

January 2025 Support Groups for Family Caregivers



Cathedral of the Rockies: In Person

NO GROUP ON JANUARY 2, 2025

1st & 3rd Thursday of each month
Thursday, January 16th at 2PM
Cathedral of the Rockies
Boise, Idaho 83702

Eagle Support Group: In Person

2nd & 4th Wednesday of each month
Wednesday, January 8th and 22nd at 2 PM
Eagle Senior Center
Eagle, Idaho 83616

Adult Children As Caregivers: Online

2nd Wednesday of each month
Wednesday, January 8th at 6:30 PM
Zoom Link Provided Upon Registration

Salmon Creek Support Group: In Person

3rd Tuesday of each month
Tuesday, January 21st at 2:30 PM
Salmon Creek
Boise, Idaho 83713

Nampa Library Support Group: In Person

Last Monday of each month
Monday, January 27th at 2:00 PM
Nampa Library, Room 302
Nampa, Idaho 83651

Grannie on the Move: In Person

Personalized Education & Support

Every week on Tuesdays at 1 PM
Grannie On the Move
Meridian, Idaho 83642

Pocatello Support Group: In Person

2nd Wednesday of each month
Wednesday, January 8th at 2 PM
Pocatello, Idaho 83201

Hailey Support Group: In Person**

Weekly on Wednesdays at 2 PM
The Senior Connection
Hailey, Idaho 83333
(208) 788-3468

****Please call The Senior Connection prior to attending**

Emmett Support Group: In Person

2nd Wednesday of the month
Wednesday, January 8th at 2 PM
Meadow View Assisted Living
Emmett, Idaho 83617

Women Caring for Spouses: Online

1st & 3rd Tuesdays of each month
Tuesday, January 7th and 21st at 4 PM
Zoom Link Provided Upon Registration

Library! at Hillcrest: In Person

NEW MEETING TIME

1st and 3rd Friday of each month
January 3rd and 17th and at 12 PM
Library! at Hillcrest
Boise, Idaho 83705

Family Life Memory Care: In Person

2nd Thursday of each month
Thursday, January 9th at 2 PM
Nampa, Idaho 83651

Canyon County Support Group: In Person

3rd Wednesday of each month
Wednesday, January 15th at 1 PM
Nampa Public Library, Room 302
Nampa, Idaho 83651

Payette County Support Group: In Person

Last Tuesday of each month
Tuesday, January 28th at 2 PM
Horizon Home Health & Hospice, conference room
Fruitland, Idaho 83661

Twin Falls Support Group: In Person

Third Tuesday of each month
Tuesday, January 21st at 6:30 PM
CSI Office On Aging (4th Floor County West Building)
Twin Falls, Idaho 83303

Call the Alzheimer's Association Helpline at 800.272.3900 to register for a support group or to talk with a specialist or a master's level-clinician that is able to provide confidential support and information to people living with the disease, caregivers, families, and the general public.

Visit alz.org/idaho to learn more about our caregiving programs.