

Idaho Commission on Aging
Four-year
Senior Service State Plan

Public Meeting

Welcome

- What is the intent of Idaho's Senior Services State Plan?
- What services are available?
- What changes might take place?
- How are federal and state funds distributed to local areas?



Intent of Idaho's Senior Services State Plan

To provide efficient community services that enable seniors and people with disabilities to remain independent and to avoid institutionalization



Service Areas in Idaho

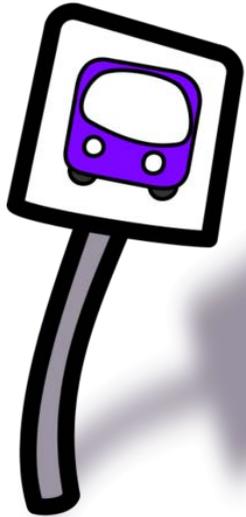


Planning and Service Areas (PSAs) Area Agencies on Aging (AAAs)

- PSA I: Service Implemented by AAA I in Coeur d'Alene
 - **1-208-667-3179 or 1-800-786-5536**
- PSA II: Service Implemented by AAA II in Lewiston
 - **1-208-743-5580 or 1-800-877-3206**
- PSA III: Service Implemented by AAA III (Interim in Meridian)
 - **1-844-689-7562 or 1-208-332-1745**
- PSA IV: Service Implemented by AAA IV in Twin Falls
 - **1-208-736-2122 or 1-800-574-8656**
- PSA V: Service Implemented by AAA V in Pocatello
 - **1-208-233-4032 or 1-800-526-8129**
- PSA VI: Service Implemented by AAA VI in Idaho Falls
 - **1-208-522-5391 or 1-800-632-4813**

Focus Area A:

Core
Older Americans Act (OAA)
Programs:

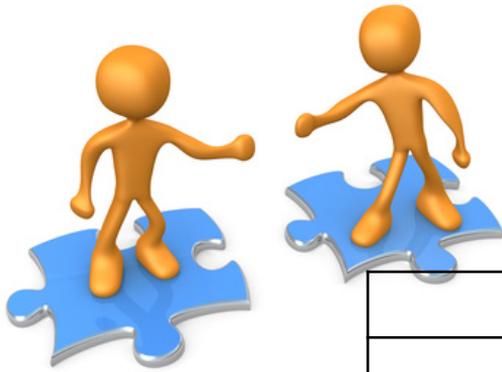


Focus Area A: Transportation

<u>General Eligibility</u>

Seniors 60 years old and over

<u>Service Description</u>	<u>Service Delivery</u>
Transportation to and from: <ul style="list-style-type: none">• community facilities and resources for the purpose of applying for and receiving services,• reducing isolation, and• promoting independent living	Changes needed to increase senior transport capacity and access by maximizing available funding



Focus Area A: Outreach

<u>General Eligibility</u>
Seniors 60 years old and over

<u>Service Description</u>	<u>Service Delivery</u>
<p>Seek out older persons and provide information with emphasis to the following populations:</p> <ul style="list-style-type: none">• Rural areas• Greatest economic and social need• Severe disabilities• Limited English-speaking• Alzheimer's	<p>Changes to increase consumer awareness, access and utilization of OAA core services</p>

Focus Area A: Information and Assistance



<u>General Eligibility</u>
General Public needing long-term care information

<u>Service Description</u>	<u>Service Delivery</u>
Provide individuals with Long Term Care information. Assess individuals capacities and link them to available services. Ensure individuals receive services through follow up.	Changes to incorporate efficiencies for I&A services



Focus Area A: Case Management

General Eligibility

Seniors 60 years and older requiring a package of services to meet long-term-care needs

<u>Service Description</u>	<u>Service Delivery</u>
<p>Assess the needs of person and coordinate services by providing the following:</p> <ul style="list-style-type: none">• Comprehensive assessment• Service plan• Periodic reassessment	<p>Changes to incorporate efficiencies in case management</p>

Focus Area A: Homemaker



General Eligibility

Senior 60 years and older that have physical barriers preventing them to maintain a clean home environment

<u>Service Description</u>	<u>Service Delivery</u>
Provides housekeeping, meal planning and preparation, personal errands, bill paying and medication management	Changes to increase additional consumers that could cost-share



Focus Area A: Chore

General Eligibility

Senior 60 years and older that have physical barriers preventing them to keep their home safe.

