



Annual Report

State Fiscal Year 2025

A scenic landscape photograph of the Sawtooth Mountains in Idaho. In the foreground, a large, balanced cairn of reddish-brown rocks sits on a rocky outcrop. Several evergreen trees are scattered around the cairn. The middle ground shows a valley with more trees and rolling hills. In the background, the majestic Sawtooth mountain range is visible, with its characteristic jagged peaks and patches of snow. The sky is a clear, pale blue.

ICOA Empowers Idahoans to Age Successfully



Submitted to Brad Little, Governor for the Great State of Idaho

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Idaho Commission on Aging Mission Statement

Transform the aging experience by leading planning, policies, partnerships, and programs that honor choices and increase well-being for Idahoans as we age.

Idaho Commission on Aging Vision Statement

Idahoans make informed choices to age well and live well.

Idaho Commission on Aging Values

Service – responsive, empathetic, targeted

Sustainability – efficient, adaptable, preventative

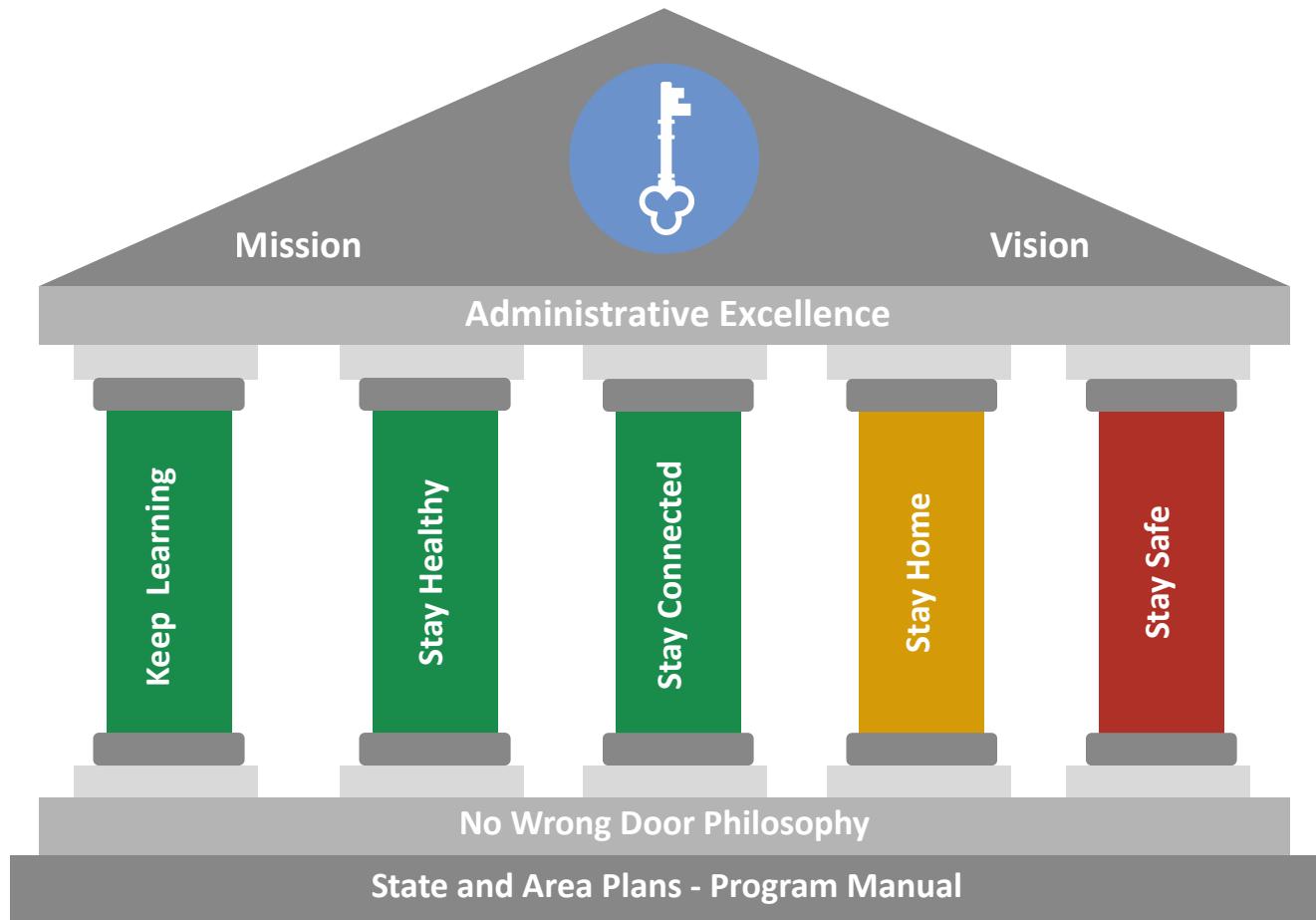
Excellence – problem solving, innovative, resourceful

Advocacy – courage, optimism, collaboration

Integrity – trustworthy, accountable, transparent



At a Glance



Our annual report is color-coded, reflecting how our programs are organized:

Blue represents ICOA as an agency.

Green representing programs providing primary prevention.

Yellow representing programs providing secondary prevention.

Red demonstrating programs providing tertiary prevention.

Idaho Commission on Aging Strategic Pillars and Goals

Demonstrates Administrative Excellence

Promote excellence and innovation throughout the aging network to meet the diverse needs of older Idahoans and our caregivers.

Keep Learning

Idahoans are empowered with the confidence and tools to thrive through the journey of aging.

Stay Healthy

Idahoans are inspired to choose lifestyles that promote health and well-being.

Stay Connected

Idahoans are connected to the people, programs, and services they need to facilitate the highest quality of life.

Stay Home

Idahoans are supported to live independent and healthy lives in the communities of their choice.

Stay Safe

Idahoans promote resiliency, self-determination, and dignity for older and vulnerable adults.

Critical Success Factor One: Activities designed to increase transparency, accountability, or efficiency throughout the aging network operations.

Critical Success Factor Two: Increase outreach and access to reach those most at risk for institutionalization.

Critical Success Factor Three: Closure of stakeholder identified gap in program delivery or service quality.

Critical Success Factor Four: Identify and implement new partnerships that expand the reach of our current programs.

Strategic Pillar: Administrative Excellence

Strategic Goal: Promote excellence and innovation throughout the aging network to meet the diverse needs of older Idahoans and our caregivers.

Meaningful lives for older Idahoans should be defined by older Idahoans, but at the Commission on Aging, we have identified our strategic pillars as:

Keep Learning
Stay Connected
Stay Healthy

Stay Home

Stay Safe

These are our strategic foci as we enable older Idahoans, through programs and services, to live with the highest possible level of safety, dignity, and choice.

Inside this report, you will find our SFY 2025 outcomes and financial information, but I always remember that there is a real person behind every unit of service, and this is why we come to work each day and strive for administrative excellence. ICOA is a planning agency, and administrative excellence can be summed up with doing the correct thing well. Administrative Excellence also demands that we maximize resources and capacity through strategic collaboration and partnerships. You will also see these called out when appropriate.



Judy B. Taylor, Director

Strategic Pillar: Keep Learning

Strategic Goal: Idahoans are empowered with the confidence and tools to thrive through the journey of aging.

Program: Dementia Skills and Capability

Description: Drive dementia capability through implementation of Idaho's Alzheimer's Disease and Related Dementias (ADRD) State Plan; Brain Health Education, and collaboration with other state agencies and partners to create a robust dementia-capable service delivery network.

Delivery Method: Free Dementia Skills Education that is hosted on ICOA website.

Key Partnerships:

- Dementia Society of America
- Alzheimer's Association of Idaho
- Jannus/Legacy Corps
- SAGE CARE
- BEAM Memory Clinic
- Title VI Program Directors
- Idaho Universities
- Idaho AARP
- Idaho Crisis & Suicide Prevention Hotline
- Idaho Dept of Health & Welfare - ADRD

Comments: ICOA is an active and foundational member of the Dementia state planning and implementation group, housed at the Department of Health and Welfare, Public Health Bureau. Each January, ICOA leads the state in a campaign to demystify ADRD and promote early diagnosis.

Program: Planning Methodology for the Aging Network

Description: Ongoing education, tools, and standards of the official Idaho six-phase planning methodology.

Delivery Method: Hosted on the ICOA website

Key Partnerships: AAAs, ICOA Commissioners, IDHW

Comments: This course is mandatory for all ICOA and AAA staff involved in planning activities.

Program: Caregiver Skills and Resiliency

Description: Online learning modules to promote caregiver skill and resiliency and prevent or decrease burnout.

Delivery Method: Free online modules hosted on the ICOA website.

