



Annual Report

State Fiscal Year 2024

ICOA Empowers Idahoans to Age Successfully



Submitted to Brad Little, Governor for the Great State of Idaho

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Mission, Vision, Values

Idaho Commission on Aging Mission Statement

Transform the aging experience by leading planning, policies, partnerships, and programs, that honor choices and increase well-being for Idahoans as we age.

Idaho Commission on Aging Vision Statement

Idahoans make informed choices to age well and live well.

Idaho Commission on Aging Values

Service – responsive, empathetic, targeted

Sustainability – efficient, adaptable, preventative

Excellence – problem solving, innovative, resourceful

Advocacy – courage, optimism, collaboration

Integrity – trustworthy, accountable, transparent



Administrative Excellence

Promote excellence and innovation throughout the aging network to meet the diverse needs of older Idahoans and our caregivers.

It was my privilege to travel across Idaho this year to speak to and with older Idahoans with an emphasis on their strengths, weaknesses, threats and opportunities related to aging well in their homes and communities. These conversations uncovered gaps which we will be addressing over the next four years of our newly accepted state plan.

Meaningful lives for older Idahoan's should be defined by older Idahoans, but at the Commission on Aging we have identified our strategic pillars as:

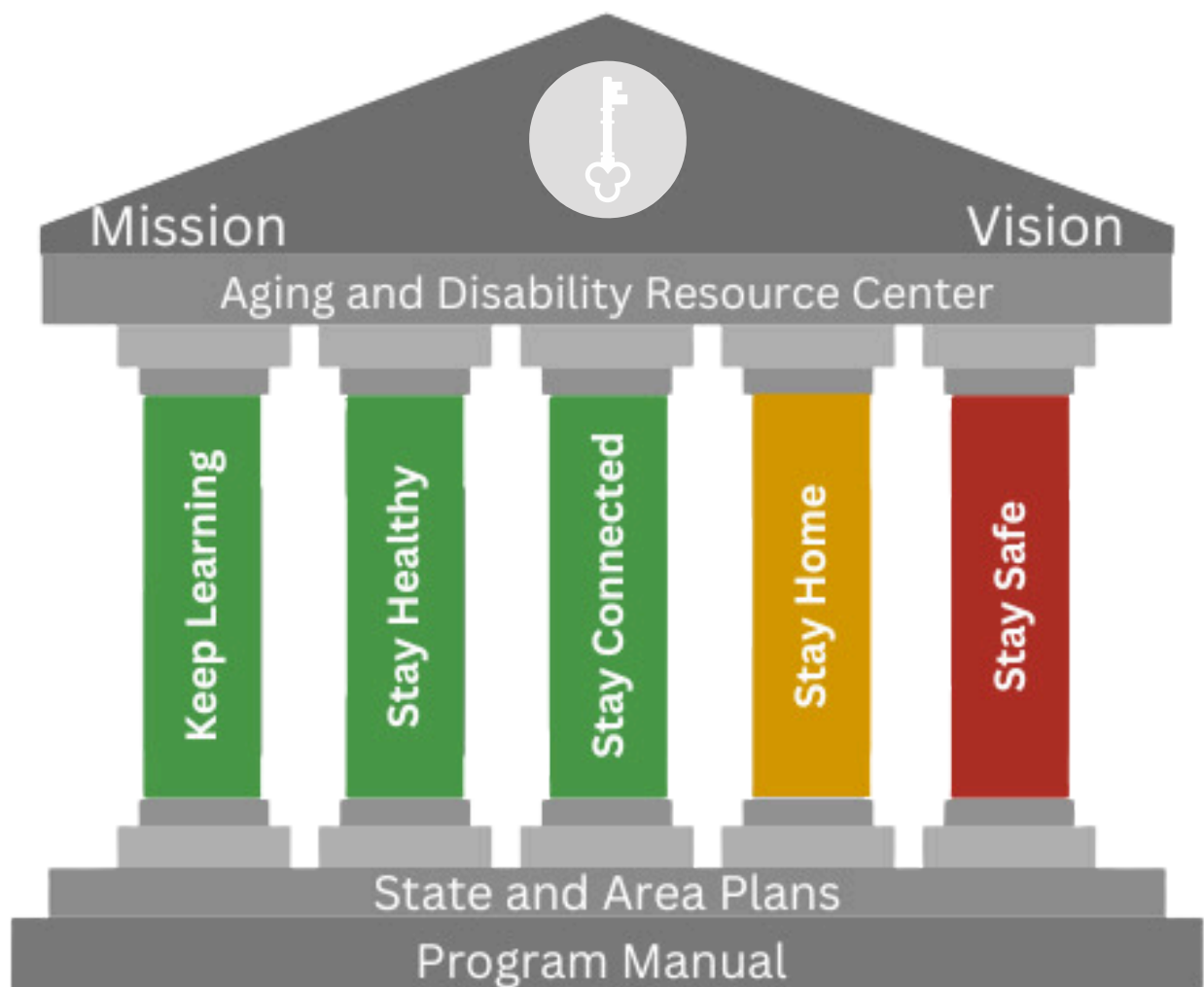
- Keep Learning
- Stay Connected
- Stay Healthy
- Stay Home
- Stay Safe

These are our strategic foci as we enable older Idahoans, through programs and services, to live with the highest possible level of safety, dignity, and choice.

Inside this report you will find our SFY 2024 outcomes and financial information, but I always remember that there is a real person behind every unit of service, and this is why we come to work each day and strive for administrative excellence. ICOA is a planning agency, and administrative excellence can be summed up with doing the correct thing well. Administrative Excellence also demands that we maximize resources and capacity through strategic collaboration and partnerships. You will also see these called out when appropriate.

Judy B. Taylor, Director

At a Glance



Our annual report is color coded reflecting how our programs are organized:

Blue represents ICOA as an agency.

Green representing programs providing primary prevention.

Yellow representing programs providing secondary prevention.

Red demonstrating programs providing tertiary prevention.

Idaho Commission on Aging Strategic Pillars and Goals

Demonstrates Administrative Excellence

Promote excellence and innovation throughout the aging network to meet the diverse needs of older Idahoans and our caregivers.

Keep Learning

Idahoans are empowered with the confidence and tools to thrive through the journey of aging.

Stay Healthy

Idahoans are inspired to choose lifestyles that promote health and well-being.

Stay Connected

Idahoans are connected to the people, programs, and services they need to facilitate the highest quality of life.

Stay Home

Idahoans are supported to live independent and healthy lives in the communities of their choice.

Stay Safe

Idahoans promote resiliency, self-determination, and dignity for older and vulnerable adults.

Critical Success Factor One: Activities designed to increase transparency, accountability, or efficiency throughout the aging network operations.

Critical Success Factor Two: Increase outreach and access to reach those most at risk for institutionalization.

Critical Success Factor Three: Closure of stakeholder identified gap in program delivery or service quality.

Critical Success Factor Four: Identify and implement new partnerships that expand the reach of our current programs.

Keep Learning

Idahoans are empowered with the confidence and tools to thrive through the journey of aging.

People need convenient access to accurate, reliable information from trusted sources. Idaho Commission on Aging plays a pivotal role in this by leveraging its website to provide up-to-date details on services, events, and educational resources tailored to older adults and their caregivers. The ICOA website offers a centralized hub for information on healthy aging, caregiver support, community programs, and health screenings - empowering both aging adults and their caregivers to enhance their lives, improve health outcomes, and maintain independence.



Visit the ICOA website at: www.aging.idaho.gov

Included on the website is access to the online reporting form for mandated reporters and financial institutions to communicate suspicions of abuse, neglect, self-neglect, and exploitation of vulnerable adults.

<https://aging.idaho.gov/stay-safe/online-reporting-tools/>

Online Courses

Our online education is designed to facilitate the necessary knowledge and skills to help keep older and disabled Idahoans living in their own communities for as long as possible. Resources available include targeted modules, videos, handouts, trainings, and trusted external links. Spanish language option can be selected on the first slide of each module.

Healthy Caregiving

This three-part series teaches attitudes and skills to make sure we can have BOTH the satisfaction of making a difference and a healthy balanced life. Each module has a toolbox and resources that can be used to make and track changes towards a better balance of helping without the hurt.

Caregiver Skills

Caregivers help another person accomplish their Activities of Daily Living like bathing, dressing, or using the toilet, or help them with activities such as shopping, cooking, or cleaning. Skill modules cover mobility, special diets, wound care, incontinence, managing medications, and specialized medical equipment.

Dementia Skills

The goal of the Dementia Skills training is to give caregivers of all types the practical knowledge and tools to help people living with dementia enjoy moments of human connection, beauty, and personal satisfaction. Every person with dementia is unique. This training focuses on how people in the middle stages of dementia experience their world.

Let's End Loneliness

Ending Loneliness for seniors will require action on multiple fronts. This campaign empowers community members by raising awareness of the detrimental effects loneliness can have on seniors well-being. Modules and videos available support families, volunteers, and elected officials in identifying the loneliest Idahoans and aims at preventing chronic loneliness.

