

UNLOCK YOUR MIND, ENHANCE YOUR LIFE: EMPOWERING BRAIN **HEALTH FOR A BRIGHTER FUTURE!**

FREE EVENT | VIRTUAL & IN-PERSON | LUNCH INCLUDED | SATURDAY, OCTOBER 21 AT ICOM | 9 AM-4 PM

Brain health is a critical piece of holistic wellness and underlies our ability to communicate, make decisions, problem-solve, form and maintain relationships, and live a productive and full life.

OUR PRESENTERS



REBECCA M. EDELMAYER, PhD



CINDY TREMBLAY, PsyD & AUDIE BLACK. PhD



ZACH WEISS, MD



Additionally it provides **Continuing Medical Education** for medical providers. **CME Registrations Fee: \$10**

Continuing Medical Education sponsored by:



VANESSA HOLSTINE, NP



ABHILASH DESAI, MD & ADAM KIPP, MD

SCAN TO REGISTER OR VISIT

https://www.ymcatvidaho.org/2023/08/brain-health-symposium/

For more information please contact Mary Biddle-Newberry mary.biddle@ymcatvidaho.org 208-344-5502, ext. 276



SPONSORS







This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Utah Medical Association through the joint providership of the UMA Foundation and the Treasure Valley Family YMCA. The UMA Foundation is accredited by the Utah Medical Association to provide continuing medical education for physicians. The UMA Foundation designates this live activity for a maximum of 3.00 *AMA PRA Category 1 Credits* TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.