Key Partnerships:

- AARP Idaho
- Idaho Caregiver Alliance
- Boise State University
- Idaho Family Caregiver Navigator program

Comments: We are pursuing discretionary grant funds to facilitate and develop live in-person, hands-on caregiver skills training.

Online Courses

ICOA online learning courses are designed to equip caregivers, professionals, and community members with the knowledge and skills needed to support older and disabled Idahoans in living independently and safely in their own communities. The platform offers a variety of resources, including interactive modules, instructional videos, downloadable handouts, practical trainings, and curated links to trusted external resources, all aimed at empowering learners and enhancing quality of care.

Healthy Caregiving

This three-part series teaches attitudes and skills to make sure we can have BOTH the satisfaction of making a difference and a healthy balanced life. Each module has a toolbox and resources that can be used to make and track changes towards a better balance of helping without the hurt.

Caregiver Skills

Caregivers help another person accomplish their Activities of Daily Living like bathing, dressing, or using the toilet, or help them with activities such as shopping, cooking, or cleaning. Skill modules cover mobility, special diets, wound care, incontinence, managing medications, and specialized medical equipment.

Dementia Skills

The goal of the Dementia Skills training is to give caregivers of all types the practical knowledge and tools to help people living with dementia enjoy moments of human connection, beauty, and personal satisfaction. Every person with dementia is unique. This training focuses on how people in the middle stages of dementia experience their world.

Let's End Loneliness

Ending Loneliness for seniors will require action on multiple fronts. This campaign empowers community members by raising awareness of the detrimental effects loneliness can have on seniors well-being. Modules and videos available support families, volunteers, and elected officials in identifying the loneliest Idahoans and aims at preventing chronic loneliness.

Other Online Content Includes:

- Senior Center Training
- Malnutrition Awareness
- Exercise & Stretching Videos
- Clinical Research Participation Info
- Healthy Aging Educational Resources
- Technology to Age in Place
- Transportation Independence
- Active Role in Healthcare

ICOA Planning Process

The Commission on Aging is at its core a planning organization. This six-module course explains the approved methodology for State and Local planning throughout the aging network. The tools presented in these modules will elevate the planning and ultimately the programs and services of any organization that commits to them.

Planning Process:

Phase 1 – Plan and Organize
Phase 2 – Environmental Analysis
Phase 3 – Identify Opportunities

Phase 4 – Strategic Planning
Phase 5 – Strategy Execution
Phase 6 – Quality Improvement



Strategic Pillar: Stay Healthy

Strategic Goal: Idahoans are inspired to choose lifestyles that promote health and well-being.

Program: OAA Title III-C1 Congregate Meals

Description: The Congregate Nutrition Program serves individuals aged 60 and older, and in some cases, their caregivers, spouses, and/or persons with disabilities. Nutritious meals are provided to an eligible participant at a nutrition site, senior center, or other group setting. Congregate meal programs provide opportunities for social engagement, information on healthy aging, and meaningful volunteer roles, all of which contribute to an older individual's overall health and well-being.

Delivery Method: Direct Planning and Oversight from ICOA with service implementation in each AAA through contracted providers. This is a registered service.

Key Partnerships:

- Nutrition & Aging Resource Center
- Idaho Senior Centers
- Metro Meals on Wheels
- National Council on Aging (NCOA)
- National Association of Nutrition & Aging Services (NANASP)
- Housing Complex

Comments: The State of Idaho allows flexibility for carry-out, shelf-stable, and grab-and-go meals only under an emergency such as a pandemic, fire, snow, or extended loss of needed infrastructure. Funds expended must not exceed 25% of the total percent of C1 funding at the State or AAA level. ICOA conducts an annual campaign in March to prevent malnutrition and celebrates the accomplishment of the senior nutrition programs.

| SFY 2025 Expenditures | |
|------------------------------|-------------|
| Older Americans Act (OAA) | \$2,131,865 |

Program: OAA Title III-C Congregate Meals

| SFY 2025 - Statewide Total | |
|----------------------------|---------|
| Meals Served | 474,594 |
| Clients Served | 12,504 |

SFY 2025 Congregate Meals & Clients Served by AAA

| Served | AAA I | AAA II | AAA III | AAA IV | AAA V | AAA VI |
|---------|--------|--------|---------|--------|--------|--------|
| Clients | 2,069 | 1,061 | 3,814 | 2,141 | 2,229 | 1,190 |
| Meals | 56,105 | 44,670 | 186,302 | 83,010 | 62,218 | 42,289 |

Meal reimbursement rates are determined by AAA's using procedures outlined in Federal and State Law. Meal Providers are reimbursed for each meal served, to the limits of their signed contract.

SFY 2025 Meal Reimbursement Rate

| | |
|---------|--------|
| AAA I | \$4.70 |
| AAA II | \$3.55 |
| AAA III | \$4.00 |
| AAA IV | \$4.25 |
| AAA V | \$3.50 |
| AAA VI | \$3.25 |

Strategic Pillar: Stay Healthy

Strategic Goal: Idahoans are inspired to choose lifestyles that promote health and well-being.

Program: OAA Title III-D Disease Prevention/Health Promotion

Description: The program provides health promotion education to help consumers, families, and caregivers prevent or reduce chronic condition complications and fall risks. Services include evidence-based classes, fall-risk and traumatic brain injury screenings, physical fitness programs focused on strength, balance, and flexibility, home safety checks, and referrals to other preventive health resources.

Delivery Method: Planning, oversight, and evaluation are provided by ICOA, with services delivered directly or through contracted providers within each AAA. Offerings include group and one-on-one support available in community settings or in the home, delivered in person, virtually, or by telephone. This is a non-registered service.

Key Partnerships:

| | | | |
|-------------------|--------------------------------|------------------|---------------------|
| • AARP Idaho | • Emergency Response Providers | • Senior Centers | • State Independent |
| • YMCA | • Idaho Healthcare Providers | • Local Public | Living Council |
| • Idaho Libraries | • College of Southern Idaho | Health Districts | (SILC) |

| Programs Offered by AAA & Statewide Statistics | |
|---|--|
| AAA I | Diabetes Prevention Program, Mind Over Matter, Fit & Fall Proof |
| AAA II | Chronic Disease Self-Management, Fit and Fall Proof |
| AAA III | Chronic Pain & Diabetes Self-Management, Viviendo Sano con Diabetes |
| AAA IV | Forever Fit |
| AAA V | Mind Over Matter |
| AAA VI | Chronic Disease Self-Management |
| Statewide | Workshops: 44 – Participants Enrolled: 2,035 – Certified Instructors: 29 |

| SFY 2025 Expenditures | |
|---------------------------------|------------------|
| Older Americans Act (OAA) | \$138,584 |
| American Rescue Plan Act (ARPA) | \$35,981 |
| Total | \$174,565 |

Strategic Pillar: Stay Healthy

Strategic Goal: Idahoans are inspired to choose lifestyles that promote health and well-being.

Program: Falls Prevention Coalition of Idaho (FPC-ID)

Description: The Falls Prevention Coalition of Idaho raises awareness of the number, location, and impact of falls to individuals, caregivers, communities, and local and state government. The coalition brings together a variety of providers, resources, and community leaders that represent interest across the state.

Delivery Method: The coalition currently exists as an ICOA program but is exploring options as an independent organization. The FPC-ID coordinates awareness, education, resources, and falls risk mitigation through educational seminars and evidence-based falls prevention programs with national, state, and community-based partners and members of the coalition.

Key Partnerships Include:

- Idaho Department of Health and Welfare:
Fit and Falls Proof Program
- EMS and Fire Departments
- St. Luke's Health System
- Community Health Workers
- Living Independence Network Corporation (LINC)
- AARP Idaho
- Idaho College of Osteopathic Medicine (ICOM)
- Non- Profit Advocates
- Idaho State University
- Boise State University
- Habitat for Humanity
- Idaho Accessible Technology Project
- Idaho Commission for Libraries
- Kootenai Health
- State Independent Living Council (SILC)
- Pharmacies

Comments: The coalition supports a falls awareness and education campaign each September. In SFY 2025, there were 79 Coalition Members who supported statewide activities such as online seminars, Falls Risk Screening Events, Traumatic Brain Injury Assessment Trainings, as well as Local and State Proclamations.



Falls Prevention Coalition of Idaho

Strategic Pillar: Stay Connected

Strategic Goal: Idahoans are connected to the people, programs, and services they need to facilitate the highest quality of life.

Program: OAA Title III-B Information and Assistance

Description: Information, assistance, and referral services provide information about services and resources available to seniors for continued independent living or for locating appropriate long-term care.

Delivery Method: Planning, oversight, and evaluation from ICOA with direct service implementation in each AAA.

Key Partnerships: AAAs' and ADRC Partnerships, both local and statewide.

