

# **In The Moment!**

## **Creativity Group**

### **for Seniors with Memory Loss & their Caregivers**

**Music/Singing**

**Storytelling**

**Poetry Writing**

**Dance/Movement**

**Improvistational Theater**

**Visual Arts**

**Hosted by Erika Shaver-Nelson**

**Contact Erika at (208) 724-4754**

**[erika@funwithherika.com](mailto:erika@funwithherika.com)**

**New ways to engage, to connect & communicate, creative expression, physical movement, laughter & joy.**

**Erika Shaver-Nelson has been an Activity Coordinator, working in senior living communities since 2004. She has been leading creative activity groups for seniors with memory loss for 20 years. She has a BA & MA in performing arts & psychology.**

**Where:**

**Ada Community Library  
Victory Branch  
10664 W Victory Rd.**

**When:**

**Monday, October 2nd, 1pm  
Monday, November 6th, 1pm  
Monday, December 4th, 1pm**