INVESTING IN SUCCESSFUL AGING
FOR IDAHOANS AND THEIR COMMUNITIES

CRISIS FOCUS
$2,162,000

TARGETED FOCUS
$4,973,000

UNIVERSAL FOCUS
$6,545,000

Brad Little, Governor for the Great State of Idaho
Idaho Senior Services Act Legislative Intent

Provide efficient community services . . . designed to permit its older people to remain independent and . . . to avoid institutionalization
Governor Little has a vision of an Idaho filled with healthy and resilient families, who live in Idaho by choice, and by their influence attract Idahoans who have left, to return. Members of his administration are working to implement his goals around education and a healthy economy with high paying jobs. We at ICOA contribute to the vision by planning and designing an aging network across the state that supports our oldest Idahoans to age with health, dignity, and safety, and avoid institutionalization. The Commission also shares Governor Little’s concern that Idahoans who chose to live in rural areas are served to the highest extent possible. A further important piece of Governor Little’s vision is to increase the confidence of Idahoans in their government.

This document stands as evidence of our diligent efforts over the 2019 fiscal year to implement our assigned piece of the vision. It walks the reader through the programs and services that make up the aging network and fully explains the source of our allocated funds; how they were distributed and expended.

Although we are proud of our efforts, we know that what we are doing today, no matter how excellently, will not suffice for the future. We are currently running multiple pilots to investigate new methods to deliver services. We are implementing a rigorous review of every aspect of our current processes. The Commission is committed to creating an aging network that will enhance older Idahoan’s ability to age in place across this great state of ours.

Respectfully,

Judy B. Taylor, Director
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The Commission recognizes safety as a fundamental factor in our ability to age successfully. Breach of public trust and individual safety results in significant financial expense, depletion of essential resources, and a decline in well-being and long-term health. The Commission has multiple programs designed to promote justice and provide support to the most vulnerable.

Preserving Rights and Safety

- Right to live without abuse, neglect, exploitation
- Right to live with dignity
- Right to make our own decisions
Professional Advice, Counsel or Representation

The Commission partners with Idaho Legal Aid to assist low-income older Idahoans on legal matters. Legal representation is critical in keeping some older Idahoans safe.

Promoting Justice for Seniors

LEGAL ASSISTANCE ADDRESSES

ISSUES RELATED TO:
- Income
- Health care
- Long-term care
- Nutrition
- Housing
- Utilities
- Protective services
- Defense of guardianship
- Abuse or neglect
- Age discrimination

SFY2019: Statewide Trends

- Total Cases: 872
  Top Areas:
  - Health Care: 285 cases
  - Income: 191 cases
  - Long-term Care: 189 cases
  - Housing: 157 cases
  - Abuse: 15 cases
  - Age Discrimination: 13 cases
  - Defense of Guardianship: 22 cases

$ 90,524 total SFY19
Adult Protective Services (APS) provides specialized social services and home and community based supports, to reduce risk factors and promote resiliency, in adults whose physical or mental disabilities makes them vulnerable to maltreatment.

### Types of Maltreatment

- **740—Abuse Allegations**
  - Substantiated: 86
- **585—Neglect Allegations**
  - Substantiated: 49
- **520—Exploitation Allegations**
  - Substantiated: 43
- **456—Self-neglect Allegations**
  - Substantiated: 45

### Service Description

Provide safety and protection to vulnerable adults.

- Investigates allegations of abuse, neglect, exploitation
- Assists to reduce risk of harm
- Delivers prevention education

### Helping Vulnerable Adults Stay Safe

- **102 presentations**
- **2,301 allegations**
- **$985,372 total SFY19**
- **16.5 contracted full-time staff**
The Commission is currently researching improved ways to assist vulnerable adults who are experiencing maltreatment. As new practices prove beneficial, they will be replicated across the state.

Current Grant Description

- New screening and assessment tools
- Methods to capture APS case, client and perpetrator data
- Client identified goals and safety planning
- Motivational change coaching

446,036
Competitive 3 year grant

Completed Grant Activities

- Created new system that gathers recognized national data
- Redesigned and revised website to enhance access to information, programs and resources
- Designed and began development of online e-learning for APS workers
The long-term care ombudsman program was created for the purpose of promoting, advocating, and ensuring adequacy of care and quality of life for Idaho’s assisted living and nursing home residents. Operation of the long-term care ombudsman program is a joint effort by the Idaho Commission on Aging, the State Long-Term Care Ombudsman, Idaho’s six Area Agencies on Aging and Local Ombudsman programs.

