

# VETERANS TALKING TO VETERANS

FREE one-on-one online coaching sessions for veterans! Work directly with a Veterans Talking To Veterans (VTTV) trauma-informed certified coach.

No one understands better than other fellow Veterans what it means to serve your country. We are Veterans who are coaches trained to help you process the challenges you deal with everyday.

This compelling approach to personal growth encourages dialogue that brings into fruition fresh ways to look at your challenges and unearth potential solutions.

**Ways to contact: Call or text Adam at (208)488-2052**

**Email: [buildingstrongervets@gmail.com](mailto:buildingstrongervets@gmail.com)**

**Area serviced: This service is being offered online,**

**so there are no restrictions on location**



More info at: [www.VeteransTalkingToVeterans.com](http://www.VeteransTalkingToVeterans.com)