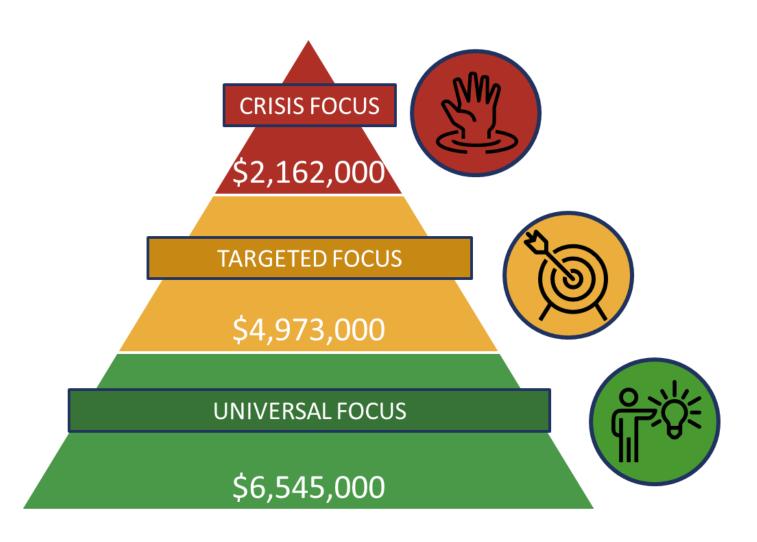
## **ANNUAL REPORT**

**State Fiscal Year 2019 (SFY19)** 

# INVESTING IN SUCCESSFUL AGING FOR IDAHOANS AND THEIR COMMUNITIES







## **Idaho Senior Services Act Legislative Intent**

Provide efficient community services . . . designed to permit its older people to

remain independent and . . . to avoid institutionalization

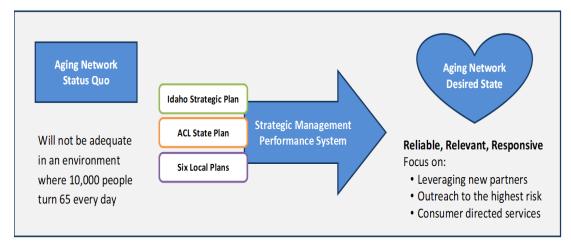


## FROM THE DIRECTOR...

Governor Little has a vision of an Idaho filled with healthy and resilient families, who live in Idaho by choice, and by their influence attract Idahoans who have left, to return. Members of his administration are working to implement his goals around education and a healthy economy with high paying jobs. We at ICOA contribute to the vision by planning and designing an aging network across the state that supports our oldest Idahoans to age with health, dignity, and safety, and avoid institutionalization. The Commission also shares Governor Little's concern that Idahoans who chose to live in rural areas are served to the highest extent possible. A further important piece of Governor Little's vision is to increase the confidence of Idahoans in their government.

This document stands as evidence of our diligent efforts over the 2019 fiscal year to implement our assigned piece of the vision. It walks the reader through the programs and services that make up the aging network and fully explains the source of our allocated funds; how they were distributed and expended.

Although we are proud of our efforts, we know that what we are doing today, no matter how excellently, will not suffice for the future. We are currently running multiple pilots to investigate new methods to deliver services. We are implementing a rigorous review of every aspect of our current processes. The Commission is committed to creating an aging network that will enhance older Idahoan's ability to age in place across this great state of ours.



Respectfully,

Judy B. Taylor, Director

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## **Preserving Rights and Safety**

- Right to live without abuse, neglect, exploitation
- Right to live with dignity
- Right to make our own decisions



The Commission recognizes safety as a fundamental factor in our ability to age successfully. Breach of public trust and individual safety results in significant financial expense, depletion of essential resources, and a decline in well-being and long-term health. The Commission has multiple programs designed to promote justice and provide support to the most vulnerable.

#### LEGAL ASSISTANCE



## **Professional Advice, Counsel or Representation**

Promoting

Justice for

Seniors

The Commission partners with Idaho Legal Aid to assist low-income older Idahoans on legal matters.

Legal representation is critical in keeping some older Idahoans safe.