Helping
Assisted Living and Nursing Facility Residents

16,758 total beds
362 total facilities
3,209 unannounced facility visits
13 Ombudsmen
56 volunteers
42 training sessions
73 presentations
1,232 client complaints filed
1,578 consultations
$790,669 Total Expenditures

Service Description
- Identify, investigate, and resolve complaints
- Protect resident health, safety, welfare, and rights
- Assist residents to obtain services
- Represent resident interests before agencies
- Provide technical assistance and monitor laws related to long term care
- Provide Training

The top five complaints involved the following issues:
1. 99: Discharge/Eviction
2. 96: Medications
3. 73: Dignity, Respect, Staff Attitudes
4. 60: Food Service
5. 47: Failure to Respond
The Commission facilitates programs that support people to stay at home, save money, increase security and enhance their well-being. These services reduce the cost of institutionalization through addressing Activities of Daily Living (ADLs—eating, toileting, walking, transferring, dressing and bathing) needs in their own homes.

Assistance with daily living activities and needs:

- Caregiving, home delivered meals, transportation, housework, medication management, employment training and referrals for low income Medicare benefits.

Helping Seniors Stay in Their Homes
The ability to travel, even short distances, is important for health, safety, independence and socialization.

162,087 boardings

$550,618 total SFY19 Expenditures

$3.40/average cost per boarding

Service Description

- Service is in partnership with local transportation providers
- Target: reduce isolation, and promote independent living by providing transportation to:
  - Medical and health care services
  - Meal programs
  - Employment locations
  - Shopping and community functions
  - Adult day care facilities
  - Social service agencies
Home Delivered Meals

Service Description
Provides a home delivered meal 5 or more days a week: may consist of hot, cold, frozen, dried, canned, fresh or supplemental foods. Program costs include food, preparation, delivery, dietician services and program management. Costs are minimized through community support and volunteer efforts.

$2,341,255 total SFY19
4,213 clients served
$3.77 average per meal
583,520 meals served

Risk Profile for Home Delivered Meal Clients

- 51.53% 65+ Living Alone
- 33.35% 65+ Living in Poverty
- 68.81% 2 or more ADLs
- 67.53% Aged 75+
- 32.14% Aged 85+
- 39.09% 60+ Hispanic
**Commodity Supplemental Food Program (CSFP)**

**Service Description**

The CSFP assists low-income seniors by providing nutritious monthly USDA food boxes filled with a variety of healthy foods. The box also contains nutritional education, recipes and other information designed to improve health. The Idaho Commission on Aging partners directly with the Idaho Foodbank to provide this service.

- **25,404** food boxes annually
- **2,200** seniors served
- **57** distribution partners

Average 32 lbs. per box and may contain:

- cheese
- cereal
- canned meat
- farina
- pasta
- fish
- juice
- peanut butter
- canned fruits
- oats
- dry beans
- canned vegetables
Service Description
The Homemaker program provides essential services at no charge or cost-shared based on income level, including: housekeeping, meal planning and preparation, personal errands, bill paying and medication management.

45,777 hours
1,313 clients
$700,329 total SFY19
$533/client/annually
$15.30/hour
35 hours/client/annually

Helping Seniors Stay in Their Homes

Risk Profile for Homemaker Clients

- 72.96% 65+ Living Alone
- 39.91% 65+ Living in Poverty
- 77.91% 2 or more ADLs
- 59.33% Aged 75+
- 28.26% Aged 85+
- 31.15% 60+ Living in Rural County
Service Description
Improves client’s safety at home through one-time or intermittent service:

- Assistance with yard work
- Sidewalk maintenance
- Heavy cleaning
- Household maintenance
- Grab bars
- Wheelchair ramps

Maintaining Safety Inside and Outside Seniors’ Homes

43 clients
5,483 total SFY19
$5,483
515 hours
$10.65/hour

Risk Profile for Chore Clients

- 30.23% 65+ Living Alone
- 27.91% 65+ Living in Poverty
- 44.19% 2 or more ADLs
- 37.21% Aged 75+
- 11.63% Aged 85+
- 41.86% 60+ Living in Rural County
The Idaho Commission on Aging supports numerous programs to increase the nutritional state and food security of older Idahoans. The NSIP program directly benefits meal sites throughout Idaho by providing additional federal dollars, based on the number of meals served the previous fiscal year.

