

Alzheimer's & Other Dementia Support Groups for Family Caregivers - February 2026

Cathedral of the Rockies: In Person

(Support group is temporarily closed for new members)

1st and 3rd Thursday each month. But the January 1st
Thursday, February 5th & 19th at 2 PM
Cathedral of the Rockies
Boise, ID, 83702

Eagle Support Group: In Person

2nd & 4th Wednesday of each month
Wednesday, February 11th & 25th at 1 PM
Eagle Senior Center
Eagle, ID, 83616

Meridian Library District (Pinnacle)

1st Tuesday of each month
Tuesday, February 3rd at 6 PM
1375 E Phenomenal St., Meridian, ID 83642

Nampa Library Support Group: In Person

Last Monday of each month
Monday, February 23rd at 1:00 PM
Nampa Library, Room 302, Nampa, ID, 83651

Library! at Hillcrest: In Person

1st and 3rd Monday of each month
Monday, February 2nd & 16th at 10:15 AM
Library! at Hillcrest
Boise, ID 83705

Grannie on the Move: In Person

UNIQUE Personalized Education & Support
Every week on Tuesdays at 1 PM
Grannie On the Move, Meridian, ID, 83642

Adult Children As Caregivers: Online

2nd Wednesday of each month
Wednesday, February 11th at 6:30 PM
Zoom Link Provided Upon Registration

Women Caring for Spouses: Online

1st & 3rd Tuesdays of each month
Tuesday, February 3rd & 17th at 4PM
Zoom Link Provided Upon Registration

Meridian Support Group - Grace Assisted Living

2nd Tuesday of the Month
Tuesday, February 10th at 6:30 PM
Grace Assisted Living, Theater Room
Meridian, ID 83646

Hailey Support Group: In Person*

Twice a month on Tuesdays
The Senior Connection
Hailey, Idaho 83333
(208) 788-3468
*Please call Dr. Carol at (612) 251-7413 prior to attending

Light of the Mountains Center for Spiritual Living*

Twice a month on Thursdays
Ketchum, ID 83340
*Please call Dr. Carol at (612) 251-7413 prior to attending

Canyon County Support Group: In Person

3rd Wednesday of each month
Wednesday, February 18th at 1 PM
Nampa Public Library, Room 302
Nampa, Idaho 83651

Payette County Support Group: In Person

Last Tuesday of each month
Tuesday, February 24th at 2 PM
Horizon Home Health & Hospice, Conference Room
Fruitland, Idaho 83661

Aspen Creek Assisted Living

2nd Tuesday of the month
Tuesday, February 10th at 12:30 PM
Aspen Creek Assisted Living
Caldwell, ID 83605

Pocatello Support Group: In Person

2nd Wednesday of each month
Wednesday, February 11th at 2 PM
Pocatello, ID, 83201

Twin Falls Support Group: In Person

Third Tuesday of each month
Tuesday, February 17th at 5:30 PM
CSI Office On Aging (4th Floor)
Twin Falls, Idaho 83303

Call the Alzheimer's Association Helpline at 800.272.3900 to register for a support group or to talk with a specialist or a master's level-clinician that is able to provide confidential support and information to people living with the disease, caregivers, families, and the general public.

Visit alz.org/Idaho to learn more about our caregiving programs.