Comments: Information and Assistance (I&A) services are crucial to the implementation of all programs provided by ICOA and AAAs. Staff conduct follow-up calls with clients to ensure that services meet their needs and maintain a high standard of care. These check-ins also provide an opportunity to build friendly, trusting relationships that foster ongoing connection and support. I&A intake specialists are trained following the Inform USA standards. Many AAA's provide additional resources in their local offices with support of I&A staff such as medical equipment, incontinence supplies, and adaptive technologies.

| SFY 2025 Total Contacts | |
|--------------------------------|---------------|
| AAA I | 3,831 |
| AAA II | 1,226 |
| AAA III | 8,797 |
| AAA IV | 3,079 |
| AAA V | 2,600 |
| AAA VI | 3,747 |
| Total | 23,347 |

| SFY 2025 Expenditures | |
|---------------------------------|--------------------|
| Older Americans Act (OAA) | \$1,117,749 |
| American Rescue Plan Act (ARPA) | \$9,629 |
| Total | \$1,127,378 |

Strategic Pillar: Stay Connected

Strategic Goal: Idahoans are connected to the people, programs, and services they need to facilitate the highest quality of life.

Program: Aging and Disability Resource Center (ADRC)

Description: Aging and Disability Resource Centers serve as a centralized resource for information and assistance related to long-term services and supports to seniors, people with disabilities, and their caregivers and families accessing public and private long-term care services.

Delivery Method: Housed statewide by ICOA, implemented on the AAA level through I&A staff and ADRC partners.

Key Partnerships: ADRC Partnership list is extensive and includes all local and statewide partnerships and stakeholders.

Comments: ADRC Idaho operates through the state's Area Agencies on Aging, ensuring that services are delivered locally while maintaining statewide consistency and quality. Guided by the No Wrong Door philosophy, the ADRC helps older adults, people with disabilities, and their caregivers access the right services and supports - no matter where they begin their search. As a member of Inform USA, ADRC Idaho extends this professional membership to AAA staff and leadership, strengthening the skills and standards of those who provide frontline Information and Assistance services. Inform USA offers training, professional development, and nationally recognized standards that help ensure staff are equipped to deliver accurate, person-centered guidance. Through this combined commitment to local delivery, shared statewide standards, and continuous professional development, ADRC Idaho ensures that every individual receives timely, reliable, and seamless support across all entry points.



Strategic Pillar: Stay Connected

Strategic Goal: Idahoans are connected to the people, programs, and services they need to facilitate the highest quality of life.

Program: Idaho Connects

Description: Idaho Connects addresses social isolation and loneliness prevention through multiple programs including letter writing, friendly caller, social media and holiday campaigns.

Delivery Method: Planning, oversight, and evaluation from ICOA with direct service implementation in each AAA. This includes virtual, telephone, and in-person events as well as an awareness month. Online education series hosted on the ICOA website.

www.aging.idaho.gov/stay-connected/loneliness-prevention-reduction/

Key Partnerships:

- Alzheimer's Association of Idaho
- Idaho Hospitals
- Senior Centers
- Idaho Universities
- IDHW
- Interlink
- Idaho Health Districts
- Southeast Washington Alliance for Health (SEWA)



Comments: AAA V has been nationally recognized for their comprehensive and multigenerational Pro-Age Connections program. ICOA and the AAA's lead two loneliness reduction events each year: a holiday letter writing campaign in December and a comprehensive loneliness reduction campaign in February, including education, presentations, and Valentine's Day cards for homebound seniors.

Social Media & Contact Information

Physical Address: 6305 W. Overland Road Suite 110 Boise, Idaho 83709

Mailing Address: PO Box 83720 Boise, Idaho 83720

Telephone Numbers: Main Office: (208) 334-3833
Toll Free: (877) 471-2777

Email: ICOA@aging.idaho.gov

Website: www.aging.idaho.gov



www.facebook.com/idahocoa



@idaho_commission_on_aging



www.linkedin.com/in/idahocoa/



www.youtube.com/@IdahoCOA

Strategic Pillar: Stay Home

Strategic Goal: Idahoans are supported to live independent and healthy lives in the communities of their choice.

Program: OAA Title III-B Transportation

Description: Assists individuals 60 years of age or older and/or individuals with disabilities to maintain their independence by providing access to services and their medical appointments. This may also include the transport of eligible groups of individuals to recreational, educational or community events.

Delivery Method: Planning, oversight, and evaluation from ICOA with direct service implementation in each AAA through contracted providers. Can be provided in a consumer-directed format. Transportation is a non-registered service.

Key Partnerships:

- Idaho Senior Centers
- Idaho Transportation Department
- Native Indian Tribes
- Idaho Transportation Companies

Statewide One-Way Boardings

109,359

SFY 2025 Expenditures

| | |
|---------------------------------|------------------|
| Older Americans Act (OAA) | \$453,313 |
| American Rescue Plan Act (ARPA) | \$3,612 |
| Total | \$456,925 |

Program: Title III-B Transportation

The Consumer Direct format allows consumers to choose their own transportation provider, which could be a family member, neighbor, or friend. These trusted sources are more accessible and can provide valuable support, from helping someone safely enter or exit their home to serving as an advocate at a doctor's appointment.

Piloted in AAA I during SFY 2025, the Consumer Direct Transportation program successfully expanded access in Northern Idaho. Participants described the service as not only appreciated but essential to their well-being, promoting independence and reducing isolation. By reimbursing providers based on hours rather than per ride, the program ensured comprehensive support, door-to-door assistance, and even note-taking during medical appointments. For individuals with mobility challenges, this level of service was truly life-changing.

AAA I was awarded grant funds through a community partnership with United Healthcare that helped make the services possible. ICOA is actively seeking methods and partnerships to extend Consumer Direct services statewide.

Participants were asked if they would recommend the Consumer Directed Transportation Program:

-YES-

"Puts my mind at ease"

"Without the program, I would be homebound"

"It helps me to be able to stay at home and have the ability to go out for errands and visits"

SFY 25: AAA I Consumer Direct Transportation

| | |
|-------------------|----------|
| One-Way Boardings | 3,113 |
| Hours Reimbursed | 2,449 |
| Expenditures | \$35,978 |

Strategic Pillar: Stay Home

Strategic Goal: Idahoans are supported to live independent and healthy lives in the communities of their choice.

Program: OAA Title III-C2 Home Delivered Meals (HDM)

Description: Provides a nutritious meal to an eligible individual at their residence. The program serves frail, homebound individuals, 60 years of age or older who cannot functionally prepare their own meals. It may also provide meals for their spouses, caregivers, and individuals in the home with disabilities.

Delivery Method: Direct planning and oversight from the State Office, with service implementation in each AAA and coordinated with Idaho's tribes. Volunteers and paid staff deliver these meals and spend additional time with the individuals, helping to decrease their feelings of isolation. This is a registered service.

Key Partnerships:

- National Association of Nutrition and Aging Services Programs (NANASP)
- Five Native Tribes in Idaho
- Nutrition and Aging Resource Center
- Idaho Senior Centers
- Idaho Hospitals
- Metro Meals on Wheels

Comments: Each March, ICOA, AAAs, and contracted meal providers celebrate National Nutrition Month with a variety of community activities. Highlights include Governors' and Mayors' proclamation readings at senior centers, sharing nutrition messages through social media, billboards, and newsletters, and presentations at council meetings and local service providers. Partners also organize food drives for local food banks, participate in public health and craft fairs with registered dietitians offering healthy snacks, and host guest speakers to discuss senior nutrition. Additional celebrations include small raffles and airing radio commercials throughout the month to promote healthy eating and nutrition awareness.

| SFY 2025 Expenditures | |
|------------------------------|--------------------|
| Older Americans Act (OAA) | \$2,078,636 |
| State Nutrition Program | \$805,000 |
| ARPA Funds | \$97,021 |
| Total | \$2,980,657 |

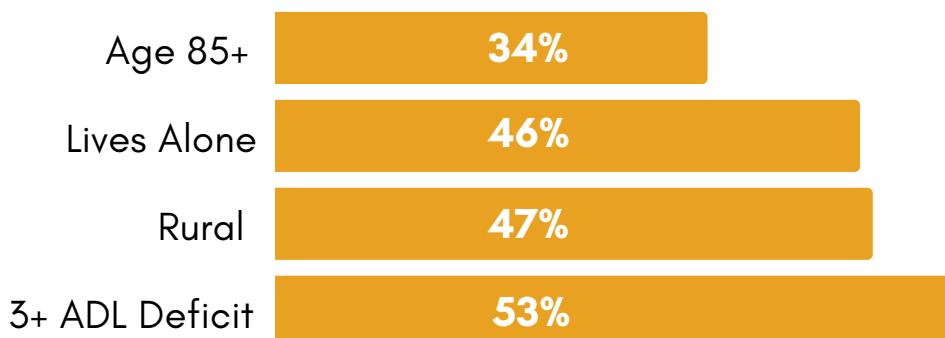
Program: Title III-C2 Home Delivered Meals

Home-delivered meals reduce the risk of institutionalization for Idahoans and are a priority foundation for healthy aging in place. HDM providers serve clients meals up to five days a week. Meals may consist of hot, cold, frozen, dried, canned, fresh, or supplemental foods. Delivery drivers serve as a point of contact for homebound seniors, providing a connection to their community without leaving their home.