$764,209
total SFY19

94 meal sites
1,057,162 meals served 2018
Average of .73 cents per meal

Nutrition Services Incentive Program (NSIP)
The Commission was awarded a competitive 3-year grant to expand and enhance statewide access to respite services for the 83,000 volunteer caregivers supporting Idahoans to remain at home despite often heavy care needs. It includes funding emergency respite during crisis situations.

$130,158 total SFY19 Federal Funds

Service Description

Partnership with the Idaho Caregiver Alliance

- Expands and enhances supports for caregivers across the lifespan
- Improves access to respite services for family caregivers of all ages.

Trends in Idaho

1 in 5 adults are family caregivers
- 50% assist in personal care
- 33% care for a parent/in-law

1 in 5 non-caregivers will become a caregiver within 2-years
Family caregivers in Idaho voluntarily assume the many responsibilities associated with caregiving. Ten years ago the ratio of working age adults to older adults in Idaho was 6 to 1, but by 2020 the ratio will be 3 to 1. There will be fewer caregivers for a rapidly increasing number of people needing care to prevent institutionalization. A solid support structure is necessary for caregivers to continue providing this important service without compromising their own personal health and well being. ICOA will strategically focus resources to help address this challenge.

$724,175 total SFY19

Service Description
Support and train caregivers through the following activities:

1. Information Services (Outreach)
2. Access assistance (Information & Assistance)
3. Support Group/Education
4. Respite
5. Supplemental Services (Limited basis)
## SFY2019: Statewide Trends

<table>
<thead>
<tr>
<th>Service</th>
<th>Expenditures</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Information Services:</td>
<td>$ 56,656</td>
<td>NA</td>
</tr>
<tr>
<td>Access Assistance:</td>
<td>$ 217,459</td>
<td>3,918 Contacts</td>
</tr>
<tr>
<td>Support Group/Education</td>
<td>$ 73,778</td>
<td>NA</td>
</tr>
<tr>
<td>Respite</td>
<td>$ 358,288</td>
<td>23,093 Hours/364 clients</td>
</tr>
<tr>
<td>Supplemental Services</td>
<td>$ 17,995</td>
<td>NA</td>
</tr>
</tbody>
</table>

### Risk Profile for Respite Clients

- **19.51%**: 65+ Living in Poverty
- **23.35%**: 2 or more ADLs
- **25.55%**: 60+ Living in Rural County
- **52.20%**: Aged 75+
- **2.20%**: 65+ Living Alone
- **15.11%**: Aged 85+
Older adults trying to find employment may experience challenges. Many factors make finding work difficult including ageism, breaks in work experience and outdated skills. SCSEP assists participants to sharpen skills and gain regular employment. Enrollees are placed in not for profits across the state. The employer gains a motivated worker with subsidized wages while the senior worker benefits from a steady income stream and the self-esteem of a job well done.

Service Delivery SFY19
- 55 clients participated in program
- Average in program: 20.5 months
  - Total hrs. provided: 34,690
- $289,415 enrollee wages/$5,262 per enrollee
- $34,485 enrollee coordination/support
- $53,371 administration
- Host Agencies: In-kind $53,665

Trends in Idaho
21,102 Seniors in Poverty
Poverty = $12,490 annually single person household
Poverty = $16,910 annually two person household

Total SFY19
$420,246
55 participants
Through targeted outreach, the Medicare Improvements for Patients and Providers Act (MIPPA) program identifies low income Medicare beneficiaries who may qualify for subsidies that reduce their out of pocket healthcare costs. They assist beneficiaries to complete the required paperwork and provide Medicare low-income assistance program education.

