

We Prepare You For Success

The Senior Companion Program is open to volunteers 55 and over who can serve between 5 and 40 hours a week. You don't need formal experience, just time, compassion, and the desire to help. You will receive orientation and training from the WA-ID Volunteer Center. Income eligible volunteers are paid a tax-free hourly stipend* that does not affect your other benefits, and mileage reimbursement for any miles driven. While serving you are also covered by supplemental accident and liability insurance.

** An hourly sum of money paid for services to defray expenses.*



Funded by



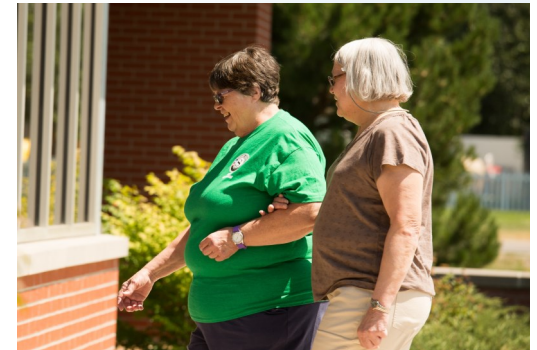
**AmeriCorps
Seniors**

**WA-ID
Volunteer Center**

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Contact us at 208-746-7787
SCPmanager@wivc.org

**WA-ID
Volunteer Center**

Senior Companion Program



Get Paid to Give Back!

Use your wisdom and lifetime of experiences to benefit others.

If you are 55+ and can spare 5 hours a week to be a companion to a super senior or homebound person, you can earn extra cash and mileage reimbursement.

Call today for more info.

208-746-7787



Give the Gift of Friendship

The Senior Companion Program is looking for active community members, 55 and older, who can put their skills and experience to work for others! You will have flexible days and hours to suit your own schedule serving a minimum of 5 hours a week. You will help other adults live fuller, more independent lives. Your time and companionship will enable other adults to remain in their own homes longer, prevent feelings of loneliness and isolation while improving self-esteem, and give time off

to families or family caregivers. Through participating organizations in communities across the nation, Senior Companions have provided crucial assistance to older adults since 1974. The Senior Companion Program has clear-cut goals, focusing on activities that preserve dignity and independence. Call 208-746-7787 today for more information.

**Available in Nez Perce,
Latah & Asotin counties.**

Activities May Include

- ◆ Friendly visiting, playing games/cards
- ◆ Supplying transportation to medical appointments, and/or grocery store
- ◆ Preparing light snacks
- ◆ Helping with paperwork and filling out forms
- ◆ Taking walks and/or exercising
- ◆ Shopping

Benefits for Companions

- ◆ Paid stipend* for hours served
- ◆ Mileage reimbursement
- ◆ Supplemental insurance coverage
- ◆ Generous paid time off (vacation, sick, and holidays)
- ◆ Volunteering can lead to lasting friendships
- ◆ Relieve boredom and provide purpose
- ◆ Personal satisfaction knowing you helped someone in need

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