



Idaho  
Commission on Aging

# ANNUAL REPORT

State Fiscal Year 2018 (SFY18)

## PROMOTING SUCCESSFUL AGING FOR IDAHOANS AND THEIR COMMUNITIES



Supporting well-being  
for aging Idahoans.

Stay at Home. Stay Healthy. Stay Safe. Stay Informed.

### Stay at Home

Fortify your ability to remain  
independent at home

### Stay Healthy

Maximize your ability to enjoy life

### Stay Safe

Enhance your security now and later

### Stay Informed

Plans and decisions for successful  
aging

C.L. "Butch" Otter, Governor for the Great State of Idaho



## IDAHO COMMISSION ON AGING VALUES

- ◆ Consumer Focus – *responsive, self-determination*
- ◆ Best Business Decision – *cost effective, sustainable*
- ◆ Integrity – *transparency, courage, accountability*
- ◆ Continual Improvement – *proactive, evidence based*
- ◆ Teamwork and Partnerships – *advocacy, optimism*
- ◆ Respect – *culturally appropriate, voice and choice*

## FROM THE ADMINISTRATOR...

It is an honor to present to Governor Otter, Governor-Elect Little, elected officials, and all Idahoans, the Idaho Commission on Aging's annual report. This is a full, transparent accounting of how we used SFY2018 appropriations to advance our mission of "Leading system creation and network coordination to support Idaho's aging population." We work every day inspired to help aging Idahoans remain active, live safely in their homes and stay engaged in their communities.

The funding focused on home and community-based services that prevent or delay institutional placement for seniors who are at the highest risk. The report illustrates how services, designed to reduce the state's long-term care costs associated with aging, were utilized.

Our second focus is to shine a light on issues we believe could increase institutionalization and reduce the choices available to seniors. Below are trends from the 2018 Alzheimer's Disease Facts and Figures report that we believe are worth watching and discussing as we prepare for the future:

- ◆ Idahoans diagnosed with Alzheimer's will increase 32% from 25,000 to 33,000 by 2025
- ◆ Dementia-related Medicaid cost will increase from \$139 million to \$193 million by 2025
- ◆ The need for further nursing and medical professionals, and well trained direct care workers will rise, and the Idaho Department of Labor projects a shortage of these important workers

Much of the care provided to those with dementia fall to volunteer or unpaid family caregivers. The value of this care represents millions of dollars that would otherwise need to be covered through other funding mechanisms. This caregiver network must be nourished and supported to prevent this shift in financial burden.

To help address the impacts of these trends, ICOA developed strategic objectives focused on strengthening in-home resources and supports to help people and their caregivers age in place:

- ◆ Goal 1, Objective A. Design, promote and coordinate caregiver services statewide
- ◆ Goal 1, Objective D. Engage in a wide range of activities to prevent early institutional placement
- ◆ Goal 3, Objective B. Design, promote and evaluate activities to increase dementia capabilities in Idaho's aging network

The ICOA explores, plans and implements service delivery models that will utilize existing resources to address future needs with the least amount of additional funds, and the highest quality of care.

Respectfully,

*Judy B. Taylor, Administrator*

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## STAY INFORMED

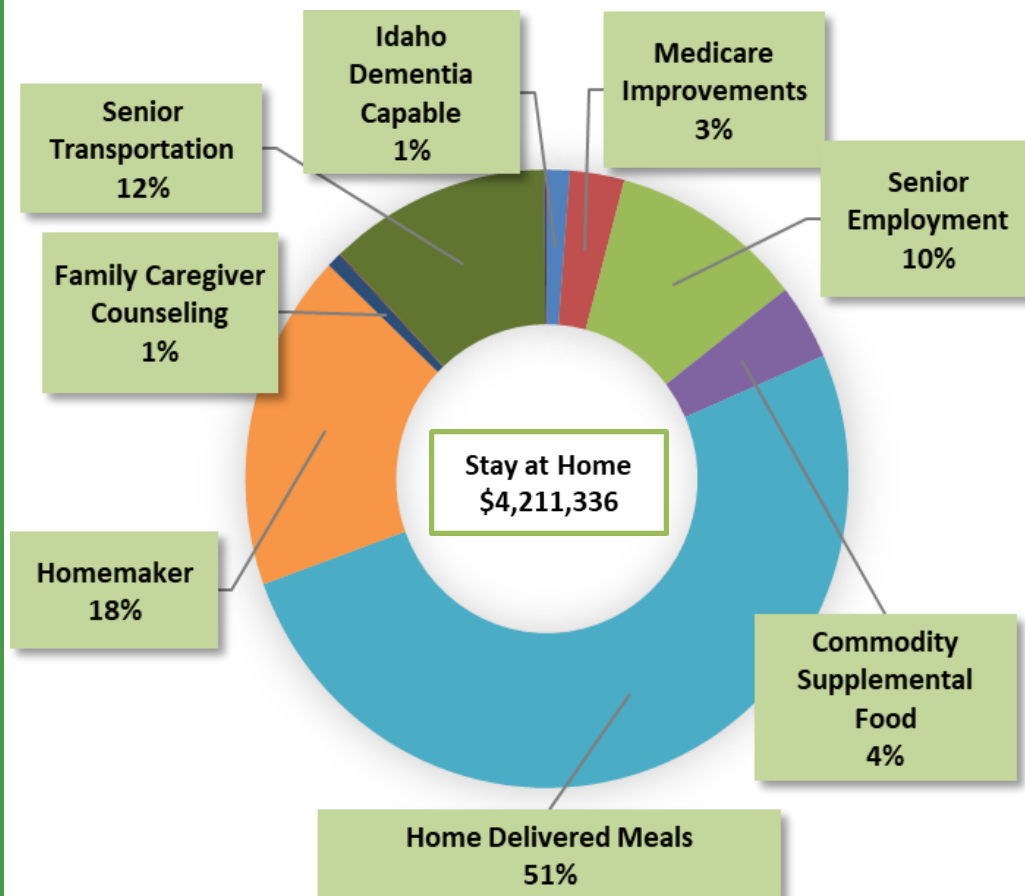
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# STAY AT HOME

The Commission facilitates services that support people to stay at home, save money, increase security and enhance their well-being. These services reduce the cost of institutionalization through addressing Activities of Daily Living (ADLs—eating, toileting, walking, transferring, dressing and bathing) needs in their own homes.



## TRANSPORTATION



The ability to travel, even short distances, is important for health, safety, independence & socialization.



**146,099** trips

**\$ 499,649**  
total SFY18



Doing the Math  
**\$3.41**/one-way  
trip



Over age 65

**20%** don't drive

**50%** have no public transportation

*(AARP & American Public Transportation Association report on Exploring the Public Transportation Options for an Aging Population)*

## HOME DELIVERED MEALS



Delivering meals at least once a day, five or more days per week provides nourishment, a friendly face and the security that someone cares. Program costs include food, preparation, delivery, dietician services and program management. Costs are minimized through senior center and volunteer efforts.



