



CAREGIVER SUPPORT GROUP Coeur d'Alene

Presented by:
Alzheimer's Association,
Washington State Chapter

Serving Washington and North Idaho

**3rd Thursday of each month
6 - 7:30 pm**

**Lake City Center
1916 N. Lakewood Drive
Coeur d'Alene, ID 83814**

Contact:

**Michelle Larson
208.666.2996
MLLarson@ALZ.org**

See a full list of local support groups at:
alzwa.org/support-groups

**Build a support network with
people who understand.**

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.