

Are you a caregiver taking care of a loved one with dementia?



# CAREGIVER SUPPORT GROUP



Located: Eastern Idaho  
Community Action  
Partnership 935 E  
Lincoln Rd. Idaho Falls,  
ID 83401



Support Group  
Meetings are held  
the 2nd Tuesday of  
every month

For questions or to sign up for  
the group, contact the facilitator  
at 208-522-5370 ext. 203



If you are struggling with a difficult challenge  
you don't have to do it alone.



## A SUPPORT GROUP CAN HELP YOU

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- Connect with others
- Stay up to date with Current events
- Group Members learn from each other
- Develop Coping Skills
- Stay Motivated and hopeful
- It's a safe place to share

For More information visit: [www.eicap.org](http://www.eicap.org)

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