

# ALZHEIMER'S ASSOCIATION SUPPORT GROUPS



January 2024



## **Cathedral of the Rockies: In Person**

Thursday, Jan 4 & 18 at 2:00 p.m.  
1st & 3rd Thursday of each month  
Cathedral of the Rockies  
Boise, Idaho 83702

## **Eagle Support Group: In Person**

Wednesday, Jan 10 & 24 at 1:00 p.m.  
2nd & 4th Wednesday of each month  
Eagle Senior Center  
Eagle, Idaho 83616

## **Adult Children As Caregivers: Online**

Wednesday, Jan 10 at 6:30 p.m.  
2nd Wednesday of each month  
Zoom Link Provided Upon Registration

## **Salmon Creek Support Group: In Person**

Tuesday, Jan 16 at 2:30 p.m.  
3rd Tuesday of each month  
Salmon Creek  
Boise, Idaho 83713

## **Nampa Library Support Group: In Person**

Monday, Jan 29 at 2:00 p.m.  
Last Monday of each month  
Nampa Library, Room 302  
Nampa, Idaho 83651

## **Women Caring for Spouses: Online**

Tuesday, Jan 2 & 16 at 4:00 p.m.  
1st and 3rd Tuesday of each month Zoom Link  
Provided Upon Registration

## **Virtual Support Group: Online**

Wednesday, Jan 10 at 11:00 a.m.  
2nd Wednesday of each month  
ZoomLink Provided Upon Registration

## **Library! at Hillcrest: In Person**

Friday, Jan 5 & 19 at 10:00 a.m.  
1st & 3rd Friday of the month  
Library! at Hillcrest  
Boise, Idaho 83405

## **Canyon County Support Group: In Person**

Wednesday, Jan 10\* at 1:00 p.m.  
*\*This group regularly meets on the 3rd Wednesday of each month, but in January, the group will meet on the 2nd Wednesday of the month.*  
Nampa Public Library, Room 302  
Nampa, Idaho 83651

## **Payette County Support Group: In Person**

Tuesday, Jan 30 at 2:00 p.m.  
Last Tuesday of month  
Senior Center  
Payette, Idaho 83661

Visit [Alz.org/Idaho](https://www.alz.org/Idaho) to learn more about caregiver programs, resources, or to register. To further extend your network of support, visit ALZ connected®, our online community, at [alzconnected.org](https://alzconnected.org).

**The Helpline is available 24/7. Call 1(800)272-3900 to register for a support group or to talk with master's level-clinician that is able to offer confidential support and information to people living with the disease, caregivers, families, and the public.**