



MAKE GIVING BACK YOUR SECOND ACT! VOLUNTEER WITH THE MEMORY CAFÉ!

Memory Cafés are community focused, safe and welcoming monthly gatherings for those with a dementia diagnosis and their caregiver, offering education, support, activities, and resources.

Volunteer candidates have backgrounds in education, healthcare, social work and caregiving. You can participate by:

- Welcoming attendees
- Helping with set up/tear down
- Facilitating a monthly cafe!
- Being part of a team dedicated to improving the lives of caregivers and care recipients both locally and in rural communities

Volunteers commit to 2-4 hours of service per month with opportunity to do more hours if desired and 3 hours of initial training. Volunteers also attend a 1 hour monthly collaboration meeting. **AS A VOLUNTEER FOR THE MEMORY CAFÉ, YOU BECOME A VOLUNTEER FOR AGING STRONG!**

If you are interested, our next training will be:

Location: Norco, 1303 S Silverstone Way, Meridian ID 83642

Date: Friday, November 15th

Time: 12:30 pm – 3:30 pm

Contact Karen to sign-up!



For more information, please contact:
Karen Kouba-McIver

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