Service Description

Outreach in partnership with Idaho’s Department of Insurance State Health Insurance Benefit Advisors (SHIBA) to signup eligible beneficiaries for:

- Medicare Savings Programs (MSP)
- Low Income Subsidy (LIS)
- Medicare Part D and Prevention and Wellness benefits

- Contracted with SHIBA for open enrollment marketing campaigns
- Contracted with six Area Agencies on Aging (AAA) to:
  - Recruit host sites
  - Develop partnerships with community organizations
  - Provide outreach to Tribal communities

$142,818 total SFY19
Healthy lifestyles promote successful aging and can prevent or lessen the severity of many chronic diseases. The Idaho Commission on Aging sponsors programs that address general and specific health issues for aging adults. Programs are offered locally and tailored to specific audiences. Staying healthy preserves resources and brings an abundance of positive returns.

**Helping Seniors Stay Healthy**

**Investing in Healthy Aging**

- Provides access to reliable and trustworthy information, services and supports
- Funds opportunities for seniors to stay active in the community
- Access to caregiver training and resources
- Helps people plan to meet their own independent living needs as they age
Physical and mental health boosts successful aging. Good choices can maximize function and keep people active and engaged for as long as possible. The AAAs bring evidence-based education and health promotion programs directly to older Idahoans in their local areas. People who take advantage of these programs reap many benefits.

Service Description

Workshops available that can provide tools to:

- Build support network
- Learn relaxation and strategies to deal with pain, fatigue, and frustration
- Discover how healthy eating can improve health
- Create an exercise program to address specific needs
- Understand new treatment choices
- Communicate effectively to doctors and families about health needs

<table>
<thead>
<tr>
<th>AAA I</th>
<th>AAA II</th>
<th>AAA III</th>
<th>AAA IV</th>
<th>AAA V</th>
<th>AAA VI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Care Transitions Intervention</td>
<td>Not currently offered</td>
<td>Diabetes Self-Mgmt (DSMP)</td>
<td>Over 60 &amp; Getting Fit</td>
<td>DSMP PTC</td>
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<tr>
<td>Powerful Tools for Caregivers (PTC)</td>
<td></td>
<td>Chronic Pain Self-Mgmt (CPSMP)</td>
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<td>DSMP PTC</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>PTC</td>
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</table>

Total SFY19: $89,835
## Congregate Meals

Enjoying a meal with others is an enduring pleasure of life. Adequate nutrition is an enduring need throughout life. The Congregate meal program provides both for aging Idahoans. Most congregate meal sites are senior centers where more than meals are provided, including opportunities for education, entertainment, classes and medical health screenings. Community members provide hours of volunteer service to meet needs and keep program costs low.

### Feeding Body and Soul

- **14,223 clients**
- **$3.51/average per meal**
- **492,440 meals served**
- **$122 client/year**
- **94 meal sites**
- **$1,729,315 total SFY19**

### Service Description

Prepare and serve meals in a congregate (group) setting:

- provide older persons with a well balanced diet
- reduce hunger
- promote socialization and wellness monitoring
Senior Medicare Fraud Prevention (SMP)

Service Description
Education for Medicare and Medicaid beneficiaries to detect, report, and prevent health care fraud.
Trained SMP staff and volunteers conduct group education sessions, provide one-to-one counseling with Medicare beneficiaries, and hold regional Scam Jams.

242 group presentations
425 community events
1,083 one-to-one counseling sessions
13 volunteers

252,823 Total SFY19
Supporting aging Idahoans to make informed decisions regarding their needs is a priority for Idaho Commission on Aging. Information & Assistance is available to all Idahoans via their local Area Agencies on Aging (AAA).

Based on skilled assessment, I & A workers determine eligibility and register clients for needed services.

**Service Description**
- Provides individuals with Long-term Care information
- Prepares initial and annual eligibility assessments
- Links people to available services
- Ensures individuals receive services through follow up

**Empowering Self-Determination through Reliable Information**

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<thead>
<tr>
<th>Service</th>
<th>Expenditures</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>Total I&amp;A General &amp; Caregiver Staff</td>
<td>$891,209</td>
<td>21.43 Staff</td>
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<tr>
<td>Total Registered Clients Managed</td>
<td>$217,459</td>
<td>20,272 Clients</td>
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<tr>
<td>General I&amp;A</td>
<td>$891,209</td>
<td>23,073 contacts</td>
</tr>
<tr>
<td>Caregiver I&amp;A</td>
<td>$217,459</td>
<td>3,918 contacts</td>
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<tr>
<td>Total</td>
<td>$1,108,668</td>
<td>26,991 contacts</td>
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</table>
To improve supports to families caring for people with dementia, the ICOA is leading a three-year initiative funded by the US Administration on Community Living. Enhancements include training of family caregivers, in-home service workers, certified family home providers, and anyone who wants to understand the impacts affecting those living with dementia and their caregivers.

