



Chapter Newsletter

July 2026

IN THIS ISSUE:

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- Support Group Info
- Education Programs
- Community Events & Resources

ALZHEIMER'S ASSOCIATION

ALZ TALKS

Supported by Procter & Gamble

Newly Diagnosed? Real Talk About What Comes Next

July 23, 2026 | 2 p.m. CDT

Being diagnosed with mild cognitive impairment (MCI), Alzheimer's or another dementia can feel overwhelming. Join us for an Early-Stage Connections conversation with three people living with dementia. They will share their experiences, coping strategies, and tips for finding support and moving forward with purpose and connection.

[Register Now](#)



Happy 4th of July!

We hope you have a fantastic Independence Day celebration as we dive into the heart of summer! This month marks the beginning of our Walk to End Alzheimer's season. Have you participated in a Walk to End Alzheimer's before? If not, it's a fantastic opportunity to connect, lend support, and share your story with fellow community members. Plus, the walking itself is excellent for brain health! Be sure to form your team today! It's simple—just visit alz.org/walk and find the nearest event to you. We can't wait to see you there!

~Idaho Chapter Staff





Resource Spotlight

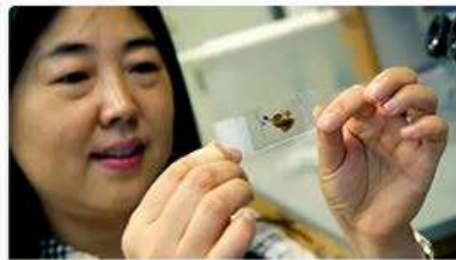
Leading the Fight Through Alzheimer's Research

The Association is the largest nonprofit funder of Alzheimer's research. As such, we commit funds to accelerating global progress. Progress toward new treatments, preventions and, ultimately, a cure. Because we're driven by a specific vision:

A world without Alzheimer's and all other dementia®.



Our Impact

[Learn More](#)

Information for Researchers

[For Researchers](#)

Research We Fund

[Portfolio Summaries](#)

Apply for a Grant

[International Research Grant
Program](#)

Find a Clinical Trial

[Learn More](#)

Efforts We Lead

[Partnerships](#)

DO WHAT YOU LOVE TO END ALZ

ALZHEIMER'S ASSOCIATION®

- For more than a decade, participants and partners have been fundraising for the Alzheimer's Association through activities that are personal to them.
- Do What You Love to End ALZ is simple, flexible and starts with you - doing something you love and turning it into a fundraiser to end Alzheimer's and all other dementia. There's no limit to what you can do!
- Contact Emma Taylor to find out how you can Do What You Love to End ALZ!!!

emtaylor@alz.org

WALK ^{TO} END ALZHEIMER'S

IN THE FIGHT AGAINST ALZHEIMER'S,
NOW MATTERS MORE THAN EVER.

THANK YOU!

to our current Top 2026 Walk Teams in the Greater Idaho Chapter!

IDAHO FALLS

TEAMS	
1 <u>Memory Method...</u>	\$276
2 <u>ICCU</u>	\$250
3 <u>UI Extension</u>	\$225
4 <u>Forever Freda</u>	\$150
5 <u>TeamGeorge</u>	\$120

POCATELLO

TEAMS	
1 <u>Team Lena</u>	\$1,000
2 <u>Rockin It for Rog...</u>	\$880
3 <u>Team Elaine</u>	\$500
4 <u>Jersey Mikes</u>	\$441.02
5 <u>Team D&E</u>	\$220

MAGIC VALLEY

TEAMS	
1 <u>Edward Jones/S...</u>	\$300
2 <u>Pizza Pie Cafe</u>	\$78.80
3 <u>Brain Trust</u>	\$10

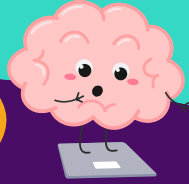
TREASURE VALLEY

TEAMS	
1 <u>Julian Strong</u>	\$5,630
2 <u>Edgewood Eagle</u>	\$3,559
3 <u>Mary's Forget M...</u>	\$990
4 <u>Edgewood Ustic...</u>	\$710
5 <u>DVAs</u>	\$300

Learn How You Can Help. Contact Your Local Walk Manager. Emma Taylor: emtaylor@alz.org or Shelly Jones: sjones@alz.org

Healthy Habits, Healthy Brain

A quick monthly tip from the Alzheimer's Association to support lifelong brain health – Inspired by 10 Healthy Habits for Brain Health



MAINTAINING A HEALTHY WEIGHT

Talk to your health care provider about the weight that is healthy for you. Other healthy habits on this list — eating right, exercising and sleeping well — can help with maintaining a healthy weight.

