



LEARN

LIFELONG EDUCATION & AGING RESOURCE NETWORK

WWW.LEARNIDAHO.ORG

FREE Education

Aging & Caregiving Education brought to you by the professional members and partners of LEARN

Join us for FREE Webinars in the areas of Health, Wealth, Lifestyle & Caregiving

Details for upcoming events on reverse side

Videos of previous sessions are available on-demand in our online "Learning Library"



HEALTH



WEALTH



LIFESTYLE



CAREGIVING



@LEARNIdaho

Email: learnidaho@gmail.com

Register at: learnidaho.org/education

Fall 2021 Schedule

October
7

Social Security 101
4:00 PM - 5:30 PM via Zoom

October
21

Winning Strategies for Caregiving
4:00 PM - 5:30 PM via Zoom

November
4

Dealing with Downsizing
4:00 PM - 5:30 PM via Zoom

November
9

Home for the Holidays
4:00 PM - 5:30 PM via Zoom

November
18

Transitioning to Care
4:00 PM - 5:30 PM via Zoom

December
9

Mindfulness for Your Health
4:00 PM - 5:30 PM via Zoom



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Topics and dates subject to change.
See www.learnidaho.org/education for the latest schedule.