

Activity

Think about the people with dementia you support and where they eat their food. For care staff working in home care, it may be easier to focus on one or two people with dementia you work with.

Think about the following questions:

- **Is the dining area a comfortable pleasant environment to eat?**
- **Is it calm, relaxed and free from noise and distractions? Or is it busy and noisy?**
- **Is the environment bright and well lit?**
- **Is the person able to choose where they sit and how they eat their meals or is this choice made for them?**
- **Are there any changes you could make to the environment to improve the mealtime experience?**