

# Alzheimer's & Other Dementia Support Groups for Family Caregivers - March 2026

**Cathedral of the Rockies: In Person**

*(Support group is temporarily closed for new members)*

1st and 3rd Thursday each month.  
Thursday, March 5<sup>th</sup> & 19th at 2 PM  
Cathedral of the Rockies  
Boise, ID, 83702

**Eagle Support Group: In Person**

2nd & 4th Wednesday of each month  
Wednesday, March 11th & 25th at 1 PM  
Eagle Senior Center  
Eagle, ID, 83616

**Meridian Support Group - Grace Assisted Living**

2<sup>nd</sup> Tuesday of the Month  
Tuesday, March 10th at 6:30 PM  
Grace Assisted Living, Theater Room  
Meridian, ID 83646

**Nampa Library Support Group: In Person**

Last Monday of each month  
Monday, March 30th at 1:00 PM  
Nampa Library, Room 302, Nampa, ID, 83651

**Library! at Hillcrest: In Person**

1st and 3rd Monday of each month  
Monday, March 2nd & 16th at 10:15 AM  
Library! at Hillcrest  
Boise, ID 83705

**Grannie on the Move: In Person**

**UNIQUE** Personalized Education & Support  
Every week on Tuesdays at 1 PM  
Grannie On the Move, Meridian, ID, 83642

**Adult Children As Caregivers: Online**

2nd Wednesday of each month  
Wednesday, March 11th at 6:30 PM  
Zoom Link Provided Upon Registration

**Women Caring for Spouses: Online**

1st & 3rd Tuesdays of each month  
Tuesday, March 3rd & 17<sup>th</sup> at 4PM  
Zoom Link Provided Upon Registration

**Hailey Support Group: In Person\***

Twice a month on Tuesdays  
The Senior Connection  
Hailey, Idaho 83333  
(208) 788-3468  
\*Please call Dr. Carol at (612) 251-7413 prior to attending

**Light of the Mountains Center for Spiritual Living\***

Twice a month on Thursdays  
Ketchum, ID 83340  
\*Please call Dr. Carol at (612) 251-7413 prior to attending

**Canyon County Support Group: In Person**

3rd Wednesday of each month  
Wednesday, March 18th at 1 PM  
Nampa Public Library, Room 302  
Nampa, Idaho 83651

**Payette County Support Group: In Person**

Last Tuesday of each month  
Tuesday, March 31st at 2 PM  
Horizon Home Health & Hospice, Conference Room  
Fruitland, Idaho 83661

**Aspen Creek Assisted Living**

2nd Tuesday of the month  
Tuesday, March 10th at 12:30 PM  
Aspen Creek Assisted Living  
Caldwell, ID 83605

**Pocatello Support Group: In Person**

2nd Wednesday of each month  
Wednesday, March 11th at 2 PM  
Pocatello, ID, 83201

**Twin Falls Support Group: In Person**

Third Tuesday of each month  
Tuesday, March 17th at 5:30 PM  
CSI Office On Aging (4th Floor)  
Twin Falls, Idaho 83303

**Ne Kai Nasuwazi/Don't Forget Me**

Second Thursday of each month  
Tuesday, March 12th 2 PM (after BINGO)  
Fort Hall Elderly Nutrition Services Dining Room

Call the Alzheimer's Association Helpline at 800.272.3900 to register for a support group or to talk with a specialist or a master's level-clinician that is able to provide confidential support and information to people living with the disease, caregivers, families, and the general public.

Visit [alz.org/Idaho](http://alz.org/Idaho) to learn more about our caregiving programs.