

IDAHO COMMISSION ON AGING  
CASE MANAGEMENT  
FREQUENTLY ASKED QUESTIONS (FAQ)

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## Qualifications or Requirements

### FAQ1: What are the eligibility requirements for Case Management?

- Eligibility is based on the following:
  - Must be 60 years old or older
  - Require minimal assistance with one or more ADLs or IADLs;
  - Require services from multiple health/social services providers; and
  - Are unable to obtain the required health/social services for themselves; or
  - Lack available formal or informal supports that can provide the needed assistance.

### FAQ1: What are ADLs and IADLs?

- ADLs and IADLs are part of a comprehensive assessment used to identify the service needs of an individual:
  - ADLs (Activities of Daily Living) are bathing, dressing, toileting, transferring, eating, and walking.
  - IADLs (Instrumental Activities of Daily Living) are meal preparation, money management, transportation, shopping, using the telephone, medication management, heavy housework, and light housework.

## Who to Contact

### FAQ1

- Contact the local [Area Agency on Aging](#) nearest you.