Commissioner Members: Chair Morley, Commissioner Magera, Commissioner Elfering, Commissioner Reiland, Commissioner Nielson

Excused: Admir Selimovic

ICOA Staff: Judy Taylor, Bettina Briscoe, Vicki Yanzuk, Amanda Scott, Birgit Luebeck, Deedra Hunt, Erin Olsen, Janet Miller, Jenny Hill, Joe Zaher, Lynn Fyanes, Scott Carpenter, Susan Bradley

I4A Members: Director Stoddard, Director Schmidt, Director Enriquez, Director Stokesberry, Director Hirschi, Director Early

Guests: Larry Curly-NICOA, Dr. Jennifer Palagi-IDHW

Open and Welcome Quorum – Chair Morley

- Chair Morley called Board of Commissioners meeting to order at 9:02AM.
- Attendance was taken and a quorum was established.
- Motion was made and carried to approve February 17, 2022 agenda.
- Motion was made and carried to approve November 17 & 18, 2021 minutes.
- Introductions were made.

National Indian Council on Aging – Larry Curly

- Discussed the aging Native Indian population.
- Shared on Federal regulations affecting Native Indian tribes.
- Shared gratitude for Idaho Commission on Aging (ICOA) hosting the Gathering Together: Native Tribes and Idaho Commission on Aging meeting February 16, 2022.
- Photo taken with Larry Curly, Judy Taylor, Erin Olsen, and Rebecca Owl Morgan.
- Questions and discussion followed.

Director’s Report – Judy Taylor
• Updated on Legislative session.
• Discussed the Operations Manual.
  ✓ Operations Manual will be sent out to Raul on March 7, 2022 to discuss with the Area Agencies on Aging (AAAs).
• Reviewed the Planning Manual and the importance of local AAA Plans. The local AAA Plans are due to ICOA in October 2022.
• Discussed the New State Plan that is due to the Administration for Community Living (ACL) in October 2024.
• Talked about items to be discussed and decided during the planning process for the new State Plan:
  − The Intrastate Funding Formula (IFF)
  − Planning and Service Area (PSA) boundaries
  − Cost sharing
• Discussed the ICOA planning process:
  − Phase 1: Plan and Organize
  − Phase 2: Environmental Analysis
  − Phase 3: Identify Opportunities
  − Phase 4: Strategic Planning
  − Phase 5: Strategy Execution
  − Phase 6: Continuous Quality
• Discussed succession planning for ICOA so a stable foundation is in place for the incoming Director when the time comes.
• Touched on two-day May meeting agenda talking points:
  − Deep dive into the new Adult Protective Services (APS) pilot.
  − Raul Enriquez will discuss how he budgets and manages money from ICOA.
  − Commissioner suggested topics for the May meeting:
    o Vision for case management
    o Caregiver Navigator program
    o PSA boundaries
    o Transportation services
  ✓ Bettina and Jenny will email out presentations and any additional materials.
• Questions and discussion followed.

_Product Manager Report – Vicki Yanzuk_

• Introduced Joe Zaher, ICOA’s Senior Financial Specialist.
• Discussed the spending plan and budget processes:
  − Older Americans Act (OOA) Funding
  − APS Funding
  − Short-term Funding
  − Other Funding Sources
• Discussed the State Plan development process:
  - Federal – Guidance provided to all States
  - State – Needs assessment and outreach
  - Stakeholders – Committees and workgroups
  - Public – Review and comment
  - Approval – ACL and State agree
• Discussed the distribution and budget process:
  - Federal – Provides award and updated guidance
  - State – Formulas updated to distribute funding
  - AAAs – Budgets program funds according to local need
• Discussed AAA OAA/APS SFY process:
  - AAA budget workbook
  - ICOA review/contract
  - Approved budget/contract
  - Quarterly updates
• AAA, OAA, and APS Budget Management overview:
  - Budget and services
  - Contracting
  - Monthly service delivery/units
  - Invoicing
• Discussed VAC 5 funding
• Discussed ARPA funding
• Questions and discussion followed.

**Vac 5 Presentation – Mike Hirschi**

• Presented on Centers for Disease Control and Prevention (CDC) and ACL partnership to expand access to COVID-19 vaccines.
• Touched on Area V vaccines administered as of October 21, 2021.
• Partnered with Southeast Idaho Public Health (SIPH) to support the COVID-19 vaccine efforts.
• Discussed the advertising for and outcome of the December 3, 2021 Free COVID-19 Vaccine Clinic.
• Discussed collaborations with Health West, ISU Nursing program, and Senior Centers to continue to do outreach and education around COVID-19 vaccines.
• Questions and discussion followed.

**Loneliness Reduction – Janet Miller**

• Announced that February is Loneliness Awareness Month.
• Presented on the Loneliness program and the emotional, physical, and financial implications of social isolation and loneliness.
• Discussed what’s happening Nationally and Internationally:
Commit to Connect
Commit to Connect Champions
Coalition for End Social Isolation
Foundation for Social Connection
engAGED

Discuss What’s happening in Idaho:
- Intergenerational Letter Writing
- Cleaning Yards
- ICOA Connects letter writing campaign
- Friendly Caller program
- Television interviews on loneliness
- Newsletter articles

AAA programs:
- Pro Age Connections
- Pilot for Living Library in development
- Friendly Visitor program being planned
- Stakeholder group

Questions and discussion followed.

**Education Presentation: Alzheimer’s and Related Dementias – Judy Taylor**

- Presented on how tough it is to be a caregiver for someone with Alzheimer’s and related dementias; and how caregivers can choose actions that promote a positive quality of life by not triggering distressing behaviors such as aggression, resistance, or withdrawal.
- Do THIS not THAT: Playing to the strengths of people living with Alzheimer’s and related dementias.
- Six Choices and Actions that can be taken to bring peace and connection to people with Alzheimer’s and related dementias:
  - Modeling not bossing – Be a friend not a boss
  - Validating not correcting – Give up the need to be right
  - Gifting not testing – Supply the happy memories
  - Editing no overwhelming – Be a dam not a drain
  - Prioritizing not procrastinating – Keep everyone safe by thinking ahead
  - Admitting not denying – Burnout helps no one
- Questions and discussion followed.

**Area Dialogue: Directors, I4A Chair – Raul Enriquez, and IDHW – Dr. Jennifer Palagi**

- Discussed Area Plans, reports, events, and challenges in their areas.
- Questions and discussion followed.

**Commissioners’ Reports – ICOA Commissioners**
Discussed reports and events, and challenges in their areas.
Questions and discussion followed.

**Election of Board Chair and Vice Chair – ICOA Commissioners**

* Motion was made and carried to approve Roger Morley as Chair.
* Motion was made and carried to approve Chris Magera as Vice-Chair.

**Other Business – Chair Morley**

* Meeting adjourned at 2:35PM.