



THE IDAHO COMMISSION ON AGING

## FALLS PREVENTION AWARENESS MONTH

### 2022 SEMINAR SCHEDULE

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The 2022 ICOA Falls Prevention Awareness Seminars will be held via ZOOM Events. The registration links take you to our new **Falls Prevention hub**, where you will find seminar details and registration options. You will receive a “ticket”, even though **all seminars are free**. Please follow the instructions to join us on the seminar date using the links provided in your ticket. We are looking forward to seeing you there!

- 1. Stay Informed: Why Falls Matter and how to Prevent Them**  
Tuesday, September 20<sup>th</sup>  
10 AM – 11:30 AM MDT, 9 AM – 10:30 AM PDT  
**Registration:** [https://events.zoom.us/ev/AtDXxdYqptfyv\\_bpjRZiMXrOKu-OuxBhPiCn7D95YvgNR5BMn6NA~AggLXsr32QYFjq8BIYLZ5I06Dg](https://events.zoom.us/ev/AtDXxdYqptfyv_bpjRZiMXrOKu-OuxBhPiCn7D95YvgNR5BMn6NA~AggLXsr32QYFjq8BIYLZ5I06Dg)
- 2. Stay Safe: Recognize & Remove Trip Hazards at Home**  
Tuesday, September 13  
1 - 2 PM MDT, Noon - 1 PM PDT  
**Registration:** [https://events.zoom.us/ev/Ahcl\\_puFivkyZBMRcnjFBACsbvxHjHsoOc4nJRUQF2NJ5mR7LnvB~AggLXsr32QYFjq8BIYLZ5I06Dg](https://events.zoom.us/ev/Ahcl_puFivkyZBMRcnjFBACsbvxHjHsoOc4nJRUQF2NJ5mR7LnvB~AggLXsr32QYFjq8BIYLZ5I06Dg)
- 3. Stay Healthy: Simple Steps to Improve Balance & Prevent Falls**  
Thursday, September 15<sup>th</sup>  
1 PM – 2 PM MDT, Noon – 1 PM PDT  
**Registration:**  
[https://events.zoom.us/ev/ArdyFRx2ssbSvjT\\_XMRmHY8zszetKhiUm0wGy25QrzDWI5-RcH3Z~AggLXsr32QYFjq8BIYLZ5I06Dg](https://events.zoom.us/ev/ArdyFRx2ssbSvjT_XMRmHY8zszetKhiUm0wGy25QrzDWI5-RcH3Z~AggLXsr32QYFjq8BIYLZ5I06Dg)
- 4. Stay Informed: The Importance of Falls Assessment as a Matter of Practice**  
(Intended audience: Medical/Healthcare students and professionals)  
*NEW! Live streaming brown bag lunch opportunity for ICOM medical students!*  
Tuesday, September 27<sup>th</sup>  
Noon – 1 PM MDT, 11 AM – Noon PDT  
**Registration:** [https://events.zoom.us/ev/AqR3quf0l2Q-lh\\_4aiiNOvP17wyjLimldprG94YlauYTKC1XkGjj~AggLXsr32QYFjq8BIYLZ5I06Dg](https://events.zoom.us/ev/AqR3quf0l2Q-lh_4aiiNOvP17wyjLimldprG94YlauYTKC1XkGjj~AggLXsr32QYFjq8BIYLZ5I06Dg)

The Idaho Commission on Aging

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