



OFFERED AT NO COST!



AGING STRONG TRANSITION CAFE

Have You Heard About Our Aging Strong Transitions Café?

Honoring your past, supporting your next chapter!

The Transition Café

“Rebuilding life with connection and purpose.”

The Aging Strong Transitions Café is a welcoming space for those who have lost a loved one and are beginning to rediscover themselves. It's a gentle place to ease back into social life, share stories with others who understand, and explore new ways to find meaning and purpose. Whether you're looking for companionship, encouragement, or opportunities to give back, you'll find a community that walks beside you as you navigate this new chapter — with compassion, understanding, and hope.

INTRODUCING 2026 MEETINGS

**Join us at
NORCO,
1303 S Silverstone Way, Meridian,
2nd Floor Conference Room
The 2nd Thursday of Every Month
Beginning June 11th from 1:00-2:30**

AND SUDDENLY
YOU JUST KNOW
IT'S TIME TO START
SOMETHING NEW
AND TRUST
THE MAGIC
OF BEGINNINGS

For information or to *RSVP*
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