## LEGAL ASSISTANCE ADDRESSES

## **ISSUES RELATED TO:**

- Income
- Health care
- Long-term care
- Nutrition
- Housing
- Utilities
- Protective services
- Defense of guardianship
- Abuse or neglect
- Age discrimination

## SFY2019: Statewide Trends

- Total Cases: 872

Top Areas:

Health Care: 285 cases
Income: 191 cases
Long-term Care: 189 cases
Housing: 157 cases
Abuse: 15 cases
Age Discrimination: 13 cases
Defense of Guardianship: 22 cases



## **ADULT PROTECTIVE SERVICES (APS)**



Adult Protective Services (APS) provides specialized social services and home and community based supports, to reduce risk factors and promote resiliency, in adults whose physical or mental disabilities makes them vulnerable to maltreatment.

#### **Types of Maltreatment**

**♦ 740—Abuse Allegations** 

• Substantiated: 86

**♦ 585—Neglect Allegations** 

• Substantiated: 49

**♦ 520—Exploitation Allegations** 

• Substantiated: 43

♦ 456—Self-neglect Allegations

• Substantiated: 45

**102** presentations



2,301 allegations



Helping Vulnerable
Adults Stay Safe

16.5 contracted full-time staff

## **Service Description**

Provide safety and protection to vulnerable adults.

- Investigates allegations of abuse, neglect, exploitation
- Assists to reduce risk of harm
- Delivers prevention education



## ADULT PROTECTIVE SERVICES SYSTEM MODIFICATION AND ENHANCEMENT PROJECT

The Commission is currently researching improved ways to assist vulnerable adults who are experiencing maltreatment. As new practices prove beneficial, they will be replicated across the state.

## **Current Grant Description**

- New screening and assessment tools
- Methods to capture APS case, client and perpetrator data
- Client identified goals and safety planning
- Motivational change coaching



## **Completed Grant Activities**

- Created new system that gathers recognized national data
- Redesigned and revised website to enhance access to information, programs and resources
- Designed and began development of online e-learning for APS workers

#### **OMBUDSMAN**

The long-term care ombudsman program was created for the purpose of promoting, advocating, and ensuring adequacy of care and quality of life for Idaho's assisted living and nursing home residents. Operation of the long-

term care ombudsman program is a joint effort by the Idaho Commission on Aging, the State Long-Term Care Ombudsman, Idaho's six Area Agencies on Aging and Local Ombudsman

Helping

programs.

Assisted Living and

Assisted Living and
Nursing Facility Residents



**16,758** total beds

362 total facilities

3,209 unannounced facility visits



13 Ombudsmen

**56** volunteers



42 training sessions

**73** presentations



## OMBUDSMAN, CONT.



1,232 client complaints filed

1,578 consultations

\$790,669
Total Expenditures

## **Service Description**

- Identify, investigate, and resolve complaints
- Protect resident health, safety, welfare, and rights
- Assist residents to obtain services
- Represent resident interests before agencies
- Provide technical assistance and monitor laws related to long term care
- Provide Training



#### THE TOP FIVE COMPLAINTS INVOLVED THE FOLLOWING ISSUES:

1. 99: Discharge/Eviction

2. 96: Medications

3. 73: Dignity, Respect, Staff Attitudes

4. 60: Food Service

5. 47: Failure to Respond



## **Preventing Institutionalization**

Assistance with daily living activities and needs:

 Caregiving, home delivered meals, transportation, housework, medication management, employment training and referrals for low income Medicare benefits.

Helping
Seniors Stay in
Their Homes

he Commission facilitates programs that support people to stay at home, save money, increase security and enhance their well-being. These services reduce the cost of institutionalization through addressing Activities of Daily Living (ADLs—eating, toileting, walking, transferring, dressing and bathing) needs in their own homes.

#### **TRANSPORTATION**



The ability to travel, even short distances, is important for health, safety, independence and socialization.