**3,992** clients served

**\$538** homebound senior/year

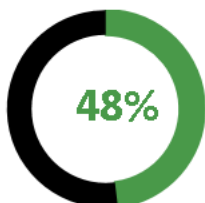
**\$ 2,146,398**  
total SFY18

### CLIENT RISK PROFILE

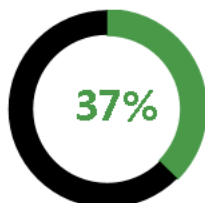
Poverty 65+



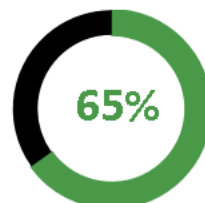
Alone 65+



Rural 60+



2+ ADLs

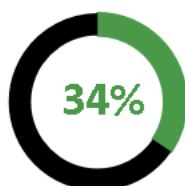


Age

75+



85+

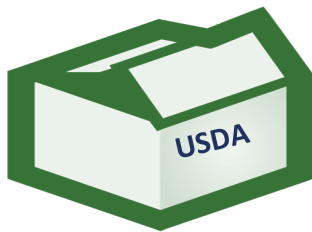




## COMMUNITY SUPPLEMENTAL FOOD PROGRAM (CSFP)



The CSFP assist low-income seniors by providing nutritious monthly USDA food boxes filled with a variety of healthy foods. The box also contains nutritional education, recipes and other information designed to improve health. The Idaho Commission on Aging partners directly with the Idaho Foodbank to provide this service.



**26,400** food boxes

**\$ 166,976**  
total SFY18

### IDAHO COMMISSION ON AGING'S STRATEGIC PLAN

**GOAL #3: CHAMPION AN EFFECTIVE AND EFFICIENT COMMUNITY-BASED AGING SERVICE NETWORK**

## HOMEMAKER



Simple tasks may become difficult with age. This should not limit older Idahoans' abilities to remain in their own homes.

The Idaho Commission on Aging's Homemaker program provides essential services at no charge or cost-shared including: housekeeping, meal planning and preparation, shopping, bill paying and medication management.



50,165 hours



1,347 clients



Doing the Math

\$552/client/year

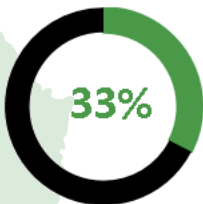
\$14.84/hour

37 hours/client/year

\$744,725  
total SFY18

### CLIENT RISK PROFILE

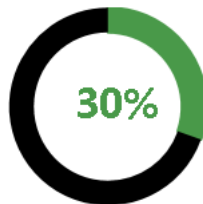
Poverty 65+



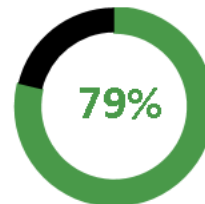
Alone 65+



Rural 60+



2+ ADLs



Age

75+



85+



## CHORE



When simple repairs or maintenance are required, Idaho Commission on Aging's chore program can help. Chore services are typically larger and less frequent than homemaker services and may include yard work, heavy cleaning or minor maintenance. Fixing a loose shutter or raking leaves in the fall may mean a person can maintain their residence.



**205** hours  
**21** clients



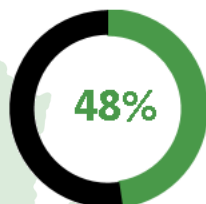
**\$6,565**  
total SFY18



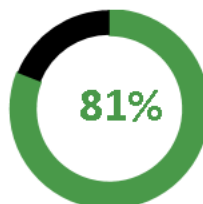
Doing the Math  
**\$312/client/year**  
**\$32.02/hour**  
**9.8 hours/client/year**

### CLIENT RISK PROFILE

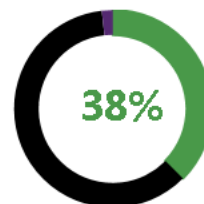
Poverty 65+



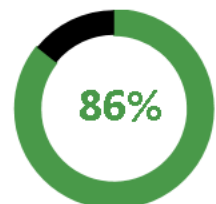
Alone 65+



Rural 60+

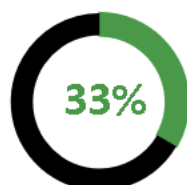


2+ ADLs



Age

75+



85+



## IDAHO FAMILY CAREGIVER SUPPORT PROGRAM

Family caregivers in Idaho are the backbone for the long term care system by caring for family members at home. Caregivers have many responsibilities associated with caregiving, so the US Administration on Community Living appropriates modest funding for the ICOA to contract with the six Area Agencies on Aging (AAAs) to deliver public information, assistance with decision making, access to services, caregiver training, and respite. Ten years ago the ratio of working age adults to older adults in Idaho was 6 to 1. With the growth of Idaho's aging population, by 2020 the ratio will be 3 to 1. There will be fewer and fewer caregivers for a rapidly increasing number of people needing care. A solid support structure is needed for caregivers, so the ICOA will generate and focus resources to help address this problem.

## IDAHO'S DEMENTIA-CAPABLE SERVICE SYSTEM

To improve supports to families caring for people with dementia, the ICOA is leading a three-year initiative created by the US Administration on Community Living. Idaho's Dementia-Capable Service System will enhance training of family caregivers, in-home service workers, certified family home providers, information and assistance personnel, and anyone who wants to understand dementia and the impacts affecting those living with dementia and their caregivers. The initiative will increase the availability of respite family caregiver training and encourage families to manage their services (consumer-direction). Finally, the initiative will improve processes for assessing needs of persons with dementia and caregivers and help them navigate the complexities of caring for someone with dementia long term.

 **51,354**  
total SFY18

## MEDICARE SUBSIDY PROGRAM (MIPPA)



Through outreach, the Medicare Improvements for Patients and Providers Act (MIPPA) program identifies low income Medicare beneficiaries who may qualify for subsidies that reduce their out of pocket costs. They assist beneficiaries to complete the required paperwork and provide Medicare low-income assistance program education. MIPPA is a collaborative effort with Idaho Department of Insurance, Senior Health Insurance Benefits Advisors (SHIBA), pharmacies, churches and non-profit organizations statewide.

**\$ 123,133**  
total SFY18

## SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM



Older adults trying to find employment may experience challenges. Many factors make finding work difficult including ageism, breaks in work experience and outdated skills. The Senior Community Service Employment Program assists participants to sharpen skills and gain regular employment. Enrollees are placed in not for profits across the state. The employer gains a motivated worker with subsidized wages while the senior worker benefits from a steady income stream and the self-esteem of a job well done.

