

MEMORY CAFÉ

4th Thursday
1:00 - 2:30pm
June 23rd
July 28th
August 25th

Meridian Library
1326 W Cherry Lane
Meridian, ID 83642

The Memory Café encourages friendship and acceptance

The Memory Café is a place where family caregivers and their loved one with memory loss can get together in a safe, supportive, and engaging environment. This is a time to enjoy a break from the normal routine—to socialize, learn from monthly topics, and build resources for changing needs. The Café offers a time for mutual support, shared stories, laughter and most of all knowing that you are not alone!

The Memory Café will be facilitated by experienced Legacy Corps staff and volunteers to offer a positive experience for all.

RSVP Requested Brought to you free of charge by:

**Held In-Person on
the 4th Thursday of
Every Month**



“Memory loss can be such an isolating condition — for both of us. Going out and just being ourselves is so welcoming.”

*For more information or to
Reserve Your Seats*

Contact:

Karen Kouba
Email: kkouba@jannus.org
Phone: 208-947-4283



Legacy Corps is a project of the Aging Strong Programs by Jannus.
www.AgingStrong.org