The initiative has:

- Expanded the Powerful Tools for Caregivers 6-week workshops
- Developed 8 Dementia Training modules
- Implemented Consumer directed respite service pilot project with southwest Area Agency on Aging
- Provided Dementia Capable training to Information and Referral staff
- Developing Caregiver Assessment Tool for Information and Referral staff
- Expanding the Alzheimer’s Association “Knowing the 10 Signs and 5 Health Habits” education in southern Idaho
- Funded evaluation activities by Boise State University

Increasing Dementia Capability Across Idaho $135,184 total SFY19
As part of Idaho’s Senior Services State Plan, each of the six Area Agencies on Aging develop annual coordination and planning activities to help seniors and people with disabilities avoid institutionalization and remain as independent as possible in their homes and communities:

**AAA I:** Data collection with senior centers, conducting needs assessments, and engaging in discussions with other agencies, civic groups and individuals. The process includes input from government entities throughout the five northern counties.

**AAA II:** Coordinated with Disability Action Center to support the loan closet. Worked with the Idaho Inclusive Emergency Coalition to help coordinate services with the disability community.

**AAA III:** Pursued partnerships and grants with Critical Access Hospitals. Served on the Treasure Valley Care Coalition, Idaho Adult Protection Governance Committee and worked on the Idaho Hunger Task Force.
AAA IV: Coordinated with St. Luke’s Medical Center to improving the transitions for care at home after discharge. Provides training for the St. Luke’s social workers, case managers and discharge planners on early referrals in order to get the services implemented as quickly as possible after patient discharge. Working with Interlink Volunteer Caregivers to develop a Chore program for installation of ramps and grab bars.

AAA V: Promoted the Powerful Tools for Caregivers program, Homemaker and Respite services. Partnered with ID State Fire Marshall, ISU Social Work Department and volunteer firefighters in Downey to conduct home safety checks.

AAA VI: Expanded the “Operation Red File Project”. Coordinated with transportation providers to identify gaps and fulfill unmet needs. Worked with community partners for the incontinence supply program for low-income seniors.
People need a convenient way to access accurate information from a trusted source. The Idaho Commission on Aging prioritizes informing the people they serve of options and services. This information allows older Idahoans to choose how to improve their lives.

Visit the ICOA website at: www.aging.idaho.gov

Included on the website is access to online reporting form for mandated reporters and financial institutions to communicate suspicions of abuse, neglect, self-neglect, and exploitation of vulnerable adults.

https://aging.idaho.gov/stay-safe/online-reporting-tools/
Idahoans are smart, hard working, and independent people. With the proper knowledge and skills older Idahoans and their families can chart a path to healthy aging that works for all involved. Our education is designed to facilitate the necessary knowledge and skills to help keep older and disabled Idahoans living in their own communities for as long as possible. All of our courses are **FREE**.

**Current content includes**
- Dementia Skills
- Caregiver Skills
- Healthy Caregiving
- Senior Center Training

*Enjoy your journey to Becoming Educated.*
The Intrastate Funding Formula

With the advice of our Commissioners, and input from the 6 Area Agencies on Aging, ICOA developed an intrastate funding formula that meets federal guidelines. Area Agencies on Aging budget this money to meet the needs of at risk seniors in their areas.

- Area I: North Idaho College
- Area II: Community Action Partnership
- Area III: Area III Senior Services Agency
- Area IV: College of Southern Idaho
- Area V: Southeast Idaho Council of Governments
- Area VI: Eastern Idaho Community Action Partnership
AAAs are funded with trustee and benefit monies, per Section 67-5007 Idaho Code, and receive about 80% of the commission's appropriation. AAAs plan and facilitate service delivery in local communities throughout the state.