<u>Service Description</u>	<u>Service Delivery</u>
<p>Improve client's safety at home through one-time or intermittent service:</p> <ul style="list-style-type: none">• assistance with yard work,• sidewalk maintenance,• heavy cleaning and• household maintenance	<p>Changes to provide service to eligible consumers throughout the state and monitor program</p>



Focus Area A: Minor Home Modification

<u>General Eligibility</u>
Senior 60 years old and over needing home modifications to remain in their own home

<u>Service Description</u>	<u>Service Delivery</u>
Home modifications to support seniors to live at home. Not more that \$150 per client may be expended under this part	Changes to provide service to eligible consumers throughout the state and monitor program

Focus Area A: Legal Assistance



<u>General Eligibility</u>
Senior 60 years old and over

<u>General Eligibility</u>
Senior 60 years old and over

<u>Service Description</u>	<u>Service Delivery</u>
Legal assistance that addresses issues related to: income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse or neglect, and age discrimination	Changes to standardize service tracking



Focus Area A: Congregate Meals

General Eligibility

Senior 60 years old and over and their spouses.
Individual with a disability under 60 living with an eligible person.

<u>Service Description</u>	<u>Service Delivery</u>
Prepare and serve meals in a congregate settings, which provide older persons with assistance in maintaining a well balanced diet. The purpose is to reduce hunger and promote socialization.	Potential changes identified through State Plan development



Focus Area A: Home Delivered Meals

<u>General Eligibility</u>
Senior 60 years old and over and their spouses. Individual with a disability under 60 living with an eligible person.

<u>Service Description</u>	<u>Service Delivery</u>
Provide a home delivered meal 5 or more days a week: may consist of hot, cold, frozen, dried, canned, fresh or supplemental foods.	Potential changes identified through State Plan development

Focus Area A:

Disease Prevention and Health Promotions



<u>General Eligibility</u>
Senior 60 years old and over

<u>Service Description</u>	<u>Service Delivery</u>
Evidence based programs selected by AAA based on consumer input. Support healthy lifestyles and promotes healthy behaviors.	Potential changes identified through State Plan development

Focus Area A:

National Family Caregiver Support Program

General Eligibility

Caregivers who are 60 or under 60 caregiving for an older person. Grandparents taking care of children with severe disabilities.



<u>Service Description</u>	<u>Service Delivery</u>
Support and train caregivers through the following activities: <ol style="list-style-type: none">1. Information2. Access assistance3. Counseling4. Respite5. Supplemental Services	Define caregiver activities and service delivery

Focus Area B:

Discretionary Programs:



Focus Area B: Senior Medicare Patrol

<u>Target Population</u>
Medicare beneficiaries and their caregivers

<u>Service Description</u>	<u>Service Delivery</u>
Education for Medicare and Medicaid beneficiaries to detect, report, and prevent health care fraud. Trained SMP staff and volunteers conduct group education sessions, provide one-to-one counseling with Medicare beneficiaries, and hold regional Scam Jams.	Potential changes identified through State Plan development



Focus Area B:

Aging and Disability Resource Center

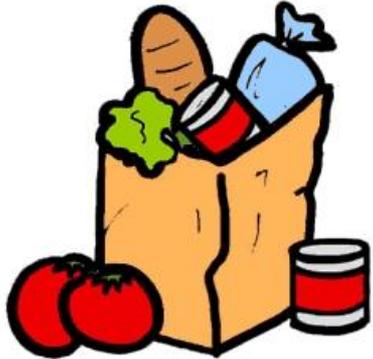
<u>General Eligibility</u>
General Public



<u>Service Description</u>	<u>Service Delivery</u>
Implement the Idaho three-year No Wrong Door strategic plan to streamline senior and people with disability access to Long-term care services through partnerships with 211 CareLine, disability agencies and the Area Agencies on Aging.	Changes based on federal program requirements

Focus Area B:

Commodity Supplement Food Program (CSFP)



<u>General Eligibility</u>
Individual 60 years of age or older with low-income.

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<u>Service Description</u>	<u>Service Delivery</u>
In partnership with The Idaho Foodbank to improve the health of low-income elderly persons at least 60 years of age, by supplementing their diets with a monthly nutritious food box of USDA Foods that includes nutrition information and helpful recipes.	Changes based on federal program requirements

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Focus Area B:

Senior Community Service Employment Program (SCSEP)

General Eligibility

Unemployed adults 55 years old and over whose incomes are 125% of poverty.



Service Description

Provides employment training to low income older individuals who need to enhance their skills to compete in the job market. Seniors are placed at 501(c)3 nonprofit agencies and are provided with part-time, work-based training opportunities.