LESLEE'S
BRAIN
BOOST



LESLEE BLANCH is a
Registered/Licensed
Dietitian Nutritionist
Family Consumer
Science Associate
Extension Educator
for University of
Idaho.



University of Idaho
Extension

Maintain a Healthy Weight: The Sleep Connection

Ever burn the midnight oil only to find you have the munchies?? There is a reason for this. When we are tired and our bodies need to be replenished with sleep, but **DON'T** sleep, **hunger hormones** are released. It's as if the body is saying, "Hey, I need repletion! If you won't let me re-energize with sleep, then I need energy from food!!" Most of us don't end up craving carrots and hummus in the wee hours...No, it's usually donuts, cookies, chips -- you know, quick energy and "comfort" foods.

Research shows that inadequate sleep is a factor in unwanted weight gain, as well as other health conditions such as type 2 diabetes, cardiovascular disease, and depression. Let's explore ways to incorporate **adequate sleep to improve overall health and weight management**.

1. **Go to bed before the "midnight munchies" strike.** This controls overall caloric intake for the day.
2. **Be mindful of your body:** Is sleep what is really needed, instead of food? Avoid pushing beyond the point of tiredness.
3. **Establish a consistent bedtime.** This can help reinforce strategies 1 and 2.
4. **Eat a substantial evening meal.** This can help prevent hunger and cravings from keeping you awake or waking you up in the middle of the night.
5. If needed, **consume a small bedtime snack.** Be sure to allow for these calories in your overall meal plan. Select a snack that contains **protein** and **complex carbohydrates** for sustained energy release. **Snack ideas include:**
 - o ½ banana with 1 TBSP nut butter
 - o 1 small apple with 1 oz. string cheese
 - o 8-10 crackers with 1 TBSP nut butter or 1 oz. cheese
 - o ¼ cup mixed nuts with 1 TBSP raisins or dried cranberries
 - o 6 oz. low-sugar yogurt
 - o 6 oz. plain yogurt with ½ cup mixed berries
 - o ½-1 cup blueberries with 4oz reduced-fat milk
 - o ¼ cup low-fat/low-sugar granola with 6 oz. low-sugar yogurt
 - o 1 cup raw vegetables with ½ cup hummus

