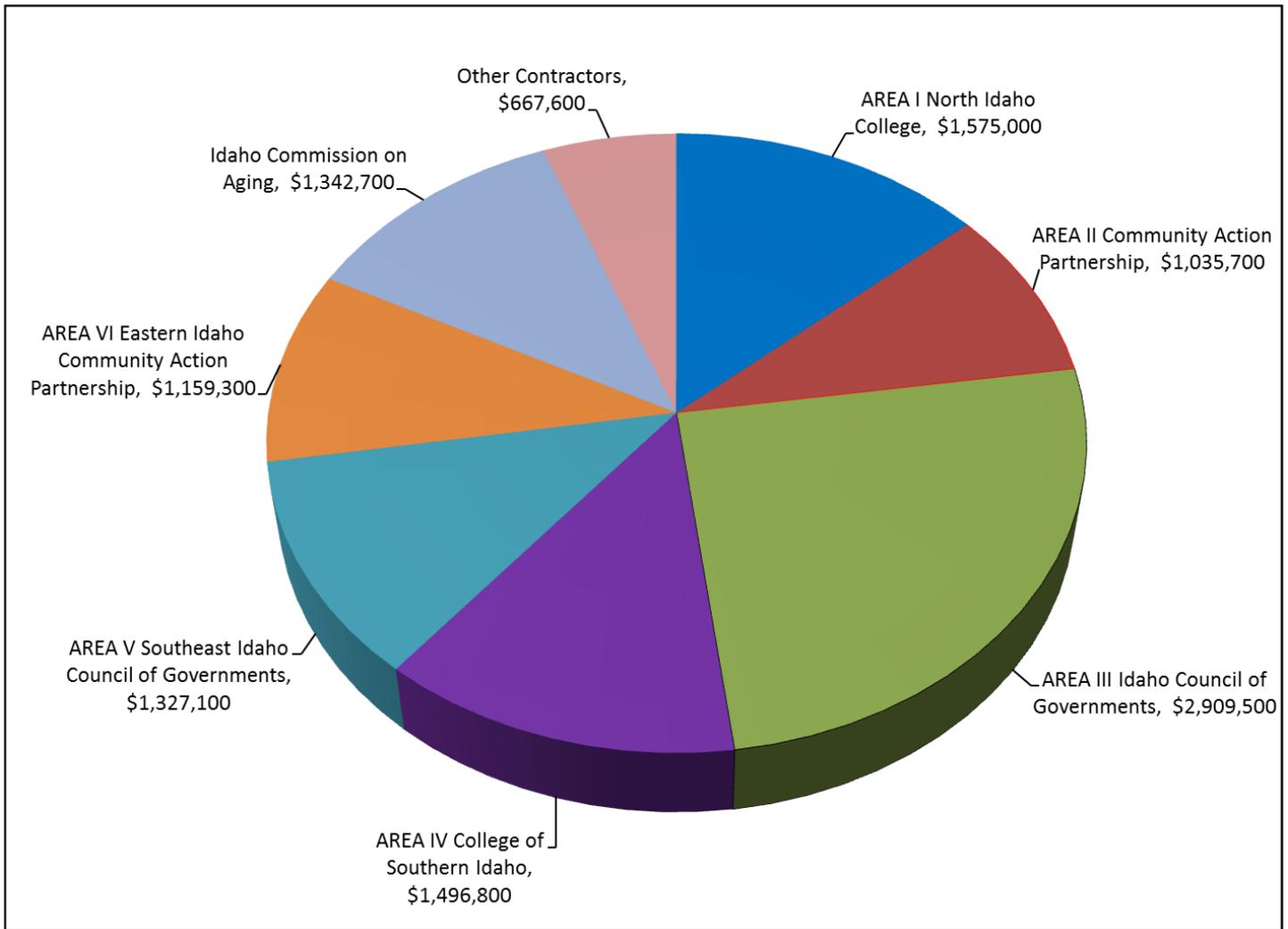
The Title III federal funds and state general funds are distributed to the AAA's using the federally approved funding formula. The funding formula divides 10% of the total funds evenly among all 6 AAA's. The remaining 90% balances are divided using a weighted average percentage. The percentages are derived by identifying the target populations in each area using census data.

