Idaho Commission on Aging   
Case Management  
Frequently Asked Questions (FAQ)

# Qualifications or Requirements

**FAQ1: What are the eligibility requirements for Case Management?**

* Eligibility is based on the following:
  + Must be 60 years old or older
  + Require minimal assistance with one or more ADLs or IADLs;
  + Require services from multiple health/social services providers; and
  + Are unable to obtain the required health/social services for themselves; or
  + Lack available formal or informal supports that can provide the needed assistance.

**FAQ1: What are ADLs and IADLs?**

* ADLs and IADLs are part of a comprehensive assessment used to identify the service needs of an individual:
  + ADLs (Activities of Daily Living) are bathing, dressing, toileting, transferring, eating, and walking.
  + IADLs (Instrumental Activities of Daily Living) are meal preparation, money management, transportation, shopping, using the telephone, medication management, heavy housework, and light housework.

# Who to Contact

**FAQ1**

* Contact the local [Area Agency on Aging](http://icoa.xtremeboise.com/area-agencies-on-aging/) nearest you.