162,087 boardings



\$3.40/average cost per boarding

## **Service Description**

- Service is in partnership with local transportation providers
- Target: reduce isolation, and promote independent living by providing transportation to:
  - Medical and health care services
  - Meal programs
  - Employment locations
  - Shopping and community functions
  - Adult day care facilities
  - Social service agencies

## HOME DELIVERED MEALS



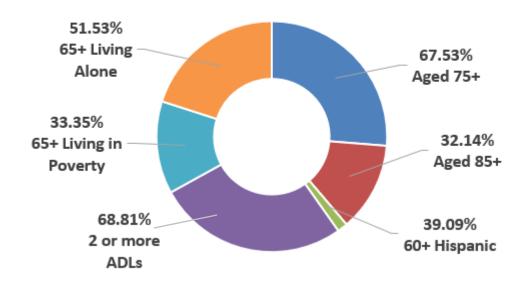
## **Service Description**

Provides a home delivered meal 5 or more days a week: may consist of hot, cold, frozen, dried, canned, fresh or supplemental foods. Program costs include food, preparation, delivery, dietician services and program management. Costs are minimized through community support and volunteer efforts.

\$ 2,341,255 total SFY19

4,213 clients served
\$3.77 average per meal
583,520 meals served

#### **Risk Profile for Home Delivered Meal Clients**





## COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)



## **Service Description**

The CSFP assists low-income seniors by providing nutritious monthly USDA food boxes filled with a variety of healthy foods. The box also contains nutritional education, recipes and other information designed to improve health. The Idaho Commission on Aging partners directly with the Idaho Foodbank to provide this service.



25,404 food boxes annually

2,200 seniors served

**57** distribution partners

## Average 32 lbs. per box and may contain:

- cheese
- cereal
- canned meat
- farina
- pasta
- fish

- juice
- peanut butter
- canned fruits
- oats
- dry beans
- canned vegetables

## HOMEMAKER



#### **Service Description**

The Homemaker program provides essential services at no charge or cost-shared based on income level, including: housekeeping, meal planning and preparation, personal errands, bill paying and medication management.

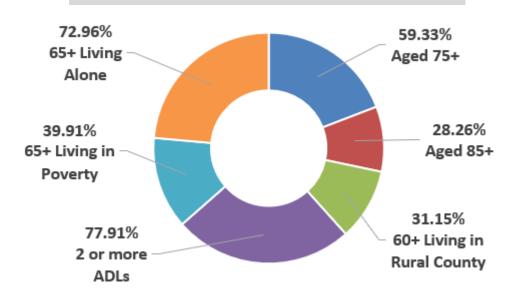




Helping
Seniors
Stay in Their
Homes

\$533/client/annually \$15.30/hour 35 hours/client/annually

## **Risk Profile for Homemaker Clients**







## **Service Description**

Improves client's safety at home through one-time or intermittent service:

- Assistance with yard work
- Sidewalk maintenance
- Heavy cleaning
- Household maintenance
- Grab bars
- Wheelchair ramps

Maintaining
Safety Inside
and Outside
Seniors' Homes



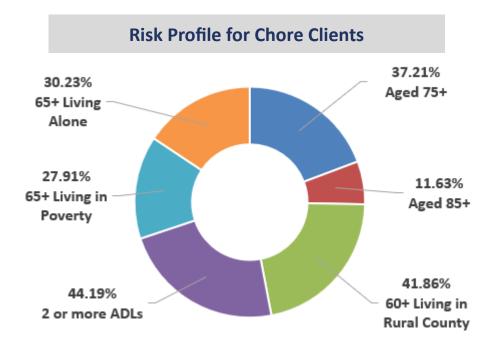
43 clients

5,483 total SFY19



**515** hours

**\$10.65**/hour



## **NUTRITION SERVICES INCENTIVE PROGRAM (NSIP)**

The Idaho Commission on Aging supports numerous programs to increase the nutritional state and food security of older Idahoans. The NSIP program directly benefits meal sites throughout Idaho by providing additional federal dollars, based on the number of meals served the previous fiscal year.





Helping
Seniors
Stay in Their
Homes

94 meal sites

1,057,162 meals served 2018

Average of .73 cents per meal

#### IDAHO LIFESPAN RESPITE GRANT

The Commission was awarded a competitive 3-year grant to expand and enhance statewide access to respite services for the 83,000 volunteer caregivers supporting Idahoans to remain at home despite often heavy care needs. It includes funding emergency respite during crisis situations.

