

KAITLYN GAINES, DPT

Kootenai Health

Physical Therapist

B.S. Exercise Science

Doctor of Physical Therapy (DPT)

Kaitlyn received her bachelor's degree in Exercise Science from Eastern Washington University. She then earned her Doctor of Physical Therapy (DPT) from the University of Montana. Kaitlyn is currently working on earning both her geriatric specialist and Geriatric Care Professional certifications.

Kaitlyn puts her skills to work by providing physical therapy in the acute care setting. She works in Coeur d'Alene, ID with Kootenai Health, serving the people of north Idaho and the inland Northwest.

Kaitlyn is passionate about physical therapy for older adults. She has established a reputation for being dedicated to falls prevention. She is one of the co-founders of the Falls Prevention Coalition of Idaho (FPC-ID) which began development this year.

In her free time, Kaitlyn enjoys chasing her two toddlers. She also appreciates all northern Idaho has to offer by being outdoors as often as possible. She slows down a bit for part of the year to watch football.

Contact Kaitlyn:

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