Other Online Content Includes:

- Senior Center Training
- Malnutrition Awareness
- Exercise & Stretching Videos
- Clinical Research Participation Info
- Healthy Aging Educational Resources
- Technology to Age in Place
- Transportation Independence
- Active Role in Healthcare

ICOA Planning Process

The Commission on Aging is at its core a planning organization. This six-module course explains the approved methodology for State and Local planning throughout the aging network. The tools presented in these modules will elevate the planning and ultimately the programs and services of any organization who commits to them.








Planning Process:

- Phase 1 – Plan and Organize
- Phase 2 – Environmental Analysis
- Phase 3 – Identify Opportunities
- Phase 4 – Strategic Planning
- Phase 5 – Strategy Execution
- Phase 6 – Quality Improvement



Social Media and Contact Information

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	www.twitter.com/idahocoa

Stay Healthy

Idahoans are inspired to choose lifestyles that promote health and well-being.

Staying healthy as we age is essential for maintaining independence, improving quality of life, and reducing the risk of chronic diseases. Health promotion programs tailored for aging adults are vital in helping individuals make informed decisions about their well-being. These programs provide education and resources to encourage healthier lifestyles, including physical activity, nutrition, mental health support, and preventive care. The Congregate Meal (CM) program goes beyond just providing nutritious meals; it offers opportunities for socialization and community engagement, which are crucial for mental and emotional well-being. Many CM sites are located in senior centers, where older adults can also access a range of services such as health screenings, educational workshops, and entertainment. By offering both in-person and virtual options, health promotion programs ensure that aging adults have the support and resources they need, no matter their location. These initiatives empower individuals to manage their health, prevent illness, and live more active, fulfilling lives—benefiting not just individuals, but families and communities as well.



Programs included in Stay Healthy Pillar

- Nutrition: Congregate Meals
- Disease Prevention and Health Promotion

Congregate Meals

The Congregate Meal program provides a nutritious meal for aging Idahoans. Nutritional guidance is available to ensure meals provided meet dietary needs. Socialization helps seniors to stay informed about community services and builds support that helps reduce the risk of institutionalization. This not only reduces private and/or public costs incurred by institutionalization but allows the individual to reside in their home and community of choice.

Service Description:

Prepare and serve meals in a congregate (group) setting:

- Reduce hunger, food insecurity, and malnutrition
- Promote health and well-being
- Provide socialization

“I am very pleased with the service. As a widower, it’s the one meal I get that is well rounded.”
 – CM Recipient

SFY 2024 Meals Served
 481,322

SFY 2024 Expenditures	
Older Americans Act (OAA)	\$1,839,243
American Rescue Plan Act* (ARPA)	\$1,718,862
Total	\$3,558,105
<i>*ARPA funds were fully appropriated in SFY 2024</i>	

ICOA utilized ARPA funding to enhance Older Americans Act services by placing focus and emphasis on developing the aging networks service infrastructure. All funding was used to close known gaps, meet strategic goals, create state level programming, and support Area Agency on Aging (AAA) services.

Congregate Meals

Meal reimbursement rates are determined by local AAA's and directly goes to the meal sites to apply to the costs of meals.

SFY 2024 Meal Reimbursement Rate	
AAA I	\$4.20
AAA II	\$3.30
AAA III	\$4.25
AAA IV	\$3.50
AAA V	\$3.25
AAA VI	\$2.80

*"Our building is a great place to meet. With the help of AAA 6 and other grant monies we have made some great improvements and updates."
- West Jefferson Senior Citizens Center*

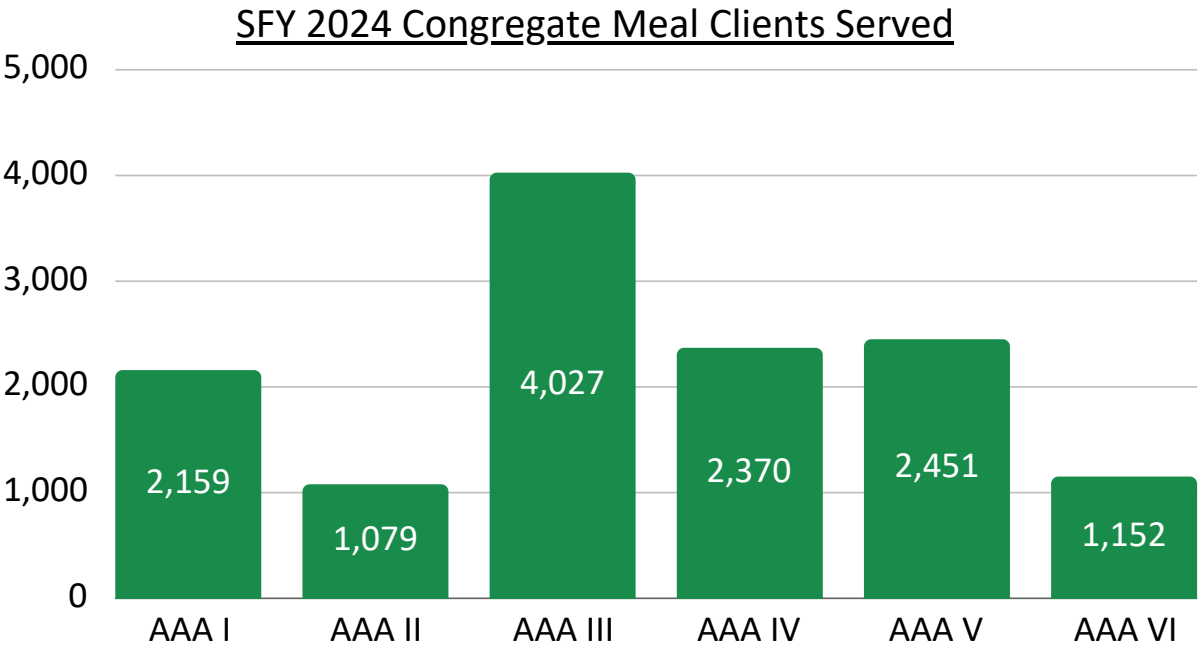
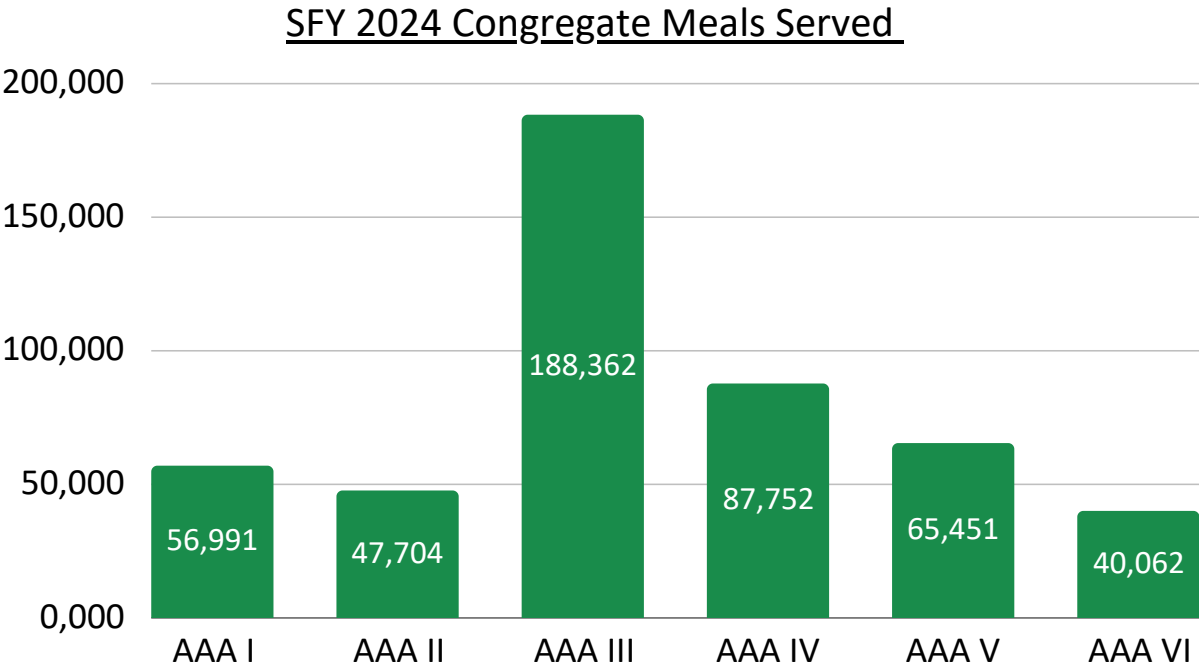
SFY 2024 ARPA funding was an opportunity for meal providers/sites to receive reimbursement towards the modernization of their meal programs.

