

Chapter Newsletter

August 2026

IN THIS ISSUE:

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ALZHEIMER'S ASSOCIATION

ALZ TALKS

Supported by Procter & Gamble

I've Noticed Memory Changes in Someone I know. What Can I Do?

August 27, 2026 | 2 p.m. CDT

You may have noticed changes in someone's memory, thinking or behavior — but you're not sure what the changes mean or how to bring them up. This practical session will help family and friends recognize potential warning signs of dementia, start compassionate conversations, encourage a medical evaluation, and find trusted resources. Learn how early action can make a meaningful difference for the person you care about.

[Register Now](#)

Hello, August!

Our first Walk to End Alzheimer's of the season is just weeks away—August 29th in Idaho Falls! The Walk is a powerful way to raise awareness, inspire hope, and show support across our communities.

If you haven't joined a Walk to End Alzheimer's yet, make this your year! Starting a team is easy—find a Walk near you at alz.org/walk.

As we wrap up summer, stay cool and here's hoping for some relief from the smoke with fresher air ahead.

Don't miss the latest results from AAIC —check them out on the next page!

~Idaho Chapter Staff

What are the Causes and Risk Factors of Alzheimer's?

Most cases of Alzheimer's and other dementias result from a mix of risk factors.



Age



Family history



Genetics



Modifiable risk factors



Certain medical conditions

Researchers believe that many risk factors play a role in causing Alzheimer's and other dementias, including genetics, behaviors and habits. While some risk factors, such as age and family history, may be set in their influence, there are many risk factors that can be changed to potentially reduce a person's risk of cognitive decline.

HIGHLIGHTS FROM AAIC 2026 Alzheimer's Association International Conference



Press Releases

Some of the year's biggest stories in the field of Alzheimer's and dementia science were published at AAIC 2026. [Read the press releases.](#)



AAIC by the Numbers

More than 13,000 attendees from 111 countries joined us for AAIC 2026 in London and online. This year's conference featured 7,900 submitted abstracts, nearly 200 scientific sessions and over 800 podium presentations.



Awards

Congratulations to the 2026 awardees, who were honored for their significant contributions to the field of Alzheimer's disease and dementia science. [Meet the award winners.](#)



- Better Hearing & Audiology
- Greater Good Health - Idaho Falls
- Heritage Home Health & Hospice
- Idaho Environmental Coalition
- Idaho Falls Community Hospital
- Life Care Centers of Idaho Falls
- Lincoln Court Assisted Living
- Molina Healthcare of Idaho
- Norco

IN THE FIGHT AGAINST ALZHEIMER'S, **NOW** MATTERS MORE THAN EVER.

THANK YOU!

to our current Top 2026 Walk Teams!

IDAHO FALLS

TEAMS		
1	TeamGeorge	\$402.08
2	Memory Method...	\$396
3	Forever Freda	\$325
4	ICCU	\$250
5	Brain Trust	\$229.04

POCATELLO

TEAMS		
1	Team Lena	\$1,000
2	Rockin It for Rog...	\$880
3	Jensen Law Offi...	\$800
4	Team Elaine	\$500
5	Jersey Mikes	\$441.02

MAGIC VALLEY

TEAMS		
1	Edward Jones/S...	\$400
2	Bridgeview Estat...	\$280
3	Ashley Manor M...	\$120
4	Pizza Pie Cafe	\$78.80
5	Brain Trust	\$10

TREASURE VALLEY

TEAMS		
1	Julian Strong	\$6,200
2	Edgewood Eagle	\$3,559
3	Home Instead B...	\$1,600
4	Green Apron Gi...	\$1,520
5	ALP of Idaho	\$1,362

Learn How You Can Help. Contact Your Local Walk Manager. Emma Taylor: emtaylor@alz.org or Shelly Jones: sjones@alz.org

Healthy Habits, Healthy Brain

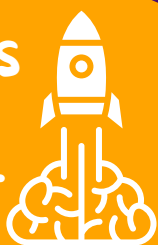
A quick monthly tip from the Alzheimer's Association to support lifelong brain health – Inspired by 10 Healthy Habits for Brain Health

Manage Diabetes



Type 2 diabetes can be prevented or controlled by eating healthier, increasing physical activity and taking medication, if necessary.

