



A Project of Aging Strong

Held In-Person at Several Locations in the Treasure Valley and On-line!



Have You Heard About Our Memory Café?

A place where family caregivers and their loved one with memory loss can get together in a safe, supportive, and engaging environment.

OFFERED AT NO COST!

The Memory Café Encourages Friendship and Acceptance!

The Memory Café is a time to enjoy activities with your loved one with memory loss and break from the normal routine. It is a time to socialize, learn from monthly topics, and build resources for changing needs.

The Café offers a time for support, shared stories, laughter, and most of all, knowing that **you are not alone!**



JANUARY 2026 EVENTS:

Nampa Public Library **NEW DATE**

- ◆ 215 12th Ave
1st Monday, January 5th
1:00-2:30

Memory Café On-Line

- ◆ **2nd Monday January 12th**
10:30-12:00
Contact Karen for Zoom link

Kuna Library District **(NEW LOCATION)**

457 N Locust, Kuna

- ◆ **2nd Wednesday, January 14th,**
1:00-2:30

Bown Crossing Library

2153 E Riverwalk Dr., Boise

- ◆ **3rd Thursday, January 15th**
1:00-2:30

Orchard Park Meridian Library

1268 W Orchard Park Dr, Meridian

- ◆ **4th Thursday, January 22nd,**
1:30-3:00

Mountain Home Public Library

790 N 10th East St, Mountain Home

- ◆ **4th Tuesday, January 27th**
1:00-2:30

Ada Community Library Victory Branch

10664 W Victory, Boise

- ◆ **3rd Wednesday, January 21st,**
1:00-2:30

“Memory loss can be such an isolating condition — for both of us. Going out and just being ourselves is so welcoming.”



For information or to **RSVP**

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Www.AgingStrong.org

In Partnership with:

