

New or Expanded Community Respite Programs in Idaho

- 1) John and Junes Mission creates a community for cancer caregivers through the Hike 2 Heal program. Hike 2 Heal provides respite care through day hikes, backpacking trips and other outdoor adventures to enrich the quality of life for those impacted by cancer. All levels and experience welcomed.

Contact: Kelly Means or Dan Canfield at johnandjunesmission@gmail.com
Website: <https://www.johnandjunesmission.org/>
Phone: 208-718-1175

Location served: Planning and service areas 3 and 6 (Ada, Adams, Boise, Bonneville, Butte, Canyon, Clark, Custer, Elmore, Fremont, Gem, Jefferson, Lemhi, Madison, Owyhee, Payette, Teton, Valley, and Washington counties).

- 2) Legacy Corps at Jannus Inc. in the Treasure Valley provides volunteer driven respite for caregivers of adults with an emphasis on aging veterans and military families. Respite is offered in home and through groups in conjunction with Powerful Tools for Caregivers classes.

Contact Melissa Radloff, Program Director, mradloff@jannus.org
Website: <https://www.jannus.org/program/legacy-corps/>
Phone: 208-336-5533

In-home respite is provided by volunteers recruited as Americorps members, a program affiliated with the Corporation for National and Community Service. Legacy Corps has established a model program in Boise so that caregivers can attend training in one room while the people for whom they care are involved in volunteer-driven activities in another area of the facility.

- 3) Families Together provides a center-based respite program for caregivers/families of children with special needs in Moscow, Idaho for families living in Moscow, Lewiston and the surrounding rural areas including Potlatch, Troy, Deary, and Genesee.

Contact: Karen Nelson, Director karen@famielstogether.org
Website: <https://www.famielstogether.org/services/>
Phone: 208-874-7891

Respite is for the whole family, parents date night, sibling activities and one to one companions for the children with special needs. It is held 4 to 5 hours at the center, several times per year.

- 4) Rays for Rare provides services to families of children with significant medical needs who are medically fragile. Rays for Rare serves families in Ada, Boise, Canyon, Gem, Elmore, Payette, Valley, and Washington counties.

Contact: Megan Shomer, Executive Director at megan@raysforrare.org
Website: <https://www.raysforrare.org/>

Phone: 208-695-6300

Respite is in the form of lawn and yard care, house cleaning and other services.

- 5) The Senior Connection provides essential services for seniors and their families. Senior Connections is expanding respite programs which include the following:
- Respite care for those with Alzheimer's, dementia or other cognitive issues on-site Tuesdays and Thursdays. Expanding this program to include drop-in care on Tuesdays. Offer scholarships to subsidize costs for those who need it.
 - On the first Tuesday of the month we offer a caregiver's support group which will now include drop-in respite care and lunch.
 - Expansion will be facilitated through outreach to the community and education about services.
 - Host a day long Navigating Longevity Summit each year with on-site respite so caregivers can attend the conference.

Contact: Ramona Duke, Community Relations Manager,

ramona@seniorconnectionidaho.org

Website: www.seniorconnectionidaho.org

Phone: 208-788-3468

- 6) Relatives as Parents Inc (RAP) is a newly incorporated organization that serves several northern Idaho counties. RAP is developing respite services for relative caregivers of children in the absence of parents. The organization will also serve as a resource to unincorporated Relatives as Parents support groups in southern Idaho.

Contact: Glenda Weaver, Executive Director glendainidaho@hotmail.com

Website: <http://relativesasparents.com/about-us/>

Phone: 208-803-0944

- 7) The Bennett House is a fully licensed Adult Day Care Center in Coeur d'Alene, Idaho offering respite care for caregivers. A safe, comfortable, engaging place for loved ones suffering from Dementia, Alzheimer's, chronic or other challenges.

Contact: Susan Melchiorre, MD, Executive Director

Website: www.bennetthouse.org

Phone: 208-651-9060

Programs are supported in part by grant # 90LRLI001401 to the Idaho Commission on Aging from the US Administration for Community Living Department of Health and Human Services, Washington DC 20201.

Lynn Fyanes, Project Director, Idaho Commission on Aging Lynn.Fyanes@aging.idaho.gov