Program costs include food, preparation, delivery, dietitian services, and program management. Meal providers require community support and volunteer efforts to sustain their services.

The additional State Nutrition Program funds recommended by the Governor and appropriated by the legislature were utilized in SFY 2025 to help mitigate waitlists and raise the reimbursement rate for each meal served by \$0.25. Remaining State funds are fully expended through an additional incentive payment, directly to providers, for every meal served.

HDM Client Demographics



| AAA | Clients Served | Meals Delivered |
|------------------|----------------|-----------------|
| AAA I | 574 | 70,604 |
| AAA II | 373 | 45,573 |
| AAA III | 1,102 | 150,953 |
| AAA IV | 696 | 85,765 |
| AAA V | 730 | 57,848 |
| AAA VI | 854 | 100,786 |
| Statewide | 4,329 | 511,529 |

Strategic Pillar: Stay Home

Strategic Goal: Idahoans are supported to live independent and healthy lives in the communities of their choice.

Program: Commodity Supplemental Food Program (CSFP)

Description: The Commodity Supplemental Food Program provides low-income seniors, age 60 and older, with extra food each month. This program improves the health of eligible participants by supplementing diets with nutritious USDA foods. Nutrition education is provided monthly in addition to the food box.

Delivery Method: Planning and oversight through the State Office, with direct administration by the Idaho Foodbank (IFB) through contracted distribution agencies monthly. The IFB determines the eligibility of applicants and distributes the food boxes.

Key Partnerships:

- Idaho Foodbank
- Senior Centers
- Churches
- USDA
- Community Food Pantries

Average 32 lbs. per box and may contain:

| | | |
|---------------|---------------------|-----------------|
| • Cheese | • Canned Vegetables | • Dry Beans |
| • Canned Meat | • Cereals & Oats | • Pasta |
| • Canned Fish | • Juice | • Canned Fruits |

| | |
|----------------------------------|--------|
| IFB Distribution Agencies | 64 |
| Seniors Served (monthly average) | 2,078 |
| Food Boxes Delivered | 24,880 |

FFY 2025 Expenditures

\$217,619

Strategic Pillar: Stay Home

Strategic Goal: Idahoans are supported to live independent and healthy lives in the communities of their choice.

Program: Nutrition Services Incentive Program (NSIP).

Description: This program provides incentive payments to encourage and reward the efficient delivery of nutritious meals to older individuals. NSIP allocations are only to be used to purchase food grown or produced in the USA.

Delivery Method: Program and fiscal oversight from the State Office, with money equitably distributed to all non-profit contracted meal providers.

Key Partnerships: Contracted Meal Providers including Senior Centers and their volunteers.

Meals Served Statewide: HDM & CM
1,025,393

FFY 2025 NSIP Payments to Meal Providers

| | |
|--------------|------------------|
| AAA I | \$60,753 |
| AAA II | \$40,559 |
| AAA III | \$165,525 |
| AAA IV | \$77,580 |
| AAA V | \$56,347 |
| AAA VI | \$70,515 |
| Total | \$471,279 |

Strategic Pillar: Stay Home

Strategic Goal: Idahoans are supported to live independent and healthy lives in the communities of their choice.

Program: OAA Title III-E National Family Caregiver Support Program

Description: The Family Caregiver Support program aims to empower and assist caregivers by providing a range of services, including information and assistance, counseling and training, support groups, respite care, and supplemental services. These are designed to reduce stress and negative health outcomes of being a caregiver. This support prevents burnout, prolonging the time caregivers can keep their loved ones safely at home.

Delivery Method: Planning, oversight, and evaluation from ICOA with direct service implementation in each AAA, with respite delivered through contracted providers. Respite can be provided in a Consumer-Directed format. Respite is a registered service.

Key Partnerships:

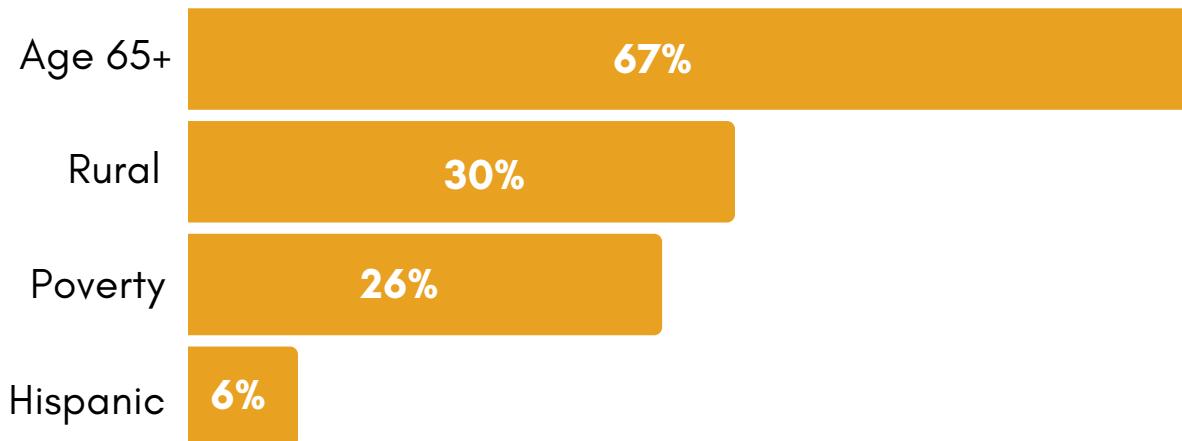
- Alzheimer's Association of Idaho
- Blue Cross of Idaho
- Contracted Respite Providers
- Dementia Society of America
- Family Caregiver Navigator
- Idaho Caregiver Alliance
- Idaho Crisis & Suicide Hotline
- Idaho Alzheimer's Disease and Related Dementias (ADRD) Program
- Idaho State University - Community Health Worker Program
- Jannus - Aging Strong Program
- LEARN Idaho
- Molina
- On-Site-for-Seniors
- St Luke's McCall & Adams County Health District
- St. Als Community Health Worker's
- Title VI Program Directors

| SFY 2025 Expenditures | |
|---------------------------------|--------------------|
| Older Americans Act (OAA) | \$1,094,348 |
| American Rescue Plan Act (ARPA) | \$48,856 |
| Total | \$1,143,204 |

Program: National Family Caregiver Support Program

| SFY 2025 Service Units | |
|---------------------------------------|----------------|
| <i>Respite</i> | 29,246 hours |
| <i>Information & Assistance</i> | 1,686 contacts |
| <i>Caregiver Training</i> | 774 hours |
| <i>Support Groups</i> | 127 sessions |
| <i>Information Services: Outreach</i> | 128 activities |
| <i>Supplemental Services</i> | 29 hours |
| <i>Caregiver Meals</i> | 19,263 meals |

Caregiver Demographics



| Respite Service Type | Clients | Hours |
|----------------------------------|--------------------|---------------------|
| Agency Respite Service | 284 | 18,275 |
| Consumer Direct Respite Services | 168 | 10,971 |
| Total | 452 Clients | 29,246 Hours |

Strategic Pillar: Stay Home

Strategic Goal: Idahoans are supported to live independent and healthy lives in the communities of their choice.

Program: Idaho Community **CARE** Program

Case Management, Advocacy, Respite, Education

Description: This program serves high-risk caregivers, including caregivers caring for an individual with memory concerns, dementia, or Alzheimer's. Person centered planned interventions begin with an in-person home assessment performed by certified Community Health Workers (CHW). Ongoing telephonic case management is provided by highly trained staff who are supervised by a Licensed Social Worker. Funds are used for caregiver education and training, support groups, burden relieving technology, and respite.

Delivery Method: Planning, oversight, and evaluation from ICOA with services supplied through a single statewide contract, currently awarded to AAA III. Respite can be provided in a consumer-directed format.