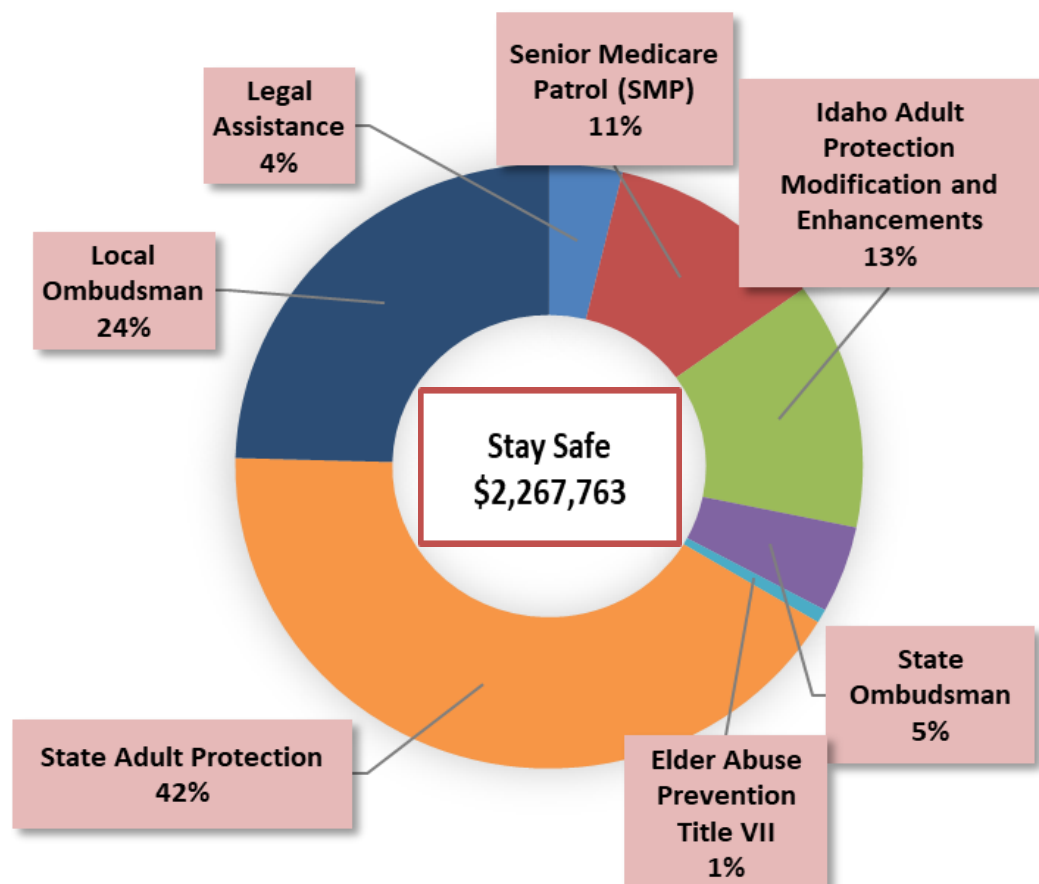


**62 participants**

**\$ 437,128**  
total SFY18

# STAY SAFE

**T**he Commission recognizes safety as a fundamental factor in our ability to age successfully. Breach of public trust and individual safety results in significant financial expense, depletion of essential resources, a decline in well-being and long-term health. The Commission has multiple programs designed to promote justice and provide support to the most vulnerable.



## SENIOR MEDICARE FRAUD PREVENTION (SMP)



The Senior Medicare Patrol program educates seniors to detect, report, and prevent Medicare fraud. In partnership with the Department of Insurance, Scam Jam events are held across the state throughout the year. Well trained and dedicated volunteers reduce the implementation costs.



**294** group presentations

**234** community events

**\$253,814**  
Total SFY18

**677** counseling sessions

**3** statewide Scam Jams

**14** volunteers

## LEGAL ASSISTANCE



The Commission partners with Idaho Legal Aid to assist low-income older Idahoans on legal matters. Legal representation is critical in keeping some older Idahoans safe.

**1,234** hours, **493** cases

### MOST COMMON CASES

- ♦ Health care
- ♦ Long-term care
- ♦ Income
- ♦ Housing

**\$84,918**  
total SFY18

## ADULT PROTECTIVE SERVICES (APS)



Adult Protective Services (APS) responds to the challenges in meeting the needs of vulnerable adults. They investigate reports of abuse, neglect, self-neglect and exploitation. APS staff provides education and training to local service providers and community partners to prevent, recognize and report suspected abuse.



**117** presentations  
**2,317** investigations

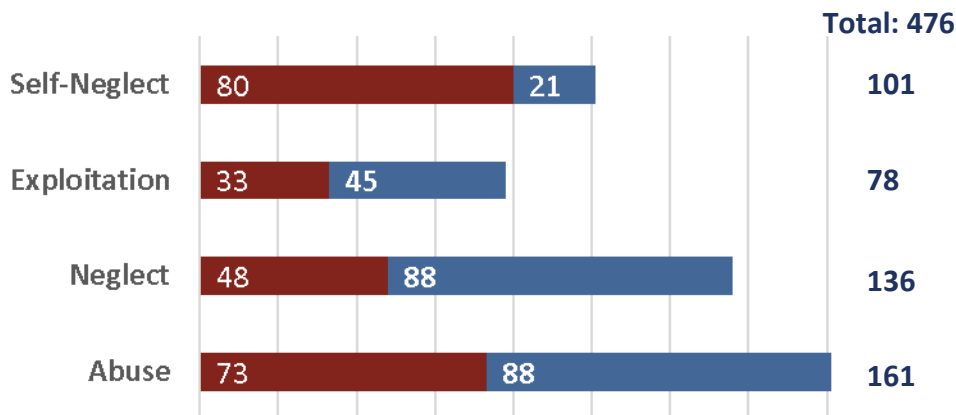


**20** full-time staff

**\$ 942,290**  
total SFY18

### Substantiated Cases

■ Age 60+ ■ Age 18-59



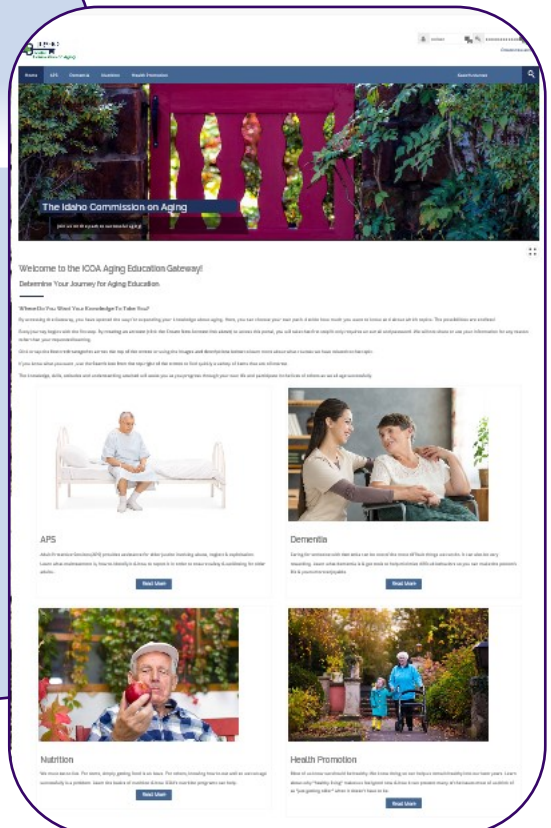
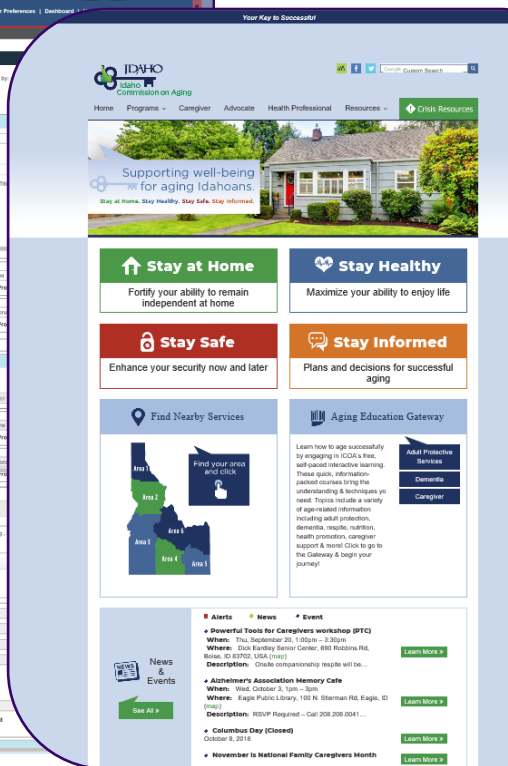


# ADULT PROTECTION SYSTEM MODIFICATION AND ENHANCEMENT PROJECT

The Commission is working to improve and enhance services that assist older Idahoans to stay physically, emotionally and financially secure. This project enhances practice, service and reporting, including a system to collect in-depth victim and perpetrator demographics. It also encompasses a formal training program to advance workforce skills and knowledge.