### FY 2019 Funding Formula, Based on Weighted Elderly or "at risk" Population

<table>
<thead>
<tr>
<th></th>
<th>Federal</th>
<th>State</th>
<th>Total</th>
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<tr>
<td>Total Funds for AAA Distribution</td>
<td>$6,009,884</td>
<td>$3,977,100</td>
<td>$9,986,984</td>
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<td>Base Funding Amounts: 10% of Fund</td>
<td>$600,988</td>
<td>$397,710</td>
<td>$998,698</td>
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<td>Remaining Balance for Formula Distribution</td>
<td>$5,408,896</td>
<td>$3,579,390</td>
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#### Base Funding (1/6 of Base Amount)

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<th>Area II</th>
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<th>Area V</th>
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<td>$100,165</td>
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<td>$100,165</td>
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<td>$600,988</td>
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#### Weighted Population Used for Formula

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<th>Area I</th>
<th>Area II</th>
<th>Area III</th>
<th>Area IV</th>
<th>Area V</th>
<th>Area VI</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weighted Population</td>
<td>61,384</td>
<td>29,091</td>
<td>130,845</td>
<td>53,582</td>
<td>40,562</td>
<td>38,922</td>
<td>354,386</td>
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<td>65+ Living in Poverty</td>
<td>3,069</td>
<td>1,622</td>
<td>9,926</td>
<td>2,857</td>
<td>1,749</td>
<td>1,722</td>
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<td>65+ Living Alone</td>
<td>9,537</td>
<td>4,926</td>
<td>25,260</td>
<td>7,080</td>
<td>5,867</td>
<td>6,127</td>
<td>58,797</td>
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<td>60+ Racial Minority</td>
<td>1,834</td>
<td>1,112</td>
<td>5,567</td>
<td>1,197</td>
<td>1,629</td>
<td>956</td>
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<td>60+ Hispanic</td>
<td>1,033</td>
<td>314</td>
<td>7,272</td>
<td>3,143</td>
<td>1,605</td>
<td>1,371</td>
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<td>60+ Living in Rural</td>
<td>24,036</td>
<td>9,832</td>
<td>28,713</td>
<td>23,464</td>
<td>17,248</td>
<td>14,634</td>
<td>117,927</td>
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<td>75+</td>
<td>17,364</td>
<td>8,682</td>
<td>42,110</td>
<td>12,361</td>
<td>9,749</td>
<td>10,983</td>
<td>101,249</td>
</tr>
<tr>
<td>85+</td>
<td>4,511</td>
<td>2,603</td>
<td>11,997</td>
<td>3,480</td>
<td>2,715</td>
<td>3,129</td>
<td>28,435</td>
</tr>
</tbody>
</table>

#### Percentage of Weighted Population

- 65+ Living in Poverty: 17.32%
- 65+ Living Alone: 8.21%
- 60+ Racial Minority: 36.92%
- 60+ Hispanic: 15.12%
- 60+ Living in Rural: 11.45%
- 75+: 10.98%
- 85+: 100%

#### Formula Driven Funding (Multiply: Weighted Population Percent and Balance of Formula Distribution)

<table>
<thead>
<tr>
<th></th>
<th>Federal</th>
<th>State</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal Funds</td>
<td>$1,037,052</td>
<td>$544,173</td>
<td>$1,581,225</td>
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<tr>
<td>State Funds</td>
<td>$686,279</td>
<td>$360,112</td>
<td>$1,046,391</td>
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#### Total Allocated Funds (Base + Formula)

<table>
<thead>
<tr>
<th></th>
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<th>State</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>Total Allocated Funds</td>
<td>$1,723,331</td>
<td>$904,284</td>
<td>$2,627,615</td>
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</table>

<table>
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<tr>
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<th>State</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>Title VII Funds</td>
<td>$13,000</td>
<td>$7,263</td>
<td>$20,263</td>
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<tr>
<td>FY 2018 Carryover Funds</td>
<td>$123,076</td>
<td>$94,397</td>
<td>$217,473</td>
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#### Total FY 2019 Budget

<table>
<thead>
<tr>
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<th>Federal</th>
<th>State</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>Total FY 2019 Budget</td>
<td>$1,859,407</td>
<td>$1,005,944</td>
<td>$2,865,351</td>
</tr>
</tbody>
</table>