IDAHO COMMISSION ON AGING SFY 2014 EXPENDITURES

FUNDING SOURCES	STATE FUNDS	FEDERAL FUNDS	TOTAL
OLDER AMERICANS ACT ON-GOING GRANTS			
Supportive Services	\$ 1,645,691	\$ 1,652,975	\$ 3,298,666
Congregate Meals	\$ 552,610	\$ 1,649,913	\$ 2,202,523
Home Delivered Meals	\$ 907,339	\$ 1,071,249	\$ 1,978,588
Preventive Health	\$ -	\$ 77,426	\$ 77,426
Family Caregiver	\$ 99,314	\$ 662,096	\$ 761,410
Nutrition Services Incentive Program (NSIP)	\$ -	\$ 687,141	\$ 687,141
State Ombudsman	\$ 322,118	\$ 33,797	\$ 355,915
Elder Rights Protection	\$ -	\$ 74,656	\$ 74,656
Senior Community Services Employment Program (SCSEP)	\$ -	\$ 463,391	\$ 463,391
ON-GOING GRANTS SUB TOTAL	\$ 3,527,072	\$ 6,372,644	\$ 9,899,716
OLDER AMERICANS ACT DISCRETIONARY GRANTS			
Medicare Improvements for Patients and Providers Act (MIPPA)	\$ -	\$ 28,899	\$ 28,899
Alzheimer's Disease Supportive Services Program (ADSSP)	\$ (49)	\$ 20,317	\$ 20,268
Aging & Disability Resource Center (ADRC)	\$ -	\$ 123,193	\$ 123,193
Senior Medicare Patrol (SMP)	\$ -	\$ 345,852	\$ 345,852
Money Follows the Person	\$ -	\$ 62,609	\$ 62,609
Idaho's Lifespan Respite Program	\$ -	\$ 12,844	\$ 12,844
Idaho's Legal Assistance	\$ -	\$ 68,740	\$ 68,740
DISCRETIONARY GRANTS SUB TOTAL	\$ (49)	\$ 662,454	\$ 662,405
OTHER FUNDS			
Other Expense (0349)	\$ 12,494	\$ -	\$ 12,494
Adult Protection	\$ 939,077	\$ -	\$ 939,077
OTHER GENERAL FUNDS SUB TOTAL	\$ 951,571	\$ -	\$ 951,571
GRAND TOTAL	\$ 4,478,594	\$ 7,035,098	\$ 11,513,692

SFY 2014 FUNDING DISTRIBUTION

IDAHO COMMISSION ON AGING STATE AND FEDERAL DISTRIBUTION



CONTRACTED AREA AGENCIES ON AGING

AREA I: NORTH IDAHO

North Idaho College -Director Jeffery Hill
 2120 Lakewood Dr. Suite B, Coeur d'Alene, ID 83814
 Tel: 208-667-3179 or 1-800-786-5536

AREA II: NORTH CENTRAL IDAHO

Community Action Partnership -Director Jenny Zorens
 124 New 6th Street, Lewiston, ID 83501
 Tel: 208-743-5580 or 1-800-877-3206

AREA III: SOUTHWEST IDAHO

Interim Planning and Service Area III -Interim Director Jeff Weller
 701 S. Allen Suite 100, Meridian, ID 83642
 Tel: 208-332-1745 or 1-844-689-7562

