

IDAHO COMMISSION ON AGING
Teleconference
BOARD OF COMMISSIONERS MEETING MINUTES
Wednesday, February 17, 2022
BOISE, IDAHO

Commissioner Members: Chair Morley, Commissioner Magera, Commissioner Elfering, Commissioner Reiland, Commissioner Nielson

Excused: Admir Selimovic

ICOA Staff: Judy Taylor, Bettina Briscoe, Vicki Yanzuk, Amanda Scott, Birgit Luebeck, Deedra Hunt, Erin Olsen, Janet Miller, Jenny Hill, Joe Zaher, Lynn Fyanes, Scott Carpenter, Susan Bradley

I4A Members: Director Stoddard, Director Schmidt, Director Enriquez, Director Stokesberry, Director Hirschi, Director Early

Guests: Larry Curly-NICOA, Dr. Jennifer Palagi-IDHW

Open and Welcome Quorum – Chair Morley

- Chair Morley called Board of Commissioners meeting to order at 9:02AM.
- Attendance was taken and a quorum was established.
- * Motion was made and carried to approve February 17, 2022 agenda.
- * Motion was made and carried to approve November 17 & 18, 2021 minutes.
- Introductions were made.

National Indian Council on Aging – Larry Curly

- Discussed the aging Native Indian population.
- Shared on Federal regulations affecting Native Indian tribes.
- Shared gratitude for Idaho Commission on Aging (ICOA) hosting the Gathering Together: Native Tribes and Idaho Commission on Aging meeting February 16, 2022.
- Photo taken with Larry Curly, Judy Taylor, Erin Olsen, and Rebecca Owl Morgan.
- Questions and discussion followed.

Director’s Report – Judy Taylor

- Updated on Legislative session.
- Discussed the Operations Manual.
 - ✓ Operations Manual will be sent out to Raul on March 7, 2022 to discuss with the Area Agencies on Aging (AAAs).
- Reviewed the Planning Manual and the importance of local AAA Plans. The local AAA Plans are due to ICOA in October 2022.
- Discussed the New State Plan that is due to the Administration for Community Living (ACL) in October 2024.
- Talked about items to be discussed and decided during the planning process for the new State Plan:
 - The Intrastate Funding Formula (IFF)
 - Planning and Service Area (PSA) boundaries
 - Cost sharing
- Discussed the ICOA planning process:
 - Phase 1: Plan and Organize
 - Phase 2: Environmental Analysis
 - Phase 3: Identify Opportunities
 - Phase 4: Strategic Planning
 - Phase 5: Strategy Execution
 - Phase 6: Continuous Quality
- Discussed succession planning for ICOA so a stable foundation is in place for the incoming Director when the time comes.
- Touched on two-day May meeting agenda talking points:
 - Deep dive into the new Adult Protective Services (APS) pilot.
 - Raul Enriquez will discuss how he budgets and manages money from ICOA.
 - Commissioner suggested topics for the May meeting:
 - Vision for case management
 - Caregiver Navigator program
 - PSA boundaries
 - Transportation services
 - ✓ Bettina and Jenny will email out presentations and any additional materials.
- Questions and discussion followed.

Project Manager Report – Vicki Yanzuk

- Introduced Joe Zaher, ICOA’s Senior Financial Specialist.
- Discussed the spending plan and budget processes:
 - Older Americans Act (OOA) Funding
 - APS Funding
 - Short-term Funding
 - Other Funding Sources

- Discussed the State Plan development process:
 - Federal – Guidance provided to all States
 - State – Needs assessment and outreach
 - Stakeholders – Committees and workgroups
 - Public – Review and comment
 - Approval – ACL and State agree
- Discussed the distribution and budget process:
 - Federal – Provides award and updated guidance
 - State – Formulas updated to distribute funding
 - AAAs – Budgets program funds according to local need
- Discussed AAA OAA/APS SFY process:
 - AAA budget workbook
 - ICOA review/contract
 - Approved budget/contract
 - Quarterly updates
- AAA, OAA, and APS Budget Management overview:
 - Budget and services
 - Contracting
 - Monthly service delivery/units
 - Invoicing
- Discussed VAC 5 funding
- Discussed ARPA funding
- Questions and discussion followed.

Vac 5 Presentation – Mike Hirschi

- Presented on Centers for Disease Control and Prevention (CDC) and ACL partnership to expand access to COVID-19 vaccines.
- Touched on Area V vaccines administered as of October 21, 2021.
- Partnered with Southeast Idaho Public Health (SIPH) to support the COVID-19 vaccine efforts.
- Discussed the advertising for and outcome of the December 3, 2021 Free COVID-19 Vaccine Clinic.
- Discussed collaborations with Health West, ISU Nursing program, and Senior Centers to continue to do outreach and education around COVID-19 vaccines.
- Questions and discussion followed.

Loneliness Reduction – Janet Miller

- Announced that February is Loneliness Awareness Month.
- Presented on the Loneliness program and the emotional, physical, and financial implications of social isolation and loneliness.
- Discussed what’s happening Nationally and Internationally:

- Commit to Connect
- Commit to Connect Champions
- Coalition for End Social Isolation
- Foundation for Social Connection
- engAGED
- Discussed What’s happening in Idaho:
 - Intergenerational Letter Writing
 - Cleaning Yards
 - ICOA Connects letter writing campaign
 - Friendly Caller program
 - Television interviews on loneliness
 - Newsletter articles
- AAA programs:
 - Pro Age Connections
 - Pilot for Living Library in development
 - Friendly Visitor program being planned
 - Stakeholder group
- Questions and discussion followed.

Education Presentation: Alzheimer’s and Related Dementias – Judy Taylor

- Presented on how tough it is to be a caregiver for someone with Alzheimer’s and related dementias; and how caregivers can choose actions that promote a positive quality of life by not triggering distressing behaviors such as aggression, resistance, or withdrawal.
- Do THIS not THAT: Playing to the strengths of people living with Alzheimer’s and related dementias.
- Six Choices and Actions that can be taken to bring peace and connection to people with Alzheimer’s and related dementias:
 - Modeling not bossing – Be a friend not a boss
 - Validating not correcting – Give up the need to be right
 - Gifting not testing – Supply the happy memories
 - Editing no overwhelming – Be a dam not a drain
 - Prioritizing not procrastinating – Keep everyone safe by thinking ahead
 - Admitting not denying – Burnout helps no one
- Questions and discussion followed.
- **Area Dialogue: Directors, I4A Chair – Raul Enriquez, and IDHW – Dr. Jennifer Palagi**
- Discussed Area Plans, reports, events, and challenges in their areas.
- Questions and discussion followed.

Commissioners’ Reports – ICOA Commissioners

- Discussed reports and events, and challenges in their areas.
- Questions and discussion followed.

Election of Board Chair and Vice Chair – ICOA Commissioners

- * Motion was made and carried to approve Roger Morley as Chair.
- * Motion was made and carried to approve Chris Magera as Vice-Chair.

Other Business – Chair Morley

- Meeting adjourned at 2:35PM.