\$\frac{130,158}{\total SFY19 Federal Funds}\$

## **Service Description**

Partnership with the Idaho Caregiver Alliance

- Expands and enhances supports for caregivers across the lifespan
- Improves access to respite services for family caregivers of all ages.

#### Trends in Idaho

- 1 in 5 adults are family caregivers
  - **◆50%** assist in personal care
  - •33% care for a parent/in-law
- 1 in 5 non-caregivers will become a caregiver within 2-years

## **IDAHO FAMILY CAREGIVER SUPPORT PROGRAM**

responsibilities associated with caregiving. Ten years ago the ratio of working age adults to older adults in Idaho was 6 to 1, but by 2020 the ratio will be 3 to 1. There will be fewer

caregivers for a rapidly increasing number of people needing care to prevent institutionalization. A solid support structure is necessary for caregivers to continue providing this important service without compromising their own personal health and well being. ICOA will strategically focus resources to help address this challenge.



Enabling
Seniors
Stay in Their
Communities

## **Service Description**

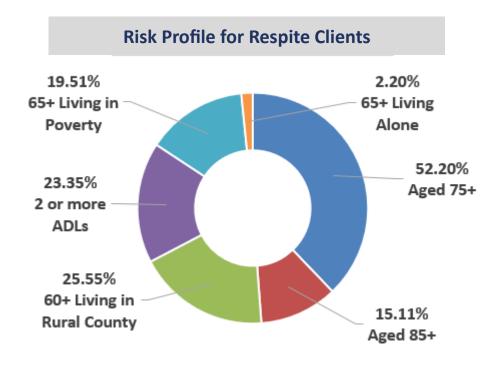
Support and train caregivers through the following activities:

- 1. Information Services (Outreach)
- 2. Access assistance (Information & Assistance)
- 3. Support Group/Education
- 4. Respite
- 5. Supplemental Services (Limited basis)



## **IDAHO FAMILY CAREGIVER SUPPORT PROGRAM, CONT.**

SFY2019: Statewide Trends						
Service	Expenditures	Unit				
Information Services:	\$ 56,656	NA				
Access Assistance:	\$ 217,459	3,918 Contacts				
Support Group/Education	\$ 73,778	NA				
Respite	\$ 358,288	23,093 Hours/364 clients				
Supplemental Services	\$ 17,995	NA				



## SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

Older adults trying to find employment may experience challenges. Many factors make finding work difficult including ageism, breaks in work experience and outdated skills. SCSEP assists participants to sharpen skills and gain

regular employment. Enrollees are placed in not for profits across the state. The employer gains a motivated worker with subsidized wages while the senior worker benefits from a steady income stream and the self-esteem of a job well done.

## **Service Delivery SFY19**

55 clients participated in program

Average in program: 20.5 months

• Total hrs. provided: 34,690

\$289,415 enrollee wages/\$5,262 per enrollee

\$34,485 enrollee coordination/support

• \$53,371 administration

Host Agencies: In-kind \$53,665





55 participants

## **Trends in Idaho**

21,102 Seniors in Poverty

Poverty = \$12,490 annually single person household

Poverty = \$16,910 annually two person household



## MEDICARE IMPROVEMENTS FOR PATIENTS AND PROVIDERS ACT (MIPPA)



Through targeted outreach, the Medicare Improvements for Patients and Providers Act (MIPPA) program identifies low income Medicare beneficiaries who may qualify for subsidies that reduce their out of pocket healthcare costs.

They assist beneficiaries to complete the required paperwork and provide Medicare low-income assistance program education.



## **Service Description**

Outreach in partnership with Idaho's Department of Insurance State Health Insurance Benefit Advisors (SHIBA) to signup eligible beneficiaries for:

- Medicare Savings Programs (MSP)
- Low Income Subsidy (LIS)
- Medicare Part D and Prevention and Wellness benefits
  - Contracted with SHIBA for open enrollment marketing campaigns
  - Contracted with six Area Agencies on Aging (AAA) to:
    - Recruit host sites
    - Develop partnerships with community organizations
    - Provide outreach to Tribal communities

ealthy lifestyles promote successful aging and can prevent or lessen the severity of many chronic



diseases. The Idaho Commission on Aging sponsors programs that address general and specific health issues for aging adults. Programs are offered locally and tailored to specific audiences. Staying healthy preserves resources and brings an abundance of positive returns.