<table>
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<td>Total FY 2019 Budget</td>
<td>$1,859,407</td>
<td>$1,005,944</td>
<td>$2,865,351</td>
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</tbody>
</table>
ICOA AND AAA EXPENDITURES

Total SFY19 Expenditures: $13,093,449

<table>
<thead>
<tr>
<th>ICOA Projects</th>
<th>Federal</th>
<th>State</th>
<th>Total</th>
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<tbody>
<tr>
<td>State Plan Administration</td>
<td>351,266</td>
<td>457,132</td>
<td>808,398</td>
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<tr>
<td>Idaho Lifespan Respite</td>
<td>130,158</td>
<td>20,482</td>
<td>150,640</td>
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<tr>
<td>Idaho Dementia Capable</td>
<td>135,184</td>
<td>23,904</td>
<td>159,088</td>
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<tr>
<td>Chronic Disease Self-Management Education</td>
<td>504</td>
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<td>504</td>
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<tr>
<td>Senior Medicare Patrol (Medicare Fraud Prevention)</td>
<td>252,823</td>
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<tr>
<td>Medicare Improvements for Patients and Providers Act</td>
<td>165,186</td>
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<td>165,186</td>
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<tr>
<td>Senior Community Service Employment Program</td>
<td>383,332</td>
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<td>383,332</td>
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<tr>
<td>Idaho Adult Protection System</td>
<td>211,794</td>
<td>40,116</td>
<td>251,910</td>
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<tr>
<td>Modification and Enhancements</td>
<td>52,833</td>
<td>39,355</td>
<td>92,188</td>
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<tr>
<td>State Ombudsman</td>
<td>21,590</td>
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<td>21,590</td>
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<tr>
<td>Nutrition Services Incentive Program</td>
<td>764,209</td>
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<td>764,209</td>
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<tr>
<td>Commodity Supplemental Food Program</td>
<td>156,724</td>
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<tr>
<td>Total ICOA Expenditures</td>
<td>2,625,603</td>
<td>580,989</td>
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### AAA Expenditure Details

<table>
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<tr>
<th>AAA Services</th>
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<tr>
<td>Local Area Plan Administration</td>
<td>635,201</td>
<td>393,064</td>
<td>1,028,265</td>
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<td>Title IIIB: Homemaker</td>
<td>60,326</td>
<td>640,004</td>
<td>700,330</td>
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<tr>
<td>Title IIIB and Title IIIE: Information and Assistance</td>
<td>1,111,976</td>
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<td>1,111,976</td>
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<tr>
<td>Title IIIB: Public Information</td>
<td>56,656</td>
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<td>56,656</td>
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<tr>
<td>Title IIIB: Coordination and Planning</td>
<td>98,164</td>
<td>-</td>
<td>98,164</td>
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<tr>
<td>Title IIIB: Case Management</td>
<td>-</td>
<td>136</td>
<td>136</td>
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<tr>
<td>Title IIIB and Title VII: Ombudsman</td>
<td>265,986</td>
<td>432,494</td>
<td>698,480</td>
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<tr>
<td>Title IIIB: Adult Day Care</td>
<td>-</td>
<td>-</td>
<td>-</td>
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<tr>
<td>Title IIIB: Outreach</td>
<td>38,769</td>
<td>-</td>
<td>38,769</td>
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<tr>
<td>Title IIIB: Senior Transportation</td>
<td>191,114</td>
<td>359,504</td>
<td>550,618</td>
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<tr>
<td>Title IIIB: Chore</td>
<td>3,412</td>
<td>2,071</td>
<td>5,483</td>
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<tr>
<td>Title IIIB and Title IIIE: Legal Assistance</td>
<td>90,524</td>
<td>-</td>
<td>90,524</td>
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<tr>
<td>Title IIIIC1: Congregate Meals</td>
<td>1,370,227</td>
<td>359,088</td>
<td>1,729,315</td>
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<tr>
<td>Title IIIIC2: Home Delivered Meals</td>
<td>1,724,151</td>
<td>617,104</td>
<td>2,341,255</td>
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<tr>
<td>Title IIID Disease Prevention and Health Promotion</td>
<td>89,835</td>
<td>-</td>
<td>89,835</td>
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<tr>
<td>Title IIIE: Respite</td>
<td>170,027</td>
<td>188,262</td>
<td>358,289</td>
</tr>
<tr>
<td>Title IIIE: Family Caregiver Counseling</td>
<td>73,778</td>
<td>-</td>
<td>73,778</td>
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<tr>
<td>State Adult Protection</td>
<td>-</td>
<td>985,373</td>
<td>985,373</td>
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<tr>
<td>Total AAA Expenditures</td>
<td>5,980,145</td>
<td>3,977,100</td>
<td>9,957,245</td>
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<tr>
<td>Total ICOA and AAA SFY 2018 Expenditures</td>
<td>8,605,748</td>
<td>4,558,089</td>
<td>13,163,837</td>
</tr>
</tbody>
</table>