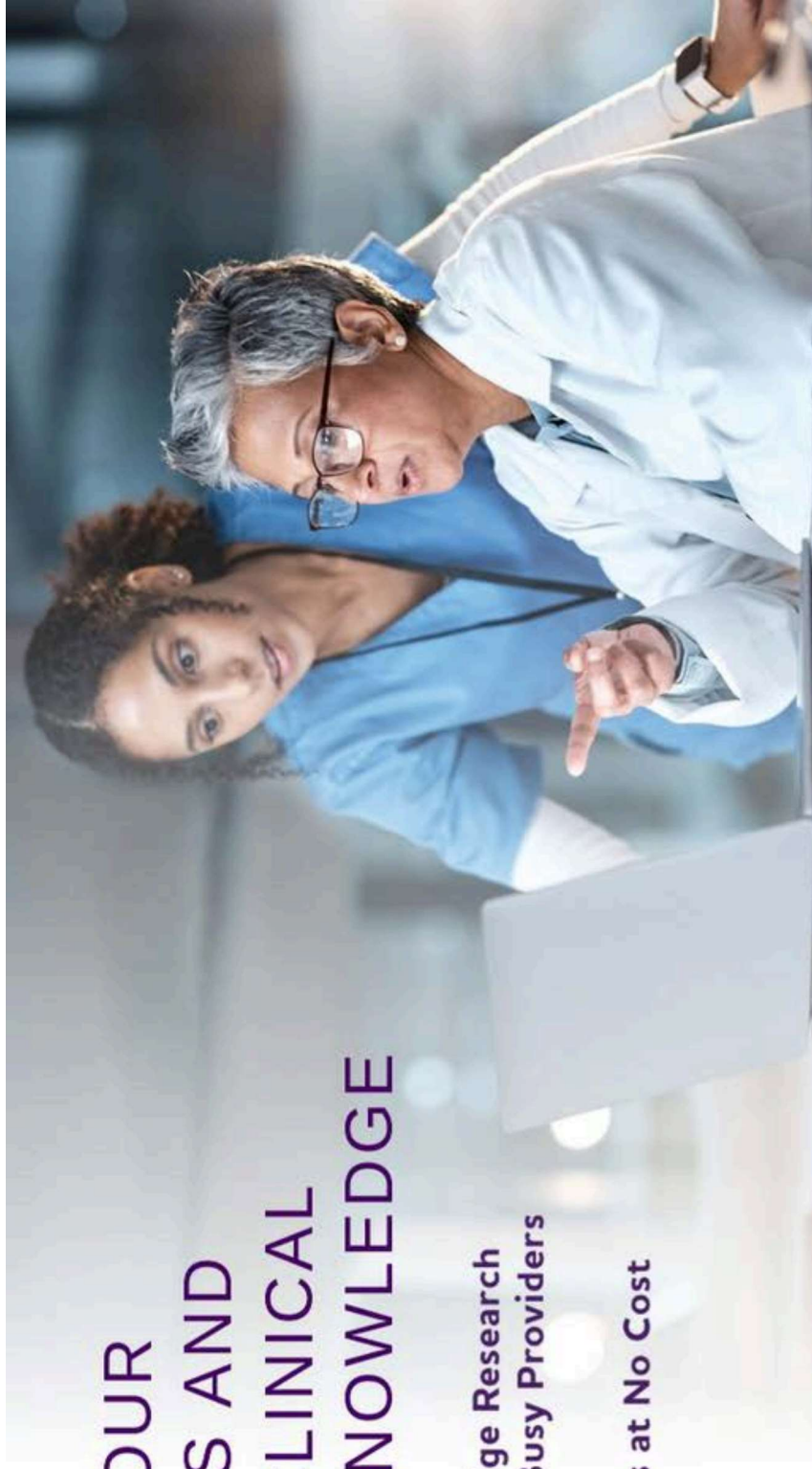
Keeping both a **food diary** and **sleep journal** can help identify when sleep might be unnecessarily replaced by food. **Awareness** of both eating patterns and sleep patterns may be the first step in successfully connecting sleep, health, and weight management.

ADVANCE YOUR ALZHEIMER'S AND DEMEMENTIA CLINICAL PRACTICE KNOWLEDGE

 Access to Cutting-Edge Research
Updates Tailored to Busy Providers

 Earn CME/CE Credits at No Cost

 Registration is Free



Participate in AAIC For All in
London, U.K., or online **July 16**.
Register by July 16*. alz.org/AAICForAllClinicians

*AAIC for All will be recorded and available for playback for 30 days after the event for all registered attendees.



ALZHEIMER'S  ASSOCIATION®
AAIC  **FOR**
26ALL

ALZHEIMER'S & DEMENTIA RESEARCH MADE ACCESSIBLE - FOR ALL

 Access to Cutting-Edge Research
Updates Tailored to the Public

 Gain Insights and Resources to
Support You and Your Community

 Registration is Free

Participate in AAIC For All in London, U.K., or online
July 16. Register by July 16*, alz.org/AAICforAll

*AAIC for All will be recorded and available for playback for 30 days after the event for all registered attendees.

Thank you to our sponsors

Edward Jones *Lilly*



ALZHEIMER'S ASSOCIATION[®]
FOR
AAIC>26ALL

ADVOCACY

Thank You, Idaho Advocates!



Every call, email, social media post, and meeting made a difference. Advocacy works because elected officials listen when constituents speak up. Idaho advocates helped move the ASAP Act forward and brought us one step closer to a future where earlier detection and treatment of Alzheimer's disease are available to everyone who needs them.

Thank you for raising your voice, sharing your story, and standing with the millions of families impacted by Alzheimer's and all other dementia. Together, we are changing policy—and changing lives. ❤️

Idaho advocates achieved a significant milestone by getting Senator James Risch to co-sponsor the bipartisan Alzheimer's Screening and Prevention (ASAP) Act (S.3267) on June 9, 2026. This bipartisan legislation will enable Medicare coverage for FDA-approved blood-based dementia screening tests, improving access and early detection of Alzheimer's disease.