Helping Seniors Stay Healthy

## **Investing in Healthy Aging**

- Provides access to reliable and trustworthy information, services and supports
- Funds opportunities for seniors to stay active in the community
- Access to caregiver training and resources
- Helps people plan to meet their own independent living needs as they age

## **DISEASE PREVENTION & HEALTH PROMOTION**



Physical and mental health boosts successful aging. Good choices can maximize function and keep people active and engaged for as long as possible. The AAAs bring evidence-based education and health promotion

programs directly to older Idahoans in their local areas. People who take advantage of these programs reap many benefits.



## **Service Description**

Workshops available that can provide tools to:

- Build support network
- Learn relaxation and strategies to deal with pain, fatigue, and frustration
- Discover how healthy eating can improve health
- Create an exercise program to address specific needs
- Understand new treatment choices
- Communicate effectively to doctors and families about health needs

AAA I	AAA II	AAA III	AAA IV	AAA V	AAA VI
<b>Care Transitions</b>	Not currently	Diabetes Self-Mgmt	Over 60 &	DSMP	CDSMP
Intervention	offered	(DSMP)	<b>Getting Fit</b>		
				PTC	DSMP
Powerful Tools		Chronic Pain Self-			
for Caregivers		Mgmt (CPSMP)			PTC
(PTC)					
		PTC			

## **CONGREGATE MEALS**



Enjoying a meal with others is an enduring pleasure of life.

Adequate nutrition is an enduring need throughout life.

The Congregate meal program provides both for aging Idahoans. Most congregate meal sites are senior centers where more than meals are provided, including

opportunities for education, entertainment, classes and medical health screenings. Community members provide hours of volunteer service to meet needs and keep program costs low.

Feeding Body and Soul

14,223 clients



\$3.51/average per meal

\$122 client/year

**492,440** meals served

94 meal sites



## **Service Description**

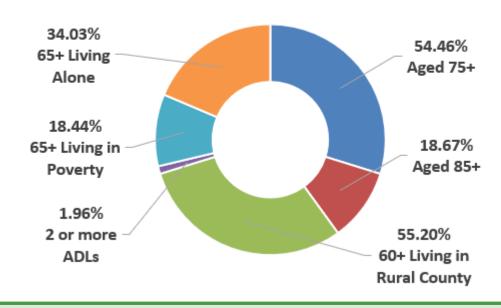
Prepare and serve meals in a congregate (group) setting:

- · provide older persons with a well balanced diet
- reduce hunger
- promote socialization and wellness monitoring



## **CONGREGATE MEALS, CONT.**

#### **Risk Profile for Congregate Meal Clients**



## SENIOR MEDICARE FRAUD PREVENTION (SMP)



## **Service Description**

Education for Medicare and Medicaid beneficiaries to detect, report, and prevent health care fraud.

Trained SMP staff and volunteers conduct group education sessions, provide one-to-one counseling with Medicare beneficiaries, and hold regional Scam Jams.

242 group presentations425 community events





1,083 one-to-one counseling sessions13 volunteers

## INFORMATION & ASSISTANCE (I&A)



Supporting aging Idahoans to make informed decisions regarding their needs is a priority for Idaho Commission on Aging. Information & Assistance is available to all Idahoans via their local Area Agencies on Aging (AAA).

Based on skilled assessment, I & A workers determine eligibility and register clients for needed services.