**\$ 298,317**  
total SFY18

- ♦ Created new system that gathers recognized national data
- ♦ Redesigned & revised website to enhance access to information, programs & resources
- ♦ Designed & began development of online e-learning for APS workers



## OMBUDSMAN



The long-term care ombudsman program was created for the purpose of promoting, advocating, and ensuring adequacy of care and quality of life for Idaho's assisted living and nursing home residents. Operation of the long-term care ombudsman program is a joint effort by the

Idaho Commission on Aging, the State Long Term Care Ombudsman, Idaho's six Area Agencies on Aging and Local Ombudsman programs. The Administration for Community Living released final regulations (45 CFR Parts 1321, 1324) for the program in 2015. As a result, the 2018 Idaho legislature approved amendments to:

- ◆ Idaho Code 57-5009, Office of the Ombudsman For the Elderly
- ◆ Idaho Administrative Procedures Act 15.01.03, Rules Governing the Ombudsman for the



**80** skilled nursing facilities (SNF)

**285** assisted living facilities (ALF)



**10** Ombudsmen

**43** volunteers



**43** training sessions

**66** presentations

**2151** consultations



**3,196** unannounced facility visits

**1,296** complaints filed

**803** in ALFs, **482** in SNFs

**11** complaints not against a facility

**\$ 104,520**  
Total State

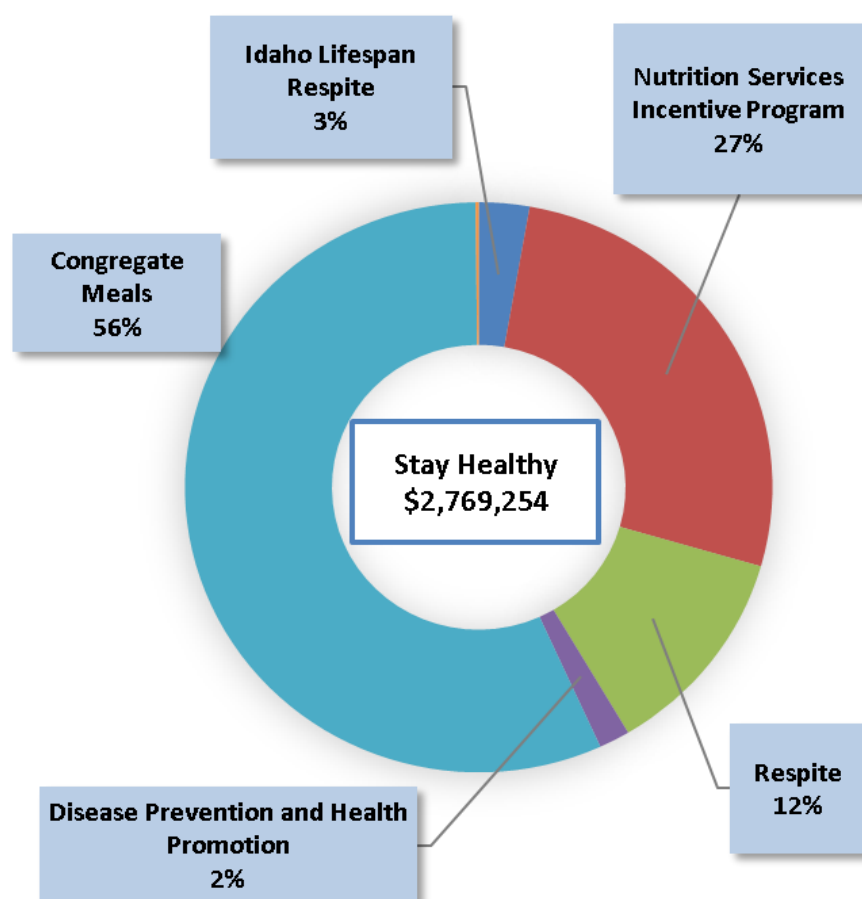
**\$ 553,938**  
Total Local

**THE TOP FIVE COMPLAINTS INVOLVED THE FOLLOWING ISSUES:**

- 1. Medications: administration, organization**
- 2. Dignity, respect/staff attitudes**
- 3. Failure to respond to requests for assistance**
- 4. Personal property: lost/stolen**
- 5. Exercise preferences/choice, civil/religious rights**

# STAY HEALTHY

**H**ealthy lifestyles promote successful aging and can prevent or lessen the severity of many chronic diseases. The Idaho Commission on Aging sponsors programs that address general and specific health issues for aging adults. Programs are offered locally and tailored to specific audiences. Staying healthy preserves resources and brings an abundance of positive returns.



## DISEASE PREVENTION & HEALTH PROMOTION



Physical and mental health boosts successful aging. Good choices can maximize function, keeping people active and engaged for as long as possible. The Idaho Commission on Aging brings evidence-based chronic disease education and health promotion programs directly to older Idahoans in their local areas. People who take advantage of these programs reap many benefits.

**\$47,136**  
total SFY18

AAA I	AAA II	AAA III	AAA IV	AAA V	AAA VI
<ul style="list-style-type: none"><li>• Care Transitions Intervention</li><li>• Powerful Tools for Caregivers (PTC)</li></ul>	<ul style="list-style-type: none"><li>• Self-Management Programs</li><li>• Diabetes (DSMP)</li><li>• Chronic Pain (CPSMP)</li></ul>	<ul style="list-style-type: none"><li>• DSMP</li></ul>	<ul style="list-style-type: none"><li>• Over 60 &amp; Getting Fit</li></ul>	<ul style="list-style-type: none"><li>• Chronic Disease Self-Management Program (CDSMP)</li><li>• DSMP</li><li>• PTC</li></ul>	<ul style="list-style-type: none"><li>• CDSMP</li><li>• DSMP</li></ul>

## CONGREGATE MEALS



Enjoying a meal with others is an enduring pleasure of life. Adequate nutrition is an enduring need throughout life. The Congregate meal program provides both for aging Idahoans. Most congregate meal sites are senior

centers where more than meals are provided, including opportunities for education, entertainment, classes and medical health screenings.

Community members provide hours of volunteer service meeting needs and keeping program costs low.



