



Screening and registration are required for all potential participants in the Early Stage Support Group.

In-Person Early Stage Support Group

Held weekly on Tuesdays for 9 sessions beginning on September 2nd, 2025

Tomlinson South Meridian YMCA
5155 S Hillsdale Ave, Meridian, ID 83642

3:00 PM - 5:00 PM (MST)

To register, contact Mercedes Muñoz

Email: mmmunoz@alz.org

Phone number: 208.722.2521



Build a support system with others who understand

Alzheimer's Association® support groups, led by trained facilitators, provide a safe and supportive environment for care partners and people living with dementia to:

- Develop a support network
- Share advice on common challenges
- Discuss coping strategies
- Share feelings, needs and concerns
- Learn about community resources



SEASONS CARE MANAGEMENT
Providing compassionate care for the aging, mentally ill and disabled.

Visit alz.org/idaho to learn more about caregiver programs and resources. To further extend your network of support, visit our online community, ALZ connected®, at alzconnected.org.