LESLEE'S
BRAIN
BOOST



LESLEE BLANCH is a
Registered/Licensed
Dietitian Nutritionist
Family Consumer
Science Associate
Extension Educator
for University of
Idaho.



University of Idaho
Extension

Manage Diabetes

Positive lifestyle practices can control Type 2 diabetes and thereby lower the risk of Alzheimer's and other dementias. **Balanced eating patterns** that include whole and minimally processed foods, fiber-rich carbohydrates, adequate protein, and heart-healthy fats can go a long way in minimizing rapid rises in blood sugar. **Physical activity** facilitates the balance of both short-term and long-term blood sugar levels through muscle activity and fat burning. These processes help insulin work more effectively to manage blood sugar levels.

Adequate sleep can also manage Type 2 diabetes by regulating hunger hormones and minimizing sweet cravings. Head for at least seven hours of sleep/night with consistent bedtimes.

Alzheimer's & Other Dementia Support Groups for Family Caregivers – August 2026

Cathedral of the Rockies: In Person

(Support group is temporarily closed for new members)

1st and 3rd Thursday each month.

Thursday, August 6th & 20th at 2 PM

Cathedral of the Rockies

Boise, ID, 83702

Eagle Support Group: In Person

2nd & 4th Wednesday of each month

Wednesday, August 12th and August 26th at 1 PM

Eagle Senior Center

Eagle, ID, 83616

Meridian Support Group - Grace Assisted Living

2nd Tuesday of the Month

Tuesday, August 11th at 6:30 PM

Grace Assisted Living, Theater Room

Meridian, ID 83646

Nampa Library Support Group: In Person

Last Monday of each month

Monday, August 31st at 1:00 PM

Nampa Library, Room 302, Nampa, ID, 83651

Library! at Hillcrest: In Person

1st and 3rd Monday of each month

Monday, August 3rd & Monday, August 17th at 10:15 AM

Library! at Hillcrest

Boise, ID 83705

Grannie on the Move: In Person

Personalized Education & Support

Every week on Tuesdays at 1 PM

Grannie On the Move, Meridian, ID, 83642

Adult Children As Caregivers: Online

2nd Wednesday of each month

Wednesday, August 12th at 6:30 PM

Zoom Link Provided Upon Registration

Women Caring for Spouses: Online

1st & 3rd Tuesdays of each month

Tuesday, August 4th & August 18th 4PM

Zoom Link Provided Upon Registration

Hailey Support Group: In Person*

Twice a month on Tuesdays

The Senior Connection

Hailey, Idaho 83333

(208) 788-3468

*Please call Dr. Carol at (612) 251-7413 prior to attending

Light of the Mountains Center for Spiritual Living*

Twice a month on Thursdays

Ketchum, ID 83340

*Please call Dr. Carol at (612) 251-7413 prior to attending

Canyon County Support Group: In Person

3rd Wednesday of each month

Wednesday, August 19th at 1 PM

Nampa Public Library, Room 302

Nampa, Idaho 83651

Payette County Support Group: In Person

Last Tuesday of each month

Tuesday, August 25th at 2 PM

Horizon Home Health & Hospice, Conference Room

Fruitland, Idaho 83661

Aspen Creek Assisted Living

2nd Tuesday of the month

Tuesday, August 11th at 12:30 PM

Aspen Creek Assisted Living

Caldwell, ID 83605

Pocatello Support Group: In Person

2nd Wednesday of each month

Wednesday, August 12th at 2 PM

Pocatello, ID, 83201

Twin Falls Support Group: In Person

3rd Tuesday of each month

Tuesday, August 18th at 5:30 PM

CSI Office On Aging (4th Floor)

Twin Falls, Idaho 83303

Ne Kai Nasuwazi/Don't Forget Me

2nd Thursday of each month

Thursday, August 13th 1:30 PM (after BINGO)

Fort Hall Elderly Nutrition Services Dining Room

Call the Alzheimer's Association Helpline at 800.272.3900 to register for a support group or to talk with a specialist or a master's level-clinician that is able to provide confidential support and information to people living with the disease, caregivers, families, and the general public.

Visit alz.org/Idaho to learn more about our caregiving programs.