**449,131** client meals

**51,452** visitor meals



**13,408** clients

**\$1,568,098**  
total SFY18

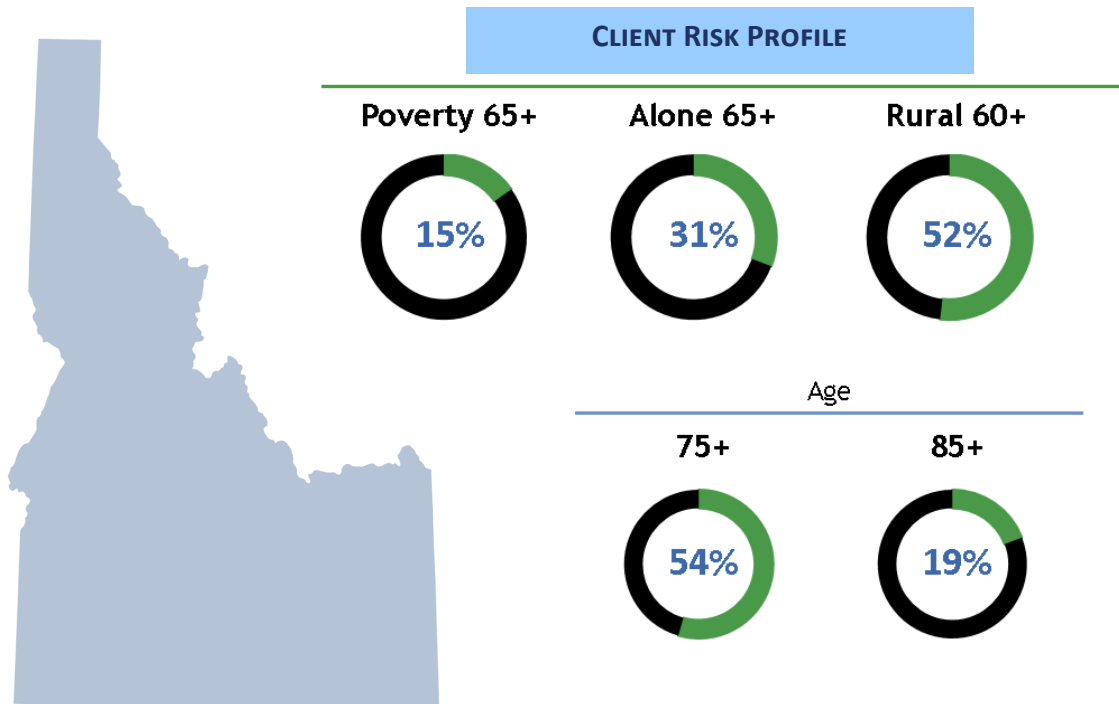


Doing the Math

**\$3.13**/meal

**\$116.95**/client/year

## CONGREGATE MEALS, CONT.



## NUTRITION SERVICES INCENTIVE PROGRAM (NSIP)

The Idaho Commission on Aging supports numerous programs to increase the nutritional state and food security of older Idahoans. The NSIP program directly enhances meal sites through additional federal incentive funding, based on the number of meals served the previous fiscal year.

**\$739,110**  
total SFY18

## RESPIRE

Caregivers who are 60 or older or caring for someone 60 or older may qualify for respite services. Respite provides brief periods of relief from caregiving duties. Respite increases health and quality of life for both the caregiver and care recipient. This supports Idahoans to remain in their homes despite personal care needs.