Service Delivery

Changes based on federal program requirements



Focus Area B:

Idaho Lifespan Respite Program

<u>General Eligibility</u>
Caregivers across the lifespan

<u>Service Description</u>	<u>Service Delivery</u>
In partnership with the Idaho Caregiver Alliance expand and enhance supports for caregivers across the lifespan including improving access to respite services for family caregivers of all ages.	Changes determined through existing grant development

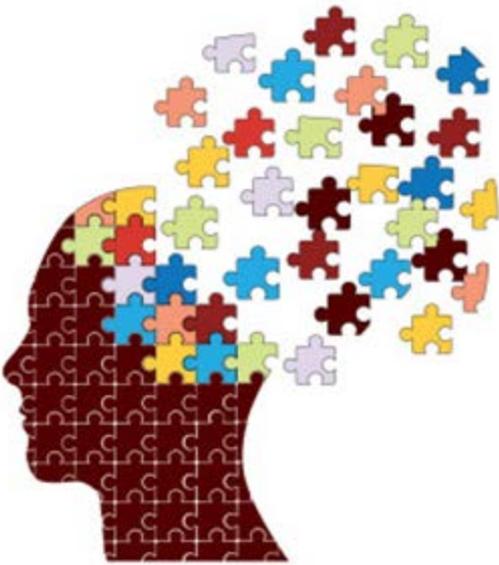
Focus Area B:

Medicare Improvements for Patients and Providers Act (MIPPA)



<u>General Eligibility</u>
Low income Medicare beneficiaries

<u>Service Description</u>	<u>Service Delivery</u>
In partnership with SHIBA and the AAAs to provide education and outreach for Medicare Savings Programs (MSP), Low Income Subsidy (LIS), Medicare Part D and Prevention and Wellness benefits. Targets of outreach activities include pharmacies, churches and non-profit organizations.	Changes identified through grant requirements



Focus Area B:

Alzheimer's Disease Supportive Services Program

<u>General Eligibility</u>
Persons with Alzheimer's disease and their caregivers

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<u>Service Description</u>	<u>Service Delivery</u>
New grant project to be developed and submitted to the Administration on Community Living for funding	Service delivery based on grant requirements

New grant project to be developed and submitted to the Administration on Community Living for funding

Service Delivery

Service delivery based on grant requirements

Focus Area C:

Participant-Directed/Person-Centered Planning:

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Participant-Directed/Person-Centered Planning

<u>General Eligibility</u>
Individuals 60 years of age or older.



<u>Service Description</u>	<u>Service Delivery</u>
Provide direction for eligible consumers to organizations that provide long-term care service coordination. Person-Centered Planning is a process that ensures an individual has a choice in determining the long-term care services that are best for them.	Service delivery to support Person-Directed and persons Centered Planning

Focus Area D:

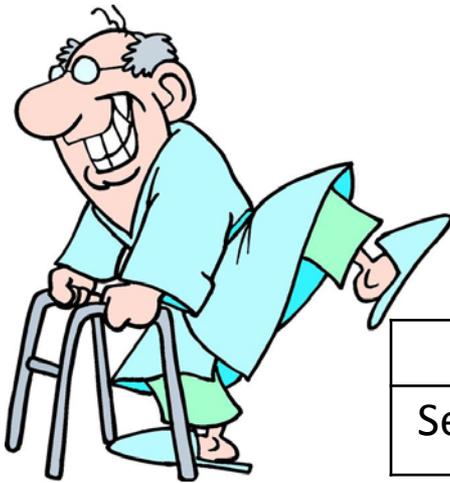
Elder Justice:



Focus Area D: Legal Service Developer

<u>General Eligibility</u>
Seniors 60 years old and over

<u>Service Description</u>	<u>Service Delivery</u>
Must ensure that there is: <ul style="list-style-type: none">• State leadership to secure & maintain elder rights• Coordination of legal services• Technical assistance for AAAs• Capacity to improve legal services	Changes based on federal program requirements



Focus Area D: Ombudsman

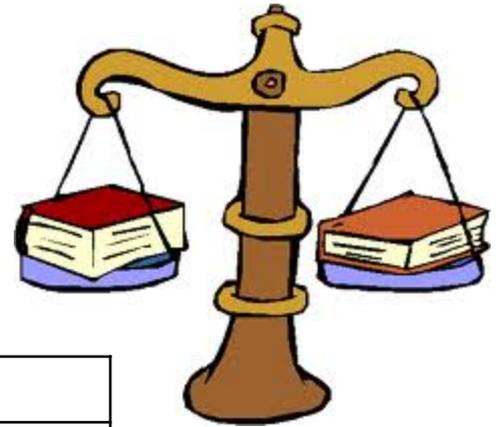
General Eligibility

Seniors 60 years old and over residing in a facility

<u>Service Description</u>	<u>Service Delivery</u>
<ul style="list-style-type: none">• Identify, investigate, and resolve complaints• Protect resident health, safety, welfare and rights• Assist residents to obtain services• Represent resident interests before agencies• Provide technical assistance and monitor laws related to long term care• Provide training	Changes based on federal program requirements