Allowable expenses included: Upgrade/modernization of kitchen equipment, increase ADA accessibility and safety, technological enhancements, creation/upgrade of outdoor dining venues

AAA	# of Meal Provider/Sites	Total Distribution
AAA I	13	\$298,866
AAA II	12	\$148,968
AAA III	29	\$632,715
AAA IV	16	\$245,994
AAA V	12	\$196,030
AAA VI	12	\$196,289
Total	94	\$1,718,862

Note: Total distribution of funds is based on the Intrastate Funding Formula.

Congregate Meals



Disease Prevention and Health Promotion

ICOA sponsors evidence-based educational opportunities that promote self-management and improve consumer outcomes. Workshops are offered in-person in local communities and statewide through virtual delivery, offering access to those living in rural areas or who have transportation and mobility challenges. Sessions are led by trained community members; some workshops are being offered in Spanish. Small groups provide socialization and peer support while developing personal knowledge and skills. All of which support aging in place in one’s community of choice.

Statewide evidence-based educational programs include:

- Fit and Fall Proof®
- Mind over Matter (promoting continence)
- Powerful Tools for Caregivers
- Over 60 and Getting Fit
- Chronic Pain Self-Management
- Chronic Disease Self-Management Program
- Diabetes Self-Management Program
- Viviendo Sano con Diabetes

Benefits of Health Promotion Educational Workshops:

- Strategies and techniques for optimizing health and well-being
- Building a personal and professional healthcare support network
- Learning coping strategies, reducing depression and loneliness
- Engaging in physical activity
- Creating a plan to achieve personal goals
- Empowering self-direction and independent

SFY 2024 Expenditures	
Older Americans Act (OAA)	\$107,663
American Rescue Plan Act (ARPA)	\$29,011
Total	\$136,675

Disease Prevention and Health Promotion

AAAs in the state offer evidence-based programs, which marks an important step forward in meeting the needs of our aging population. Several AAAs are providing several programs, either directly facilitating or through partnerships with state organizations and local service providers. These partnerships play a key role in improving access to services, especially in rural and underserved areas where resources can be harder to come by. By teaming up with state and local partners, these programs ensure that more Idahoans—no matter where they live—can access the tools, education, and support they need to age healthily and stay connected with their communities. With this expanded network of services, older adults in even the most remote parts of the state are better equipped to live healthier, more independent lives.

Key Partnerships Include:

- West Valley YMCA
- Idaho Senior Centers
- Treasure Valley YMCA
- Hispanic Cultural Center
- College of Southern Idaho
- St. Luke's
- St. Mary's
- Kootenai Health
- Idaho Health Districts
- Habitat for Humanity
- Intermountain Health
- Idaho College of Osteopathic Medicine
- Boise State University
- Idaho State University
- United Healthcare
- Idaho Department of Health & Welfare

Falls prevention has been recognized as a key priority for the aging community, both across the nation and here in Idaho. Raising awareness of the impact of falls and the importance of prevention education is the foundation of the Falls Prevention Coalition of Idaho (FPC-ID). The FPC-ID has identified four pillars of falls prevention: proper nutrition, physical health, emotional health, and environmental safety. ICOA and FPC-ID collaborate with statewide partnerships to address these pillars through outreach and consumer and health professional education.



Stay Connected

Idahoans are connected to the people, programs, and services they need to facilitate the highest quality of life.

Idaho Commission on Aging is dedicated to helping older Idahoans build and maintain meaningful connections that support their overall well-being. These programs underscore the belief that maintaining meaningful relationships and accessing vital programs and services are key to fostering well-being and independence for older Idahoans. ICOA focuses on reducing isolation and ensuring access to essential resources and relationships. By fostering strong community ties and making services more accessible, these programs empower aging Idahoans to lead fulfilling, independent lives.

Programs Included in Stay Connected Pillar

- Information & Assistance (I &A)
- Aging and Disability Resource Center (ADRC)
- Outreach



Information and Assistance (I & A)

Information and Assistance (I&A) staff are the true frontline of each Area Agency on Aging (AAA) for aging services for Idahoans. I&A staff utilize appropriate techniques to engage in conversations that identify an individual's needs. Assessments are used to determine need and program eligibility for all OAA programs. Community knowledge and robust databases cultivated by each AAA allows I&A staff to not just provide access to ICOA programs but also connects them to partners and community services. Staff work within their community, especially with their local Senior Centers to build connections and raise awareness. Statewide I&A staff are passionate and dedicated professionals that work to ensure that their clients are able to access the resources they need.

SFY 2024 Total Contacts	
AAA I	4,058
AAA II	939
AAA III	9,302
AAA IV	3,124
AAA V	2,537
AAA VI	3,317
Total	23,277

SFY 2024 Expenditures	
OAA & ARPA Funds	\$1,022,092

Ageing and Disability Resource Center (ADRC)

The ADRC is designed to provide long-term services and supports through the “No Wrong Door” (NWD) approach. The NWD philosophy aims to provide clients with resources they need in a single call, alleviating the stress of not knowing where to turn next.

ICOA and local AAAs actively engage with community and statewide stakeholders to have an up-to-date database of resources available. I&A not only refers clients to internal OAA programs but also to resources within the aging network as a whole. These connections to external resources are pivotal for providing Idahoans with the right resources and staying true to the NWD philosophy.

Utilizing local AAA’s knowledge, and statewide partners like 211 and United Ways of Idaho’s findhelpidaho.org – ICOA has been able to capitalize on resources already in place to facilitate Idahoans accessing the resources they require.



Outreach

Outreach work focuses on increasing awareness on program availability, health issues, caregiver resources, and community events. Each AAA approaches their community Outreach efforts within the lens of reducing isolation and loneliness for aging Idahoans. This allows ICOA and AAA staff to develop multi-faceted methods of Outreach. Activities include (but not limited to): participation, attending, or organizing conferences, health fairs, workshops and variety of community events.

Highlights of AAA Outreach Efforts:

- I&A Days at Senior Centers
- Holiday Cards Campaigns
- Friendly Calling
- Pro Age Conference
- Idaho Caregiver Alliance Conference
- Senior Talent Showcases for Veterans
- Hispanic Commission’s Healthcare Conference
- Mexican Consulate (Ventanilla De Salud)
- ICA Hispanic Advisory Group
- YMCA Hub Open House
- Latino Unidos Conference
- Twin Falls Local Emergency Planning Committee
- Twin Falls County Service Providers Meeting
- Twin Falls County Sustainability Fair
- Learn Networking Events
- Caregiver Legislative Lunch
- Idaho Community Health Worker Board
- Caldwell Health & Resource Fair
- Bench-Lions Club

SFY 2024 Expenditures

OAA and ARPA Funds	\$93,969
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Stay Home

Idahoans are supported to live independent and healthy lives in the communities of their choice.

ICOA facilitates programs designed to help people stay in their own homes. These programs aim to provide nutrition, caregiving supports, and improve overall well-being. Program eligibility is based on assessments that evaluate a person's Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs). ICOA, local AAA's, and community partners work together to provide the resources and support necessary for aging Idahoans to thrive independently, safely, and affordably within their community of choice.

Activities of Daily Living (ADLs) – Eating (self-feeding), toileting assistance, walking, dressing, bathing/showering

Instrumental Activities of Daily Living (IADLs) – preparing meals, transportation, managing money, shopping, laundry, housekeeping, medication management, telephone use

Programs included in Stay Home Pillar

- Transportation
- Home Delivered Meals
- Commodity Supplemental Food Program
- Nutrition Services Incentive Program
- Idaho Family Caregiver Support Program
- Community CARE Program
- Homemaker
- Chore
- Senior Community Service Employment Program
- Medicare Improvements for Patients and Providers Act



Transportation

Transportation services play a vital role in helping aging Idahoans maintain their independence and stay connected to their communities. Reliable and accessible transportation options enable older adults to continue living at home while staying engaged in social activities, accessing medical appointments, running essential errands, and more. With the right transportation resources, aging Idahoans can continue to live safely, independently, and comfortably in the communities they call home.

Service Description

Transportation is tracked by one-way boardings and is provided by public transportation systems, private service providers, and volunteer drivers. Statewide and local collaborations, like the Idaho Department of Transportation Interagency Work Group, aim to identify methods to increase access to public transportation. ICOA and local AAAs have represented the needs of the aging population within this Work Group. Accessible, reliable, and consistent transportation services is needed throughout the state. Aging rural Idahoans face specific challenges with limited access to public transportation as well as shortages of private providers. ICOA and AAA’s actively seek partnerships and innovated ways to address this need for the aging population.

**Statewide
One-Way Boardings
106,194**

SFY 2024 Expenditures	
OAA Funds	\$381,859
ARPA Funds	\$92,272
Total	\$474,131

Transportation

The Consumer Direct method allows consumers to choose their own transportation provider, which could be a family member, neighbor, or friend. These trusted sources are not only more accessible, but also provide the consumer with additional support - like a helping hand in/out of their home or even an advocate at a doctor's visit.