**21,247** hours



**310** clients



**333,089**  
total SFY18

Doing the Math

**\$15.68**/hour

**\$1,074**/client/year

**68.5** hours/client/year

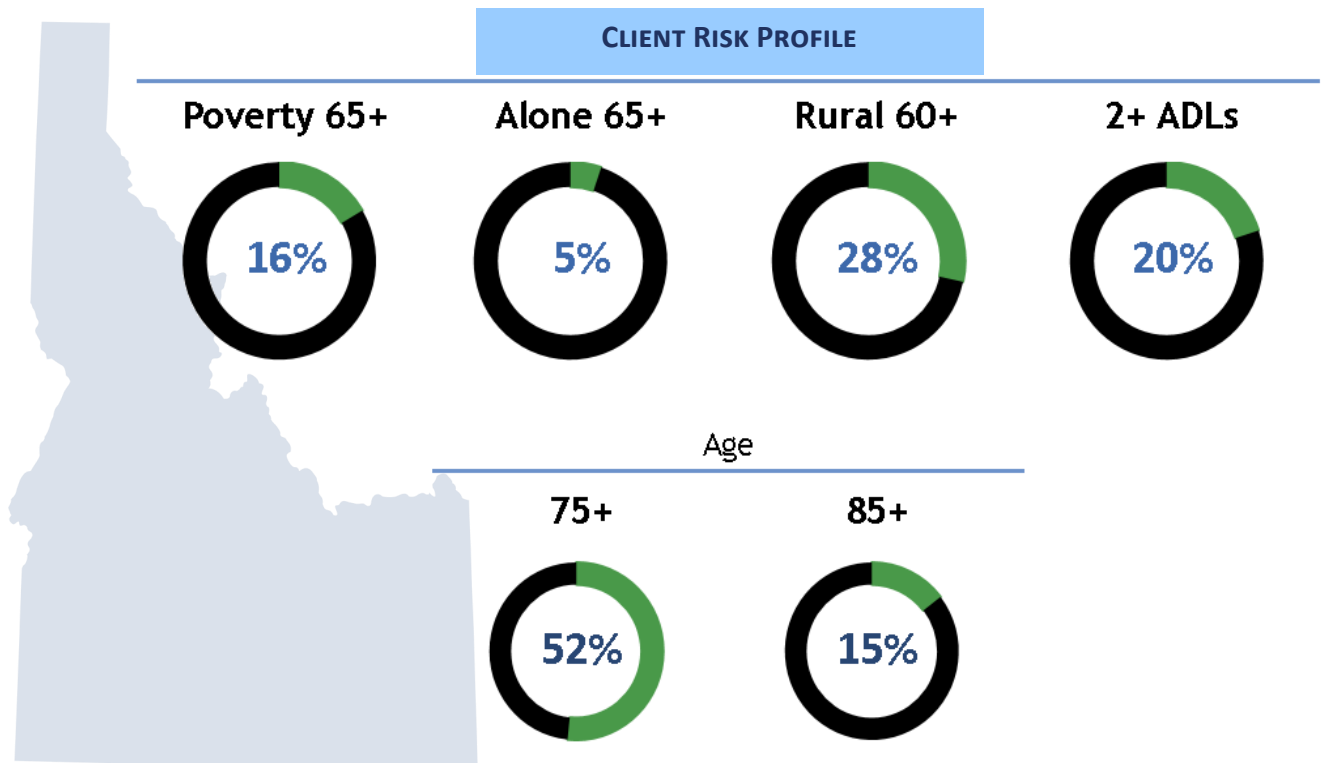


### IDAHO COMMISSION ON AGING STRATEGIC PLAN

**GOAL #1: SUPPORT OLDER IDAHOANS TO LIVE INDEPENDENT  
AND HEALTHY LIVES IN THE COMMUNITIES OF THEIR CHOICE**



## RESPITE, CONT.

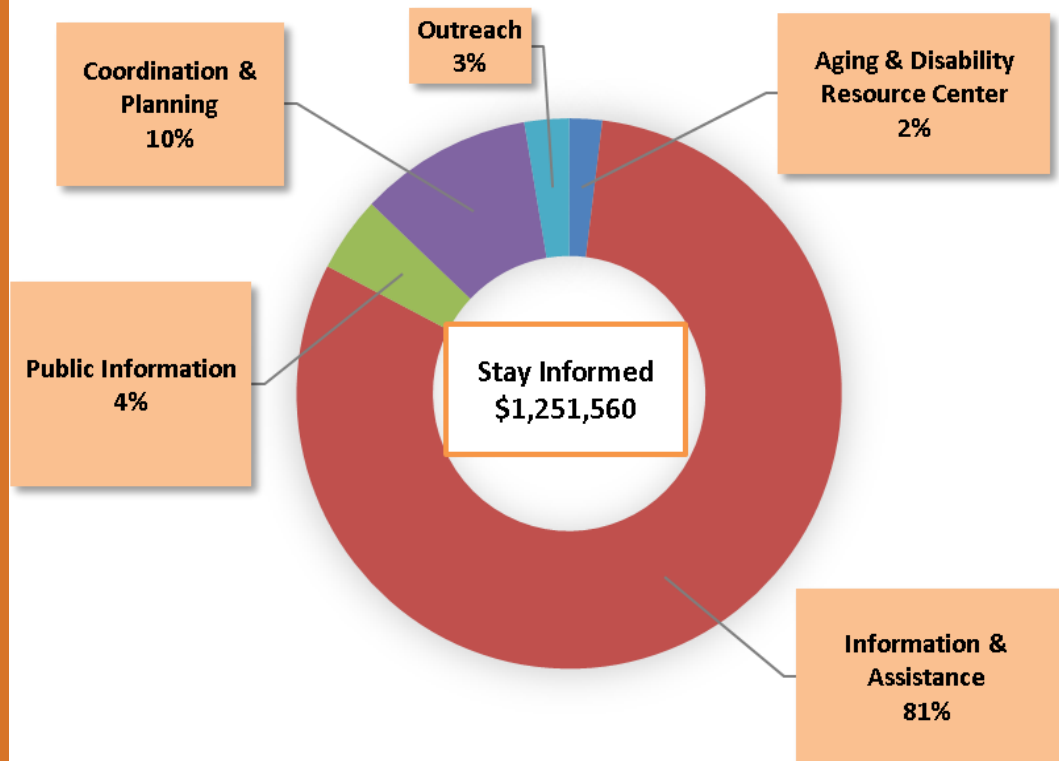


## IDAHO LIFESPAN RESPITE GRANT

The Commission was awarded a competitive 3-year grant to expand and enhance statewide access to respite services for the 83,000 volunteer caregivers supporting Idahoans to remain at home despite often heavy care needs. It includes funding emergency respite during crisis situations.

# STAY INFORMED

**P**eople need a convenient way to access accurate information from a trusted source. The Idaho Commission on Aging prioritizes informing the people they serve of options and services. This information allows older Idahoans to choose how to improve their lives.



## IDAHO COMMISSION ON AGING STRATEGIC PLAN

**GOAL #2: PROMOTE SAFETY, SELF-DETERMINATION AND DIGNITY FOR SENIORS AND VULNERABLE ADULTS**

## INFORMATION & ASSISTANCE (I&A)



Supporting aging Idahoans to make informed decisions regarding their needs is a priority for Idaho Commission on Aging. Information & Assistance is available to all Idahoans via their local Area Agencies on Aging (AAA). Based on skilled assessment, I & A workers determine eligibility and register clients for needed services. They also provide follow-up as needed. On any given day I & A workers strive to match needs to services including transportation, nutrition, health, socialization, employment, in-home services, caregiver support, legal assistance, adult protective services and advocacy through the Ombudsman program.



**23,575** contacts

**18,998** clients

**14,976** available hours

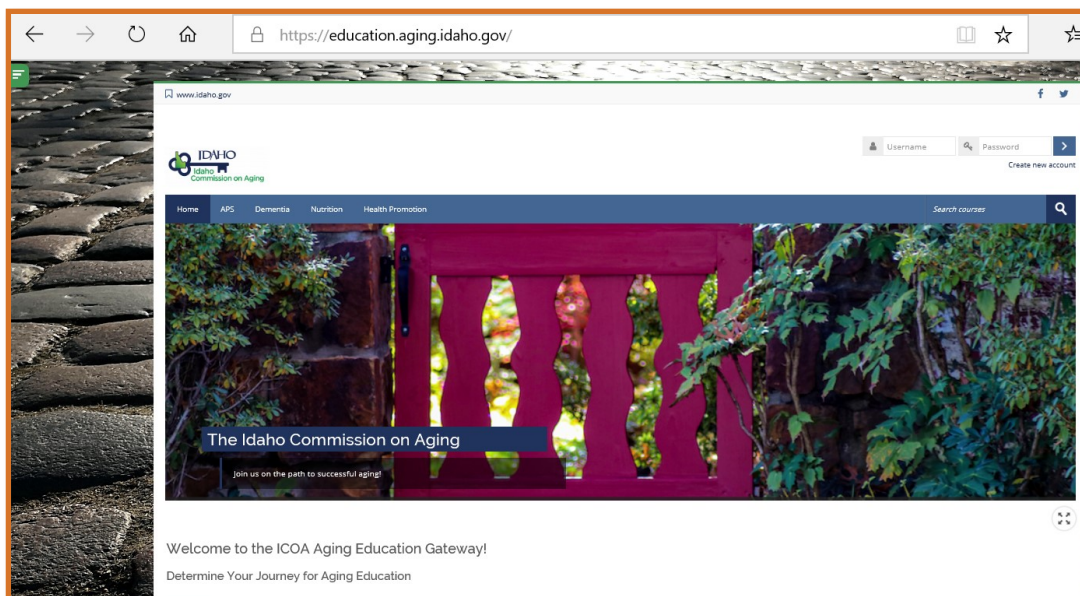
**\$1,009,967**  
total SFY18

# ICOA AGING EDUCATING GATEWAY



**Education drives good choices and self-determination.**

**Online learning allows education to be delivered throughout the state. ICOA developed an education platform to provide free education to support successful aging in place. The platform can be accessed through our newly designed website.**



## CURRENT CONTENT INCLUDES

- ◆ Adult Protection
- ◆ Dementia
- ◆ Nutrition
- ◆ Health Promotion

## COORDINATION AND PLANNING



Idaho's current Senior Services State Plan is in effect through September 30, 2020. As part of this plan, each of the six Area Agencies on Aging develop annual coordination and planning activities to help seniors and people with disabilities avoid institutionalization and remain as independent as possible in their homes and communities:

**AAA I:** Expand agreements with local partners such as law enforcement agencies, hospitals, and emergency medical responders.

**\$128,503**  
total SFY18

**AAA II:** Assess and refer community resources in urban and rural communities, related to the availability and services for veterans.

**AAA III:** Pursue partnerships and grants with Critical Access Hospitals.

**AAA IV:** Coordinate with area hospitals and public health agencies to develop more effective referral and information exchanges.