Key partnerships include:

- Adams County Health Clinic
- Alzheimer's Association of Idaho
- Blue Cross of Idaho
- Boundary Community Hospital
- Challis Area Health Clinic
- Dementia Society of America
- Desert Sage Health
- Gritman Memorial
- Idaho Crisis & Suicide Hotline
- Idaho Alzheimer's Disease and Related Dementias (ADRD) Program
- ISU - CHW Program
- ISU Geriatric Symposium
- Jannus - Aging Strong Program
- Lakes Regional Healthcare
- Molina Healthcare
- On-Site-for-Seniors
- Rural County Health Coalition
- St Luke's McCall & Adams County
- St. Al's CHW's
- Steele Memorial Medical Center
- Title VI Program Directors
- Weiser Memorial Hospital



Case Management - Advocacy - Respite - Education

Program: Idaho Community CARE Program

Case Management, Advocacy, Respite, Education

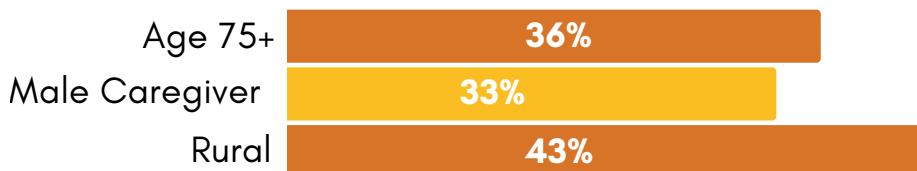
During SFY 2025, CCP prioritized expanding outreach efforts to remote communities. This shift required significantly more time and effort to build relationships and establish trust. Securing locations and fostering trust in these areas has been a gradual process, but we believe the efforts invested this year will strengthen the program moving forward.

Caregiver Testimonials about CARE Program:

"I have learned how to use tools and resources to support myself as a caregiver. I have learned to take care of myself so that I can continue to take care of my loved one."

"Thank you for helping us through his journey. It wasn't easy but programs like this make it doable. The help and encouragement are very appreciated."

Caregiver Demographics



SFY 2025 Service Units

| | |
|--|-------|
| Caregivers Served | 214 |
| Case Management Clients | 168 |
| Hours of Respite Provided | 6,058 |
| Prioritized APS Enrollment | 3 |
| Home Visits Made by Community Health Advocates | 172 |

SFY 2025 Expenditures

| | |
|---|------------------|
| State Funds: Alzheimer's Disease and Related Disease (ADRD) | \$619,936 |
| Federal Funds: Community Health Worker Grants | \$357,634 |
| Total | \$977,570 |

Strategic Pillar: Stay Home

Strategic Goal: Idahoans are supported to live independent and healthy lives in the communities of their choice.

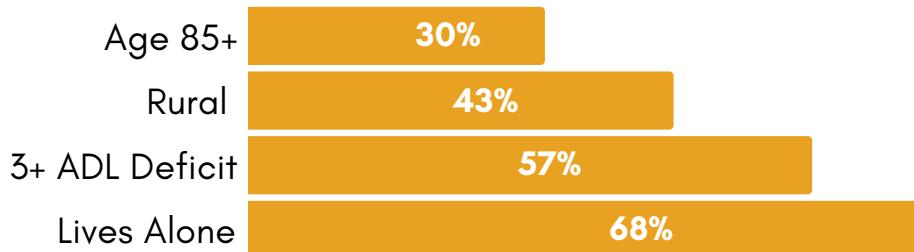
Program: OAA Title III-B Homemaker

Description: Homemaker service may include meal preparation, shopping, light housekeeping, assisting with paperwork for financial, health care, insurance, or other needs, making telephone calls on the senior's behalf, or assisting with using the telephone, escorting and assisting the senior to medical appointments, shopping, and other errands. Each participant is evaluated on their ability to perform their activities of daily living and priority is given to those with the most functional loss.

Delivery Method: Planning, oversight, and evaluation from ICOA with direct service implementation in each AAA through contracted providers. Can be provided in a consumer-directed format. This is a registered service.

Key Partnerships: Service Providers and Five Native Tribes in Idaho

Homemaker Client Demographics



| Homemaker Service | Clients Served | Hours Provided |
|--------------------------|----------------|----------------|
| Contracted Services | 528 | 21,942 |
| Consumer Direct Services | 178 | 7,040 |
| Total | 706 | 28,982 |

| SFY 2025 Expenditures | |
|---------------------------------|------------------|
| Older American Act (OAA) | \$581,112 |
| American Rescue Plan Act (ARPA) | \$55,988 |
| Total | \$637,100 |

Strategic Pillar: Stay Home

Strategic Goal: Idahoans are supported to live independent and healthy lives in the communities of their choice.

Program: OAA Title III-B Chore

Description: Chore services assist the client with keeping a safe and clean environment to enable them to live independently in their own home. Chore funding may be spent on safety and accessibility modifications, heavy house or yard work, and sidewalk maintenance.

Delivery Method: Planning, oversight, and evaluation from ICOA with direct service implementation in each AAA through contracted providers and volunteers. This is a registered service.

Key Partnerships:

- USDA - Rural Development
- Interlink
- Idaho Veterans Affairs
- Habitat for Humanity
- Five Native Tribes in Idaho

Comments: ICOA has identified Chore services as an unmet need and has addressed it as a priority in their new State Plan. ICOA expects to see Chore service units increase statewide over the next 4 years.

| SFY 2025 Expenditures & Service Units | |
|--|-------|
| Older American Act (OAA) | \$419 |
| Hours of Service | 14.5 |

Strategic Pillar: Stay Home

Strategic Goal: Idahoans are supported to live independent and healthy lives in the communities of their choice.

Program: Medicare Improvement for Patients and Providers Act (MIPPA)

Description: The primary goal is to assist Medicare eligible individuals with application for the Low-Income Subsidy Program and the Medicare Savings Plan, Medicare Part D counseling, and Medicare Part D enrollment assistance.

Delivery Method: Planning, oversight, and evaluation from ICOA with direct service implementation in each AAA.

Key Partnerships: Senior Health Insurance Benefits Advisors (SHIBA) and Idaho's State Health Insurance Assistance Program (SHIP)

Comments: ICOA and the AAAs lead a Boost your Budget campaign across the state in April of each year.

SFY 2025 Expenditures: \$151,770

Program: Senior Community Service Employment Program (SCSEP)

Description: SCSEP is a community service and work-based job training program for older Americans. Authorized by the Older Americans Act, the program provides training for low-income, unemployed seniors.

Delivery Method: ICOA oversees the Idaho State SCSEP grant. ICOA subcontracts SCSEP services to Easter Seals Goodwill, a local community services organization that provides essential services, including employment services, to the public.

Key Partnerships: Idaho Department of Labor, Easter Seals Goodwill, WIOWA Council

Comments: Serves unemployed low-income persons who are age 55 and older, who have poor employment prospects by training them in part-time community service assignments and by helping them learn skills to facilitate their transition to unsubsidized employment. ICOA recognizes the last week of September as Older Workers Week and promotes the employment of older workers across the state.

Project Year 2024-2025 Expenditures: \$525,666

Federal Funds: \$418,159

Local In-Kind Match: \$107,507

Strategic Pillar: Stay Safe

Strategic Goal: Idahoans promote resiliency, self-determination, and dignity for older and vulnerable adults.

Program: Adult Protective Services (APS)

Description: Idaho's Adult Protective Services system assists vulnerable adults who are unable to manage their own affairs, carry out the activities of daily living or protect themselves from abuse, neglect, or exploitation. APS serves adults (18+ years) who are the alleged victims of an APS report and are vulnerable to adult maltreatment or are at high risk of adult maltreatment. APS also aids caregiving families experiencing difficulties in maintaining the health or safety of a person who is vulnerable to adult maltreatment.

Delivery Method: Planning, oversight, and evaluation from ICOA with direct service implementation in each AAA.

Key Partnerships:

- Idaho Dept of Finance
- Community Financial Institutions
- Idaho Law Enforcement
- Alzheimer's Association of Idaho
- Idaho Council on Developmental Disabilities
- Idaho Legal Aid
- IDHW - Bureau of Facility Standards
- AARP Idaho
- Idaho Office of Attorney General

Comments: ICOA, the AAAs, and community partners collaborate on a statewide public awareness campaign each June to promote Elder Abuse Prevention.



Adult Protective Services

Program: Adult Protective Services

Adult Protective Services collaborates with community partners to prevent abuse, neglect, and exploitation of Idaho's vulnerable adults. In SFY 2025, APS staff within the Area Agencies on Aging delivered 108 community presentations statewide, providing education and resources to help prevent crisis situations.