### Responding to Seniors in Crisis

**Preventing Institutionalization**

**Investing in Healthy Aging**
DUTIES AND POWERS

Since 1968, the Idaho Commission on Aging (ICOA) has provided services to Idahoans in order to promote successful aging. Governor Don Samuelson authorized ICOA based on Idaho Code 67-500. For the past 50 years, ICOA has continued to support Idaho’s current aging population while forecasting future trends. The legislature recognized the need to provide basic necessities to its older people, designed to permit older Idahoans to remain independent and avoid institutionalization (Title 67-5005). The legislative charter (Title 67-5003) designates specific responsibilities including:

- To serve as an advocate within state government & the community for older Idahoans;
- To serve as an advisory body regarding state legislative issues affecting older Idahoans;
- To promulgate, adopt, amend & rescind rules related to programs & services administered by the commission;
- To enter into funding agreements as grants & contracts within the limits of appropriated funds to carry out programs & services for older Idahoans;
- To conduct public hearings & evaluations to determine the health & social needs of older Idahoans, & determine the public & private resources to meet those needs;
- To designate "planning & service areas" & area agencies on aging in accordance with the Older Americans Act & federal regulations. The commission shall review the boundaries of the "planning & service areas" periodically & shall change them as necessary;
- To submit a report to the governor & the legislature of its accomplishments & recommendations for improvements of programs & services for older Idahoans;
- To administer & perform any other related functions or activities assigned to the commission by the governor.
MISSION & VISION

VISION
Idahoans have an informative, visible, reliable and accessible support system as they age.

MISSION
Lead system creation and network coordination to support Idahoans as they age.

BOARD OF COMMISSIONERS

Area I  Chris Magera
Area II  David Pankey, Chair
Area III Lorraine Elfering, Vice Chair
Area IV  Roger Morley
Area V   Debra Reiland
Area VI  Dean Nielson
At-Large Jennifer Palagi
ICOA EMPOWERS IDAHOANS TO AGE SUCCESSFULLY

PO Box 83720
Boise ID 83720
6305 Overland Road
Boise ID 83709
208.334.3833 (main office)
877.471.2777 (toll-free)
icoa@aging.idaho.gov
@IdahoCommissiononAging
@commissionaging
www.aging.idaho.gov
http://education.aging.idaho.gov

AREA AGENCIES PROVIDE LOCAL SERVICES

North — Area I
North Idaho College
Director Sage Stoddard
2120 N Lakewood Dr, Ste B
Coeur d’Alene ID 83814
208.667.3179  800.786.5536

North Central — Area II
Community Action Partnership
Director Kristin Schmidt
124 New 6th St
Lewiston ID 83501
208.743.5580  800.877.3206

Southwest — Area III
Area 3 Senior Services Agency
Director Raul Enriquez
701 S. Allen St, Suite 100
Meridian ID 83642
208.898.7060  844.850.2883

East — Area VI
Eastern Idaho Community Action Partnership
Director Morgan Nield
935 Lincoln Rd
Idaho Falls ID 83401
208.522.5391  800.632.4813

South Central — Area IV
College of Southern Idaho
Director Suzanne McCampbell
315 Falls Ave
Twin Falls ID 83303
208.736.2122  800.574.8656

Southeast — Area V
Southeast Idaho Council of Governments
Director Mike Hirschi
214 E. Center
Pocatello ID 83201
208.233.4032  800.526.8129