SOUTHEAST IDAHO MONTHLY SUPPORT GROUPS

ORGANIZATION/GROUP	DATE/TIME	LOCATION
Alzheimer's Association Pocatello Caregiver Support Group	2nd Wednesday of the Month 2 - 3 PM	First United Methodist Church, 200 North 15th Ave., Pocatello, ID 83201
Alzheimer's Association Twin Falls Caregiver Support Group	3rd Tuesday of the Month 5:30 - 6:30 PM	CSI Office on Aging (4th floor) 650 Addison Ave. W, Twin Falls ID, 83303
Ne Kai Nasuwazi/Don't Forget Me Dementia Talking Circle Fort Hall Elderly Nutrition Services	2nd Thursday of the Month Around 1:30 PM directly after BINGO	Fort Hall Elderly Nutrition Services Dining Room
Community Care Program Twin Falls Caregiver Support Group CAREGIVER'S & COFFEE	2nd Wednesday of the Month: 1:30 - 3:00 PM	Twin Falls Senior Center 530 Shoshone St W Twin Falls, ID 83301
Community Care Program Blackfoot Caregiver Support Group	3rd Monday of the Month: 1:00 - 3:00 PM	Bingham County Extension Office, 412 W Pacific St., Blackfoot, ID
EICAP Idaho Falls Caregiver Support Group	Every Other Friday Twice a Month: 1:00 - 3:00 PM	Eastern Idaho Community Action Partnership, 935 E Lincoln Rd., Idaho Falls, ID 83401
EICAP Idaho Falls Grandparents Raising Grandchildren Support Group	4th Tuesday of the Month: 1:00 - 3:00 PM	Eastern Idaho Community Action Partnership, 935 E Lincoln Rd., Idaho Falls, ID 83401
SICOG Pocatello Caregiver Support Group	4th Wednesday of the Month: 2:00 - 3:00 PM	Area Agency on Aging, 214 E Center, St., Pocatello, ID, 83201



**CONTACT
INFORMATION**

Alzheimer's Association: 800.272.3900
Idaho Community Care Program: 208.871.2344

EICAP: 208.522.5370 ext. 203
SICOG: 208.233.4032

CARE & SUPPORT

THE EMPOWERED CAREGIVER SERIES *Twin Falls*

In collaboration with the Twin Falls Public Library and the Alzheimer's Association



Twin Falls Public Library 201 4th Ave. E., Twin Falls, ID 83333

SEPT 22
BUILDING FOUNDATIONS OF CAREGIVING
6 - 7 PM

Join us to learn the role of a caregiver and changes you may experience, using a person-centered care approach, building a support team, and managing caregiver stress.

bit.ly/ECTF1



SEPT 29
SUPPORTING INDEPENDENCE
6 - 7 PM

Join us to learn how dementia affects independence, four steps to help with daily activities, tips to make activities meaningful, and providing the right amount of support.

bit.ly/ECTF2



OCT 6
COMMUNICATION & BEHAVIORS
6 - 7 PM

Communicating Effectively teaches how dementia affects communication. Responding to Dementia-Related Behaviors details common behavior changes.

bit.ly/ECTF3



OCT 13
EXPLORING CARE & SUPPORT SERVICES
6 - 7 PM

Join us to learn about planning for care changes, types of respite, long-term and residential care, end of life options, and moving care settings.

bit.ly/ECTF4



TO REGISTER, CALL 800.272.3900, SCAN THE QR CODE OR VISIT THE URL LISTED ABOVE



THE EMPOWERED CAREGIVER SERIES *Pocatello*

In partnership with the Housing Alliance & Community Partnerships and the Alzheimer's Association



Housing Alliance & Community Partnerships 750 N 5th Ave., Pocatello, ID 83201

SEPT 22
BUILDING FOUNDATIONS OF CAREGIVING
12 - 1:30 PM

Join us to learn the role of a caregiver and changes you may experience, using a person-centered care approach, building a support team, and managing caregiver stress.

bit.ly/ECPOKY1



SEPT 29
SUPPORTING INDEPENDENCE
12 - 1:30 PM

Join us to learn how dementia affects independence, four steps to help with daily activities, tips to make activities meaningful, and providing the right amount of support.

bit.ly/ECPOKY2



OCT 6
COMMUNICATION & BEHAVIORS
12 - 1:30 PM

Communicating Effectively teaches how dementia affects communication. Responding to Dementia-Related Behaviors details common behavior changes.