**AAA V:** Enhance partnerships to promote and expand the Powerful Tools for Caregivers program.

**AAA VI:** Expand the "Operation Red File Project" to nine counties.

## THE INTRASTATE FUNDING FORMULA

To receive federal Older Americans Act funding, ICOA developed a state plan that includes an intrastate funding formula, which identifies how funds are used and distributed to the six Area Agencies on Aging (AAAs) to support the following 60 years and older target populations:

- ◆ Greatest economic need
- ◆ Greatest social need
- ◆ At risk for institutional placement



- ◆ Area I: North Idaho College
- ◆ Area II: Community Action Partnership
- ◆ Area III: Area III Senior Services Agency
- ◆ Area IV: College of Southern Idaho
- ◆ Area V: Southeast Idaho Council of Governments
- ◆ Area VI: Eastern Idaho Community Action Partnership

## PROJECTED BUDGET AUTHORIZATION DISTRIBUTIONS

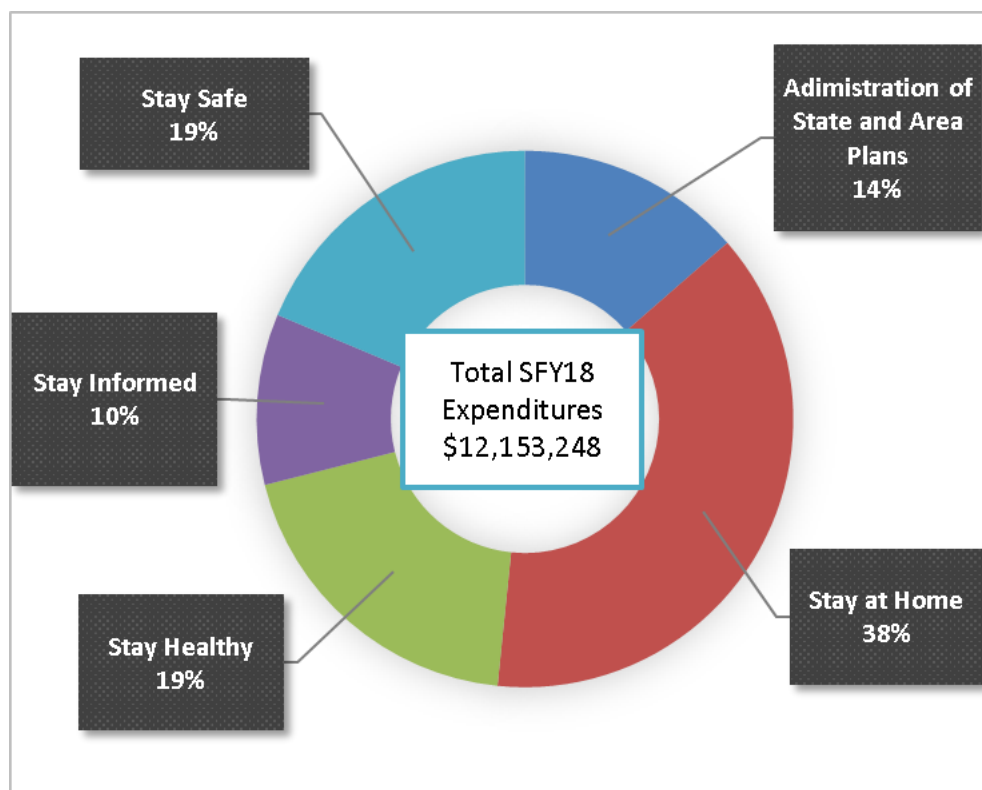
**AAAs are paid with trustee and benefit payments, per Section 67-5007, Idaho Code, and receive about 75% of the commission's appropriation. AAAs assist in service delivery in local communities throughout the state.**

	Federal	State	Total
Total Funds for AAA Distribution	\$5,375,981	\$3,977,100	\$9,353,081
Base Funding Amounts: 10% of Fund	\$537,598	\$397,710	\$935,308
Remaining Balance for Formula Distribution*	\$4,838,383	\$3,579,390	\$8,417,773

	Area I	Area II	Area III	Area IV	Area V	Area VI	TOTAL
<b>Base Funding (1/6 of Base Amount)</b>							
Federal Funds	\$89,600	\$89,600	\$89,600	\$89,600	\$89,600	\$89,600	\$537,598
State Funds	\$66,285	\$66,285	\$66,285	\$66,285	\$66,285	\$66,285	\$397,710
<b>Weighted Population Used for Formula</b>							
Weighted Population	59,126	28,783	123,007	51,851	39,011	37,265	339,043
65+ Living in Poverty	3,108	1,548	8,057	2,783	1,620	1,532	18,648
65+ Living Alone	9,164	5,114	24,006	6,927	5,508	5,811	56,530
60+ Racial Minority	1,636	1,024	4,584	896	1,349	778	10,267
60+ Hispanic	959	299	6,788	2,930	1,500	1,249	13,725
60+ Living in Rural	23,207	9,736	27,660	22,775	16,770	14,041	114,189
75+	16,654	8,472	40,172	12,095	9,600	10,757	97,750
85+	4,398	2,590	11,740	3,445	2,664	3,097	27,934
Weighted Population %	17.44%	8.49%	36.28%	15.29%	11.51%	10.99%	

Formula Driven Funding (Multiply: Weighted Population Percent and Balance of Formula Distribution)														
Federal Funds	\$	933,369	\$	500,353	\$	1,844,996	\$	829,550	\$	646,314	\$	621,398	\$	5,375,981
State Funds	\$	690,498	\$	370,157	\$	1,364,911	\$	613,693	\$	478,137	\$	459,704	\$	3,977,100
Total Allocated Funds* (Base + Formula)	\$	1,623,867	\$	870,510	\$	3,209,907	\$	1,443,243	\$	1,124,451	\$	1,081,102	\$	9,353,081
Title VII Funds	\$	13,251	\$	8,489	\$	8,426	\$	11,004	\$	10,173	\$	10,737	\$	62,081
FY 2017 Carryover Funds	\$	123,076	\$	94,397	\$	150,476	\$	79,453	\$	99,999	\$	56,453	\$	603,855
Total FY 2018 Budget	\$	1,760,195	\$	973,396	\$	3,368,810	\$	1,533,700	\$	1,234,623	\$	1,148,292	\$	10,019,016

# ICOA AND AAA EXPENDITURES



ICOA Projects	Federal	State	Total
State Plan Administration	\$365,776	\$382,926	\$748,702
Idaho Lifespan Respite	\$61,350	\$15,696	\$77,045
Idaho Dementia Capable	\$34,473	\$16,881	\$51,354
Model Approaches to Statewide Legal Services	\$13,482	\$0	\$13,482
Senior Medicare Patrol (Medicare Fraud Prevention)	\$253,814	\$0	\$253,814
Medicare Improvements for Patients and Providers Act	\$123,133	\$0	\$123,133
Senior Community Service Employment Program	\$437,128	\$0	\$437,128
Idaho Adult Protection System Modification and Enhancements	\$196,747	\$101,570	\$298,317
State Ombudsman	\$71,293	\$33,228	\$104,520
Elder Abuse Prevention Title VII	\$16,485	\$0	\$16,485
Nutrition Services Incentive Program	\$739,110	\$0	\$739,110
Commodity Supplemental Food	\$166,976	\$0	\$166,976
Aging and Disability Resource Center	\$24,428	\$0	\$24,428
<b>Total ICOA Expenditures</b>	<b>\$2,504,194</b>	<b>\$550,300</b>	<b>\$3,054,494</b>