Focus Area D: Elder Rights



<u>General Eligibility</u>
Seniors 60 year old and over

<u>Service Description</u>	<u>Service Delivery</u>
Strengthen Idaho's abuse/neglect/exploitation program through programming for: <ul style="list-style-type: none">• Prevention• Detection• Assessment• Treatment• Response	Changes to address vulnerability definition and reporting

Focus Area D: State Adult Protection



<u>General Eligibility</u>
Vulnerable adults age 18 and older

<u>Service Description</u>	<u>Service Delivery</u>
Provide safety and protection to vulnerable adults. <ul style="list-style-type: none">• Receives reports• Investigates allegations of abuse, neglect, exploitation• Assists to reduce risk of harm	Potential changes identified through State Plan development

Funding Distribution

Funding and Requirements

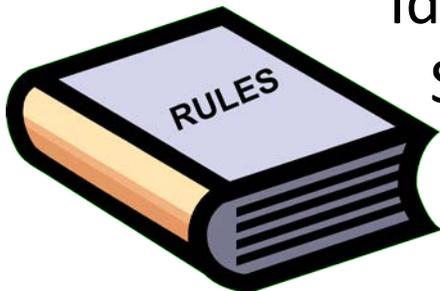
Administration
for Community
Living (ACL)

Idaho State
Legislature



Senior Services

Older Americans
Act



Idaho's Senior
Service Act

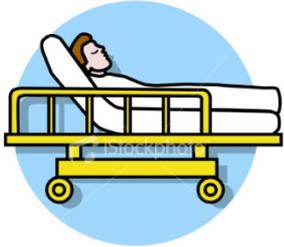
ICOA's State
Plan to
Administer
Programs



AAA's
Local Plan to
Implementation
Services



Funding Distribution Summary



At Risk Factors

Idaho At Risk Factors

- 65+ Living in Poverty
- 65+ Living Alone
- 60+ Racial Minority (not Hispanic)
- 60+ Hispanic (Ethnic Minority)
- 60+ Living in Rural County
- Aged 75+
- Aged 85+



Senior Population

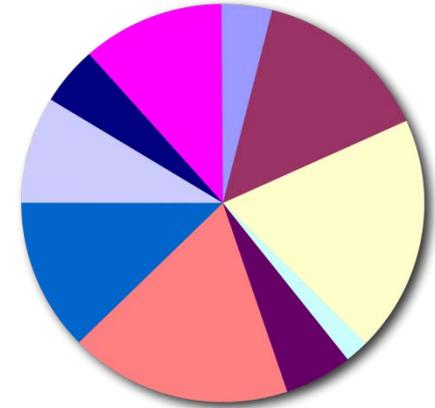
Planning and Service Area	Senior Census Population	Adjusted for At Risk Factors
PSA I	50,518	50,597
PSA II	24,702	26,241
PSA III	121,138	108,553
PSA IV	35,913	47,353
PSA V	28,643	36,132
PSA VI	32,906	33,877
Total	293,820	302,753



Funding Distribution

Planning and Service Area	Funding Distribution
PSA I	\$1,542,431
PSA II	\$874,042
PSA III	\$3,132,839
PSA IV	\$1,458,402
PSA V	\$1,145,466
PSA VI	\$1,083,572
Total	\$9,236,752

Service Funding



Provider	Service	Max.
Direct AAA Service	AAA Administration	10%
Direct AAA Service	AAA Coordination/Program Development	2%
Direct AAA Service	Adult Protection	15%
Direct AAA Service	Ombudsman (Not including title VII)	5%
		32%
Provider	Service	Min.
Contracted Service	Home Delivered Meals	18.5%
Contracted Service	Congregate Meals	18.5%
Contracted Service	Legal Assistance	1%
Contracted Service	Transportation	15%
Contracted Service	Homemaker	
Contracted Service	National Family Caregiver (Respite)	
		53%
Provider	Service	
Direct AAA Service	Information & Assistance	15%
Direct AAA Service	Case Management	
Direct AAA Service	Outreach	
Contracted Service	Chore	
Contracted Service	Home Modification	
Combination	National Family Caregiver besides Respite	
Contracted Service	Health Promotions & Disease prevention	
		15%
Total OAA and State Formula Funding Allocations		100%

Thank You

- Draft of Senior Services State Plan
 - Electronic Copies
 - ICOAs website:
<http://www.aging.idaho.gov/Documents/documents.html>
 - Can also be e-mailed to you
 - Hardcopies may be obtained
 - Public Meeting
 - Calling ICOA: 208-334-3833
 - By emailing: icoa@aging.idaho.gov