Piloted in AAA I during SFY 2024, the Consumer Direct Transportation pilot was successful in increasing access in Northern Idaho. Consumers reported that this service was not just appreciated but also vital to their well-being and fostered a sense of autonomy and reduces isolation. Reimbursing providers based on hours, not per boarding, ensured that the service was beneficial to both parties, thus increasing the likelihood of a provider repeating the service.

AAA I was able to identify funds through community partnerships that will extend these services into SFY 2025 and beyond. ICOA is actively seeking methods to extend Consumer Direct services Statewide.

AAA I Consumer Direct Pilot	
One-Way Boardings	481
Hours Reimbursed	560
Expenditures	\$5,623

"Before it was difficult to coordinate doctor appointments with my taxi driver and I believe she took advantage of me financially. It (this program) has helped me catch up on tasks I put off like donating items and cleaning out my house and getting to the post office. I have also been more on time to the doctor's appointments and haven't had to wait for a ride home. Thank you to whoever saw the need and came up with this program. It is helping me stay in my home."

- Consumer Direct Consumer

Home Delivered Meals

Home delivered meals (HDM) reduces the risk of institutionalization for Idahoans by providing a source of adequate nutrition, which is the foundation of aging in place. HDM providers serve clients meals five days a week, or more when available. Meals may consist of hot, cold, frozen dried, canned, fresh, or supplemental foods. Delivery drivers are also a point of contact for homebound seniors, providing a connection to their community without leaving their homes.

Program costs include food, preparation, delivery, dietician services, and program management. Meal providers require community support and volunteer efforts to sustain their services. SFY 2024 saw a decrease in clients and meals served. This may be due to the raising costs of operations forcing some meal providers to decrease the number of delivery days and initiate waitlists.

The additional Nutrition Program funds recommended by the Governor and appropriated by the Legislature will be utilized in SFY 2025 to help mitigate waitlists, increase service days, and to raise reimbursement rates for meal providers. These funds are crucial in supporting homebound seniors meet their nutritional needs.

SFY 2024 Expenditures	
Older Americans Act (OAA)	\$2,106,326

AAA	Clients Served	Meals Delivered
AAA I	676	76,609
AAA II	259	37,029
AAA III	1,919	186,509
AAA IV	735	83,131
AAA V	659	58,717
AAA VI	868	105,749
Statewide	5,116	547,472

“The delivery personnel are so kind. Thank you for this service.”
 – HDM Client

“My husband struggled with mouth sores making it difficult to eat but the variety really helped and allowed me time to give better care.”
 – HDM Client

Commodity Supplemental Food Program (CSFP)

CSFP assists low-income seniors by providing monthly boxes filled with a variety of healthy foods. This program is funded by the USDA. The USDA distributes both food and administrative funds to participating States to operate the CSFP. Administration, food, boxing, transportation, and delivery could not be done without the support of volunteers and donations from The Idaho Foodbank.

The box also contains nutritional education, recipes and other information designed to improve health and well-being. ICOA partners directly with the Idaho Foodbank to provide this service and has 66 distribution partners in 39 Idaho Counties.

Average 32 lbs. per box and may contain:

- Cheese
- Canned Meat/Fish
- Pasta
- Cereals & Oats
- Dry Beans
- Canned Vegetables & Fruits
- Juice

Annual Food Boxes 25,752

Monthly Average Seniors Served 2,146

FFY 2024 Expenditures
\$222,760

Nutrition Services Incentive Program (NSIP)

ICOA supports numerous programs to increase the nutritional state and food security of older Idahoans. The NSIP program is sponsored under the USDA and directly benefits meal sites throughout Idaho by providing additional federal dollars. The supplemental payment is based on the number of meals served in the previous fiscal year. NSIP provides these incentives to encourage and reward effective performance in the efficient delivery of nutritious meals to older individuals.

These funds can be used to support both Congregate Meals and Home Delivered Meals Programs. In SFY 2024, there were 96 meal providers that offered congregate meals and/or home delivered meals.

1,028,794 Total Meals Served
Includes both HDM & CM

FFY 2024 NSIP Expenditures	
AAA I	\$65,677
AAA II	\$39,222
AAA III	\$199,891
AAA IV	\$76,813
AAA V	\$65,683
AAA VI	\$63,263
Total	\$510,549

As of SFY 2024, Nutrition Services Incentive Program funds were cut nationwide, in Idaho by \$300,000.

Idaho Family Caregiver Support Program

Idaho’s estimated 210,000 family caregivers provide \$3 billion dollars’ worth of unpaid care (AARP, 2023) and over 80% of caregivers manage household tasks and nearly half assist with personal care. A solid support structure is necessary for caregivers to continue providing this care without compromising their own personal health and well-being. ICOA prioritizes resources to help address these challenges for our aging adults and their families.

Idaho’s aging network organizations have helped our older relative caregivers by providing community center space, meals, gas cards, meals, and other types of support for these families to hold support groups, picnics and other family centered events throughout the year. Family caregiver support services delivered throughout the state would not be possible without these partners and many more.

- Idaho Hispanic Community Center
- Casey Families
- The Wardrobe
- River Family Church
- Payette Church of the Nazarene
- Freedom Youth Foundation
- El Centro
- Le Ley Radio
- Boise Bench Lions Club
- Idaho Libraries

ICOA strives to provide caregivers with the most up-to-date resources to help navigate the process of caring for a loved one. Vetted resources can be found on the ICOA website under the caregiver menu. Resources provided from both National and State organizations:

- Next Steps in Care for Family Caregivers
- Idaho Advance Directive Registry Services
- Navigating Dementia – Workbook for Family Caregivers Care Plan
- Being an Effective Caregiver
- Managing Someone Else’s Money
- Take Care: A Guide for Caregivers
- AARP’s Family Caregiver Guide

SFY 2024 Service Units	
<i>Respite</i>	31,293 hours
<i>Information & Assistance</i>	3,353 contacts
<i>Caregiver Training</i>	1,428 hours
<i>Support Groups</i>	62 sessions
<i>Information Services: Outreach</i>	201 activities
<i>Supplemental Services</i>	317 hours
<i>Caregiver Meals</i>	21,016 meals

Idaho Family Caregiver Support Program

ICOA is proud to be a member of the statewide initiative “Bridging Systems for Kinship Families” that is hosted by Idaho Department of Health and Welfare, Family and Community Services and Generations United. The goals focus on strengthening collaboration across government systems and nonprofit service providers to address service barriers and leverage resources, all to better serve Idaho’s 11,000 kinship families.



Southwest Idaho Agency on Aging (AAA III) Kinship Program has set the standard for Kinship Support Groups providing a safe space for kinship families. These groups provide information and support to grandparents and relatives raising kinship children. They provide this support through caregiver assessments to help identify needs, referrals and connections to available community resources.

AAA III hosts four monthly support groups that allow participants to share and discuss wins and challenges. Guest speakers are arranged based on group feedback. Speakers and subjects have included law enforcement regarding latest drug trends, internet safety, guardianship, and community resources for kinship families. Special recognition to Ada County Paramedics for hosting the first “Stop the Bleed” in Spanish for the Idaho Relatives as Parents “DOS” members. This kinship group primarily speaks Spanish. Ada County Paramedics adapted material, and two trainers presented and demonstrated in Spanish to our kinship caregivers. Further, AAA III has established their first rural kinship group in Mountain Home, Idaho.

The proven success of caregiver and kinship support groups, evidenced-based Powerful Tools for Caregiver 6-week workshops, Alzheimer’s Association classes and several other community partnerships have provided caregivers with much needed education, training and support. With support from our community partners, ICOA and AAAs will continue to expand these efforts statewide.

