



6th ANNUAL
BRAIN HEALTH
SYMPOSIUM

**UNLOCK YOUR MIND, ENHANCE YOUR LIFE:
EMPOWERING BRAIN HEALTH FOR A
BRIGHTER FUTURE!**

SAVE THE DATE!

Saturday, October 17

8:15a.m.-2:45p.m. at ICOM

FREE EVENT | VIRTUAL & IN-PERSON | LUNCH INCLUDED

Brain health is a critical piece of holistic wellness and underlies our ability to communicate, make decisions, problem-solve, form and maintain relationships, and live a productive and full life.

**Questions: please contact Mary Biddle Newberry
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