bit.ly/ECPOKY3



OCT 13
EXPLORING CARE & SUPPORT SERVICES
12 - 1:30 PM

Join us to learn about planning for care changes, types of respite, long-term and residential care, end of life options, and moving care settings.

bit.ly/ECPOKY4



TO REGISTER CALL 800.272.3900, SCAN THE QR CODE OR VISIT THE URL LISTED ABOVE



THE EMPOWERED CAREGIVER SERIES *Idaho Falls*

In collaboration with the Idaho Falls Public Library and the Alzheimer's Association



Idaho Falls Public Library 457 W Broadway St., Idaho Falls, ID 83402

SEPT 23
BUILDING FOUNDATIONS OF CAREGIVING
12 - 1:30 PM

Join us to learn the role of a caregiver and changes you may experience, using a person-centered care approach, building a support team, and managing caregiver stress.

bit.ly/ECIF1



SEPT 30
SUPPORTING INDEPENDENCE
12 - 1:30 PM

Join us to learn how dementia affects independence, four steps to help with daily activities, tips to make activities meaningful, and providing the right amount of support.

bit.ly/ECIF2



OCT 7
COMMUNICATION & BEHAVIORS
12 - 1:30 PM

Communicating Effectively teaches how dementia affects communication. Responding to Dementia-Related Behaviors details common behavior changes.

bit.ly/ECIF3



OCT 14
EXPLORING CARE & SUPPORT SERVICES
12 - 1:30 PM

Join us to learn about planning for care changes, types of respite, long-term and residential care, end of life options, and moving care settings.

bit.ly/ECIF4



TO REGISTER, CALL 800.272.3900, SCAN THE QR CODE OR VISIT THE URL LISTED ABOVE



THE EMPOWERED CAREGIVER SERIES *Virtual*

An education program presented by the Alzheimer's Association

August 4th, 2026— Building the Foundations of Caregiving

explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

August 11th, 2026— Supporting Independence

focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

August 18th, 2026— Communicating Effectively

teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

August 25th, 2026— Responding to Dementia-Related Behaviors

details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

Sept. 1st, 2026— Exploring Care and Support Services

examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of-life care.



1PM-2PM PST

Virtual-Zoom

Registration Info:

Alexis Bonoff: 509.321.4579

albonoff@alz.org



Presented by Dr. Sara Martinez
Alzheimer's Association Community Educator

Visit alz.org/CRF to explore additional caregiver education programs in your area.

ALZHEIMER'S ASSOCIATION

CARE & SUPPORT



Cuéntame Más: Compartamos Nuestras Historias y Cuidando Nuestras Mentes

Un programa de la Asociación de Alzheimer para cuidadores, personas mayores y la comunidad. Un espacio para compartir, conectarse y aprender a cuidar la mente.

Un grupo mensual que se reúne el segundo sábado del mes.

Cuándo: Sábado, 8 de agosto de 2026

Horario: 11:00 a.m. a 1:00 p.m.

Luga: El Centro Comunitario Hispano
315 Stampede Drive, cuarto 200
Nampa, ID 83687

¿Qué puede esperar?

Actividad física: Movimientos fluidos con respiración profunda y atención enfocada para apoyar el equilibrio, la flexibilidad, la coordinación y la relajación.

Presentación: Esta sesión hablará sobre la diabetes y cómo el control de los niveles de glucosa puede apoyar la salud cerebral a largo plazo.

Círculo de narración: Comparta sus experiencias y celebre la sabiduría que nos une a través de generaciones.

Para más información o para registrarse llame al (208) 722-2521. **Se recomienda registrarse, pero no es obligatorio, y se aceptan personas sin cita previa.**



¿Interesado en conocer más de nuestros presentadores? Visite nuestra página de Facebook - **Cuéntame Más Idaho**

Almuerzo incluido.

Evento gratuito y abierto a toda la comunidad.

Patrocinadores del Evento:



Saint Alphonsus
A Member of Trinity Health



Gabriela Tapia, Promoción de la Salud | Agencia del Área del Suroeste de Idaho sobre el Envejecimiento



Cuéntame Más: Sharing Our Stories and Caring for our Minds

A program of the Alzheimer's Association for caregivers, older adults, and the community. A welcoming space to connect, share stories, and learn how to care for your mind.