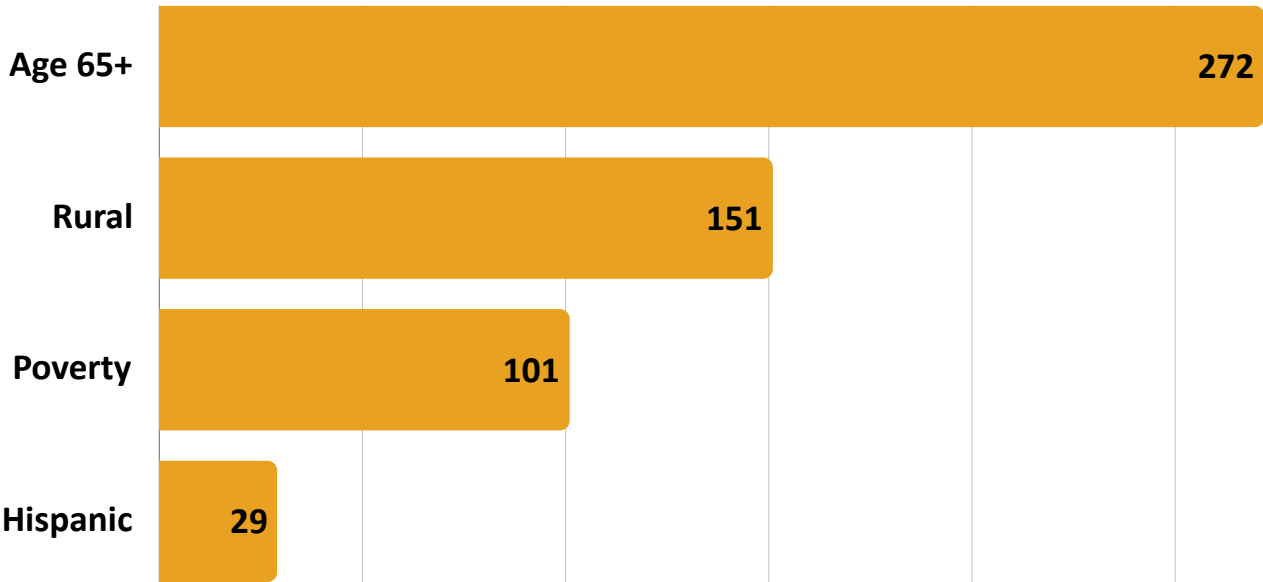
SFY 2024 Expenditures	
OAA Funds	\$1,013,898
ARPA Funds	\$102,767
Total	\$1,116,664

Idaho Family Caregiver Support Program

The Family Caregiver Respite program is an in-home, adult day center, or consumer direct service to relieve caregivers from their caregiving duties and take a well-deserved break. Respite services are vital in keeping older adults in their homes and out of institutions by providing caregivers with the tools and resources they require. In SFY 2024 respite services accounted for 48% of the Idaho Family Caregiver Support Program funds distributed to local AAAs.

In light of the direct care worker shortage, Consumer Direct Services offers a number of benefits to caregivers. The Consumer Direct model allows the caregiver to have more control, flexibility, transparency, as well as an increase in access, in hours of assistance, and improved quality of care. Five of the six AAAs provide Consumer Direct respite services.

	<i>Clients</i>	<i>Hours</i>
<i>Agency Respite Service</i>	251	18,678
<i>Consumer Direct Respite Services</i>	146	12,617
<i>Total</i>	397 Clients	31,295 Hours



Idaho Community CARE Program

(Case Management, Advocacy, Respite, Education)

The mission of Idaho’s Community CARE Program is to support caregivers of persons with Alzheimer’s Disease and Related Dementia ensuring the highest quality of life possible while living at home.



The Community Care Program provides:

- Information, support, and education to caregivers, family, and loved ones taking care of an individual with memory loss, dementia or Alzheimer’s Disease
- Caregivers with the tools & services they need to navigate their health and life options
- Person-centered supports that address caregiver burden

In SFY 2024 Idaho’s Community Care Program (CCP) implemented a centralized model of care with a single-entry point for all incoming referrals. The team of Certified Community Health Advocates and Case Managers specialize in person-centered caregiver assessments, education, and care. All CCP staff are trained to identify caregivers’ respite needs and eligibility. In partnership with Area Agency on Aging V, five CCP staff became certified as Powerful Tools as Caregiver (PTC) class leaders and one CCP staff became a certified PTC Master Trainer through Jannus, Aging Strong, allowing CCP to train and certify new staff and community partners. CCP has hosted three rural PTC classes at the Hagerman Public Library, Senior Connection, and Adams County Health District Clinic. New Caregiver Support groups are now available in Idaho Falls and Blackfoot. Additionally, a partnership with One Site for Seniors in Northern Idaho has provided caregivers with the care, education, and support needed.

SFY 2024 Service Units	
Clients Served	112
Hours of Respite Provided	5,725

“Thank you for helping us through this journey. It wasn’t easy but programs like this make it doable. The help and encouragement are very appreciated.”
- CCP Client

Idaho Community CARE Program

(Case Management, Advocacy, Respite, Education)

CCP staff are active in community outreach efforts, reaching nearly 200 different locations statewide. These efforts are key to building partnerships and raising awareness of the program. Reaching caregivers in rural and underserved areas requires creative and strategic partnerships. There are CCP clients in 26 of the 44 Idaho counties, with the hopes of expanding in SFY 2025. Public and private organizations have helped foster this program by collaborating with our CCP team, referring caregivers and staying informed.

Key partnerships include:

- IDHW ADRD Alliance
- Alzheimer’s Association
- Idaho Caregiver Alliance
- Idaho State University
- 988 Crisis Line
- Emergency Management Teams
- Weiser Memorial Hospital
- Adams County Health District
- St Luke’s McCall
- Challis Area Health Center
- Idaho Community Health Worker Association
- Dementia Society of America
- Gritman Medical Center
- Syringa Hospital and Clinics
- Interlink
- Habitat of Northern Idaho
- One Site for Seniors
- Idaho libraries
- Idaho Senior Centers
- Intermountain Health Cassia

“I cannot say enough good things about Idaho Community Care Program. The case manager went the extra mile. They tried to help me every which way they can. The case manager has helped me find the resources I needed. Just having somebody to talk to and knowing what’s coming next has helped a lot and continues to help.” - CCP Client

SFY 2024 Expenditures	
State Funds: Alzheimer’s Disease and Related Disease (ADRD)	\$689,165
Federal Funds: Community Health Worker Grants	\$210,778
Total	\$899,943

Homemaker

Homemaker services allow seniors to stay in their own homes by providing housekeeping services, meal preparation, and running essential errands. The Homemaker program is an in-home service that reduces the risk of institutionalization for aging Idahoans. Services are provided free of charge, or on a sliding fee cost-share based on income.

Homemaker services are traditionally provided by contracted agencies. These rates can vary depending on the region of the state and workforce availability. Waitlists in some regions have been necessary due to these barriers. ICOA and local AAAs have collaborated to develop methods to address these difficulties, with Consumer Direct services being a priority.

Consumer Direct Homemaker services are now available in five of the six AAAs.

Consumer Direct services have been identified as a best practice model to increase access for rural Idahoans, as well as supporting areas suffering from the Statewide workforce shortage. An additional benefit to the Consumer Direct model is empowering aging Idahoans to choose their own providers, which promotes utilization of these services. ICOA will continue to work with local AAAs to ensure that administration and oversight of these services are effective and efficient.

Homemaker Service	Clients Served	Hours Provided
<i>Contracted Services</i>	547	24,725
<i>Consumer Direct Services</i>	208	8,359
Total	755 Clients	33,084 Hours

SFY 2024 Expenditures	
Older American Act (OAA)	\$516,958
American Rescue Plan Act (ARPA)	\$128,725
Total	\$709,414

Chore

Service Description

Chore services are designed to provide heavy cleaning services and intermittent minor home repairs such as grab bar installation, one-time yard service, and ramp repair. Seniors may not be able to complete these tasks on their own but they are necessary to keep their homes safe and livable.

Chore services were only reported in two of the six AAAs with minimal expenditures. Several factors influence this, including prioritization of funding to other programs and the exorbitant financial cost of larger Chore services. On the local level, AAAs utilized partnerships with community contractors and non-profit organizations to provide one-time or intermittent Chore services. These partnerships are crucial for the delivery of these much-needed services. ICOA and local AAAs continue to work together to expand partnerships statewide and develop strategies to better deliver Chore services to aging Idahoans.

SFY 2024 Program Information	
ARPA Funding	\$8,835
Hours of Service Provided	45

Senior Community Service Employment Program

Older adults trying to find employment may experience challenges; including ageism, breaks in work experience, and outdated skills. The Senior Community Service Employment Program (SCSEP) assists participants to sharpen skills and gain competitive employment.

Participants are placed in host agencies across the state. Host agency partners include AAAs, Local Government Agencies, Seniors Centers, and varying local non-profits. The host agency gains a participant who is motivated as well as supported by subsidized wages. Seniors and host agencies work to build skills that will prepare participants to transition to non-subsidized employment.

Participant Information: Total Participants 42

- 100% Poor Employment Prospects
- 56% Homelessness or at risk
- 39% Disability
- 28% Rural

Participant Survey Results

50% - Strongly agree that income from SCSEP is important in meeting basic needs

44% - Reported a much more positive outlook on life since starting employment SCSEP

24% - Reported that their physical health was better from before starting with SCSEP

Project Year 2023-2024 Expenditures	
Federal Funds	\$289,072
Local In-Kind Match	\$75,318
Total	\$353,002

Medicare Improvements for Patients and Providers Act

Through targeted outreach, the Medicare Improvements for Patients and Providers Act (MIPPA) program identifies low-income Medicare beneficiaries who may qualify for subsidies that reduce their out-of-pocket healthcare costs. They assist beneficiaries to complete the required paperwork and provide Medicare low-income assistance program education.