Key partnerships with the Idaho Commission on Aging, Idaho Department of Finance, and AARP Idaho supported free educational events across the state for seniors, family members, and caregivers. These events emphasized guidance and resources to help prevent, recognize and report abuse, neglect, and financial exploitation of vulnerable adults.

| SFY 2025 Expenditures | |
|------------------------------|-------------|
| State Funds | \$1,272,921 |

| | Reports | Investigations | Substantiated |
|--------------|----------------|-----------------------|----------------------|
| AAA I | 859 | 222 | 45 |
| AAA II | 365 | 34 | 6 |
| AAA III | 3,004 | 577 | 110 |
| AAA IV | 321 | 206 | 17 |
| AAA V | 479 | 168 | 33 |
| AAA VI | 755 | 398 | 51 |
| Total | 5,783 | 1,605 | 262 |

| Maltreatment | Allegations | Substantiated Age 18-59 | Substantiated Age 60+ |
|---------------------|--------------------|--------------------------------|------------------------------|
| Abuse | 1,307 | 49 | 55 |
| Exploitation | 1,502 | 13 | 49 |
| Neglect | 1,342 | 26 | 57 |
| Self-Neglect | 975 | 13 | 47 |
| Total | 5,126 | 101 | 208 |

Program: Adult Protective Services

Adult Protective Services utilized Federal American Rescue Act (ARPA) grant funds to strengthen the capacity of the state Adult Protective Services Program by supporting initiatives that reduce the risk of maltreatment and provide assistance to family and informal caregivers. In SFY 2025, ARPA funds supported key partnerships and services, including the Idaho Legal Services, APS Outreach, APS Training, and updates to the standardized APS Training Materials.

SFY 2025 ARPA Grant Completed Projects:

1. Conducted a statewide APS public awareness campaign
2. Provided training and professional development activities for APS state and local staff and APS Intake workers statewide
3. Provided legal services support for APS clients and their family caregivers
4. Updated APS online training materials to align with Idaho statute and rule

Client Reviews of Legal Services:

"If it hadn't been for legal aid, justice would not be served for my elderly mother."

"I was impressed by the ease of the intake process, the skill and patience of the attorney, and the clarity the information provided."

APS Staff Feedback on Training and Professional Development:

"Continuing education for APS professionals is essential in order to keep up with all the new ways perpetrators are targeting older adults across the country."

"The opportunity for collaboration is excellent. The NAPSA conference allows APS staff to develop contacts nationwide. It also provides excellent education on how challenges are being addressed and overcome."

SFY 2025: ARPA Grant Expenditures

\$264,810

Strategic Pillar: Stay Safe

Strategic Goal: Idahoans promote resiliency, self-determination, and dignity for older and vulnerable adults.

Programs: Legal Assistance and Legal Assistance Developer (LAD)

Description: Legal assistance is provided statewide through contract with Idaho Legal Aid Services, Inc (ILAS), a nonprofit statewide organization with seven regional offices. Legal services, funded by the OAA are provided for people 60 years and older with priority given to protecting the rights of people in long-term care, and who seek alternatives to institutionalization, guardianship and alternatives to guardianship issues. ILAS is the subject matter expert on matters related to all priority case type areas under the OAA, including income, healthcare, long-term care, nutrition, housing, utilities, protective services, abuse, neglect, age discrimination and defense against guardianship, and consumer law. ICOA designates the position of the Idaho Legal Assistance Developer through a single source contract with ILAS. Idaho LAD assists ICOA to advance Legal Assistance education, outreach, and service delivery to meet the OAA requirements. LAD has entered a memorandum of understanding and coordinates with the Ombudsman, collaborates with other programs that address and protect elder rights, and provides training and technical assistance statewide to AAA, APS, and legal assistance providers.

Delivery Method: Single source statewide contract.

Key Partnerships:

- Boise Senior Center
- Idaho Dept of Health & Welfare
- Idaho Scam Jam Alliance
- Idaho Volunteer Lawyers Program

Comments: ICOA leads a statewide campaign each July that educates and promotes the adoption of alternatives to guardianships including supported decision making.

| SFY 2025 Expenditures: Legal Assistance | |
|--|-----------------|
| Older Americans Act | \$74,356 |
| American Rescue Plan Act | \$2,924 |
| Total | \$77,280 |

Programs: Legal Assistance and Legal Assistance Developer

Legal Assistance is available for potentially any type of civil issue, but the Older Americans Act prioritizes legal assistance on the following 10 issues.

Legal Assistance Prioritized Issues:

| | |
|--------------------|-------------------------|
| Abuse or Neglect | Protective Services |
| Age Discrimination | Defense of Guardianship |
| Health Care | Utilities |
| Housing | Long-Term Care |
| Income | Nutrition |

SFY 2025: Legal Assistance Cases Closed Age 60+

| | |
|--|--------------|
| Client Housing, Eviction | 385 |
| Powers of Attorney, Advanced Directives, Wills and Estates | 173 |
| Bankruptcy, Debt Collections, Consumer | 167 |
| Family Law, Guardianships | 110 |
| Medicaid, Medicare | 83 |
| Misc. (civil rights, abuse and neglect, licenses, etc.) | 77 |
| Employment Law, Income, Social Security | 50 |
| Total Cases Closed | 1,045 |

Strategic Pillar: Stay Safe

Strategic Goal: Idahoans promote resiliency, self-determination, and dignity for older and vulnerable adults.

Program: State Office of the Long-Term Care Ombudsman

Description: The Long-Term Care Ombudsman Program is mandated by the Older Americans Act and state law to provide resident-centered advocacy. The mission of the Long-Term Care Ombudsman Program is to ensure that residents in Idaho's long-term care facilities have prompt access to advocacy, mediation, and education, safeguarding their rights. The program aims to enhance both the quality of care and the overall quality of life for these residents through dedicated advocacy, educational initiatives, and outreach efforts.

Delivery Method: Direct Planning and oversight from the State Office with service implementation in each AAA.

Key Partnerships:

- Disability Rights Idaho
- Idaho Assistive Technology Center
- Idaho Adult Protective Services
- Idaho Legal Aid
- IDHW- Bureau of Licensing & Certification
- Idaho Healthcare Association
- Intermountain Fair Housing
- AARP Idaho

Comments: The Long-Term Care Ombudsman program plans and implements an awareness campaign in collaboration with statewide partners to educate on and promote residents' rights each October.



Resident Advocates

SFY 2025 Expenditures

| | |
|--------------------------|------------------|
| Older Americans Act | \$852,462 |
| American Rescue Plan Act | \$3,395 |
| Total | \$855,857 |

Program: State Office of the Long-Term Care Ombudsman

In SFY 2025, the Long-Term Care Ombudsman Program (LTCOP) played a crucial role in safeguarding the rights and well-being of individuals in nursing homes, assisted living facilities, and other long-term care settings. However, the program faces significant challenges that limit its effectiveness. The program is hindered by insufficient funding, which affects its ability to hire and retain qualified staff, conduct regular facility visits, and respond promptly to complaints. Staffing shortages, especially in rural or underserved areas, exacerbate these issues, leading to inconsistent oversight. As the aging population grows and care needs become more complex, ombudsmen are confronted with an increasing volume of complaints regarding medical care, resident rights, and potential abuse or neglect, often requiring specialized knowledge and thorough investigations. A general lack of public awareness about the LTCOP and its services limits its reach and effectiveness, leaving many residents and their families unaware of the support available to them.

The State Office is actively engaged in recruitment initiatives at both the state and local levels to increase the number of volunteers for the State Office and the Area Agencies on Aging (AAA). This effort is focused on strengthening the LTCOP and enhancing accessibility for residents in long-term care facilities. The State Office has currently recruited a volunteer to assist with outreach statewide initiatives and projects.

The table below illustrates the number of Residential Assisted Living Facilities (RALFs) and Skilled Nursing Facilities (SNFs). Note that some licensed facilities may encompass multiple buildings and could represent a campus. Data obtained from the Health and Welfare Website, 2025.

| AAA | RALF's | RALF Bed Count | SNF's | SNF Bed Count | Total Beds |
|--------------|------------|-------------------|-----------|------------------|---------------|
| AAA I | 44 | 1,793 | 12 | 988 | 2,781 |
| AAA II | 29 | 862 | 10 | 760 | 1,622 |
| AAA III | 164 | 5,129 | 29 | 2,432 | 7,561 |
| AAA IV | 58 | 1,051 | 11 | 746 | 1,797 |
| AAA V | 38 | 1,113 | 10 | 528 | 1,641 |
| AAA VI | 32 | 1,158 | 8 | 577 | 1,735 |
| Total | 365 | 11,106 | 80 | 6,031 | 17,137 |

Program: State Office of the Long-Term Care Ombudsman

| Ombudsman Staffing | |
|---|----|
| State Long-Term Care Ombudsman | 1 |
| Local AAA Ombudsman Full-Time | 12 |
| Local AAA Ombudsman Part-Time | 3 |
| Certified Assistant Ombudsman Volunteer | 12 |

| Ombudsman Activities | |
|--------------------------------|-------|
| Routine Facility Visits | 2,044 |
| Resident Council Meetings | 176 |
| Community Education Sessions | 171 |
| Information & Assistance Calls | 6,055 |

Top Complaints

Assisted Living Facilities

1. Discharge and/or Evictions
2. Medication
3. Gross Neglect
4. Rights & Preferences
5. Billing & Charges

Nursing Facilities

1. Personal Hygiene
2. Assistance Requests
3. Rights & Preferences
4. Discharge and/or Evictions
5. Dignity and Respect

Complaints Investigated

1,232

Complaints Resolved

95%

Strategic Pillar: Stay Safe

Strategic Goal: Idahoans promote resiliency, self-determination, and dignity for older and vulnerable adults.

