

## **Online Alzheimer's Association® Early Stage Support Group**

Support groups create a safe, confidential, supportive environment or community, offering participants a chance to develop informal mutual support and social relationships. They also educate and inform participants about dementia and help them develop methods and skills to solve problems.

- Early stage support will be offered entirely online.
- Early-stage support groups provide emotional, educational, and social support for individuals in the early stages (or beginning stages) of Alzheimer's disease or dementia, as well as for their care partners, regardless of age.
- The support group will run for 9 weeks, on Tuesdays from 3:00 pm 5:00 pm, with a <u>tentative start</u> date of January 21, 2025.
- A phone screening is required for both the diagnosed individual and their care partner.

The Early Stage Support group will be facilitated by Julie Robinson, LMSW, with Seasons Care Management and Marcy Croffy, LCSW, with VA Caregiver Support.

Screening and registration are required for all potential early stage support group participants. To register, please call (208) 722-2521.



For more information or to register please call (208) 722-2521.