

# LIVING WITH ALZHEIMER'S

## FOR CAREGIVERS

An education program presented by the Alzheimer's Association® in partnership with the College of Western Idaho and the Southwest Idaho Area Agency on Aging.

### What you will learn:

1. What does a dementia diagnosis mean?
2. Essential planning post-diagnosis.
3. Available resources for support.

### Objectives:

- Identify Alzheimer's warning signs and symptoms across all stages.
- Grasp legal, financial, and care-related planning for dementia patients.
- Understand in-home and residential care choices.
- Prioritize caregiver safety, emergency readiness, and behavior management.
- Address key safety concerns: driving, weapons, and wandering.
- Examine the evolution of relationships.
- Define and collaborate with a dementia care team.
- Preserve communication with the diagnosed and respect their identity.
- Emphasize caregiver self-care.



An estimated 50 million people worldwide are currently living with dementia, including more than 5 million Americans. Without changes in prevention or treatment, this number could reach nearly 14 million by 2050.

Source: Alzheimer's Association. (2019). Understanding Alzheimer's and Dementia [Brochure].

**Thursday, June 13, 2024  
9 a.m. - 3 p.m.**

**College of Western Idaho Canyon  
County Center  
2407 Caldwell Blvd., Nampa, ID 83651**

**To register visit [cwi.edu/program/living-alzheimers](http://cwi.edu/program/living-alzheimers) or click the hyperlink.**

**For more information, please contact Mercedes Muñoz at (208) 206-0041 or [mmunoz@alz.org](mailto:mmunoz@alz.org).**

Need respite care to attend? Contact Community Care Program (208) 898-9226.

