



OUR VISION :

A World Without Alzheimer's & All Other Dementia

Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

For over 35 years, the donor-supported, not-for-profit Alzheimer's Association has provided reliable information and care consultation, created support services for families, advocated for funding for dementia research, and influenced public policy changes.

OUR SERVICES:

SUPPORT GROUPS

Support Groups: Participation in a support group can help caregivers and family members by providing a chance to share with others who understand a similar situation. For a complete list of our support groups, visit www.alz.org/Idaho.

EDUCATION

The Chapter maintains a variety of educational materials (brochures, videos, and books) on topics related to Alzheimer's disease and related disorders. Topics include basic information about the disease, getting a diagnosis, communication techniques, home safety tips, choosing a residential care setting, caregiving experiences and activity programming.

INFORMATION AND REFERRAL

The Chapter provides emotional support to the caller as well as information about Alzheimer's disease and related disorders, chapter services and referrals to community resources.

CARE CONSULTATION

Dedicated professional staff help people navigate through the difficult decisions and uncertainties people with Alzheimer's and their families face at every stage of the disease. Services can be provided by telephone, e-mail or in-person.

SAFETY SERVICES

The Chapter promotes and encourages people with Alzheimer's to enroll in MedicAlert® + Alzheimer's Association Safe Return®. When a person with Alzheimer's or a related dementia wanders or has a medical emergency, the Chapter provides support to the family and assists law enforcement.

24/7 HELPLINE

The Alzheimer's Association 24/7 Helpline (800.272.3900) is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.

Greater Idaho Chapter:
www.alz.org/Idaho
208.206.0041

Mercedes Muñoz, MPA,
Program Director
208.722.2521

Yvette Saiz Primero, Care
Navigator Lead
208.350.6823

24/7 Helpline
800.272.3900

COMMUNITY EDUCATION PROGRAM OFFERINGS :

An estimated 27,000 Idahoans are currently living with Alzheimer's and other dementias. By 2025 the incidence is expected to increase to nearly 33,000.

10 Warning Signs of Alzheimer's — Learn the 10 Warning Signs of Alzheimer's disease, hear from people who have the disease, and find out how to recognize the signs in yourself and others.

Understanding Alzheimer's and Dementia — Learn about the difference between Alzheimer's and dementia, stages, risk factors and more.

Healthy Living for Your Brain and Body: Tips from the Latest Research — Join us to learn about the latest research providing insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning — Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia.

Effective Communication Strategies — Learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

Legal and Financial Planning for Alzheimer's Disease — Caregivers: How much do you know about managing money? This free online program by the Alzheimer's Association will help you learn about the costs of caregiving and the benefits of early planning, and teach you how to avoid financial abuse and fraud, start a conversation about finances, assess financial and legal needs, and find support

Understanding and Responding to Dementia-Related Behavior — Learn about some of the common triggers for behaviors associated with dementia, how to assess the person's needs, and how to intervene effectively in this educational training program for non-professional caregivers.

Living with Alzheimer's: For Caregivers — Early Stage — In the early stage of Alzheimer's disease, families face new questions as they adjust. This three-part program provides practical answers to the questions that arise in the early stage.

Living with Alzheimer's: For Caregivers — Middle Stage — In the middle stage of Alzheimer's disease, care partners now become hands-on caregivers. During this three-part series, you will hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care.

Living with Alzheimer's: For Caregivers — Late Stage — In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. In this two-part series, you'll hear from caregivers and professionals about resources, monitoring care and ways to engage in meaningful connections.

Does your organization need a training program developed with the most current, evidence-based care practices? — High-quality dementia care training can lead to an improvement in communication between caregivers and individuals living with dementia, a reduction in dementia-related behaviors and an increase in job satisfaction for staff.

The Alzheimer's Association offers flexible choices to implement quality care. Informed by leading dementia researchers and practitioners, our resources provide individuals and providers pathways to training and certification reflecting the Alzheimer's Association Dementia Care Practice Recommendations.

Our website offers interactive and on demand tools including the Brain Tour to help you understand what Alzheimer's disease is. We invite you to explore, learn, and take full advantage of all our free resources. You are also invited to subscribe to our e-newsletter and our quarterly ALZ Magazine.

To register for any of our in person or online offering please log onto alz.org or call the 24/7 Helpline at 800.272.3900.