## **Service Description**

- Provides individuals with Long-term Care information
- Prepares initial and annual eligibility assessments
- Links people to available services
- Ensures individuals receive services through follow up

Empowering SelfDetermination through
Reliable Information



Service	Expenditures	Units
Total I&A General	& Caregiver Staff	21.43 Staff
Total Registered C	Clients Managed	20,272 Clients
General I&A	\$ 891,209	23,073 contacts
Caregiver I&A	\$ 217,459	3,918 contacts
Total	\$ 1,108,668	26,991 contacts

## DEMENTIA CAPABLE-ALZHEIMER'S DISEASE SUPPORTIVE SERVICES PROGRAM

To improve supports to families caring for people with dementia, the ICOA is leading a three-year initiative funded by the US Administration on Community Living. Enhancements include training of family

caregivers, in-home service workers, certified family home providers, and anyone who wants to understand the impacts affecting those living with dementia and their caregivers.

#### The initiative has:

- Expanded the Powerful Tools for Caregivers 6-week workshops
- Developed 8 Dementia Training modules
- Implemented Consumer directed respite service pilot project with southwest Area Agency on Aging
- Provided Dementia Capable training to Information and Referral staff
- Developing Caregiver Assessment Tool for Information and Referral staff
- Expanding the Alzheimer's Association "Knowing the 10 Signs and 5
   Health Habits" education in southern Idaho
- Funded evaluation activities by Boise State University

Increasing Dementia
Capability Across
Idaho



#### PLANNING AND COORDINATION



As part of Idaho's Senior Services State Plan, each of the six Area Agencies on Aging develop annual coordination and planning activities to help seniors and people with disabilities avoid institutionalization and remain as independent as possible in their homes and communities:

AAA I: Data collection with senior centers, conducting needs assessments, and engaging in discussions with other agencies, civic groups and individuals. The process includes input from government entities throughout the five northern counties.

AAA II: Coordinated with Disability Action Center to support the loan closet. Worked with the Idaho Inclusive Emergency Coalition to help coordinate services with the disability community.

AAA III: Pursued partnerships and grants with Critical Access Hospitals. Served on the Treasure Valley Care Coalition, Idaho Adult Protection Governance Committee and worked on the Idaho Hunger Task Force.



## PLANNING AND COORDINATION, CONT.

AAA IV: Coordinated with St. Luke's Medical Center to improving the transitions for care at home after discharge. Provides training for the St. Luke's social workers, case managers and discharge planners on early referrals in order to get the services implemented as quickly as possible after patient discharge. Working with Interlink Volunteer Caregivers to develop a Chore program for installation of ramps and grab bars.



AAA V: Promoted the Powerful Tools for Caregivers program, Homemaker and Respite services. Partnered with ID State Fire Marshall, ISU Social Work Department and volunteer firefighters in Downey to conduct home safety checks.

AAA VI: Expanded the "Operation Red File Project". Coordinated with transportation providers to identify gaps and fulfill unmet needs. Worked with community partners for the incontinence supply program for low-income seniors.

Identifying Needs, Creating Solutions

eople need a convenient way to access accurate information from a trusted source. The Idaho Commission on Aging prioritizes informing the people they serve of options and services. This information allows older Idahoans to choose how to improve their lives.

Visit the ICOA website at: www.aging.idaho.gov



Included on the website is access to online reporting form for mandated reporters and financial institutions to communicate suspicions of abuse, neglect, self-neglect, and exploitation of vulnerable adults.

https://aging.idaho.gov/stay-safe/online-reporting-tools/

## WHY ONLINE LEARNING?

Idahoans are smart, hard working, and independent people. With the proper knowledge and skills older Idahoans and their families can chart a path to healthy aging that works for all involved. Our education is designed to facilitate the

necessary knowledge and skills to help keep older and disabled Idahoans living in their own communities for as long as possible. All of our courses are FREE.

Enjoy your journey to Becoming Educated.

## **CURRENT CONTENT INCLUDES**

- Dementia Skills
- Caregiver Skills
- Healthy Caregiving
- Senior Center Training



## THE INTRASTATE FUNDING FORMULA

With the advice of our Commissioners, and input from the 6 Area Agencies on Aging, ICOA developed an intrastate funding formula that meets federal guidelines. Area Agencies on Aging budget this money to meet the needs of at risk seniors in their areas.



## **BUDGET AUTHORIZATION DISTRIBUTIONS**

AAAs are funded with trustee and benefit monies, per Section 67-5007 Idaho Code, and receive about 80% of the commission's appropriation. AAAs plan and facilitate service delivery in local communities throughout the state.

