

Class Leader Training



Become a licensed class leader and help caregivers focus on their own self-care. This 5-day on-line training prepares individuals to successfully teach the six-week Powerful Tools for Caregivers class series. If your background is healthcare, education, social work, or having been a caregiver, then this may be a great fit for you! We are especially looking for leaders who are interested in reaching the rural areas outside of Ada County.

ONLINE CLASS BEGINS MONDAY FEBRUARY 17TH 2025

TIME: 9:00-12:00 MST

DATES: FEBRUARY 17TH-21ST

LOCATION: ONLINE (ZOOM)

ATTENDING ALL CLASSES IS MANDATORY FOR LICENSING



Help caregivers:

- Reduce stress
- Improve self-confidence
- Balance their life
- Better communicate their feelings
- Make tough decisions
- Locate helpful resources

"It never ceases to amaze me how transforming this course is—the dramatic change in the demeanor of the participants from the first to the sixth class." —PTC Class Leader from CA

Training program includes:

- Scripted curriculum, video, and audio resources
- *The Caregiver Helpbook*
- Class Leader license fee
- Networking connections with other Class Leaders
- Intensive and interactive training provided by a team of PTC trainers
- No cost for local trainees. The out-of-area training fee is \$400

This highly effective class series is proven to produce results, is easily implemented, and based on solid research. The Powerful Tools class will be taught in English.

To register or for more information, contact: Karen Kouba-McIver kkouba@jannus.org, 208-947-4283

www.AgingStrong.org