



Caregiver's Support Group - Post Falls

**Presented by the
Alzheimer's Association**

1st Wednesday of the month

3:00 - 4:30 pm

Post Falls Senior Center

1215 E. Third Avenue

Post Falls, ID 83854

For more information or to register contact:

- Michelle Larson: 208-666-2996 or
MLLarson@ALZ.org

In Partnership with:



POST FALLS

Senior Center

**Build a support system with
people who understand**

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for care partners to:

- Develop a support system
- Exchange practical information on challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs and concerns
- Learn about community resources