FY 2019 Funding Formula, Based on Weighted Elderly or "at risk" Population							ation
			Federal	State	Total		
Total Funds for AAA Dis	tribution		\$6,009,884	\$3,977,100	\$9,986,984		
Base Funding Amounts: 10% of Fund		\$600,988	\$397,710	\$998,698			
Remaining Balance for F	Formula Distrib	oution	\$5,408,896	\$3,579,390	\$8,988,286		
	Area I	Area II	Area III	Area IV	Area V	Area VI	TOTAL
Base Funding (1/6 of Bas	e Amount)						
Federal Funds	\$100,165	\$100,165	\$100,165	\$100,165	\$100,165	\$100,165	\$600,988
State Funds	\$66,285	\$66,285	\$66,285	\$66,285	\$66,285	\$66,285	\$397,710
Weighted Population Use	d for Formula						
Weighted Population	61,384	29,091	130,845	53,582	40,562	38,922	354,386
65+ Living in Poverty	3,069	1,622	9,926	2,857	1,749	1,722	20,945
65+ Living Alone	9,537	4,926	25,260	7,080	5,867	6,127	58,797
60+ Racial Minority	1,834	1,112	5,567	1,197	1,629	956	12,295
60+ Hispanic	1,033	314	7,272	3,143	1,605	1,371	14,738
60+ Living in Rural	24,036	9,832	28,713	23,464	17,248	14,634	117,927
<i>75+</i>	17,364	8,682	42,110	12,361	9,749	10,983	101,249
<i>85+</i>	4,511	2,603	11,997	3,480	2,715	<i>3,129</i>	28,435
Percentage of Weighted Population	17.32%	8.21%	36.92%	15.12%	11.45%	10.98%	100%
Farmula Drivan Funding	/Naultipluu \A/pig	btod Donula	tion Dorsont	and Dolones	of Communic Die	ا مردنان بالسام	
Formula Driven Funding (		•				•	#C 000 004
Federal Funds	\$1,037,052	\$544,173	, , , -	\$917,972	\$719,251	\$694,220	\$6,009,884
State Funds	\$686,279	\$360,112	\$1,387,853	\$607,477	\$475,972	\$459,407	\$3,977,100
Total Allocated Funds (Base + Formula)	\$1,723,331	\$904,284	\$3,485,069	\$1,525,449	\$1,195,223	\$1,153,628	\$9,986,984
Title VII Funds	\$13,000	\$7,263	\$37,823	\$9,474	\$7,589	\$8,903	\$84,052
FY 2018 Carryover Funds	\$123,076	\$94,397	(\$154,082)	\$79,453	\$99,999	\$56,453	\$299,296

\$1,859,407 \$1,005,944 \$3,368,810 \$1,614,376 \$1,302,811 \$1,218,984

Total FY 2019 Budget

\$10,370,332

## ICOA AND AAA EXPENDITURES



ICOA Projects	Federal	State	Total
State Plan Administration	351,266	457,132	808,398
Idaho Lifespan Respite	130,158	20,482	150,640
Idaho Dementia Capable	135,184	23,904	159,088
Chronic Disease Self-Management Education	504	-	504
Senior Medicare Patrol	252,823	-	252,823
(Medicare Fraud Prevention)			
Medicare Improvements for Patients and Providers Act	165,186	-	165,186
Senior Community Service Employment Program	383,332	-	383,332
Idaho Adult Protection System	211,794	40,116	251,910
Modification and Enhancements			
State Ombudsman	52,833	39,355	92,188
Elder Abuse Prevention Title VII	21,590	-	21,590
Nutrition Services Incentive Program	764,209	-	764,209
Commodity Supplemental Food Program	156,724	-	156,724
Total ICOA Expenditures	2,625,603	580,989	3,206,592