A monthly group that meets on the second Saturday of each month.

When: Saturday, August 8, 2026

Time: 11:00 am - 1:00 pm

Location: Hispanic Community Center
315 Stampede Drive, Room 200
Nampa, ID 83687

What to expect:

Physical Activity: Flowing movements with deep breathing and focused attention to support balance, flexibility, coordination, and relaxation.

Presentation: This session talk about diabetes and how managing glucose levels can support long-term brain health.

Storytelling Circle: Share your stories and celebrate the wisdom that connects us across generations.



Gabriela Tapia, Health Promotion
Southwest Idaho Area Agency on Aging



Interested in knowing more about our speakers? Check out our Facebook page - **Cuéntame Más Idaho**.

For more information, or to register call (208) 722-2521.

Registration is recommended but not required, and walk-ins are welcome. Lunch will be provided.

Free event and open to the entire community.

Event Sponsors:



Saint Alphonsus
A Member of Trinity Health



Grupo virtual de apoyo para cuidadores

El tercer martes de cada mes

7:00 PM - 8:30 PM PST

- Para registrarse, llame a nuestra línea de ayuda al 800.272.3900. El grupo se ofrece únicamente en español.



Crea un sistema de apoyo con personas que te entiendan

Los cuidadores de personas con la enfermedad de Alzheimer y otras demencias enfrentan desafíos únicos

- No está solo. Ya sea que necesite información sobre el cuidado en etapa temprana, intermedia o avanzada, la Alzheimer's Association está aquí para apoyarte.

ALZHEIMER'S ASSOCIATION



Early Stage Support Group in Boise

Telephone screening and registration are required for all potential participants

Starting on September 14, 2026, this group meets in-person from 3:00 PM to 5:00 PM (MST). This weekly group meets on Mondays in small cohorts for people living with the disease and their care partner. Each session builds on the last. The cohort is timebound, with a duration of 9 weeks.

Registration is required before the start date, and steady attendance is required for the full 9 weeks.

To register, contact the Alzheimer's Association staff:
Mercedes Muñoz
mmunoz@alz.org
208.722.2521

Build a support system with others who understand

Alzheimer's Association® support groups, led by trained facilitators, provide a safe and supportive environment for care partners and people living with dementia to:

- Develop a support network
- Share advice on common challenges
- Discuss coping strategies
- Share feelings, needs and concerns
- Learn about community resources



Visit alz.org/Idaho to learn more about caregiver programs and resources.

To further extend your network of support, visit our online community, ALZ connected®, at alzconnected.org.

CARE & SUPPORT

Ne Kai Nasuwazi Don't Forget Me

A Dementia Talking Circle Hosted by
Fort Hall Elderly Nutrition Services



Come Together for Support and Understanding

Our talking circle is a safe and welcoming
space for relatives and friends to:

- Build a circle of care with others who understand your journey.
- Share stories and wisdom about challenges and ways to find balance.
- Explore new teachings each month on topics that support wellness, caregiving and community strength.
- Talk through concerns and explore paths for healing and coping.
- Learn about local resources and community programs that can help.

Supported By:



2nd THURSDAY OF EVERY MONTH

Where: Fort Hall Elderly Nutrition
Services Dining Room

Time: Directly After Bingo
(Around 1:30 PM)

For More Information, Contact Any of
the Following:

Alice Pierce, LSW
208.478.4031

Louisa Kindle, LSW
208.478.4035

Elderly Nutrition Services
208.478.3858

Nancy Wahtomy, BSW
208.767.8179

ALZHEIMER'S ASSOCIATION®

Support and Dementia Resources

If you care for someone with Alzheimer's, you are not alone.
We're here whenever you need us.

Join us every week for FREE, IN-PERSON, and
PERSONALIZED dementia resources, caregiver support and
education.

EVERY TUESDAY 1:00PM - 2:00PM

Grannie on the Move

3587 E. Overland Rd. Meridian, ID 83642



Registration Required. Please call our

Local Office: 208.206.0041

For additional resources contact the helpline available 24/7 at
800.272.3900



Classes meet TUESDAYS and THURSDAYS

Facility schedule and times

CALDWELL: 11:45 a.m.-12:45 p.m.
DOWNTOWN HUB: 10:30-11:30 a.m.
WEST: 9:35-10:35 a.m.
SOUTH: 1:30-2:30 p.m.

