American Occupational Therapy Association (AOTA)

**Falls Prevention Toolkits**

The toolkit will help you prepare and deliver a presentation on falls prevention. It is intended to be used by occupational therapy practitioners to educate the public on strategies and resources to reduce fall risk, and on the role of occupational therapy in falls prevention. The presentation can be given to a variety of groups and populations in health care and community settings in conjunction with [Falls Prevention Awareness Day](https://www.aota.org/Practice/Productive-Aging/Falls/Falls-Day.aspx) and throughout the year.

**Interdisciplinary Presentation**

This toolkit was developed by the American Occupational Therapy Association and the Academy of Geriatric Physical Therapy, a component of the American Physical Therapy Association, and is intended for any health professional involved in falls prevention to deliver to groups of older adults living in the community. The presentation discusses fall risks and strategies to reduce falls, including participation in evidence based fall prevention programs.

Contents include:

* [A brief guide to assist you in using the PowerPoint presentation.](https://www.aota.org/Practice/Productive-Aging/Falls/Toolkit/presentation-guide.aspx)
* [A PowerPoint presentation with sample narration notes under each slide.](https://www.aota.org/~/media/Corporate/Files/Practice/Aging/Falls/prevent-falls-aota-apta.pptx)
* [A list of resources and references which are also provided on the slides.](https://www.aota.org/Practice/Productive-Aging/Falls/Toolkit/resources-references.aspx)

**OT Specific Presentation**

Contents include:

* A guide that provides helpful suggestions about arranging, preparing, and delivering a presentation
  + [Falls Prevention How-To Guide](https://www.aota.org/~/media/Corporate/Files/Practice/Aging/Falls/FallsPreventionPresentationHow-ToGuide.docx) - *doc*
* Two different versions of a PowerPoint presentation with scripts (*Note: The presenter can choose which version of the presentation to use)* 
  + [30 minute Falls Prevention PowerPoint Presentation](https://www.aota.org/~/media/Corporate/Files/Practice/Aging/Falls/AOTA_OT_Role_in_Fall_Prevenions_30_min_FINAL.ppt) - *ppt*
  + [30 minute Falls Prevention Script](https://www.aota.org/~/media/Corporate/Files/Practice/Aging/Falls/30minscript.docx) - *doc*
  + [15 minute Falls Prevention PowerPoint Presentation](https://www.aota.org/~/media/Corporate/Files/Practice/Aging/Falls/AOTAOTRoleFallPrevention%20_15%20min_FINAL.ppt) - *ppt*
  + [15 minute Falls Prevention Scrip](https://www.aota.org/~/media/Corporate/Files/Practice/Aging/Falls/15minscript.docx)t  - *doc*
* Two handouts to provide to audience members
  + [Tips for Living Life to Its Fullest: Fall Prevention for Older Adults](https://www.aota.org/~/media/Corporate/Files/AboutOT/consumers/Adults/Falls/Fall%20Prevention%20Tip%20Sheet.pdf)
  + [Falls Prevention Resources](https://www.aota.org/~/media/Corporate/Files/Practice/Aging/Falls/FallPreventionResources.docx)
* A flyer to advertise the presentation
  + [Falls Prevention presentation flyer](https://www.aota.org/~/media/Corporate/Files/Practice/Aging/Falls/Falls-Prevention-Presentation-Flyer.docx) - *doc*

Having issues downloading or opening any of the files? [Send us an e-mail](mailto:ksmith@aota.org).

Source: <https://www.aota.org/Practice/Productive-Aging/Falls/Toolkit.aspx>