

LIVING WITH ALZHEIMER'S

FOR CAREGIVERS

An education program presented by the Alzheimer's Association® in partnership with the College of Western Idaho.

What you will learn:

1. What does a dementia diagnosis mean?
2. Essential planning post-diagnosis.
3. Available resources for support.

Objectives:

- Identify Alzheimer's warning signs and symptoms across all stages.
- Grasp legal, financial, and care-related planning for dementia patients.
- Understand both in-home and residential care choices.
- Prioritize caregiver safety, emergency readiness, and behavior management.
- Address key safety concerns: driving, weapons, and wandering.
- Examine the evolution of relationships and the emotional toll of the disease.
- Define and collaborate with a dementia care team.
- Familiarize with common dementia-related medications.
- Preserve communication with the diagnosed and respect their identity.
- Emphasize caregiver self-care and team support for overall well-being.



An estimated 50 million people worldwide are currently living with dementia, including more than 5 million Americans. Without changes in prevention or treatment, this number could reach nearly 14 million by 2050.

Source: Alzheimer's Association. (2019). Understanding Alzheimer's and Dementia [Brochure].

**Saturday, January 13, 2024
9 a.m. - 3 p.m.**

**CWI - Canyon County Center
2407 Caldwell Blvd., Nampa, ID 83651**

**To register click on this hyperlink or go to
<https://cwi.edu/program/living-alzheimers>.**

**For more information, please contact Collette Caruso, Allied Health Programs Coordinator, at
collettecaruso@cwi.edu.**

Visit **alz.org/CRF** to explore additional education programs in your area.