Service Description

Outreach in partnership with Idaho’s Department of Insurance State Health Insurance Benefit Advisors (SHIBA) to sign up eligible beneficiaries for:

- Medicare Savings Programs (MSP)
- Low-Income Subsidy (LIS)
- Medicare Part D
- Prevention and Wellness benefits

ICOA and SHIBA are actively collaborating to build a more robust training platform to better position statewide staff and volunteers to increase outreach efforts. These efforts are focusing on local pharmacies and healthcare providers with a specific emphasis on reaching rural Idahoans, tribal communities, and underserved populations.

SFY 2024 Expenditures	
Federal MIPPA Funds	\$85,240

Stay Safe

Idahoans promote resiliency, self-determination, and dignity for older and vulnerable adults.

Idaho Commission on Aging recognizes that safety is essential for successful aging. When public trust and individual safety are compromised, it leads to significant financial costs, depletion of crucial resources, and a decline in both well-being and long-term health. To address these challenges, ICOA offers a variety of programs designed to promote justice, protect the rights of vulnerable adults, and provide critical support.

At the heart of our mission is the commitment to preserving the rights and safety of all individuals. Every person has the right to live free from abuse, neglect, and exploitation; the right to live with dignity; and the right to make their own decisions. Through these guiding principles, ICOA works to ensure that Idaho's older and vulnerable adults can age with the respect and autonomy they deserve.



Programs Included in Stay Safe Pillar

- Adult Protective Services (APS)
- Legal Assistance
- Legal Assistance Developer (LAD)
- Ombudsman
- Senior Medicare Patrol (SMP)

Adult Protective Services (APS)

Adult Protective Services (APS) is a specialized social service program provided by the State of Idaho to vulnerable adults who need assistance because of maltreatment. Services support personal freedom and provide encouragement for the APS client’s self-determination and continuity of care.



Adult Protective Service Description

- APS provides investigation, prevention and intervention service for vulnerable adults that are victims or are suspected victims of maltreatment
- Investigates allegations of vulnerable adult maltreatment
- Delivers a focused care coordination service
- Provides aid to support in-home health and safety
- Delivers community and allied professional training
- Aids overwhelmed caregivers of APS clients

Reports of suspected maltreatment of vulnerable adults are accepted from any source. In Idaho, mandated reporters in the following professions are legally obligated to make a report when they have reasonable cause to believe that any vulnerable adult is being maltreated.

- licensed medical professionals
- skilled nursing facility employees
- medical examiners
- emergency services personnel
- social workers law enforcement
- any employee of an entity responsible for providing care

SFY 2024 Expenditures

State Funds	\$1,275,988
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Adult Protective Services (APS)

Adult Protective Services, both on the state and local level, collaborate with community stakeholders to provide education and resources in hopes of preventing crisis situations for Idaho’s most vulnerable adults. Statewide in SFY 2024, 81 Community Presentations were given by AAA Adult Protective Service Staff. A pivotal partnership for APS and ICOA has been the Integrated Mission Team with the Idaho Department of Finance, this team held educational seminars for the public on financial exploitation. A current focus has been the collaboration on the of the Report and Hold Legislation which aims to expand capacity for Elder Justice.

	<i>Reports</i>	<i>Investigations</i>	<i>Substantiated</i>
AAA I	707	169	35
AAA II	349	122	13
AAA III	2,631	618	150
AAA IV	418	270	18
AAA V	474	328	71
AAA VI	597	282	40
Total	5,176	1,789	327

Maltreatment	Allegations	Substantiated Age 18-59	Substantiated Age 60+
Abuse	522	43	60
Exploitation	490	12	65
Neglect	541	2370	54
Self-Neglect	443	12	58
Total	1,996	90	237

Adult Protective Services - ARPA Grant

Adult Protective Services received Federal American Rescue Plan Act (ARPA) grant funds. The funds are directed to prevent, prepare for and respond to needs of vulnerable adults through the activities of the State Adult Protective Services Program. The grant has provided financial support in the efforts of ICOA to work collectively with our Aging Network partners to reduce the risk of maltreatment to vulnerable Idahoans and to provide support to family and informal caregivers of individuals served by Adult Protective Services. SFY 2024 was year three of this grant which focused on continuing to support the Community Care Program, Idaho Legal Aid, as well as Intervention Aid Services.

Community Care Program: Overwhelmed caregivers of APS clients are high priority for this service to reduce stress, burden, early burnout, and the associated risks of maltreatment to the APS clients they care for.

Idaho Legal Aid: ICOA in partnership with Idaho Legal Aid expanded legal service capacity for APS clients' legal needs and APS client family caregivers with direct legal services to support the APS clients they care for.

Intervention Aid: ICOA completed the three-year project to provide APS Intervention Aid Services. SFY 2024 grant funds supported aid to 52 high risk APS clients to improve their safety, support, and stabilization needs.

Supporting Vulnerable Adults Safety and Stabilization

ARPA Grant Completed Project Goals:

1. Conducted Community Outreach
2. Provided goods and services
3. Provided training and development activities for APS workers statewide
4. Provided for APS clients' & their family caregivers legal needs
5. Provided care coordination service to overwhelmed caregivers
6. Better equipped Idaho APS workforce with resources to minimize their safety risks

SFY 2024 Expenditures

\$573,903

Legal Assistance

Professional Advice, Counsel or Representation

Legal representation is critical in keeping some older Idahoans safe. ICOA partners with Idaho Legal Aid to assist low-income older Idahoans on legal matters.

Legal assistance addresses issues related to:

- Utilities
- Protective Services
- Defense of Guardianship
- Abuse or Neglect
- Age Discrimination
- Income
- Health Care
- Long-term Care
- Nutrition
- Housing

Clients served: 549

Hours of Legal Service provided: 1,878

- 1,630 hours spent on case-related activities
- 248 hours were spent on items such as grant management, training/professional development, community education, travel & outreach, creating written legal materials, etc.

Promoting Justice for Seniors

SFY 2024 Expenditures	
Older Americans Act	\$57,823
American Rescue Plan Act	\$25,127
Total	\$89,950

Elder Abuse Prevention: Legal Assistance Developer (LAD)

The Legal Assistance Developer(LAD) is an Older Americans Act mandated position, focused on improving legal service provision to seniors across the state. The ICOA contracts with Idaho Legal Aid Services, Inc. (ILAS) to fill this role.

ILAS is a nonprofit statewide organization dedicated to providing equal access to justice for low-income people through quality advocacy and education. Civil legal services are offered at no cost from seven offices throughout Idaho, covering each judicial district. There are approximately 24 FTE attorneys statewide.

Service Description

The LAD provides the following:

- Consultations with pro bono attorneys accepting abuse and exploitation cases, pursuing civil and criminal remedies for psychological, sexual, and financial abuse and exploitation.
- Partnership and collaboration with Adult Protective Services (APS) to streamline communication and services between APS and pro bono attorneys. ILAS, APS, and other partners screen seniors for potential legal risk using the Legal Risk Detector, resulting in preventative work that will better protect seniors from exploitation and abuse.
- Outreach and education to senior focused community partners and stakeholders, 25 presentations were held statewide in SFY 2024. ILAS also offers education and training for the Senior Legal Risk Detector and created educational materials such as the Senior Legal Guidebook, “Identifying and Responding to Elder Abuse & Neglect” and “Nuts & Bolts of Nursing Home Litigation.”

SFY 2024 Total Cases Closed with Client Age 60+: 1,367

- Housing/eviction: 497
- Powers of Attorney/Advanced Directives/Wills and Estates: 250
- Bankruptcy/debt collections/consumer: 189
- Medicaid/Medicare: 140
- Family law/guardianships: 131
- Employment law/income/social security: 77
- Misc. (civil rights/ abuse and neglect/licenses, etc.): 83

Ombudsman

Ombudsman Program Mission

The Ombudsman Program is led by the State Long Term Care Ombudsman. The mission of the Long-Term Care Ombudsman Program is to safeguard the rights residents in nursing homes and assisted living facilities. This includes providing education on their rights, promoting health, safety, welfare, and quality of life. In Idaho, the program ensures that residents have prompt access to advocacy, mediation, and care services.



Resident Advocates

Statutory Authority

The Idaho Long Term Care Ombudsman Program Functions under the Idaho Commission on Aging and derives its legal authority from the Federal Older American's Act 45 C.F.R. 1321.1 and 1324, Idaho Code 67-5009, and Idaho Administrative Procedures Act (IDAPA) 15.01.03.

Ombudsman Program Highlights

The Ombudsman Program has undergone significant transformations in recent years. A new State Long Term Care Ombudsman has been appointed, and a part-time volunteer coordinator/LTC Family Council Coordinator has been hired with the support of an ARPA grant.

This Coordinator is actively working to enhance and grow the volunteer program and lay the groundwork for a Virtual LTC Educational Council focused on community and family engagement. Additionally, the ARPA grant is being utilized to update the Ombudsman State Operations Manual and create a monitoring tool kit.