Key Points:

- Early Detection: Blood tests can identify Alzheimer's before major symptoms appear.
- Improved Access: Medicare beneficiaries will face fewer obstacles to obtain tests.
- Planning Time: Early diagnosis aids in making important decisions.
- Access to Treatment: Individuals can access effective treatments sooner.
- Support for Providers: Blood tests help primary care providers identify patients needing referrals.
- Better Outcomes: Early diagnosis connects individuals with care and support sooner.

Idaho advocates' efforts have moved the ASAP Act forward, promoting a future with improved early detection and care for Alzheimer's.

Alzheimer's & Other Dementia Support Groups for Family Caregivers - July 2026

Cathedral of the Rockies: In Person

(Support group is temporarily closed for new members)

1st and 3rd Thursday each month.
Thursday, July 2nd & 16th at 2 PM
Cathedral of the Rockies
Boise, ID, 83702

Eagle Support Group: In Person

2nd & 4th Wednesday of each month
Wednesday, July 8th and July 22nd at 1 PM
Eagle Senior Center
Eagle, ID, 83616

Meridian Support Group - Grace Assisted Living

2nd Tuesday of the Month
Tuesday, July 14th at 6:30 PM
Grace Assisted Living, Theater Room
Meridian, ID 83646

Nampa Library Support Group: In Person

Last Monday of each month
Monday, July 27th at 1:00 PM
Nampa Library, Room 302, Nampa, ID, 83651

Library! at Hillcrest: In Person

1st and 3rd Monday of each month
Monday, July 6th & July 20th at 10:15 AM
Library! at Hillcrest
Boise, ID 83705

Grannie on the Move: In Person

UNIQUE Personalized Education & Support
Every week on Tuesdays at 1 PM
Grannie On the Move, Meridian, ID, 83642

Adult Children As Caregivers: Online

2nd Wednesday of each month
Wednesday, July 8th at 6:30 PM
Zoom Link Provided Upon Registration

Women Caring for Spouses: Online

1st & 3rd Tuesdays of each month
Tuesday, July 7th & July 21st 4PM
Zoom Link Provided Upon Registration

Hailey Support Group: In Person*

Twice a month on Tuesdays
The Senior Connection
Hailey, Idaho 83333
(208) 788-3468
**Please call Dr. Carol at (612) 251-7413 prior to attending*

Light of the Mountains Center for Spiritual Living*

Twice a month on Thursdays
Ketchum, ID 83340
**Please call Dr. Carol at (612) 251-7413 prior to attending*

Canyon County Support Group: In Person

3rd Wednesday of each month
Wednesday, July 15th at 1 PM
Nampa Public Library, Room 302
Nampa, Idaho 83651

Payette County Support Group: In Person

Last Tuesday of each month
Tuesday, July 28th at 2 PM
Horizon Home Health & Hospice, Conference Room
Fruitland, Idaho 83661

Aspen Creek Assisted Living

2nd Tuesday of the month
Tuesday, July 14th at 12:30 PM
Aspen Creek Assisted Living
Caldwell, ID 83605

Pocatello Support Group: In Person

2nd Wednesday of each month
Wednesday, July 8th at 2 PM
Pocatello, ID, 83201

Twin Falls Support Group: In Person

3rd Tuesday of each month
Tuesday, July 21st at 5:30 PM
CSI Office On Aging (4th Floor)
Twin Falls, Idaho 83303

Ne Kai Nasuwazi/Don't Forget Me

2nd Thursday of each month
Thursday, July 9th 1:30 PM (after BINGO)
Fort Hall Elderly Nutrition Services Dining Room

Call the Alzheimer's Association Helpline at 800.272.3900 to register for a support group or to talk with a specialist or a master's level-clinician that is able to provide confidential support and information to people living with the disease, caregivers, families, and the general public.

Visit alz.org/Idaho to learn more about our caregiving programs.