Program: Senior Medicare Patrol (SMP)

Description: Provide a statewide effort to fight fraud and abuse in the Medicare and Medicaid healthcare systems.

Delivery Method: Administered through the AAA network. AAAs have at least 1 SMP volunteer coordinator and recruit volunteers to assist with SMP activities.

Key Partnerships:

- Idaho Scam Jam Alliance (ISJA)
- Better Business Bureau
- Idaho AARP
- Idaho Office of the Attorney General
- Idaho Department of Finance
- Idaho State Tax Commission
- Federal Trade Commission
- Justice Alliance for Vulnerable Adults
- Idaho Crime Prevention Association
- Idaho Department of Insurance (SHIBA)
- Idaho Legal Aid
- Idaho Caregiver Alliance
- Local Police Agencies

Comments: Each June ICOA and the Scam Jam network leads a statewide campaign to prevent Medicare and related frauds.



Preventing Medicare Fraud

| Program Information | |
|-----------------------------------|-------|
| Active Team Members | 25 |
| Group Outreach & Education Events | 178 |
| Individual Interactions | 966 |
| People Reached | 7,394 |

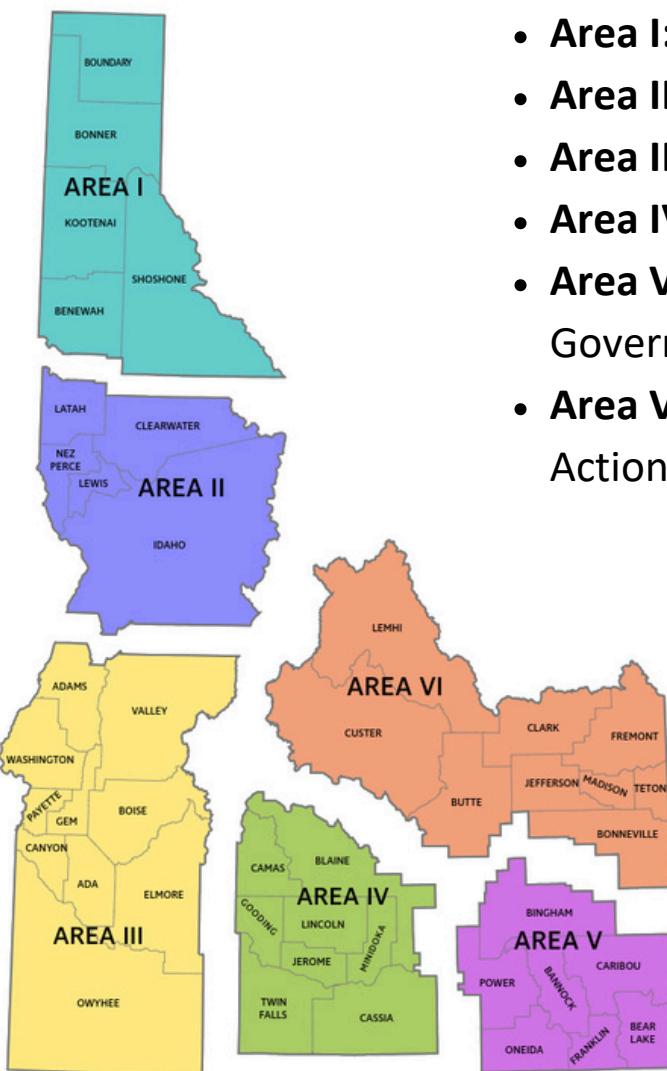
| SFY 2025 Expenditures | |
|---------------------------|-----------|
| Older Americans Act (OAA) | \$348,273 |

Financials & Demographics

The Intrastate Funding Formula (IFF)

With the advice of our Commissioners, and input from the six AAAs, ICOA developed an IFF that meets federal guidelines. Area Agencies on Aging budget this money to meet the needs of at risk seniors in their areas.

AAAs are funded with trustee and benefit monies, per Section 67-5007 Idaho Code. AAAs plan and facilitate service delivery in local communities throughout the state.



- **Area I:** North Idaho College
- **Area II:** Community Action Partnership
- **Area III:** Senior Services Agency
- **Area IV:** College of Southern Idaho
- **Area V:** Southeast Idaho Council of Governments
- **Area VI:** Eastern Idaho Community Action Partnership

SFY 2025 Intrastate Funding Formula

Based on Weighted Elderly or “at risk” Population

| | Federal | State | Total |
|---|-------------|-------------|-------------|
| Total Funds for AAA Distribution | \$8,177,588 | \$1,681,381 | \$9,858,969 |
| Base Funding Amounts: 10% of Total Funds | \$817,759 | \$168,138 | \$985,897 |
| Remaining Balance for Formula Distribution | \$7,359,829 | \$1,513,243 | \$8,873,072 |
| State Additional Match Distributed by Formula | NA | \$241,719 | \$241,719 |

| | AAA I | AAA II | AAA III | AAA IV | AAA V | AAAVI | Total |
|--|--------------------|------------------|--------------------|--------------------|--------------------|--------------------|---------------------|
| Base Funding (1/6 of Base Amount) | | | | | | | |
| Federal Funds | \$136,293 | \$136,293 | \$136,293 | \$136,293 | \$136,293 | \$136,293 | \$817,759 |
| State Funds | \$28,023 | \$28,023 | \$28,023 | \$28,023 | \$28,023 | \$28,023 | \$168,138 |
| Weighted Population Used for Formula | | | | | | | |
| Weighted Population | 79,542 | 34,426 | 170,721 | 63,758 | 47,551 | 48,595 | 444,593 |
| 65+ Living in Poverty | 4,038 | 2,019 | 10,229 | 3,045 | 2,288 | 2,304 | 23,923 |
| 65+ Living Alone | 12,399 | 5,990 | 31,840 | 7,967 | 6,953 | 7,595 | 72,744 |
| 60+ Racial Minority | 2,910 | 1,585 | 8,732 | 1,742 | 2,232 | 1,581 | 18,782 |
| 60+ Hispanic | 1,770 | 469 | 11,605 | 4,840 | 2,298 | 2,270 | 23,252 |
| 60+ Living in Rural | 29,902 | 11,568 | 35,803 | 27,866 | 20,266 | 18,219 | 143,624 |
| 75+ | 23,279 | 10,067 | 58,576 | 14,647 | 10,936 | 13,462 | 130,967 |
| 85+ | 5,244 | 2,728 | 13,936 | 3,651 | 2,578 | 3,164 | 31,301 |
| % of Weighted Population | 17.9% | 7.7% | 38.4% | 14.3% | 10.7% | 10.9% | 100% |
| Formula Driven Funding (multiply weighted population % and balance of formula distribution) | | | | | | | |
| Federal Funds | \$1,316,745 | \$569,891 | \$2,826,130 | \$1,055,455 | \$787,163 | \$804,446 | \$7,359,829 |
| State Funds | \$270,734 | \$117,174 | \$581,076 | \$217,011 | \$161,847 | \$165,401 | \$1,513,243 |
| Total Base + Formula | \$1,751,795 | \$851,381 | \$3,571,522 | \$1,436,782 | \$1,113,326 | \$1,134,163 | \$9,858,969 |
| Title VII Funds | \$19,468 | \$10,936 | \$48,271 | \$12,938 | \$10,950 | \$15,992 | \$118,556 |
| State Match Funds | \$43,246 | \$18,717 | \$92,819 | \$34,664 | \$25,853 | \$26,420 | \$241,719 |
| Total Budget | \$1,814,509 | \$881,034 | \$3,712,612 | \$1,484,384 | \$1,150,129 | \$1,176,575 | \$10,219,244 |