## **AAA EXPENDITURE DETAILS**

AAA Services	Federal	State	Total
Local Area Plan Administration	635,201	393,064	1,028,265
Title IIIB: Homemaker	60,326	640,004	700,330
Title IIIB and Title IIIE: Information and Assistance	1,111,976	-	1,111,976
Title IIIB: Public Information	56,656	-	56,656
Title IIIB: Coordination and Planning	98,164	-	98,164
Title IIIB: Case Management	-	136	136
Title IIIB and Title VII: Ombudsman	265,986	432,494	698,480
Title IIIB: Adult Day Care	-	-	-
Title IIIB: Outreach	38,769	-	38,769
Title IIIB: Senior Transportation	191,114	359,504	550,618
Title IIIB: Chore	3,412	2,071	5,483
Title IIIB and Title IIIE: Legal Assistance	90,524	-	90,524
Title IIIC1: Congregate Meals	1,370,227	359,088	1,729,315
Title IIIC2: Home Delivered Meals	1,724,151	617,104	2,341,255
Title IIID Disease Prevention and Health Promotion	89,835	-	89,835
Title IIIE: Respite	170,027	188,262	358,289
Title IIIE: Family Caregiver Counseling	73,778	-	73,778
State Adult Protection	-	985,373	985,373
Total AAA Expenditures	5,980,145	3,977,100	9,957,245
Total ICOA and AAA SFY 2018 Expenditures	8,605,748	4,558,089	13,163,837

**RESPONDING TO SENIORS IN CRISIS** 

**PREVENTING INSTITUTIONALIZATION** 

**INVESTING IN HEALTHY AGING** 

**32** 

2019 ANNUAL REPORT

#### **DUTIES AND POWERS**

Since 1968, the Idaho Commission on Aging (ICOA) has provided services to Idahoans in order to promote successful aging. Governor Don Samuelson authorized ICOA based on Idaho Code 67-500. For the past 50 years, ICOA has continued to support Idaho's current aging population while forecasting future trends. The legislature recognized the need to provide basic necessities to its older people, designed to permit older Idahoans to remain independent and avoid institutionalization (Title 67-5005). The legislative charter (Title 67-5003) designates specific responsibilities including:

- To serve as an advocate within state government & the community for older Idahoans;
- To serve as an advisory body regarding state legislative issues affecting older Idahoans;
- To promulgate, adopt, amend & rescind rules related to programs & services administered by the commission;
- To enter into funding agreements as grants & contracts within the limits of appropriated funds to carry out programs & services for older Idahoans:
- To conduct public hearings & evaluations to determine the health & social needs of older Idahoans, & determine the public & private resources to meet those needs;
- To designate "planning & service areas" & area agencies on aging in accordance with the Older Americans Act & federal regulations. The commission shall review the boundaries of the "planning & service areas" periodically & shall change them as necessary;
- To submit a report to the governor & the legislature of its accomplishments & recommendations for improvements of programs & services for older Idahoans;
- To administer & perform any other related functions or activities assigned to the commission by the governor.



## MISSION & VISION

#### **VISION**

Idahoans have an informative, visible, reliable and accessible support system as they age.

#### **MISSION**

Lead system creation and network coordination to support Idahoans as they age.

## **BOARD OF COMMISSIONERS**



Area I Chris Magera

Area II David Pankey, Chair

Area III Lorraine Elfering, Vice Chair

Area IV Roger Morley

Area V Debra Reiland

Area VI Dean Nielson

At-Large Jennifer Palagi

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## ICOA EMPOWERS IDAHOANS TO AGE SUCCESSFULLY



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## AREA AGENCIES PROVIDE LOCAL SERVICES

#### North Central —Area II

**Community Action Partnership Director Kristin Schmidt 124 New 6<sup>th</sup> St** Lewiston ID 83501 208.743.5580 2 800.877.3206

#### Southwest —Area III

**Area 3 Senior Services Agency Director Raul Enriquez** 701 S. Allen St, Suite 100 Meridian ID 83642 208.898.7060 2 844.850.2883



#### South Central — Area IV

**College of Southern Idaho Director Suzanne McCampbell** 315 Falls Ave Twin Falls ID 83303 208.736.2122 2 800.574.8656

#### Southeast —Area V

Southeast Idaho Council of Governments **Director Mike Hirschi** 214 E. Center Pocatello ID 83201 208.233.4032 2 800.526.8129