SOUTHEAST IDAHO MONTHLY SUPPORT GROUPS

ORGANIZATION/GROUP	DATE/TIME	LOCATION
Alzheimer's Association Pocatello Caregiver Support Group	2nd Wednesday of the Month 2 - 3 PM	First United Methodist Church, 200 North 15th Ave., Pocatello, ID 83201
Alzheimer's Association Twin Falls Caregiver Support Group	3rd Tuesday of the Month 5:30 - 6:30 PM	CSI Office on Aging (4th floor) 650 Addison Ave. W, Twin Falls ID, 83303
Ne Kai Nasuwazi/Don't Forget Me Dementia Talking Circle Fort Hall Elderly Nutrition Services	2nd Thursday of the Month Around 1:30 PM directly after BINGO	Fort Hall Elderly Nutrition Services Dining Room
Community Care Program Twin Falls Caregiver Support Group CAREGIVER'S & COFFEE	2nd Wednesday of the Month: 1:30 - 3:00 PM	Twin Falls Senior Center 530 Shoshone St W Twin Falls, ID 83301
Community Care Program Blackfoot Caregiver Support Group	3rd Monday of the Month: 1:00 - 3:00 PM	Bingham County Extension Office, 412 W Pacific St., Blackfoot, ID
EICAP Idaho Falls Caregiver Support Group	Every Other Friday Twice a Month: 1:00 - 3:00 PM	Eastern Idaho Community Action Partnership, 935 E Lincoln Rd., Idaho Falls, ID 83401
EICAP Idaho Falls Grandparents Raising Grandchildren Support Group	4th Tuesday of the Month: 1:00 - 3:00 PM	Eastern Idaho Community Action Partnership, 935 E Lincoln Rd., Idaho Falls, ID 83401
SICOG Pocatello Caregiver Support Group	4th Wednesday of the Month: 2:00 - 3:00 PM	Area Agency on Aging, 214 E Center, St., Pocatello, ID, 83201



**CONTACT
INFORMATION**

Alzheimer's Association: 800.272.3900
Idaho Community Care Program: 208.871.2344

EICAP: 208.522.5370 ext. 203
SICOG: 208.233.4032

CARE & SUPPORT



Cuéntame Más: Sharing Our Stories and Caring for our Minds

A program of the Alzheimer's Association for caregivers, older adults, and the community. A welcoming space to connect, share stories, and learn how to care for your mind.

A monthly group that meets on the second Saturday of each month.

When: Saturday, July 11, 2026

Time: 11:00 am - 1:00 pm

Location: Hispanic Community Center
315 Stampede Drive, Room 200
Nampa, ID 83687

What to expect:

Physical Activity: Flowing movements with deep breathing and focused attention to support balance, flexibility, coordination, and relaxation.

Presentation: The session will provide an overview of the Fit and Fall Proof® program, including exercises to prevent falls, reduce the risk of dementia, and support brain health.

Storytelling Circle: Share your stories and celebrate the wisdom that connects us across generations.

Interested in knowing more about our speakers? Check out our Facebook page - **Cuéntame Más Idaho**.

For more information, or to register call (208) 722-2521.

Registration is recommended but not required, and walk-ins are welcome. Lunch will be provided.

Free event and open to the entire community.

Event Sponsors:



Saint Alphonsus
A Member of Trinity Health



MOLINA
HEALTHCARE



IDAHO
Community Care Program



Raquel Núñez, Health
Education Specialist, Southwest
District Health



Daniel Adams, Health
Education Specialist, Sr,
Southwest District Health



Cuéntame Más: Compartamos Nuestras Historias y Cuidando Nuestras Mentes

Un programa de la Asociación de Alzheimer para cuidadores, personas mayores y la comunidad. Un espacio para compartir, conectarse y aprender a cuidar la mente.

Un grupo mensual que se reúne el segundo sábado del mes.

Cuando: Sábado, 11 de julio de 2026

Horario: 11:00 a.m. a 1:00 p.m.

Dónde: El Centro Comunitario Hispano
315 Stampede Drive, cuarto 200
Nampa, ID 83687

¿Qué puede esperar?

Actividad física: Movimientos fluidos con respiración profunda y atención enfocada para apoyar el equilibrio, la flexibilidad, la coordinación y la relajación.

Presentación: La sesión ofrecerá una descripción del programa Fit and Fall Proof® incluyendo ejercicios para prevenir caídas, promover la salud cerebral y reducir el riesgo de deterioro cognitivo y demencia.

Círculo de narración: Comparta sus experiencias y celebre la sabiduría que nos une a través de generaciones.

Para más información o para registrarse llame al (208) 722-2521. **Se recomienda registrarse, pero no es obligatorio, y se aceptan personas sin cita previa.**

¿Interesado en conocer más de nuestros presentadores? Visite nuestra página de Facebook - **Cuéntame Más Idaho**

Almuerzo incluido.

Evento gratuito y abierto a toda la comunidad.

