



Moscow Caregiver Support Group

Presented by the Alzheimer's Association

2nd Monday of the month 11:00am-12:00pm

Contact the facilitators for more information:

- Jill Crump, crumps205@frontier.com
- Tammie Poe, tjpoe1510@gmail.com

Build a support system with people who understand

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for care partners to:

- Develop a support system
- Exchange practical information on challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs and concerns
- Learn about community resources