

Activity

Try to remember what it feels like to eat at mealtimes if you have a mouth ulcer or toothache.

- **What would you do if you were offered a crisp green apple or tough meat to eat while you had a mouth ulcer or toothache?**
- **What might you do if you couldn't find the words to tell someone how you felt?**
- **What are the signs that a person with dementia may be having difficulties with chewing or swallowing?**