



Cathedral of the Rockies: Online

Thursday, Feb 1 & 15 at 2:00 p.m.
1st & 3rd Thursday of each month
Cathedral of the Rockies
Boise, Idaho 83702

Eagle Support Group: In Person

Wednesday, Feb 14 & 28 at 1:00 p.m.
2nd & 4th Wednesday of each month
Eagle Senior Center
Eagle, Idaho 83616

Adult Children As Caregivers: Online

Wednesday, Feb 14 at 6:30 p.m.
2nd Wednesday of each month
Zoom Link Provided Upon Registration

Salmon Creek Support Group: In Person

Tuesday, Feb 20 at 2:30 p.m.
3rd Tuesday of each month
Salmon Creek
Boise, Idaho 83713

Nampa Library Support Group: In Person

Monday, Feb 26 at 2:00 p.m.
Last Monday of each month
Nampa Library, Room 302
Nampa, Idaho 83651

Pocatello Support Group: In Person

Thursday, Feb 22 at 2:00 p.m.
Fourth Thursday of each month
Methodist Church, Pocatello
Pocatello, Idaho 83201



Women Caring for Spouses: Online

Tuesday, Feb 6 & 20 at 4:00 p.m.
1st and 3rd Tuesday of each month
Zoom Link Provided Upon Registration

Virtual Support Group: Online

Wednesday, Feb 14 at 11:00 a.m.
2nd Wednesday of each month
ZoomLink Provided Upon Registration

Library! at Hillcrest: In Person

Friday, Feb 2 & 16 at 10:00 a.m.
1st & 3rd Friday of the month
Library! at Hillcrest
Boise, Idaho 83405

Canyon County Support Group: In Person

Wednesday, Feb 14* at 1:00 p.m.
**This group regularly meets on the 3rd Wednesday of each month, but in February, the group will meet on the 2nd Wednesday of the month.*
Nampa Public Library, Room 302
Nampa, Idaho 83651

Payette County Support Group: In Person

Tuesday, Feb 27 at 2:00 p.m.
Last Tuesday of month
Senior Center
Payette, Idaho 83661

Hailey Support Group: In Person

Weekly on Wednesdays at 2:00 p.m.
The Senior Connection
Hailey, Idaho 83333



Visit [Alz.org/Idaho](https://www.alz.org/Idaho) to learn more about caregiver programs. To further extend your network of support, visit [ALZ connected®](https://www.alzconnected.org), our on-line community, at [alzconnected.org](https://www.alzconnected.org).

The Helpline is available 24/7. Call 1(800) 272-3900 to register for a support group or to talk with master's level-clinician that is able to offer confidential support and information to people living with the disease, caregivers, families, and the general public.