AREA IV: SOUTH CENTRAL IDAHO

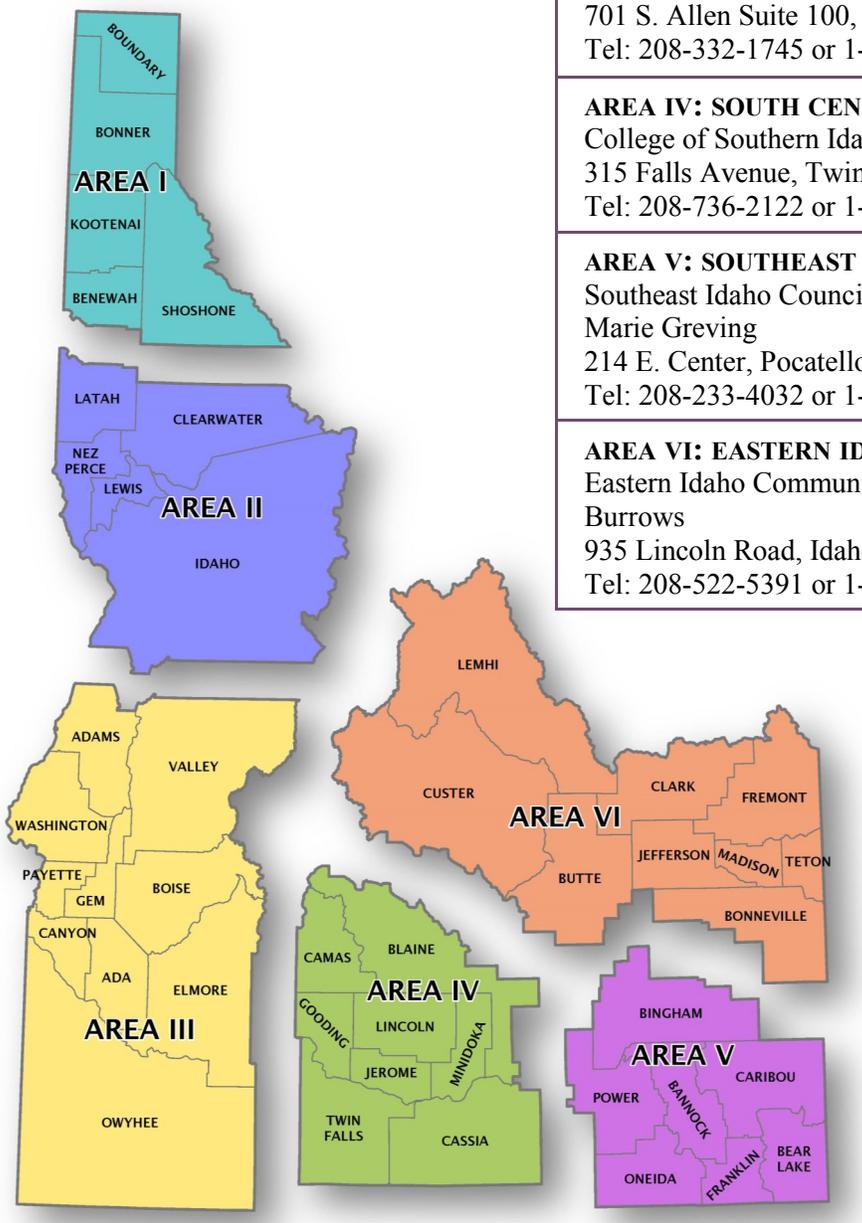
College of Southern Idaho -Director Suzanne McCampbell
 315 Falls Avenue, Twin Falls, ID 83303
 Tel: 208-736-2122 or 1-800-574-8656

AREA V: SOUTHEAST IDAHO

Southeast Idaho Council of Governments -Director Sister Anthony Marie Greving
 214 E. Center, Pocatello, ID 83201
 Tel: 208-233-4032 or 1-800-526-8129

AREA VI: EASTERN IDAHO

Eastern Idaho Community Action Partnership -Director Nick Burrows
 935 Lincoln Road, Idaho Falls, ID 83405
 Tel: 208-522-5391 or 1-800-632-4813



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