***Assisting residents in
Long Term Care facilities through
advocacy and education on Resident Rights***

Ombudsman

In SFY 2024, the Ombudsman Program continued to face challenges due to a shortage of volunteers to support its operations statewide. The involvement of volunteers is crucial in enhancing access to the Ombudsman Program for Long-Term Care residents and their representatives.

The State Ombudsman office has employed a part-time staff member at the state level to facilitate the recruitment and training of volunteers for Area Agencies on Aging (AAA's) local programs, aiming to enhance the Ombudsman Program and improve accessibility.

Certified Volunteers conduct visits to various facilities, offering training to staff, residents, and their representatives. They participate in Resident Council meetings and deliver training on resident rights, while also investigating complaints and advocating for the rights of residents.

The accompanying table below illustrates the number of Residential Assisted Living Facility (RALF), Skilled Nursing Facility (SNF), note that some licensed facilities may encompass multiple buildings and could potentially represent a campus.

AAA	RALF's	RALF Bed Count	SNF's	SNF Bed Count	Total Beds
AAA I	34	1,656	12	988	2,620
AAA II	19	848	10	760	1,513
AAA III	119	4,979	29	2,432	7,263
AAA IV	36	1,068	11	746	1,843
AAA V	29	1,003	10	528	1,516
AAA VI	22	1,083	8	577	1,704
Total	259	10,637	80	6,031	16,459

(Data obtained from the Health and Welfare Website, 2024)

Ombudsman

Programming Information and Statistics

Ombudsman Staff

- State LTCO - 1

Local AAA Ombudsman

- 12 Full Time
- 3 Part Time

Certified Assistant Ombudsman

- Volunteers Statewide 16

Ombudsman Activities

- Routine Facility Visits – 1968
- Resident Council Meetings – 152
- Community Education Sessions – 133
- Information & Assistance Calls – 4,096

Complaints Investigated by Ombudsman

- 958
- 93% Resolved

Top Complaints

Nursing Facilities

1. Discharge Eviction
2. Gross Neglect
3. Medications
4. Rights & Preferences
5. Dignity and Respect

Assisted Living Facilities

1. Discharge/Evictions
2. Gross Neglect
3. Medication
4. Rights & Preferences
5. Abuse: Psychological

SFY 2024 Expenditures	
Older Americans Act	\$767,002
American Rescue Plan Act	\$67,019
Total	\$835,021

Ombudsman

Functions of the State Ombudsman Program	Functions of the Local Ombudsman Program
<ul style="list-style-type: none"> • Identify, investigate and resolve complaints that are made by or on behalf of, long term care residents; • Assure that the State Office and its representatives have access to long-term care facilities, residents and records; • Provide services to assist residents residing in Nursing Homes and Residential Care/ Assisted Living Facilities in protecting their health, safety, welfare and rights; • Provide education to Idahoans about Long Term Care Ombudsman services; • Ensure that Idahoans have regular and timely access to ombudsman services, and timely response to complaints; • Represent older citizens' interests before governmental agencies and seek legislative remedies; • Provide administrative and technical assistance to substate ombudsman; • Analyze, comment on, monitor and recommend changes in federal, state, local laws, regulation, policies and actions that pertain to the health, safety, welfare and rights of the residents of long-term care facilities; • Provide for training of substate ombudsman; • Assure availability of legal counsel to provide advice, consultation, and assistance; • Assure that ombudsman have immunity from liability for good faith performance of official duties; • Identify, resolve and prevent conflicts of interest; • Monitor and improve the statewide reporting system to collect and analyze data relating to complaint investigations and activities of the long-term care ombudsman program; and • Report ombudsman activity annually to the Administration on Aging and Governor of the state of Idaho. 	<ul style="list-style-type: none"> • Provide services to protect the health, safety, welfare and rights of residents residing in long term care facilities while respecting their confidentiality; • Identify, investigate and resolve complaints made by or on behalf of long-term care residents; • Ensure regular and timely response to complaints and request for assistance; • Enter complete and accurate data into the state data collection system in a timely manner. • Represent the interest of residents before government agencies and seek administrative, legal and other remedies to protect the health, safety, welfare and rights of the residents; • Review and report on any existing and proposed regulation, and other government policies and actions that pertain to the rights and well-being of residents and facilitate the ability of the public to comment on the laws, regulations, policies and actions; • Provide education to residents, families, facility staff, and the community at large on relevant senior issues; • Make at minimum quarterly unannounced facility visits to assure that residents have timely, unimpeded and private access to the Ombudsman program; • Support the development of resident and family councils; and • Carry out other activities that the State Ombudsman determines to be appropriate.

Senior Medicare Patrol (SMP)

Education for Medicare and Medicaid beneficiaries to detect, report, and prevent health care fraud. SFY2023 Expenditures Trained Senior Medicare Patrol (SMP) staff and volunteers conduct group education sessions, provide one-to-one counseling with Medicare beneficiaries, and hold regional outreach events. One recurring annual highlight is the “Scam Jam”: a full day interactive conference in various communities throughout Idaho.



Service Description

The SMP mission is to empower and assist Medicare beneficiaries, their families, and caregivers, to prevent, detect, and report suspected healthcare fraud, errors, and abuse through outreach, counseling, and education.

SMP Partners Include:

- Idaho Scam Jam Alliance (ISJA)
- Better Business Bureau
- AARP
- Idaho Office of the Attorney General
- Idaho Department of Finance
- Idaho State Tax Commission
- SHIBA
- Justice Alliance for Vulnerable Adults
- Idaho Crime Prevention Association
- Idaho Department of Insurance
- Idaho Legal Aid
- Idaho Caregiver Alliance
- Local Police Agencies
- Federal Trade Commission

Program Information:

- Active SMP team members: 31
- Group outreach & education events: 86
- People reached through group outreach: 2,433
- Individual interactions: 840

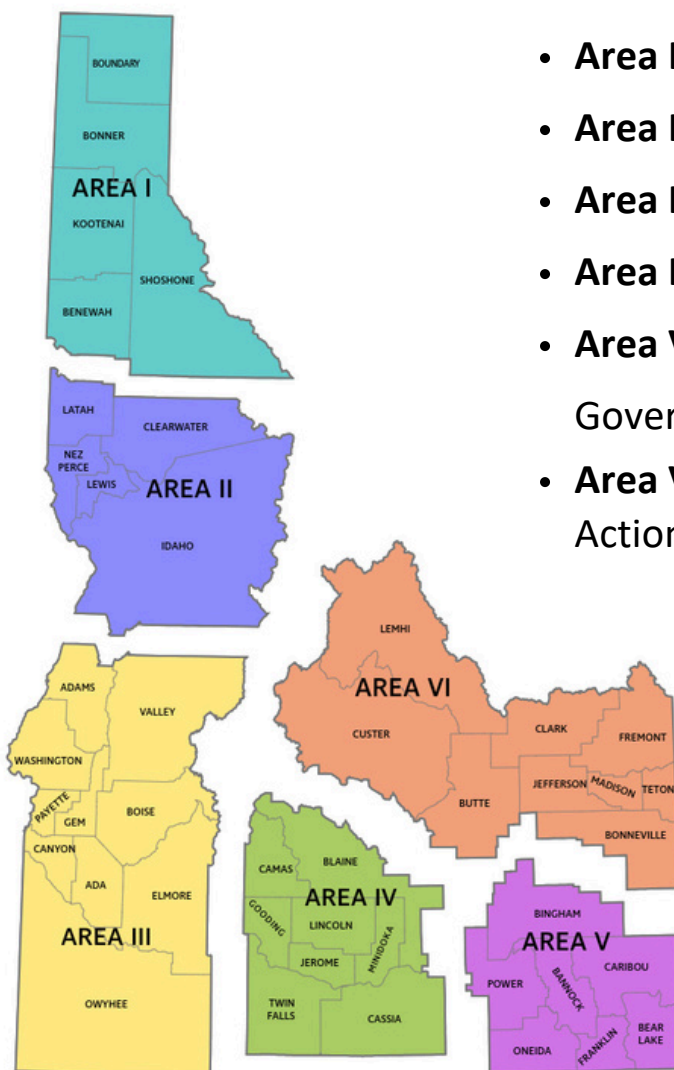
SFY 2024 Expenditures	
Older Americans Act (OAA)	\$204,130

Financials & Demographics

The Intrastate Funding Formula (IFF)

With the advice of our Commissioners, and input from the six AAAs, ICOA developed an IFF that meets federal guidelines. Area Agencies on Aging budget this money to meet the needs of at risk seniors in their areas.

AAAs are funded with trustee and benefit monies, per Section 67-5007 Idaho Code. AAAs plan and facilitate service delivery in local communities throughout the state.



