

THE EMPOWERED CAREGIVER SERIES

Join us for this 5 - part series.

An education program presented by the Alzheimer's Association in collaboration with Boise Public Library



This education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia. Caregivers can register for individual courses to meet their needs or complete the entire series.

Presentations include:

- *Building Foundations of Caregiving on September 23, 2024*
- *Supporting Independence on September 30, 2024*
- *Communicating Effectively on October 7, 2024*
- *Responding to Dementia-Related Behaviors on October 21, 2024*
- *Exploring Care and Support Services on October 28, 2024*

Library! at Hillcrest

**5246 W Overland Rd Boise,
ID 83705**

2:00PM - 3:00PM

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Registration is not required, but encouraged. To register call the Helpline at 800.272.3900

Visit alz.org/CRF to explore additional caregiver education programs in your area.



**BOISE PUBLIC
LIBRARY**

ALZHEIMER'S ASSOCIATION®