AAA OAA State & Federal Expenditures

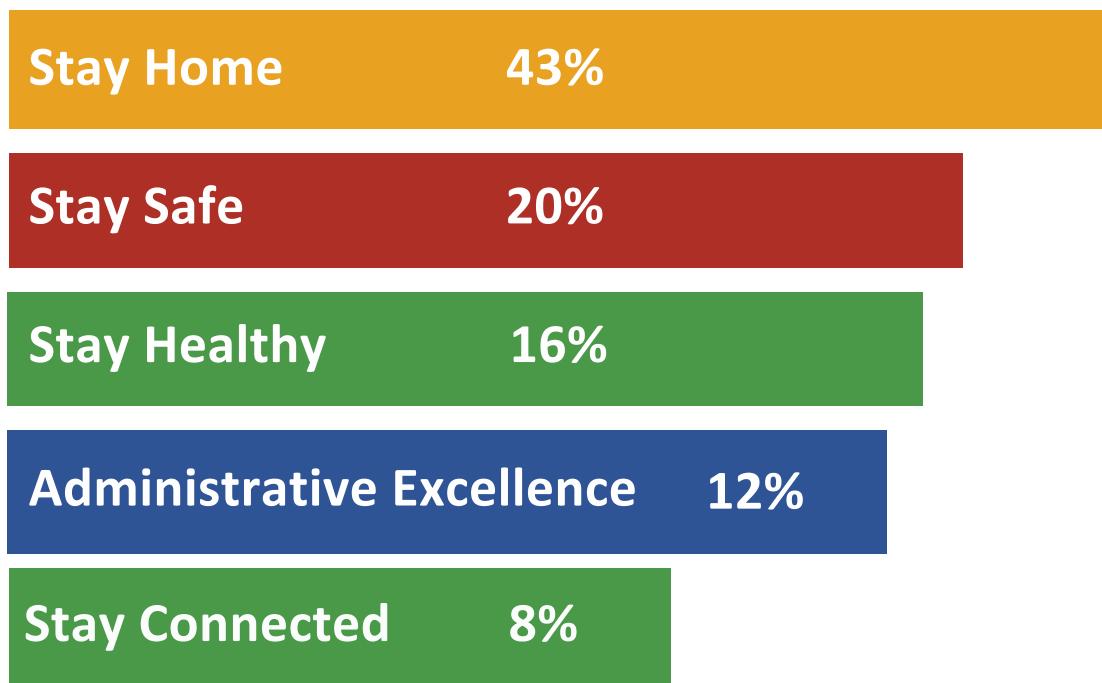
| | OAA State & Federal Funds | Federal ARPA Funds | Total |
|---|---------------------------|---------------------|------------------------|
| Area Plan Administration | \$1,096,066.08 | 0 | \$1,096,066.08 |
| Title IIIB: Planning & Coordination | \$37,144.47 | \$462.24 | \$37,606.71 |
| Title IIIB: Outreach & Public Information | \$18,599.73 | \$4,310.42 | \$22,910.15 |
| Title IIIB: Information & Assistance | \$807,570.39 | \$4,629.00 | \$812,199.39 |
| Title IIIB: Transportation | \$453,313.14 | \$3,612.26 | \$456,925.40 |
| Title IIIB: Legal Assistance | \$61,932.50 | \$1,258.00 | \$63,190.50 |
| Title IIIB: Homemaker | \$581,112.18 | \$55,987.91 | \$637,100.09 |
| Title IIIB: Chore | \$419.00 | 0 | \$419.00 |
| Title IIIB: Friendly Caller Program | 0 | \$592.00 | \$592.00 |
| Title IIIB & VII: Ombudsman | \$852,461.64 | \$3,395.00 | \$855,856.64 |
| Title IIIC1: Congregate Meals | \$2,131,865.38 | 0 | \$2,131,865.38 |
| Title IIIC2: Home Delivered Meals | \$2,078,636.18 | \$106,325.13 | \$2,184,961.31 |
| Title IIID: Disease Prevention | \$138,584.42 | \$35,980.64 | \$174,565.06 |
| Title IIIE: Information Services | \$31,089.85 | \$5,006.00 | \$36,095.85 |
| Title IIIE: Access Assistance | \$310,179.07 | \$5,000.00 | \$315,179.07 |
| Title IIIE: Support Groups | \$76,358.24 | \$147.29 | \$76,505.53 |
| Title IIIE: Individual Counseling | \$2,184.67 | 0 | \$2,184.67 |
| Title IIIE: Caregiver Training | \$69,029.78 | \$1,587.45 | \$70,617.23 |
| Title IIIE: Respite | \$512,766.01 | \$35,449.11 | \$548,215.12 |
| Title IIIE: Legal Assistance | \$12,423.00 | \$1,666.00 | \$14,089.00 |
| Title IIIE: Meal Assistance | \$80,317.57 | 0 | \$80,317.57 |
| Nutrition Services Incentive Program (NSIP) | \$471,279.00 | 0 | \$471,279.00 |
| Total | \$9,823,332.30 | \$265,408.45 | \$10,088,740.05 |

State & Federal Programs Expenditures

| Federal Grant Funds | |
|--|--------------------|
| State Plan Administration | \$631,241 |
| Ombudsman Supplemental | \$87,973 |
| Title VII - Elder Abuse Prevention (LAD) | \$23,607 |
| Commodity Supplemental Food Program (CSFP) | \$217,619 |
| Senior Community Service Employment Program (SCSEP) | \$418,159 |
| Medicare Improvements for Patients and Providers Act (MIPPA) | \$151,770 |
| Senior Medicare Patrol Fraud Prevention (SMP) | \$348,273 |
| ARPA - Expanding Public Health Workforce | \$357,634 |
| Federal ARPA Funds | |
| ARPA - Adult Protective Services | \$264,810 |
| State Funds | |
| State Plan Administration | \$1,062,802 |
| Adult Protective Services | \$1,268,689 |
| Alzheimer's & Dementia Related Disease (ADRD) | \$619,936 |
| Funds Total | \$5,452,513 |

At a Glance

Percent of Budget Distribution by Strategic Pillar



| Target Demographics | Registered Clients Served* | Percent of Registered Clients Served |
|--------------------------------|----------------------------|--------------------------------------|
| Age 65-74 | 5,264 | 30.1% |
| Age 75-84 | 6,551 | 37.5% |
| Age 85+ | 3,918 | 22.4% |
| Age 65+ Living in Poverty | 3,546 | 20.3% |
| Age 65+ Living Alone | 6,643 | 38.0% |
| Age 60+ Living in Rural County | 9,264 | 53.0% |
| Age 60+ Racial Minority | 533 | 3.1% |
| Age 60+ Hispanic | 739 | 4.2% |

*Registered services collect demographic information, not all services provided are considered registered services

ICOA Duties and Powers

In 1968, based on Idaho Code 67-500, the legislature recognized the need to provide basic necessities to its older people, to permit older Idahoans to remain independent, and to avoid institutionalization (Title 67-5005). The Commission on Aging was created to achieve this vision. ICOA continues to support healthy community living for Idaho's current aging population while forecasting and positioning the State for future trends. The legislative charter (Title 67-5003) designates specific responsibilities including:

- To serve as an advocate within state government & the community for older Idahoans;
- To serve as an advisory body regarding state legislative issues affecting older Idahoans;
- To promulgate, adopt, amend & rescind rules related to programs & services administered by the commission;
- To enter into funding agreements as grants & contracts within the limits of appropriated funds to carry out programs & services for older Idahoans;
- To conduct public hearings & evaluations to determine the health & social needs of older Idahoans, & determine the public & private resources to meet those needs;
- To designate "planning & service areas" & Area Agencies on Aging in accordance with the Older Americans Act & federal regulations. The Commission shall review the boundaries of the "planning & service areas" periodically & shall change them as necessary;
- To submit a report to the Governor & the legislature of its accomplishments & recommendations for improvements of programs & services for older Idahoans;
- To administer & perform any other related functions or activities assigned to the Commission by the Governor.

ICOA Board of Commissioners



To reach your local Commissioner please contact ICOA at:
[www.aging.idaho.gov/
commissioners](http://www.aging.idaho.gov/commissioners)
or
208-334-3833

| | |
|-----------------|-----------------------------------|
| Area I | Chris Magera, Chair |
| Area II | Dennis Ohrtman, Vice Chair |
| Area III | Matthew Bundy |
| Area IV | Roger Morley |
| Area V | Lois Marquette |
| Area VI | Vacant |
| At-Large | Dixie Milliken |

The ICOA and the Commissioners have dual roles of both promoters and supporters of the Aging Network, but also compliance roles related to programmatic, fiduciary and planning standards.

The ICOA Board of Commissioners meets quarterly, with a 2-day meeting in May focusing on strategy and planning and a 2-day meeting in November focused on program analysis and outcomes of the recently completed State fiscal year.

The Board minutes and agenda's can be found on the ICOA website at: <https://aging.idaho.gov/resources/icoa-administration/>



SUPPORTING WELL-BEING FOR AGING IDAHOANS



KEEP LEARNING

Successful people never quit learning.



STAY HEALTHY

Maximize your ability to enjoy life.



STAY CONNECTED

Plans and decisions for successful aging.



STAY HOME

Fortify your ability to remain independent at home.



STAY SAFE

Enhance your security now and later.

www.aging.idaho.gov