AUDIENCE: is for anyone with Mild Cognitive Impairment (MCI)
or Early Stage Dementia.

**While there is no cure for dementia, there
are interventions available to help improve
the quality of life and functioning.**

For more information, please contact
Mary Biddle-Newberry at
208.344.5502 ext. 276
or stop at your local branch.
YMCATVIDAHO.ORG



**NEW YEAR
NEW LOCATION**

Have You Heard About Our Memory Café?

**A place where family caregivers and their loved ones with memory loss can get
together in a safe, supportive, and engaging environment.**

OFFERED AT NO COST!

**The Memory Café Encourages Friendship and
Acceptance!**

The Memory Café is a time to enjoy activities with your loved
one with memory loss and break from the normal routine. It is
a time to socialize, learn from monthly topics, and build re-
sources for changing needs.

The Café offers a time for support, shared stories, laughter,
and most of all, knowing that you are not alone!

**2026 Saint Alphonsus Memory Center
Memory Café**

JOIN US ONLINE:

- 2nd Tuesday of Each Month, 11:30-1:00
- New Event Beginning February 10th, 2026
- For Zoom link contact: Karen, kkouba@jannus.org, 208-947-4283



"Memory loss can be such
an isolating condition —
for both of us. Going out
and just being ourselves is
so welcoming."

For information or **RSVP**
Contact: Karen Kouba-McIver
Email: kkouba@jannus.org
Phone: 208-947-4283

Brought to you by:



www.AgingStrong.org

A photograph of a younger woman with dark hair, wearing a white cardigan over a black top, smiling and supporting an elderly woman with white hair. The elderly woman is wearing a patterned top and a teal cardigan. They are both smiling and looking at each other. The background is a light beige wall. On the left and right sides of the image, there are decorative blue circular patterns. On the right side, there is a blue circular callout box containing text.

Fit and Fall Proof (FFP) is an exercise-based fall prevention program focusing on improving strength, mobility, and balance to reduce the risk of falling.



ORA: 21041503-IRB01 Date IRB Approved: 5/6/2023 Amendment Date: 1/16/2025

Education and Support for Family Caregivers of loved ones with Parkinson's or Lewy Body Disease





About Us

Join a nationwide, NIH-funded research study testing an educational program for family caregivers of people with Parkinson's or Lewy Body Disease. Family caregivers will gain weekly educational guidance through a 12-week curriculum with short readings, resources and activities. All participation is virtual.

Who	Length	Gratitude
Family caregivers! Caregivers with more than 3 years of experience will be trained to mentor caregivers who are new to the caregiving role	All participants receive 12 weeks of educational materials and 6 months of follow up surveys	You may receive between \$275 - \$400 for completing study surveys

Visit Our Website to Learn More and See If You Qualify!
<https://redcap.link/PERSEVERE1>
 or email persevere@rush.edu



COMMUNITY EVENTS & RESOURCES



MY DIABETIC DIET MADE SIMPLE

Healthy eating with diabetes doesn't have to be complicated.

Learn a simple, practical approach to meal planning using the Diabetes Plate Method. This session will cover portion control, choosing whole foods, balancing carbohydrates, and incorporating fiber, lean protein, and healthy fats to help support healthy blood sugar management.

Perfect for individuals with diabetes, prediabetes, or anyone interested in healthy meal planning.

Presented by:
Leslee Blanch, Registered/Licensed Dietitian Nutritionist

No cost to attend!

When:
Tuesday, August 18
1:00 - 2:00 PM

Where:
Greater Good Health
3017 Eagle Drive, Ammon

RSVP appreciated:
Scan QR code
or call 208-607-3717



greater good health

www.greatergoodhealth.com

Dementia Friends Information Session



What is Dementia Friends?

A Dementia Friend learns about dementia and then turns that understanding into action. Dementia Friends USA is a part of a global movement that is changing the way people think, act, and talk about dementia.

Who can be a Dementia Friend?

Anyone can be a Dementia Friend. We all have a part to play in creating dementia friendly communities.

What will I learn?

Through interactive activities and information you will learn what dementia is, and how it affects people, and how you can make a difference for people touched by dementia.