Patrocinadores del Evento:



Saint Alphonsus
A Member of Trinity Health



MOLINA
HEALTHCARE



IDAHO
Community Care Program



Raquel Núñez
Especialista en Educación
para la Salud
Southwest District Health



Daniel Adams
Especialista en
Educación para la Salud
Southwest District
Health

ALZHEIMER'S ASSOCIATION®



Virtual Spanish Speaking Caregiver Support Group

**1st Saturday of
Each Month
1:00 pm- 2:30pm PST**

**Call 800-272-3900
To Register**

Build a support system with people who understand

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for care partners to:

- Develop a support system
- Exchange practical information on challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs and concerns
- Learn about community resources

Ne Kai Nasuwazi Don't Forget Me

A Dementia Talking Circle Hosted by
Fort Hall Elderly Nutrition Services



Come Together for Support and Understanding

Our talking circle is a safe and welcoming space for relatives and friends to:

- Build a circle of care with others who understand your journey.
- Share stories and wisdom about challenges and ways to find balance.
- Explore new teachings each month on topics that support wellness, caregiving and community strength.
- Talk through concerns and explore paths for healing and coping.
- Learn about local resources and community programs that can help.

Supported By:



Greater Idaho Chapter

2nd THURSDAY OF EVERY MONTH

Where: Fort Hall Elderly Nutrition
Services Dining Room

Time: Directly After Bingo
(Around 1:30 PM)

For More Information, Contact Any of
the Following:

Alice Pierce, LSW
208.478.4031

Louisa Kindle, LSW
208.478.4035

Elderly Nutrition Services
208.478.3858

Nancy Wahtomy, BSW
208.767.8179

CARE & SUPPORT



MOVEMENT FOR MEMORY

Classes meet TUESDAYS and THURSDAYS

Facility schedule and times

CALDWELL:	11:45 a.m.-12:45 p.m.
DOWNTOWN HUB:	10:30-11:30 a.m.
WEST:	9:35-10:35 a.m.
SOUTH:	1:30-2:30 p.m.

AUDIENCE: is for anyone with Mild Cognitive Impairment (MCI) or Early Stage Dementia.

While there is no cure for dementia, there are interventions available to help improve the quality of life and functioning.

For more information, please contact Mary Biddle-Newberry at 208.344.5502 ext. 276 or stop at your local branch.

YMCATVIDAHO.ORG



WALK TO END ALZHEIMER'S

ALZHEIMER'S ASSOCIATION®

SIGN UP YOUR TEAM TODAY!

ALZ.ORG/WALK

ALZHEIMER'S ASSOCIATION®

Support and Dementia Resources

If you care for someone with Alzheimer's, you are not alone. We're here whenever you need us.

Join us every week for FREE, IN-PERSON, and PERSONALIZED dementia resources, caregiver support and education.

EVERY TUESDAY 1:00PM - 2:00PM

Grannie on the Move

3587 E. Overland Rd. Meridian, ID 83642





Registration Required. Please call our Local Office: 208.206.0041

For additional resources contact the helpline available 24/7 at **800.272.3900**



NEW YEAR NEW LOCATION

Have You Heard About Our Memory Café?

A place where family caregivers and their loved ones with memory loss can get together in a safe, supportive, and engaging environment.

OFFERED AT NO COST!

The Memory Café Encourages Friendship and Acceptance!

The Memory Café is a time to enjoy activities with your loved one with memory loss and break from the normal routine. It is a time to socialize, learn from monthly topics, and build resources for changing needs.

The Café offers a time for support, shared stories, laughter, and most of all, knowing that you are not alone!

2026 Saint Alphonsus Memory Center Memory Café

JOIN US ONLINE:

- 2nd Tuesday of Each Month, 11:30-1:00
- New Event Beginning February 10th, 2026
- For Zoom link contact: Karen, kkouba@jannus.org, 208-947-4283



"Memory loss can be such an isolating condition — for both of us. Going out and just being ourselves is so welcoming."

For information or RSVP
Contact: Karen Kouba-McIvor
Email: kkouba@jannus.org
Phone: 208-947-4283

Brought to you by:






www.AgingStrong.org

COMMUNITY EVENTS & RESOURCES



Fit and Fall Proof (FFP) is an exercise-based fall prevention program focusing on improving strength, mobility, and balance to reduce the risk of falling.

Free to Register and Attend

Caregiver Support Program

Do you care for an adult with limited capacity and need more support? Register for our upcoming caregiver support program. Caregivers are invited to attend Fit and Fall Exercise Classes at the Twin Falls Senior Center.

