

# MEMORY CAFÉ

**4th Thursday  
1:00 - 2:30pm  
September 22nd  
October 27th**

**Meridian Library  
1326 W Cherry Lane  
Meridian, ID 83642**

## **The Memory Café encourages friendship and acceptance**

The Memory Café is a place where family caregivers and their loved one with memory loss can get together in a safe, supportive, and engaging environment. This is a time to enjoy a break from the normal routine—to socialize, learn from monthly topics, and build resources for changing needs. The Café offers a time for mutual support, shared stories, laughter and most of all knowing that you are not alone!

The Memory Café will be facilitated by experienced Legacy Corps staff and volunteers to offer a positive experience for all.

RSVP Requested      Brought to you free of charge by:



**Held In-Person on  
the 4th Thursday of  
Every Month**



*“Memory loss can be such an isolating condition — for both of us. Going out and just being ourselves is so welcoming.”*

**For more information or to  
Reserve Your Seats**

### **Contact:**

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Legacy Corps is a project of the Aging Strong Programs by Jannus.

[www.AgingStrong.org](http://www.AgingStrong.org)