How much does it cost?

The session is Free! You will be provided with a session workbook and certificate after attending.

Join the Movement! Become a Dementia Friend Today!

Wednesday August 19, 2026
11:00 AM - 12:00 PM
Greater Good Health
3017 Eagle Drive, Ammon

Register by calling
208-529-1390
or by emailing

lblanch@uidaho.edu



The University of Idaho has a policy of nondiscrimination on the basis of race, color, religion, national origin, sex, age, sexual orientation, gender identity/expression, disability, genetic information, or status as any protected veteran or military status.

Persons with disabilities who require alternative means for communication or program information, or reasonable accommodations need to contact the Bonneville County Extension by at least two weeks prior to the event at 1542 E 73rd St, Idaho Falls, 208-529-1390 or bonnevill@uidaho.edu

Because Kids Grieve
Presents

12th Annual Fall Bereavement Conference



Jennifer Wiles, MA, LMHC, BC-DMT, FT is the director of HEARTplay, a bereavement program for children, teens, and young adults at Good Shepherd Community Care in Newton, MA. The theme this year, "Expanding the Language of Grief: Widening the Circle of Compassionate Grief Support for People of All Abilities", focuses on providing access to compassionate grief support services to young people of all abilities. She is the director of Camp Erin Boston, now in its 13th year supporting grieving youth and families. Jennifer has taught nationally and internationally on the topic of children's grief. She is a board-certified dance movement therapist, licensed mental health counselor and fellow in Thanatology and holds a certificate in nonprofit management. She is on the adjunct faculty at Lesley University's Graduate School of Arts and Social Sciences where she is also a clinical site supervisor. Jennifer is an active member of The National Alliance for Children's Grief, where she serves on the Board of Directors and chairs the Education Committee.

The 12th Annual Bereavement Conference will be held on Thursday, September 24, 2026 in the Treasure Valley area and Friday, September 25, 2026 in Twin Falls. Cost will be \$50 which includes snacks and lunch. Social Workers and Counselors may earn up to 6 CEUs by participating in the workshop.

Check in begins at 8:30am and the conference will close at 4:00pm. Conference attendees should preregister by filling out a registration form at <https://becausekidsgrieve.org/2026-fall-bereavement-conference>, click on "Register". Registration deadline is September 15th. Register early to secure your spot!

Treasure Valley

Thursday, September 24, 2026
Check-In 8:30am, Conference 9am-4pm
Hot Springs Auditorium at St. Luke's Plaza 1
(lower level of the employee health building)
400 S Broadway, Boise

Twin Falls

Friday, September 25, 2026
Check-In 8:30am, Conference 9am-4pm
St. Luke's Magic Valley
(Oak Rooms)
301 Pole Line Rd W, Twin Falls



NOW WE MAKE HISTORY



JOIN US

**WALK
TO
END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION

COMMUNITY EVENTS & RESOURCES



Register Now!

go.uidaho.edu/ADRD



Alzheimer's Disease and Related Dementias

1st Tuesdays, 12:30 - 1:30 p.m. MT

Topics:

- 03/03/2026** Health Care Providers Role in Idaho's Neurocognitive Protective Placement Holds (Idaho Code 56-2101)
- 04/07/2026** Enhancing Quality of Life in Dementia Through Palliative Care
- 05/05/2026** Medication Use for Psychiatry Concerns in Individuals with Dementia
- 06/02/2026** Improving Dementia Care for People with Intellectual Disabilities
- 07/07/2026** When Safety Is Compromised: dementia-informed responses to sexual assault and other forms of abuse
- 08/04/2026** Mild Cognitive Impairment, Biomarkers, and Disease-Modifying Treatments



Register Now!

go.uidaho.edu/ADRD



Alzheimer's Disease and Related Dementias

1st Tuesdays, 12:30 - 1:30 p.m. MT

Meet the panelists:

**Series Kickoff
3/3/2026!**



Abhilash Desai, MD



Audie Black, PhD, ABN



Jeremy Crowfoot, PharmD



Joanne Trammel, MS, OTR/L



Kara Kuntz, MD



Lisa Baxter Hong, OTD, OTR/L



Oni Kinberg, LCSW, MSSW



Sheila Weaver, LCSW, ACADC



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