



Nampa Caregiver Support Group

Presented by:

Alzheimer's Association

Greater Idaho

Last Monday of the month
10:15 a.m. - 11:45 a.m.

Nampa Public Library
215 12th Ave South
Nampa, ID 83651

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alz.org/idaho

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.