Your loved one will receive safe, supervised respite care in the comfort of their residence by trained professionals while you attend class. This program will be available until funding is expended.

Contact Susie Beem with questions by email at sbeem@phd5.id.gov or call (208) 737-5946.



Sign Up Now!

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6th ANNUAL BRAIN HEALTH SYMPOSIUM

**UNLOCK YOUR MIND, ENHANCE YOUR LIFE:
EMPOWERING BRAIN HEALTH FOR A
BRIGHTER FUTURE!**

SAVE THE DATE!
Saturday, October 17
8:15a.m.-2:45p.m. at ICOM

FREE EVENT | VIRTUAL & IN-PERSON | LUNCH INCLUDED

Brain health is a critical piece of holistic wellness and underlies our ability to communicate, make decisions, problem- solve, form and maintain relationships, and live a productive and full life.

Questions: please contact Mary Biddle Newberry
mary.biddle@ymcatvidaho.org

WWW.YMCATVIDAHO.ORG

ARCHERY • BASKETBALL SHOOT • BILLIARDS • BOCCIE BALL • BOWLING • WII BOWLING • CHESS

CHAIR VOLLEYBALL • CORN HOLE • CYCLING • SENIORS GOT TALENT • DARTS • DISC GOLF • FIVE CROWNS • FUN RUN/WALK

Portneuf Medical Center
Southeast Idaho
Senior Games

**July 9-18
2026**

REGISTRATION:
Online: seidahoseniorgames.org
or in-person

208-233-2034
214 E. Center St. Suite 30
Pocatello, ID 83201

Portneuf
MEDICAL CENTER

SHUFFLEBOARD • SWIMMING • TABLE TENNIS • TRACK AND FIELD • TRAP SHOOTING

GOLF • HAND & FOOT • HORSESHOES • MAHJONG • MEXICAN TRAIN • MINIATURE GOLF • PINOCCHIO • PICKLEBALL



ORA: 21041503-IRB01 Date IRB Approved: 5/6/2023 Amendment Date: 1/16/2025

Education and Support for Family Caregivers of loved ones with Parkinson's or Lewy Body Disease



About Us

Join a nationwide, NIH-funded research study testing an educational program for family caregivers of people with Parkinson's or Lewy Body Disease. Family caregivers will gain weekly educational guidance through a 12-week curriculum with short readings, resources and activities. All participation is virtual.

Who

Family caregivers! Caregivers with more than 3 years of experience will be trained to mentor caregivers who are new to the caregiving role

Length

All participants receive 12 weeks of educational materials and 6 months of follow up surveys

Gratitude

You may receive between \$275 - \$400 for completing study surveys

Visit Our Website to Learn More and See If You Qualify!
<https://redcap.link/PERSEVERE1>
or email persevere@rush.edu



COMMUNITY EVENTS & RESOURCES

Register Now!



go.uidaho.edu/ADRD

University of Idaho
School of Health and
Medical Professions



Alzheimer's Disease and Related Dementias

1st Tuesdays, 12:30 - 1:30 p.m. MT

Topics:

- 03/03/2026** Health Care Providers Role in Idaho's Neurocognitive Protective Placement Holds (Idaho Code 56-2101)
- 04/07/2026** Enhancing Quality of Life in Dementia Through Palliative Care
- 05/05/2026** Medication Use for Psychiatry Concerns in Individuals with Dementia
- 06/02/2026** Improving Dementia Care for People with Intellectual Disabilities
- 07/07/2026** When Safety Is Compromised: dementia-informed responses to sexual assault and other forms of abuse
- 08/04/2026** Mild Cognitive Impairment, Biomarkers, and Disease-Modifying Treatments

Register Now!



go.uidaho.edu/ADRD

University of Idaho
School of Health and
Medical Professions



Alzheimer's Disease and Related Dementias

1st Tuesdays, 12:30 - 1:30 p.m. MT

**Series Kickoff
3/3/2026!**

Meet the panelists:



Abhilaash Desai, MD



Audie Black, PhD, ABN



Jeremy Crowfoot, PharmD



Joanne Trammel, MS, OTR/L



Kara Kuntz, MD



Lisa Baxter Hong, OTD, OTR/L



Oni Kirberg, LCSW, MSSW



Sheila Weaver, LCSW, ACADC



In support of improving patient care, the University of Idaho, School of Health and Medical Professions is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.