- **Area I:** North Idaho College
- **Area II:** Community Action Partnership
- **Area III:** Senior Services Agency
- **Area IV:** College of Southern Idaho
- **Area V:** Southeast Idaho Council of Governments
- **Area VI:** Eastern Idaho Community Action Partnership

SFY 2024 Intrastate Funding Formula

Based on Weighted Elderly or “at risk” Population

	Federal	State	Total
Total Funds for AAA Distribution	\$6,985,365	\$1,897,600	\$8,882,965
Base Funding Amounts: 10% of Total Funds	\$698,538	\$189,760	\$888,298
Remaining Balance for Formula Distribution	\$6,286,828	\$1,707,841	\$7,994,669

	AAA I	AAA II	AAA III	AAA IV	AAA V	AAAVI	Total
Base Funding (1/6 of Base Amount)							
Federal Funds	\$116,423	\$116,423	\$116,423	\$116,423	\$116,423	\$116,423	\$698,538
State Funds	\$31,627	\$31,627	\$31,627	\$31,627	\$31,627	\$31,627	\$189,760
Weighted Population Used for Formula							
Weighted Population	73,241	32,595	156,489	60,749	44,952	47,097	415,123
65+ Living in Poverty	3,498	1,818	9,920	2,971	1,977	2,060	22,244
65+ Living Alone	11,621	5,864	30,422	7,904	6,553	7,972	70,336
60+ Racial Minority	2,672	1,521	8,208	1,647	2,161	1,390	17,599
60+ Hispanic	1,659	444	9,785	4,155	1,884	2,206	20,133
60+ Living in Rural	28,713	11,140	34,651	27,218	19,660	17,703	139,085
75+	20,599	9,316	51,667	13,566	10,255	12,707	118,110
85+	4,479	2,492	11,836	3,288	2,462	3,059	27,616
% of Weighted Population	17.6%	7.9%	37.7%	14.6%	10.8%	11.3%	100%
Formula Driven Funding (multiply weighted population % and balance of formula distribution)							
Federal Funds	\$1,109,198	\$493,635	\$2,369,947	\$920,013	\$680,775	\$713,260	\$6,286,828
State Funds	\$301,318	\$134,098	\$643,805	\$249,925	\$184,935	\$193,760	\$1,707,841
Total Base + Formula	\$1,558,566	\$775,783	\$3,161,802	\$1,317,988	\$1,013,760	\$1,055,070	\$8,882,967
Title VII Funds	\$18,821	\$10,788	\$51,973	\$12,605	\$10,599	\$11,850	\$116,636
ARPA Funding	\$458,691	\$291,402	\$834,322	\$349,375	\$419,104	\$423,081	\$2,775,975
Total Budget	\$3,446,594	\$1,705,706	\$7,061,849	\$2,849,906	\$2,309,173	\$2,397,021	\$19,770,247

AAA OAA State & Federal Expenditures

	OAA State & Federal Funds	Federal ARPA Funds	Total
Area Plan Administration	\$1,000,630	\$187,581	\$1,188,211
Title IIIB: Planning & Coordination	\$16,693	\$2,071	\$18,764
Title IIIB: Outreach & Public Information	\$43,451	\$11,420	\$54,871
Title IIIB: Information & Assistance	\$611,165	\$71,359	\$682,524
Title IIIB: Transportation	\$381,859	\$92,272	\$474,131
Title IIIB: Legal Assistance	\$57,823	\$25,127	\$82,950
Title IIIB: Homemaker	\$525,892	\$128,725	\$654,617
Title IIIB: Chore	\$0	\$8,835	\$8,835
Title IIIB: Case Management	\$0	\$3,850	\$3,850
Title IIIB & VII: Ombudsman	\$768,002	\$76,999	\$845,001
Title IIIC1: Congregate Meals	\$1,839,243	\$94,429	\$1,933,672
Title IIIC2: Home Delivered Meals	\$2,106,326	\$586,065	\$2,692,391
Title IIID: Disease Prevention	\$107,663	\$135,912	\$243,575
Title IIIE: Information Services Outreach	\$38,968	\$129	\$39,097
Title IIIE: Information Services Access	\$322,017	\$17,552	\$339,569
Title IIIE: Support Groups	\$61,631	\$0	\$61,631
Title IIIE: Caregiver Training	\$21,084	\$0	\$21,084
Title IIIE:Respite	\$452,134	\$82,586	\$534,720
Title IIIE: Legal Assistance	\$15,306	\$2,500	\$17,806
Title IIIE: Meal Assistance	\$102,758	\$0	\$102,758
Nutrition Services Incentive Program (NSIP)	\$510,549	NA	\$510,549
Total	\$8,983,194	\$1,527,412	\$10,510,606

State & Federal Programs Expenditures

Projects	Federal Grant Funds	Federal ARPA Funds	State Funds	Total
State Plan Administration	\$556,884	NA	\$925,840	\$1,482,724
Grants:				
Adult Protective Services	NA	NA	\$1,275,988	\$1,275,988
Alzheimer's & Dementia Related Disease (ADRD)	NA	NA	\$689,165	\$689,165
ARPA - Adult Protective Services	NA	\$573,903	NA	\$573,903
Ombudsman Supplemental	\$6,058	NA	NA	\$6,058
ARPA - Expanding Public Health Workforce	\$210,778	NA	NA	\$210,778
Lifespan Respite	\$161,290	NA	NA	\$161,290
Title VII - Elder Abuse Prevention (LAD)	\$10,819	NA	NA	\$10,819
Commodity Supplemental Food Program (CSFP)	\$222,760	NA	NA	\$222,760
Senior Community Service Employment Program (SCSEP)	\$289,072	NA	NA	\$289,072
Medicare Improvements for Patients and Providers Act (MIPPA)	\$85,240	NA	NA	\$85,240
Senior Medicare Patrol Fraud Prevention (SMP)	\$204,130	NA	NA	\$204,130
Grants Total:	\$1,190,147	\$573,903	\$1,965,153	\$3,729,203

At a Glance

Percent of Budget Distribution by Strategic Pillar

Stay Home 38%

Stay Healthy 31%

Stay Safe 17%

Administrative Excellence 7%

Stay Connected 6%

Target Demographics	Registered Clients Served*	Percent of Registered Clients Served
Age 65-74	5,332	29%
Age 75-84	6,697	37%
Age 85+	4,048	22%
Age 65+ Living in Poverty	3,800	21%
Age 65+ Living Alone	6,885	38%
Age 60+ Living in Rural County	9,573	53%
Age 60+ Racial Minority	501	3%
Age 60+ Hispanic	710	4%

*Registered services collect demographic information, not all services provided are considered registered services

ICOA Duties and Powers

In 1968, based on Idaho Code 67-500, the legislature recognized the need to provide basic necessities to its older people, to permit older Idahoans to remain independent, and to avoid institutionalization (Title 67-5005). The Commission on Aging was created to achieve this vision. ICOA continues to support healthy community living for Idaho's current aging population while forecasting and positioning the State for future trends. The legislative charter (Title 67-5003) designates specific responsibilities including:

- To serve as an advocate within state government & the community for older Idahoans;
- To serve as an advisory body regarding state legislative issues affecting older Idahoans;
- To promulgate, adopt, amend & rescind rules related to programs & services administered by the commission;
- To enter into funding agreements as grants & contracts within the limits of appropriated funds to carry out programs & services for older Idahoans;
- To conduct public hearings & evaluations to determine the health & social needs of older Idahoans, & determine the public & private resources to meet those needs;
- To designate "planning & service areas" & Area Agencies on Aging in accordance with the Older Americans Act & federal regulations. The Commission shall review the boundaries of the "planning & service areas" periodically & shall change them as necessary;
- To submit a report to the Governor & the legislature of its accomplishments & recommendations for improvements of programs & services for older Idahoans;
- To administer & perform any other related functions or activities assigned to the Commission by the Governor.

ICOA Board of Commissioners



To reach your local
Commissioner please
contact ICOA at:

[www.aging.idaho.gov/
commissioners](http://www.aging.idaho.gov/commissioners)

or
208-334-3833

Area I	Chris Magera, Chair
Area II	Dennis Ohrtman, Vice Chair
Area III	Vacant
Area IV	Roger Morley
Area V	Lois Marquette
Area VI	Dean Nielson
At-Large	Dixie Milliken

The ICOA and the Commissioners have dual roles of both promoters and supporters of the Aging Network, but also compliance roles related to programmatic, fiduciary and planning standards.

The ICOA Board of Commissioners meets quarterly, with a 2-day meeting in May focusing on strategy and planning and a 2-day meeting in November focused on program analysis and outcomes of the recently completed State fiscal year.

The Board minutes and agenda's can be found on the ICOA website at: <https://aging.idaho.gov/resources/icoa-administration/>



SUPPORTING WELL-BEING FOR AGING IDAHOANS



KEEP LEARNING

Successful people never quit learning.



STAY HEALTHY

Maximize your ability to enjoy life.



STAY CONNECTED

Plans and decisions for successful aging.



STAY HOME

Fortify your ability to remain independent at home.



STAY SAFE

Enhance your security now and later.

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