## AAA EXPENDITURE DETAILS

AAA Services	Federal	State	Total
Local Area Plan Administration	\$539,975	\$364,658	\$904,634
Title IIIB: Homemaker	\$44,510	\$700,215	\$744,725
Title IIIB and Title IIIE: Information and Assistance	\$1,009,967	\$0	\$1,009,967
Title IIIB: Public Information	\$55,563	\$0	\$55,563
Title IIIB: Coordination and Planning	\$128,503	\$0	\$128,503
Title IIIB: Case Management	\$2,497	\$336	\$2,834
Title IIIB: Ombudsman	\$253,645	\$300,293	\$553,938
Title IIIB: Adult Day Care	\$3,995	\$780	\$4,775
Title IIIB: Outreach	\$33,098	\$0	\$33,098
Title IIIB: Senior Transportation	\$190,502	\$309,146	\$499,649
Title IIIB: Chore	\$5,908	\$657	\$6,565
Title IIIB and Title IIIE: Legal Assistance	\$84,918	\$0	\$84,918
Title IIIC1: Congregate Meals	\$1,135,437	\$432,661	\$1,568,098
Title IIIC2: Home Delivered Meals	\$1,359,032	\$787,366	\$2,146,398
Title IIID Disease Prevention and Health Promotion	\$47,136	\$0	\$47,136
Title IIIE: Respite	\$194,392	\$138,697	\$333,089
Title IIIE: Family Caregiver Counseling	\$32,575	\$0	\$32,575
State Adult Protection	\$0	\$942,290	\$942,290
<b>Total AAA Expenditures</b>	<b>\$5,121,654</b>	<b>\$3,977,100</b>	<b>\$9,098,754</b>
<b>Total ICOA and AAA SFY 2018 Expenditures</b>	<b>\$7,625,848</b>	<b>\$4,527,400</b>	<b>\$12,153,248</b>

### IDAHO COMMISSION ON AGING VALUES

**Best Business Decision – *cost effective, sustainable***

**Integrity – *transparency, courage, accountability***

## DUTIES AND POWERS

Since 1968, the Idaho Commission on Aging (ICOA) has provided services to Idahoans in order to promote successful aging. Governor Don Samuelson authorized ICOA based on Idaho Code 67-500. For the past 50 years, ICOA has continued to support Idaho's current aging population while forecasting future trends. The legislature recognized the need to provide basic necessities to its older people, designed to permit older Idahoans to remain independent and avoid institutionalization (Title 67-5005). The legislative charter (Title 67-5003) designates specific responsibilities including:

- ♦ To serve as an advocate within state government & the community for older Idahoans;
- ♦ To serve as an advisory body regarding state legislative issues affecting older Idahoans;
- ♦ To promulgate, adopt, amend & rescind rules related to programs & services administered by the commission;
- ♦ To enter into funding agreements as grants & contracts within the limits of appropriated funds to carry out programs & services for older Idahoans;
- ♦ To conduct public hearings & evaluations to determine the health & social needs of older Idahoans, & determine the public & private resources to meet those needs;
- ♦ To designate "planning & service areas" & area agencies on aging in accordance with the Older Americans Act & federal regulations. The commission shall review the boundaries of the "planning & service areas" periodically & shall change them as necessary;
- ♦ To submit a report to the governor & the legislature of its accomplishments & recommendations for improvements of programs & services for older Idahoans;
- ♦ To administer & perform any other related functions or activities assigned to the commission by the governor.

MISSION & VISION

VISION

For Idahoans to have an  
informative, visible, reliable  
and easily accessible support  
system as they age.

MISSION

To lead system creation &  
network coordination to  
support Idahoans as they  
age.

BOARD OF COMMISSIONERS



Area I	Chris Magera
Area II	David Pankey, Chair
Area III	Lorraine Elfering, Vice Chair
Area IV	Vacant
Area V	Debra Reiland
Area VI	Dean Nielson
At-Large	Victor Watson



# ICOA EMPOWERS IDAHOANS TO AGE SUCCESSFULLY



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Boise ID 83702



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Boise ID 83720



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877.471.2777 (toll-free)



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[www.aging.idaho.gov](http://www.aging.idaho.gov)

<http://education.aging.idaho.gov>

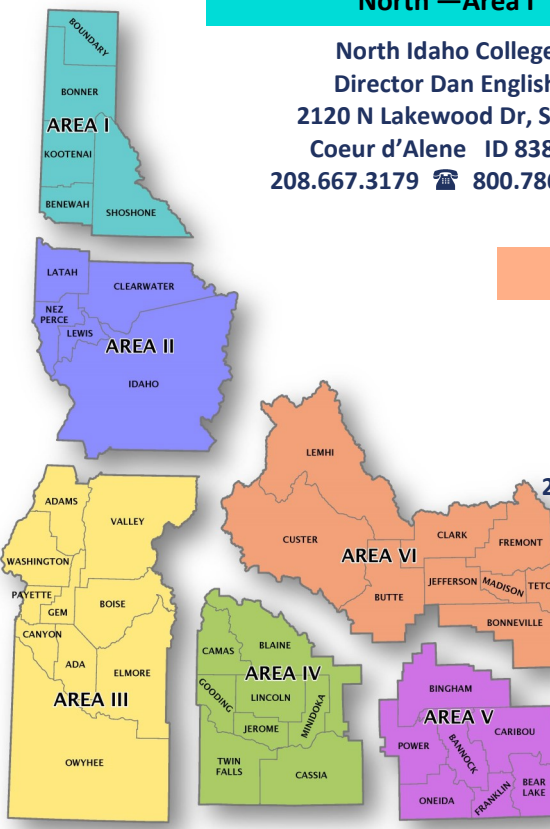
## LOCAL AGENCIES PROVIDE LOCAL SERVICES

### North Central —Area II

Community Action Partnership  
Director Jenny Zorens  
124 New 6<sup>th</sup> St  
Lewiston ID 83501  
208.743.5580 ☎ 800.877.3206

### Southwest —Area III

Area 3 Senior Services Agency  
Director Raul Enriquez  
701 S. Allen St, Suite 100  
Meridian ID 83642  
208.898.7060 ☎ 844.850.2883



### North —Area I

North Idaho College  
Director Dan English  
2120 N Lakewood Dr, Ste B  
Coeur d'Alene ID 83814  
208.667.3179 ☎ 800.786.5536

### East—Area VI

Eastern Idaho Community  
Action Partnership  
Director Morgan Nield  
935 Lincoln Rd  
Idaho Falls ID 83401  
208.522.5391 ☎ 800.632.4813

### South Central — Area IV

College of Southern Idaho  
Director Suzanne McCampbell  
315 Falls Ave  
Twin Falls ID 83303  
208.736.2122 ☎ 800.574.8656

### Southeast —Area V

Southeast Idaho Council of Governments  
Director Mike Hirschi  
214 E. Center  
Pocatello ID 83201  
208.233.4032 ☎ 800.526.8129