



Memory Connections RESOURCE CENTER

DVD COLLECTION

- Caregiving Training Videos: complete library by Teepa Snow, highly respected educator in the field of dementia care
- Relaxing ambient videos of scenery to soothe and short travelogues to engage
- Exercise for brain health
- Movies featuring main characters with memory loss

Plus!

Free hand-outs and booklets from the Alzheimers's Association, The National Institute of Health, The Idaho Agency on Aging, Idaho Health and Welfare, and many others!

ANYONE WITH A LIBRARY CARD IN THE TREASURE VALLEY MAY CHECK OUT ITEMS, AND ITEMS MAY BE PUT ON HOLD AND TRANSFERRED TO A LIBRARY OF CHOICE. COMPLETE BIBLIOGRAPHY IS FOUND AT ADALIB.ORG UNDER THE RESEARCH TAB, THEN "COMMUNITY RESOURCES"

BOOK COLLECTION

- Information for the newly diagnosed
- Caregiving helps and support
- Brain health and disease prevention, including cook books
- Personal narratives by those with memory loss
- Books for children about dementia
- Specially designed, illustrated books for those with memory loss
- Activity books i.e. reminiscing, brain games and trivia

HANDS-ON COLLECTION

For different stages of dementia

- Specially designed jigsaw puzzles
- Brain and memory games
- Aqua paints & busy bottles
- Robotic companion pets
- Simple Music player with pre-loaded music

ADAPTIVE EQUIPMENT

- Hands-free lighted magnifiers
- Wireless TV Headphones
- Padded reading lap desk with book grippers

In the Moment!

Monthly creativity group for older adults with memory loss and their caregivers. Engage, connect and communicate with music, improv, movement and more!

1st Monday of the month, 1:00-2:00
at Victory Branch Library
Led by Erika Shaver-Nelson,
erika@funwitherika.com